

WOMAN IN HOME AND STATE

Problems, Measures and Events of Interest to Her as Mother, Home-maker and Citizen

The Week's Events

Briefly Told for Women Readers

Friends in Time of Need

It is stated that very nearly every woman's club in the state of Illinois has established a special committee to co-operate with the Ex-Service Men of the community in securing for them such aid as may be available and to extend such other relief or assistance as may be found possible.

According to the plan, a personal letter, containing the thought below, was sent on Armistice Day to every known disabled or sick ex-soldier in the state:

"We want you to know that we are thinking of you and that we will always be thinking of you at this time as one of our very own honor roll boys, and wondering what life is bringing to you and whether there is anything we can do to better express our appreciation. We are especially anxious to be of service during this time of readjustment of our wounded men and those unemployed. Do you need assistance in securing compensation, insurance or vocational training? Write us if there is anything we can do either for you or for any of your comrades. Every woman in the ——— Woman's Club is on this precious Honor Day sending you her pledge of friendship, her message of goodwill, her comradeship in loyalty to a great country and a great cause."

Where Thought Should Begin

How our idealism may come into conflict with cold, hard reality is seen in the present strained relations between Spain and the northern countries of Norway and Iceland.

One of the chief exports of Spain is wine. That of Norway and Iceland is fish. Moreover, the latter countries have been one of the best markets in the past for Spanish wines, and Spain, in turn, for the northern fish.

The trouble is that Norway and Iceland have both passed prohibition laws, thus putting an end to the demand for wines; and now Spain threatens to retaliate by placing a prohibitive tariff upon their fish, thus closing the Spanish market to them.

It must not be forgotten that the destruction of these markets throws many people of all three countries out of work with poverty and privation as a consequence. Here is where idealists should think hardest but rarely think at all. The evil of strong drink must in this case be balanced against that of increased unemployment and want; and the real question is, How can the people of the North abolish liquor without bringing upon themselves or their Spanish neighbors misery and suffering.

Public Invited to Take Part

There is a suspicion that the four women members of the Advisory Committee of the Disarmament Conference have been making their views felt regarding the submarine question.

Some time ago, the committee passed a resolution to the effect that it had found "public opinion opposed to the abolition of submarines or to the limitation of their size in any drastic degree."

On second thought, the committee seems to have had some doubts as to whether this resolution was justified by the facts. At any rate, it has referred the matter to the Committee on Public Opinion for the Advisory Committee, New Navy Building No 6, Washington, with the request that it ascertain what the people of America really do think of the proposal that the use of submarines be abolished or limited in war.

The women of our nation seem

Helpful Thought

It is not our job nor our tools, but our working spirit that determines whether or not we are happy and successful.

generally to look upon submarine warfare, as practiced in the late conflict, as something fiendish and altogether unjustified. Whatever view they may hold, they have at present an opportunity to register their convictions where they may be helpful by writing to the above named committee.

Canada Follows Trail

Our sister nation to the northward seems to be following in our footsteps as nearly as she is able.

The women of Canada have just participated in their first general election on terms of equality with men. As a result of the election, a new administration was voted in by an overwhelming majority. One woman was chosen to the lower house, just as was the case in our own country a year ago; and to carry the parallel further, she, like our own woman member of Congress, is unmarried. She is Miss Agnes McPhail, a woman whose popularity is said to rest no more upon her pleasing personality than upon the confidence which her constituents have in her ability and good sense.

In the results of this election can be read only peace and good-will between the two great nations of the North American continent. The man who will succeed to the premiership, Mr. W. L. McKenzie King, took his post-graduate degrees at Harvard and the University of Chicago.

Women's Home Near Capitol

A sign of the new day that is coming in is seen in the establishment of the Grace Dodge Hotel for women at Washington within a stone's throw of the national capitol.

It is sponsored by the Young Women's Christian Association and is not only managed by women but has a complete force of women attendants. There are a number of mothers' suites, each fitted with a crib, an electric heater for the baby's milk, and other conveniences for women who are traveling with children. Nurses may be hired; and there are even rooms where one can go and wash and iron blouses and lingerie.

The hotel accommodates four hundred guests; and in the big lounging room, a clerk is in constant attendance who is able to tell what man is speaking at the moment in both the Senate and the House of Representatives. Thus it is possible to stroll over and listen to whatever proceedings one is interested in following.

Reformers Plan Big Program

The National Woman's Party is organizing a campaign to begin immediately, whose purpose is to secure the passage of its so called "bill of rights" in the nine states of Massachusetts, New York, Rhode Island, New Jersey, Virginia, Maryland, Kentucky, Mississippi and South Carolina.

The bill in question seeks to secure to women precisely "the same rights, privileges and immunities under the law as men." It specifically provides that there shall be absolute equality as to suffrage, the right to hold office, jury service, control of property, the guardianship of children, civil service, choice of name at marriage, penalties for sex offenses, etc.

It is clear that there is still discrimination between the sexes as to the matters above. However, there are many who hold that equality in these things is undesirable, inasmuch as it would mean the sweeping away of all the chivalrous notions with which men now regard the weaker sex.

Woman Suffers for Ideal

In New Jersey, the recent election hinged upon the prohibition law known as the Van Ness Bill, whose author is Mrs. Jennie C. Van Ness, formerly a member of the state legislature but so no longer.

The statute, which is exceedingly stringent, was enacted into law some time ago. In the recent campaign, the democrats made it repeal the great issue. As a result, they defeated its author and gained a few other seats in the legislature but failed to break the republican control.

Like many others, Mrs. Van Ness suffers "martyrdom" for an ideal, which seems to be a new experience among the women of America since attaining their new citizenship. They will, of course, have to learn to bear it cheerfully, since this is often the fate of our public servants who strive to do their duty and to stand for righteousness and justice in all things.

Voters See Vital Truth

The women of New York seem to have lost their power in the elections of last month. There were a number of women candidates for important offices; but all were defeated, including Miss Margaret Smith, the only woman member of the last House of Representatives.

There seems to have been a tendency to make of the contest a sex issue; i. e., a struggle of women against men. This is to be deplored always; and it is probably as well that women candidates who aspire to represent women only, rather than all the people, should be defeated wherever found. Whether women or men, all candidates must stand as representatives of all classes of people, rather than of any single class, however large it may be. It is really a hopeful sign that American voters of both sexes stand so steadfastly for this wholesale principle in politics.

Mrs. Ruth Owen, daughter of W. J. Bryan, has written, directed and produced a moving picture, called "Once Upon a Time." The picture is not a dramatized portrayal of her distinguished father's eventful career, but describes scenes in the Far East where Mrs. Owen toured with her husband.

Miss May Hull earns \$10,000 a year as an index and filing specialist in New York City.

The Switzerland synod of the Protestant church has decided to allow unmarried Swiss women to act as ministers.

The Problems of Home and Family

A Talk with our Wives, Mothers, and Sisters

Making a Better World

What is the best education for our children?

Doubtless the past twenty-five years has seen more progress toward the true answer to this age-old question than had the twenty-five centuries before.

We are seeing something new when children like school so well that they can hardly be kept away from it; when they are more interested than their own parents in making themselves physically fit; when they become the voluntary guardians of the public health; when they are learning to be good citizens, not by memorizing ancient history and civil government so much as by actually performing the duties of good citizens in the community; when they are given enough social life and group ac-

Housewife's Corner

A random record of helpful suggestions for busy home-makers

Lemon rinds dipped in salt is an excellent brass cleaner.

Lemon juice, honey and burnt alum is an excellent remedy for croup.

Lemon juice and sugar beaten with the white of an egg are good for hoarseness.

If lemon juice is added to boiling rice, it will whiten the rice and give it a delicious flavor.

Sauce for Cottage Pudding
A nice sauce for cottage pudding is made by boiling together sugar, water, a teaspoonful of butter and a tablespoon or lemon juice added when the mixture is cooling.

To Remove Grease
To remove a grease spot, cover it with powdered magnesia and let it remain twenty-four hours or more. If when you remove the magnesia there is still a spot, cover again. It can be depended upon to draw out the grease.

Escalloped Celery Root
If you have your own celery you have plenty of the big root pieces. Slice these thin and boil until tender. Then use a layer of buttered breadcrumbs to one of the root, dotting with butter, using white sauce as dressing. If desired, a few drops of onion juice give a good flavor.

To Clean Soiled Walls
If walls are painted, wring a cloth out of warm water, then sprinkle it with common baking soda. Wash cloth often, dipping into the soda each time. The result will be very satisfactory. If walls are papered, make a stiff dough of flour and water. Place dough on a board and knead until no longer sticky. Rub a small piece over the wall paper, a small space at a time. This treatment makes soiled paper look clean and fresh.

tivity to break down the selfish instincts and to develop the spirit of fair play, service and co-operation, upon which all human society rests; when they are found in their early teens already considering seriously the question of what their life work is to be; when they are trained for that work in the school and go forth, not lazy and incompetent, but willing and reasonably efficient workers; and when they evince a genuine preference for the amusements that are innocent and wholesome rather than vulgar and debasing.

These things were not generally included in the education which we who are older received. Rather, ours was purely intellectual, consisting of subjects studied from books. We can see now that many of these subjects were really of small use in later life, and that on the other hand many of those things, which we missed, but which the children of today are getting, would have been of inestimable value to us in life. We are even ready to admit that the formation of health habits and the development among the children of the spirit of good will and co-operation are far more important to society and to the individual than the study of geometry and Latin.

Round by tradition, we may find it in our hearts to protest against the new education, demanding that the old be restored to its accustomed place in our schools. It is futile; for the new is better; and by reason of this fact, it must ultimately triumph. Nor should we, who have experienced so keenly the actual need of this sort of training in life, seek to retard or obstruct its progress.

Bran Bread

One-half yeast cake, one-fourth cup lukewarm water, two table-spoons brown sugar, two teaspoonful salt, two table-spoonsful lard, two cups lukewarm water, one cup nut meats, one cup stoned and chopped dates, four cups bran, two cups white flour.

Dissolve yeast in lukewarm water. Put sugar, salt and lard in mixing bowl and pour over water. Add dissolved yeast cake. Beat in bran and flour. Add more flour if necessary to knead. Knead till smooth. Put in pan to rise, cover and let rise over night. In the morning cut down, add nuts and dates and knead well. Shape into loaves, let rise double its bulk and bake in a moderate oven.

Noodle Soup

Beat two eggs light, add one-quarter teaspoon salt, two table-spoons milk, flour to make a stiff dough. Place on a floured board, roll out wafer thin, let stand until partly dry, roll like jelly roll and shave into thin pieces. Shake noodles out over board when all cut and let remain until dry. Drop into boiling salt water and let poach for five minutes. They are then ready for either soup or frying. For soup add to the boiling steek (chicken broth preferably) and cook until done.

Peanut Brittle

Two cups sugar; one cup roasted peanuts. Place the sugar in an iron frying pan and cook very slowly, stirring constantly until all melted and of a light brown color. (Use a wooden spoon for stirring.) Add the peanuts and pour into a buttered pan. Mark into squares break into pieces for serving.

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