

Sure Relief FOR INDIGESTION

BELLANS FOR INDIGESTION 25 CENTS
6 BELLANS Hot water Sure Relief
BELLANS
25¢ and 75¢ Packages, Everywhere

Girls! Girls!! Clear Your Skin With Cuticura
Soap 25c, Ointment 25 and 50c, Talcum 25c.

CURES COLDS IN A DAY
CASCARA QUININE
World's standard cold and flu gripe remedy. Demand red box bearing Mr. Hill's portrait and signature.
W. H. HILL CO., DETROIT

WATCH THE BIG 4

Stomach-Kidneys-Heart-Liver
Keep the vital organs healthy by regularly taking the world's standard remedy for kidney, liver, bladder and uric acid troubles—

GOLD MEDAL HARLEM OIL CAPSULES

The National Remedy of Holland for centuries and endorsed by Queen Wilhelmina. At all druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation

THICK, SWOLLEN GLANDS that make a horse wheeze, roar, have Thick Wind or Choke-down can be reduced with

ABSORBINE
also other Bunches or Swellings. No blisters, no hair gone, and horse kept at work. Economical—only a few drops required at an application. \$2.50 per bottle delivered. Book 3 A free.
W. F. Young, Inc., 310 Temple St., Springfield, Mass.

Keep Fit

Bowel regularity is the secret of good health. Without forcing or irritating, Nujol softens the food waste. The many tiny muscles in the intestines can then remove it regularly. Absolutely harmless—try it.

Nujol For Constipation
The Modern Method of Treating an Old Complaint

Tycos incubator thermometer
"Save the Chicks"
Taylor Instrument Companies Rochester, N.Y. U.S.A.

FISH
FINEST CATCH IN YEARS; Prices Low
Your name and address on a postal card will bring our complete list of Fish and Sundries.
Badger Fish Co., Dept. N, Green Bay, Wis.

Rich Autumn in Mannahata.
It was one of those rich autumnal days upon the beautiful island of Mannahata and its vicinity, not a floating cloud obscured the azure firmament, the sun, rolling in glorious splendor through this ethereal course, seemed to expand his honest Dutch countenance into an unusual expression of benevolence, as he smiled his evening salutation upon a city which he delights to visit with his most bounteous beams; the very winds seemed to hold in their breaths in mute attention, lest they should ruffle the tranquillity of the hour; and the waveless bosom of the bay presented a polished mirror, in which nature beheld herself and smiled.—Washington Irving.

Big Loss
"Time is money."
"You realize that when some plug makes slow time in a race."

No Plain Ones.
"My appeal is to the plain people."
"Don't forget the women voters."
—Louisville Courier-Journal.

MURINE Night and Morning. Have Strong, Healthy Eyes. If they Tingle, Itch, Smart or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes, Refreshes. Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. Murine Eye Remedy Co., Chicago

Started With a Smile



A New Year's Promise
By Miriam Lee

Copyright, 1921, Western Newspaper Union.
NORMAN HARDY was born on New Year's day, and deemed the fact a decided misfortune. There was one feature in which his father specialized—system—and this involved discipline. "A strict disciplinarian," he would boast to his neighbors.

"That's me," and he looked it and acted it out until Norman fancied he had been placed in the world simply to become the butt and victim of rigid rules. When Norman's tenth birthday was only eight hours distant, his father gave the order, sternly spoken: "You will be in the house for the night at seven o'clock," and Norman moped in a martyrlike way, envying his boy friends who had mapped out a joyous New Year's eve program of skating, hill sliding, and like boyish pranks. He wondered what was coming, but his father simply viewed him speculatively and sent him to bed at the usual time. He was awakened to find his father roughly pulling at his arm. "Get up, Norman, and come down to the kitchen," said Joel Hardy; "you needn't dress."

Norman arose, rubbed his eyes, and followed his father downstairs. There was a light on the table and beside it the house clock. Norman noticed that it told the time as ten minutes to twelve. All was still and solemn except its monotonous tick, and outside an occasional echo of shooting, announcing impatient celebrants already prepared to herald in the new year.

"My boy," spoke his father after a moment of ominous deliberation, "when I was a lad of ten, my father taught me a lesson that has left its impress on my whole life in a salutary way. Upon the tick of midnight just preceding my birthday he always called me down to the kitchen and gave me a good sound strapping. It hurt him more than it did me, he used to say, but the reminder would be ever present with me. Until I was twenty-one, regularly, upon each birthday the strap played its part and I think it did a good deal towards teaching me that I had a master and in making me a better man. I have concluded to adopt that feature with my system. You're a pretty good boy, but for fear you might kick over the traces I'm going to bulk the system until you are of age. Now, then, take your punishment like a man."

Joel Hardy produced a short, thick piece of tanned cowhide and Norman winced, but did not cry out during the unique castigation. It was five years later, and with the usual routine late in the afternoon Joel Hardy reminded Norman of the pending midnight event. His eyes bulged and his face betrayed overwhelming amazement as Norman stood up before him, a tall, well-knit strapping, almost menacing in his bearing as he said: "Father, there will be no strapping

The New Year

WITH the whirling and drifting of snows Comes breathless the wild New Year; While bitter north wind blows, O'er the fields that lie stark and drear.

Yet hope is a light in her eyes As she looks from the heart of the storm, "Earth sleeps in her shroud," she cries, "But the life in her heart is warm."

"Death is but a dream of the night And the hymn of joy is begun, For slowly seeking the light The great globe turns to the sun."

"Behold, I will bring delight In place of darkness and cold; Safe under the meadows so white Is hiding the buttercup gold."

"And summer's splendor shall reign In place of the winter's death, Her color and music again Shall gladden the patient earth."

Hark to the New Year's Voice Through the murk of winter drear! Oh, children of men, rejoice! At the tidings of hope and cheer. —Celia Thaxter.

this time. I'm through with it. Half the town has heard of it, and the boys taunt me and the girls twit me. Not that I care for any of them except Milly Daniels, and she's true blue and stands by me, and I won't have her humbled and shamed. I'm going to spend this New Year's eve with the crowd, and I'll be home to breakfast."

"If you don't report here by ten o'clock I'll send the town marshal after you," pronounced his father, with fire in his eye.

Norman marched out of the house, hung around downtown until eight o'clock, and then repaired to the agreed-on rendezvous of the crowd, an old buggy shed attached to a great barn owned by Farmer Logan. He felt uneasy, stubborn and nettled. Recently he had been dared by his companions to smoke a cigarette. He had met the dare and now, with two of them in his pocket, he lit one, and, in sheer rebellion against his father's system, was about to puff out his resentment when the signal cry of his comrades echoed forth. Carelessly throwing the lighted cigarette into a corner of the shed, he bounded out and for over an hour forgot all save the excitement of the moment. The unruly coterie rolled a giant snowball and let it slide down the hill leading to the town common; they got up into the town hall tower and rang its bell. In the midst of setting loose a drove of cattle from a live stock enclosure they were attracted by the dash and rush of the village fire cart, making for a vivid, spreading glare.

"Why, it's Farmer Logan's place!" shouted a chorus of excited voices, and Norman Hardy's heart stood still. He recalled the cigarette and the littered woodshed. He stood dumb and scared. The flames completely engulfed the great frame barn. Norman slunk off alone by himself, oppressed with an appalling sense of guilt. His emotions were doubly intensified when he heard some one say:

"Logan thinks it was set ablaze. Arson. I pity the firebug if he's caught. It's straight 14 years in the penitentiary."

another. "The barn was stored with grain and machinery and the insurance ran out last week."

Norman was crushed with a sense of his culpability. He felt like flying from home, town and all the people he had ever known. He skulked behind a hedge as a group of girls came along. They were discussing the fire so excitedly that they paid no attention to a lone member of their group trailing on behind them. Norman noticed her, however. She was Milly Daniels. He started her by stepping directly in her path.

"Just linger for a moment, will you, Milly?" he spoke under high agitation, "or I'll walk with you a bit. I'm in terrible trouble, and I'm going to leave town for good," and Norman recited the entire story of the evening.

"There's only one way out, don't you see it, Milly?" he said. "I don't dare to face Farmer Logan; I'm going away to make something of myself, and the day I have got the money to make it square with Mr. Logan I'm coming back. And Milly, dear, you have been my truest friend and have always stood by me. Will you try to think of me while I'm gone, will you—will you wait for me? For I shall never love anybody but you."

Five years went by. Not a word had been heard from the truant son. Joel Hardy had forbidden even the mention of his name in the home. Mrs. Hardy, half heartbroken, repined in silence. Milly Daniels became an orphan, and when Mrs. Hardy needed a nurse and then a companion, it came about that she found a permanent home with the mother of the man she loved. She and Mrs. Hardy, with the tyrant father, all unaware of it, cherished a mutual memory of the absent youth and took comfort in watching and hoping for his return.

It was a few minutes after midnight, five years to a day since Norman Hardy had gone forth into the world to seek his fortune. Milly had pleaded to sit up and watch the old year out and the new year in. All three of the family, though in different ways, were thinking of the boy who had run away from home. The bells had just finished a resonant chime when the knob of the outside door turned. There stepped into the room a bronzed, stalwart young man, at a sight of whom Joel Hardy gasped incredulously, his wife uttered a joyous scream, and Milly stood breathless and fluttering.

"I waited till I was sure the final hour of discipline and the strap was past and gone," spoke Norman Hardy. "Mother, a warm embrace. 'Father,' and a sturdy hand reached out. 'Milly,' and the young girl swayed to and fro and would have fallen had not Norman caught her.

"I said I wouldn't come back till I could pay for the damage I did to good old Farmer Logan," continued Norman. "I've kept my word. I hear you are struggling with a two-thousand-dollar mortgage, father; I can pay it off and loan you as much more if you need it. Milly, dear, am I welcome? I have come to keep my promise true."

Joel Hardy left the room. He returned with the strap that had been so familiar to his son. Taking out his pocketknife, the old man proceeded to cut the strap to pieces and flung them into the blazing grate.

"You've cheated me out of several years, my son," he observed, "but I forgive you. It's enough to know that you are back home safe and sound this blessed New Year's day!"

RECEIVED GREAT BENEFITS PE-RU-NA

FROM THE USE OF
Mr. J. O. Sexton, R. F. D. No. 2, Grassy Creek, North Carolina: "I have used Pe-ru-na for the last two years and received great benefits from it. Pe-ru-na is fine for colds, grip and flu. I can recommend it most highly."
FINE FOR COLDS, GRIP AND FLU
For coughs, colds, catarrh, the results of grip and Spanish Flu, stomach and bowel disorders and all other Catarrhal diseases, PE-RU-NA is recommended by a half century of usefulness.
TABLETS OR LIQUID SOLD EVERYWHERE

Famous London Street.

Grub street, London has been renamed Milton street. It was a street in which many writers lived who had not yet "arrived," so, because a general name for the haunts of needy writers.

Wisdom suggests assurance of the obese veal before essaying the role of prodigal son.

Armchair Hint.
Economy Hint—When corn and beans are high eat succotash.

A society composed of members who agree to study their own faults would have plenty to do.

There are always warning signs in every life; when in doubt, heed them.

Skin Clear and Flesh Firm With Yeast Vitamin



Concentrated Tablets Easy and Economical to Take—Results Quick.

Every man or woman who has heard of the wondrous health and beauty-making power of the vitamins in yeast, fresh vegetables and other raw foods will be glad to know of the amazing results being obtained from the highly concentrated yeast—Mastin's VITAMON tablets. These supply a proper dose of all three vitamins (A, B, and C) and are now used by thousands who appreciate their economy, convenience and quick results. Mastin's VITAMON mixes with your food, helps it to digest and provides the health-giving, strength-building nourishment that your body must have to make firm tissue, strong nerves, rich blood and a keen, active brain. They will not cause gas or upset the stomach, but, on the contrary, are a great aid in overcoming indigestion or chronic constipation. Pimples, boils and skin eruptions seem to vanish as if by magic, leaving the complexion clear and glowing with health. Be sure to remember the name—Mastin's VITAMON. Do not accept imitations or substitutes. You can get Mastin's VITAMON Tablets at all good druggists.

Get That Firm Flesh, "Pop" and Healthy Glow of Youth—Take Mastin's Yeast VITAMON Tablets.

MASTIN'S VITAMON
THE ORIGINAL TABLETS AND GENUINE YEAST VITAMON TABLET

Are Positively Guaranteed to Put On Firm Flesh, Clear the Skin and Increase Energy When Taken With Every Meal or Money Back

if it isn't MASTIN'S it isn't VITAMON

Some persons do not wish to be lovely, but only to be loved.

But Takes Her Unsolved.
Bert—"Woman is an enigma. Man can't solve her." Yvonne—"And yet he won't give her up."

WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medicine. It is a physician's prescription. Swamp-Root is a strengthening medicine. It helps the kidneys, liver and bladder do the work nature intended they should do. Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it should help you. No other kidney medicine has so many friends. Be sure to get Swamp-Root and start treatment at once. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

It keeps a hypocrite busy trying to convince himself that he is honest.
Watch Cuticura Improve Your Skin. On rising and retiring gently smear the face with Cuticura Ointment. Wash off Ointment in five minutes with Cuticura Soap and hot water. It is wonderful what Cuticura will do for poor complexions, dandruff, itching and red rough hands.—Advertisement.

No change of circumstances can repair a defect of character.

Always Plenty of Stretch
—no rubber to rot
in Nu-Way
EXCELLO
SUPERBLENDED
SUSPENDERS
Guaranteed One Year—Price 75¢
Ask your dealer for Nu-Way or Excello
Guaranteed Suspenders, Garters and Hose Supporters
Accept no substitutes—Look for name on buckles.
Nu-Way Stretch Suspender Co., Mrs. Adrian, Mich.

PISO'S
SAFE AND SANE
FOR COUGHS & COLDS
This syrup is different from all others
Quick relief. No opiates. 35¢ everywhere

W. N. U., DES MOINES, NO. 53—1921.

Western Canada Offers Health and Wealth

and has brought contentment and happiness to thousands of home seekers and their families who have settled on her FREE homesteads or bought land at attractive prices. They have established their own homes and secured prosperity and independence. In the great grain-growing sections of the prairie provinces there is still to be had on easy terms
Fertile Land at \$15 to \$30 an Acre
—land similar to that which through many years has yielded from 20 to 45 bushels of wheat to the acre—oats, barley and flax also in great abundance, while raising horses, cattle, sheep and hogs is equally profitable. Hundreds of farmers in Western Canada have raised crops in a single season worth more than the whole cost of their land. Healthful climate, good neighbors, churches, schools, rural telephone, excellent markets and shipping facilities. The climate and soil offer inducements for almost every branch of agriculture. The advantages for
Dairying, Mixed Farming and Stock Raising
make a tremendous appeal to industrious settlers wishing to improve their circumstances. For illustrated literature, maps, description of farm opportunities in Manitoba, Saskatchewan, Alberta and British Columbia, reduced railway rates, etc., write
A. E. PILKEY
FIFTH ST., DES MOINES, IOWA
Authorized Agent, Dept. of Immigration and Colonization, Dominion of Canada
150 ACRES WESTERN CANADA FREE