

MAKES LIFE MISERABLE.

Troubles That Keep Half the Leon Doctors Busy.

Half of the prescriptions the Leon doctors write are for troubles that result directly from a weakened stomach.

From now on build up the strength and health of the stomach with Mi-o-na tablets. You will soon find yourself strong and never know the meaning of indigestion.

To know how good Coffee really can be—to know Coffee so smooth, so rich, so fragrant and appetizing that it adds a keen enjoyment to breakfast or dinner—is to know

OLD GOLDEN COFFEE

A blend of "Old Crop" Coffees of exceptional bouquet and strength.

OLD GOLDEN is a revelation of Coffee goodness.

TRY IT 25c a pound at dealers. TONE BROTHERS, DES MOINES, IOWA.

Nerves Shattered; Heart Irregular

Mrs. James B. Blackburn of Xenia, Ohio, says that nothing equals Dr. A. W. Chase's Nerve Pills in such troubles.

Some medicines affect the heart alone, some the stomach, some the head. Dr. A. W. Chase's Nerve Pills by a happy combination and a perfect control over the nervous system that regulates all the organs of the body affects them all.

Bell & Robinson, Druggists

J. R. BASHAW Jeweler and Bookseller

HEADQUARTERS FOR

Jewelry Silverware Watches Clocks Chinaware Books Stationery Toys, Etc.

BASHAW Jeweler and Bookseller

Shoe Shop!

When you need any shoe repairing done the best man to do it is

Tom Peniston

He is located in the new shop at rear of Exchange National Bank. All work guaranteed to give satisfaction.

RURAL CARRIERS TO FURNISH ALL DATA.

Interesting Movement Soon to be Started in Campaign for Good Roads.

Circular letters and a code of questions are to be sent out in the near future to all the rural carriers of the state, numbering over 2,300 in all, for the purpose of ascertaining the condition and improvements along the roads over the entire state, and also to secure data that will be of importance and of decided benefit in the good roads campaign that is being waged.

This movement is the result of a conference among Prof. Thos. McDonald Ames, secretary of the Iowa Highways commission; W. R. Spillman, general superintendent of the rural free delivery service, of Washington, D. C., and C. M. Adams, of Davenport, president of the Iowa Rural Letter Carriers' association, held at Council Bluffs last fall at the Iowa good roads convention.

The list of queries that all the rural carriers will be expected to answer are being sent out from the office of Prof. McDonald.

An idea of the significance of the questions asked each carrier can be gained from the following synopsis:

The length of route, the number of families residing thereon, the number of miles of improved roads, the number of miles of gravel and also of stone roads, and the cost of these roads, if it is possible to ascertain this cost.

The number of King drags that are used on the dirt roads, and whether this system has proved to be a help or not. How is this work on the dirt roads paid for? Is it out of a tax, or do the farmers do it for nothing? Is the number of King drags being used increasing or diminishing, and what service have they given?

How is the drainage? What is the number of steel bridges, their size and cost? The same question is asked concerning the wood bridges.

What is the number of culverts, are they concrete or wood, and what is their cost?

These and similar questions are asked in the circular that will be forwarded, and when the information is returned, Prof. McDonald will have some splendid and official data on the condition of the roads in Iowa. When this data is compiled the statistics will be printed, and each carrier will be supplied with copies to circulate among the patrons along his route. In this manner the interest of all will be aroused in the good roads campaign.

How To Avoid Appendicitis.

Most victims of appendicitis are those who are habitually constipated. Foley's Orino Laxative cures chronic constipation by stimulating the liver and bowels and restores the natural action of the bowels. Foley's Orino Laxative does not nauseate or gripe and is mild and pleasant to take. Refuse substitutes. Bell & Robinson.

It takes more than smooth words to smooth out life's rough places.

John—"What kind of tea do you like best?" Priscilla—"Go-tees, some, but Rocky Mountain Tea best." John—"Why Hollister's Rocky Mountain Tea best?" Priscilla—"It speaks for itself, John." (Makes lovely complexions.) W. C. Stempel & Co.

Love is the first word and the last in the lexicon of religion.

A specific for pain—Dr. Thomas' Electric Oil, strongest, cheapest liniment ever devised. A household remedy in America for 25 years.

Many a man's so called independence is nothing but contrariness.

DANGER IN DELAY.

Kidney Diseases Are Too Dangerous for Leon People to Neglect.

The great danger of kidney troubles is that they get a firm hold before the sufferer recognizes them. Health is gradually undermined. Backache, headache, nervousness, lameness, soreness, lumbago, urinary troubles, dropsy; diabetes and Bright's disease follow in merciless succession. Don't neglect your kidneys. Cure the kidneys with the certain and safe remedy, Doan's Kidney Pills.

James French, living in the northern part of Mt. Ayr, Ia., says: "I can highly recommend Doan's Kidney Pills not so much from my own experience, but more in behalf of my wife who had used them with very beneficial results. My wife had been troubled off and on for two or three years with severe attacks of backache and other symptoms of kidney complaint. A friend of ours recommended Doan's Kidney Pills so highly for such troubles that I was induced to get her a box. They helped her right away relieving the backache and correcting all other difficulties. She has resorted to their use on several occasions when having those attacks and they never fail to help her. She has been quite free from any trouble now for a year and gives Doan's Kidney Pills the credit."

For sale by all dealers. Price 50c. Foster-Milburn Co., Buffalo, New York, sole agents for the United States. Remember the name—Doan's—and take no other.

NURSES LAW IN EFFECT.

Members of Profession in Iowa Must Pass Examination.

Among the new laws that went into force the first of the new year is one passed by the last general assembly, relating to trained nurses, and which is expected to prove important and far-reaching in its effect.

The law provides that all nurses who are graduates from some standard training school, must, before they can be recognized as a trained nurse, with authority to practice in the state, take an examination from the state board of health in the same manner that physicians are required to do.

The certificate that is issued must then be recorded in the office of the county recorder in the county in which the nurse expects to practice.

These examinations will be held each year in Des Moines in July, and the examining board will consist of two physicians who are members of the board, two graduated nurses and the secretary of the board. The applicant must be at least twenty-three years of age, be a graduate of a standard training school and have at least two years of hospital experience.

All graduate nurses, who are residents of the state and who have been engaged in the practice of nursing prior to the passage of this act, will be granted a certificate without examination upon payment of \$5. The same ruling also applies to all nurses who graduated from a standard training school prior to July 1, 1907.

After January 1 the act provides that no person shall advertise to be or assume the title of registered nurse who has not fully complied with the provisions of the act.

A violation of the law will be considered a misdemeanor and can be punished by a fine not exceeding \$100 or imprisonment in jail not to exceed thirty days.

A Higher Health Level.

"I have reached a higher health level since I began using Dr. King's New Life Pills," writes Jacob Springer, of West Franklin, Maine. "They keep my stomach, liver and bowels working just right." If these pills disappoint you on trial, money will be refunded. At L. P. Van Werden's drug store, 25c.

Wise is the man who can correct a mistake before he makes it.

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers, that they offer one Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

A joke always needs explaining when it turns out its author.

I have used five bottles of your remedy and find it a complete success as a sure cure for Roup, especially in the head and throat and think none can do better than give Walkers Roup & Cholera Cure a trial when in need of such an article.

MISS CENA PETERSON, Lorimor, Ia.

For sale by W. C. Stempel & Co., and L. P. Van Werden.

It's easy for a millionaire to preach the virtues of poverty.

It Does The Business.

Mr. E. E. Chamberlain, of Clinton, Maine, says of Bucklen's Arnica Salve. "It does the business; I have used it for piles and it cured them. Used it for chapped hands and it cured them. Applied it to an old sore and it healed it without leaving a scar behind." 25c. at L. P. Van Werden's drug store.

May heaven help the rich; the poor have no automobiles.

Two Unwelcome Visitors Here

At this season La Grippe and Pneumonia cause more deaths than consumption. Foley's Honey and Tar cures la grippe coughs that may result in pneumonia over night. Do not take chances with a cold when Foley's Honey and Tar will quickly cure it. Bell & Robinson.

If love is blind how can there be love at first sight.

How to Avoid Pneumonia.

You can avoid pneumonia and other serious results from a cold by taking Foley's Honey and Tar. It stops the cough, heals the lungs, and expels the cold from the system. Refuse any but the genuine in the yellow package. Bell & Robinson.

Penniless men are at least bunko proof.

Dyspepsia is our national ailment. Burdock Blood Bitters is the national cure for it. It strengthens stomach membranes, promotes flow of digestive juices, purifies the blood, builds you up.

Sanity is a good sign of a saint.

English Spavin Liniment removes Hard, Soft or Calloused Lumps and Blemishes from horses, also Blood Spavins, Curbs, Splints, Sweeney, Ring Bone, Stiffs, Sprains, Swollen Throats, Coughs, etc. Save \$50 by use of one bottle. A wonderful Bleeding Cure. Sold by W. A. Alexander, Druggist.

MAKE IT YOURSELF.

Says Many Persons Here Can Be Made Happy Again By Using This Homemade Mixture.

There is so much Rheumatism here in our neighborhood now that the following advice by an eminent authority, who writes for readers of a large Eastern daily paper, will be highly appreciated by those who suffer:

Get from any good pharmacy one-half ounce Fluid Extract Dandelion, one ounce Compound Kargon, three ounces Compound Syrup Sarsaparilla. Shake these well in a bottle and take in teaspoonful doses after each meal and at bedtime; also drink plenty of good water.

It is claimed that there are few victims of this dread and torturous disease who will fail to find ready relief in this simple home-made mixture, and in most cases a permanent cure is the result.

This simple recipe is said to strengthen and cleanse the eliminative tissues of the Kidneys so that they can filter and strain from the blood and system the poisons, acids and waste matter, which cause not only Rheumatism, but numerous other diseases. Every man or woman here who feels that their kidneys are not healthy and active, or who suffers from any urinary trouble whatever, should not hesitate to make up this mixture, as it is certain to do much good, and may save you from much misery and suffering after while.

Our home druggists say they will either supply the ingredients or mix the prescription ready to take if our readers ask them.

When you brand a vice as harmless you have augmented its power to hurt.

Of Vital Importance

No other organs of the body are so essential to good health as the kidneys. Foley's Kidney Remedy makes the kidneys healthy so that they will strain out the impurities from the blood which is constantly passing through them. Commence taking Foley's Kidney Remedy at the first sign of danger. Bell & Robinson.

Low Rates

via



From Leon, Iowa

Colorado and Utah

\$24.20 to Denver, Colorado Springs and Pueblo and return, Jan. 7 and 21; \$38.80 to Salt Lake City and Ogden and return, \$00.00 to Butte and Helena and return, \$38.80 to Billings, Mont., Basin, Cody and Worland, Wyo., and return. Proportionately low rates to other points in Colorado, Utah, Montana and Wyoming.

Homeseekers' Rates

Very low round trip rates to practically all points west of the Missouri River on the 1st and 3rd Tuesdays in January.

Personally Conducted Excursions almost every day to California via Colorado.

These personally conducted excursions are the most comfortable as well as the most economical way of making the trans-Continental trip. The route via Colorado is the most interesting and attractive.

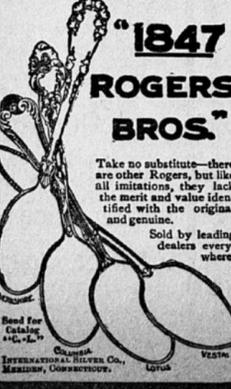
Cuba, Florida, Mexico and the West Indies—low rates via all routes.

No matter where you are going this winter I can give you rates, printed matter and useful information.

C. M. KETCHAM, Agent, C., B. & Q. R. R.

"Silver Plate that Wears." YOUR SPOONS

Forks, etc., will be perfection in durability, beauty of design and brilliancy of finish, if they are selected from patterns stamped



Take no substitute—there are other Rogers, but like all imitations, they lack the merit and value identified with the original and genuine. Sold by leading dealers everywhere.

To the Public!

TO THE PEOPLE OF LEON AND DECATUR COUNTY:

We wish to say we have opened a Real Estate and Immigration office in the new Biggs block in Leon, where we will do an exclusive immigration business, dealing only in farm lands.

It is our intention to bring a special car with customers from the East once a month. We would like to list your land for sale.

We have a large list of improved and unimproved land in Kansas, Colorado and Texas, so if seeking investment in southwestern lands we will be glad to show you what we have for sale.

In handling our eastern customers we are not selfish. We want to sell something to every man we bring to Leon, and we hope to have the hearty co-operation of every real estate and business man in Leon. If you can't boost, don't knock. Decatur county has the land. Help me to convince the eastern men that our country is the best.

Call and see us.

Respectfully,

The Nicholls Immigration Co.

M. E. NICHOLLS, Mgr.

REAL ESTATE BARGAINS.

We have lands for sale or exchange in Kansas, Missouri, Texas, Nebraska, North and South Dakota and Iowa, which we will sell worth the money or exchange for Iowa lands, income, property or merchandise.

SOME BIG SNAPS.

Call and see us and let us show you what we have in real estate.

C. M. KELLER & CO., LEON, IOWA.

Going? Going?



Going to have a public sale this fall? If you are I want a chance to cry your sale. Have had nine years of practical experience, and the many sales I have cried in Decatur county prove that I know my business, and every person who has employed me will testify that they were more than satisfied with my services.

I guarantee absolute satisfaction and I never disappoint you or send another auctioneer to fill my dates. Terms—1 per cent. Dates can be secured by addressing me at Leon, Iowa, or by writing or phoning to The Leon Reporter office.

RILEY BUCHANAN Up-to-date Auctioneer.

ARE YOU A MAGAZINE READER?

Read the Register and Farmer's Great Offer!

The Cosmopolitan, America's Premier Dollar Magazine, for 1908 will contain 10 brilliant stories of adventure by the great E. Phillips Oppenheim, ranking with Poe, Doyle or Maupassant. The celebrated "Waldale Tales," a series by Alfred Henry Lewis, Robert Crozier Long's stories of Russian Revolutionary Horrors, for which he is now risking his life in securing material. Edward Markham, author of "The Man With the Hoe" besides Maurice Matterlink, of Belgium; David S. Jordan, president Leland Stanford University; Elbert Hubbard, famous lecturer; Ella Wheeler Wilcox, America's foremost woman writer; Upton Sinclair, author and exposé of the Beef Scandal, etc., etc.

The Register and Farmer, Iowa's Superb Farm Paper, for 1908 will contain a series of "Reminiscences from a Prairie Farm" by Geo. W. Franklin. A series of articles on grain raising, by Jesse Holland; illustrated letter of foreign travel by Frank G. Carpenter, told in his own intensely interesting way. A well maintained department on Handy Devices, Woman's Parliament, Boys and Girls, Poultry, Real Estate Notes, Horticulture, Veterinary, Live Stock, Postal Correspondence, Dairy, Week in Iowa, World's Events, and a short story of thrilling interest, besides Our Own Special "Market Review and Forecast", which is making our paper famous. The whole printed on fine paper, on a new Cottrell press, printed in fine colors with many illustrations, and wrapped in Japanese fibre, a work of art, and miles ahead of any other paper of its class in the west.

The Register and Farmer \$1 per Year. The Cosmopolitan \$1 per Year.

USE THIS COUPON BELOW AND GET BOTH FOR ONE DOLLAR

Register and Farmer, Des Moines, Iowa.

Enclosed is \$1. Please send me the Register and Farmer and Cosmopolitan magazine both one year.

Name..... Post Office..... State.....