

Happy  
Bake  
Days



## CALUMET BAKING POWDER

The cook is happy, the other members of the family are happy—appetites sharpen, things brighten up generally. And Calumet Baking Powder is responsible for it all. For Calumet never fails. Its wonderful leavening qualities insure perfectly shortened, faultlessly raised bakings. Cannot be compared with other baking powders, which promise without performing. Even a beginner in cooking gets delightful results with this never-failing Calumet Baking Powder. Your grocer knows. Ask him.



RECEIVED HIGHEST AWARDS  
World's Pure Food Exposition, Chicago, Ill.  
Paris Exposition, France, March, 1912.

You don't save money when you buy cheap or big-can baking powder. Don't be misled. Buy Calumet. It's more economical—more wholesome—gives best results. Calumet is far superior to sour milk and soda.

## The First National Bank and Citizens Savings Bank



"In All My  
National Banks

the stockholders are held liable for double their holdings. This wise provision amply safeguards the depositors. This Bank is one of my good ones."

### CRESO PUBLIC SCHOOLS.

Cecil Johnson, Editor-in-Chief.  
Will Marsh—Athletic Editor.

School is progressing rapidly. The six weeks' examinations are over and we are ready for another six weeks' charge.

The following is a list of those who have graduated within the last three years and are now attending college:

1912—Sarah Glass, Carl Klaffke, Helen Kessel, Percy Peck, Martha Becker, Jennie Williams, Arthur Meen, Dwight Williams, Solt Daley, Lela Phillips, George Plopper.

1913—Laura Cameron, Alice Clemmer, Will Darrow, Mary Eaton, Emily Huntington, John Johnson, Jessie Smart, Val Neapass, George Hamilton, Gertrude Ferkingstad.

1914—Paul Brown, Ella Lee, Florence McCook, George Robertson, John Kakac, Leonard Lyons.

The Senior class had a meeting week before last, in which they chose a committee for the selection of the class pins and rings, also to decide upon graduation pictures. The latter will have to be taken this month.

The advanced class in public speaking is now busily working on two plays, namely, "The Rose of Plymouth Town," and "King Rene's Daughter." These are lively plays and will be presented by the class at the high school programs during the year.

The try out for the state debate team has been postponed to Nov. 6. Also the intersociety debates have been postponed about one month. This change was made on account of lack of material for the preliminary debate, and so that those who were in the intersociety debates might also enter for the state debate team.

The society programs have all been postponed to one week later than originally planned. This change is due to the institute being held this week.

Thursday and Friday of this week there will be no school as there will be institute on those two days.

The annual declamatory contest will take place shortly after Christmas. This gives the contestants plenty of time for preparation.

The Freshmen had a class meeting last Wednesday in which they elected the following class officers: President, Harold Webber; Vice-President, Madeline Mitchell; Secretary, Katherine Clemmer; Treasurer, Eldon Clark.

The different classes met last Wednesday after school for the purpose of electing historians to write up the class histories for the Annual. The following historians were elected: Freshmen, Donald Graf and Hazel Eaton; Sophomores, Thelma Thompson; Junior, Charlotte Melvold and Grace Patterson; Senior, Will Marsh.

On Thursday after school the societies met and elected the following to write the society histories: Roosevelt, Hugh Eaton; Dolliver, Gladys Tillson; Roberts, Gertrude Kessel and Nell House; Hawkeye, Anna Brown.

### Keep Your Stomach and Liver Healthy.

A vigorous Stomach, perfect working Liver and regular acting Bowels is guaranteed if you will use Dr. King's New Life Pills. They insure good Digestion, correct Constipation and have an excellent tonic effect on the whole system—Purify your blood and rid you of all body poisons through the Bowels. Only 25c. at your druggist.

### OSAGE DEFEATS CRESO.

Cresco high met Osage on the local gridiron on Saturday last and went down to defeat by a score of 6 to 0. It was one of the hardest fought battles of years. Cresco put up a great game and a game in which no one can be singled out for special mention as every one was in the battle not as units seeking applause but as a team to win.

The fact that Cresco on end runs, forward passes and line drives made a total of 171 yards against 161 for Osage and that with 8 chances to return punts Osage only made 82 yards while Cresco with 7 punts to handle made 130 yards shows the mettle of the local team. The only thing that defeated Cresco was costly fumbling at times when inside the Osage 20 yard line. This was done twice. The cause was apparent in both cases, an anxiety to gain a few feet. Osage had a manner of knocking the ball from a man just as he struck the ground and seemed to send one man in for that purpose.

The game was refereed by McIntosh of Fayette while the umpire was Tadd of the Osage High school and Prof. Wells of the local school acted as head linesman.

The teams lined up as follows:

Cresco	Position	Osage
Kakac	L. E. ....	Mills
Rington	L. T.	Loney
S. Marshall	L. G.	Sullivan
Dell	C.	Benedict
Morgan	R. G.	Cummins
Rathert, W.	R. T.	Hill
Webber and T.		
Marshall	R. E.	Chapman
Davis and		
Robertson	Q.	Brodick
Rathert, D.	R. H.	Becker
Donnegan	L. H.	Donsker
Long	F. B.	Muths

Osage won the toss and chose to defend the south goal and to receive. Cresco kicked to Osage and Becker made a return to 19 yards when he was downed by Red Rathert.

They made 4 yards off tackle, and losing 5 yards by Dunny getting through the line. They kicked and the ball being blocked and recovered by Cresco on Osage 30 yard line, but a fumble gave the ball to Osage who made 4 around right end, following with 4 off tackle and 4 additional around right end to a first down. Two more tackle plays netted 10 yards and an end run made 10 additional. It was then an easy march to a touchdown, most of the gains being made by line smashes. Osage failed to kick goal and the score stood 6 to 0.

Osage kicked to D. Rathert, who made a 20 yard return. Rathert was sent through tackle for 4 yards and repeated for 3, when Dunny made 4 at the same point and a first down. A forward pass, Davis to Long, made 5 yards, and Long failed to gain through the line and Long was sent through the line for 7 yards. Forward pass, Davis to Long, netted 7 yards, and on the next play the Ump was in Dunny's way and forced him back for a loss of 10 yards. Rathert made 8 around the end and Davis went the opposite end for 7 and a first down. The next play was an incomplete forward pass and then Davis fell back and kicked to Osage who made 10 yards' return and had the ball on their own 20 yard line. These plays through tackle netted 13 yards and on the next play they were penalized for holding. Two plays netted them nothing, and they were forced to kick as Webber tackled the last play for a loss of 10. Davis made a 30 yard return of the kick. Cresco was penalized for holding and the ball went to Osage on their own 20 line. They made but two yards on the next two tries and then attempted a forward pass, but Davis got the ball and immediately kicked. Osage lost the ball to Cresco on downs on Cresco 30 line, and Davis kicked, but Osage could only make a 10 yard return to their own 40 line. They made 11 yards in the next three plays and on an attempted end run Kakac tackled for a loss of 5 yards. Osage unable to make distance on the next three tries kicked and the ball went out of bounds on Cresco 10 yard line. Davis kicked and Osage had the ball on the center of the field. Three tries netted them 10 yards and time was called on the half with the ball on Cresco 40 yard line.

Second Half—Osage kicked to Long who made a 20 yard return. Dunny was sent through the line for 5 yards and Rathert went the same road for 7 and a first down. Dunny made 4 on an end run and Davis repeated when Long was sent through the line to a first down on a delayed pass. The criss cross was used for a gain of 3 yards by Dunny. Osage was assessed 5 yards for off side and Long was sent rolling through tackle for 9 yards. Cresco was held and the ball went to Osage on their own 15 yard line and they immediately fumbled and Long dropped the ball on Osage 25 yard line. Davis went the end for 8 yards, Long 10 through tackle but lost the ball on a fumble to Osage on their own 5 yard line. Two tries netted Osage 5 yards and they were penalized 15 yards and forced to kick to Long, who returned the ball almost to Osage goal line. Dunny made a yard and the same amount was added by Rathert who immediately put the ball on Osage 5 yard line where the ball went to Osage on downs. Three tries got no results and they kicked to Davis who made an 18 yard return. Cresco was immediately penalized 15 yards for holding and Davis fell back and kicked to Osage who lost

the ball on downs. Cresco, unable to make distance, kicked and the ball went to Osage at the point of the catch. Osage was caught holding and penalized 15 yards and made an awful yell because they were not allowed a touchdown after the referee blew the ball dead. They were forced to kick and the ball was blocked by S. Marshall who fell on the ball. The next play sent Rathert through Osage line for 5 yards and T. Marshall, who went in for Webber, made no gain on an attempt around the end. On the next play Long used his corkscrew motion on delayed run for a gain of 15 yards and in the action passed through the hands of four Osage players. The next three tries resulted in no gain and a forward pass. Davis to D. Rathert, made but 5 yards, and the ball passed to Osage on their own 8 yard line. After two tries on the line they kicked and Davis made a 20 yard return to Osage 15 yard line. After two plays netting 9 yards, Long fumbled and Osage took the ball and on first play kicked to Davis who made a 10 yard return. An attempt around end brought no gain and Dunny made 3 yards on a criss cross and Long forced the line for 8 yards and a first down. Rathert went the end for 4 yards and Cresco was penalized for holding. Davis was put in at right half and Robertson for quarter, T. Marshall going to the side lines. Davis attempted an end run and after a gain of 5 yards time was called on the game with the score 6 to 0 in favor of Osage.

Two fumbles cost Cresco the game and yet the locals played the best game of the two teams. The game was worth seeing as every inch of ground was contested. One thing must be laid to the credit to the Osage quarterback and that was he found the weak spot in Cresco's line and sent his team over for a touch down in 3 minutes from the blowing of the whistle.

Next Saturday the boys will meet another fast and able team when they go up against the Le Roy school. We have no question as to the result as all of the locals will be fit for practice this week and will get into the game.

**Avoid Sedative Cough Medicines.** If you want to contribute directly to the occurrence of capillary bronchitis and pneumonia, use cough medicines that contain codeine, morphine, heroin and other sedatives when you have a cough or cold. An expectorant like Chamberlain's Cough Remedy is what is needed. That cleans out the culture beds or breeding places for the germs of pneumonia and other germ diseases. That is why pneumonia never results from a cold when Chamberlain's Cough Remedy is used. It has a world-wide reputation for its cures. It contains no morphine or other sedative. For sale by Fred Lowry.

**TUBERCULOSIS** In addition to plenty of fresh air and proper diet, those suffering from or who are predisposed to Tuberculosis are recommended to use Eckman's Alternative to stop night sweats, banish fever and hasten recovery. This medicine, by reason of its successful use during the past, warrants the fullest investigation possible by every sufferer. Eckman's Alternative is most efficacious in bronchial catarrh and severe throat and lung affections, and in up-building the system. It contains no narcotics, nor harmful or habit-forming drugs. Accept no substitutes. Sold by leading druggists. Write to the Eckman Laboratory, Philadelphia, Pa., for booklet telling of recoveries.

**Loss of Appetite.** Is the first signal of disorder and decay. The usual loss of appetite is often caused by functional disturbances in the stomach. The stomach fails to do the work required, the appetite is gone, and the body suffers from lack of nourishment. Such a stomach needs to be cleaned and sweetened. Meritol Tonic Digestive is made especially to assist the stomach to digest food, and promote a healthy appetite. This remedy is sold on our positive guarantee, and we ask you to give it a trial. It is a genuine tonic. Fred Lowry, sole agent.

**Your Fall Cold Needs Attention.** No use to fuss and try to wear it out. It will wear you out instead. Take Dr. King's New Discovery, relief follows quickly. It checks your Cold and Soothes your Cough away. Pleasant, Antiseptic and Healing. Children take it. Get a 50c. bottle of Dr. King's New Discovery and keep it in the house. "Our family Cough and Cold Doctor" writes Lewis Chamberlain, Manchester, Ohio. Money back if not satisfied, but it nearly always helps. At you druggist.

**Oregon.** No extreme heat and no cold. Land that gives abundant fruit or grain crops without irrigation. If seeking health or genuine satisfaction on a suburban tract, or small farm home, send for descriptive pamphlet. McMinnville Investment Co. Northwestern Bank Bldg., Portland, Oregon.

**A Fair Proposition.** The manufacturers of Meritol Rheumatism Powders have so much confidence in this preparation that they authorize us to sell them to you on a positive guarantee to give you relief in all cases of Rheumatism or refund your money. This is certainly a fair proposition. Let us show them to you. Fred Lowry, exclusive agency.

The name—Doan's inspires confidence—Doan's Kidney Pills for kidney ills. Doan's Ointment for skin itching. Doan's Regulators for a mild laxative. Sold at all drug stores.

**Children Cry FOR FLETCHER'S CASTORIA**

### RURAL SCHOOL NOTES.

By Zina Fessenden, Co. Supt.

The next regular teachers' examinations will be held at Cresco Wednesday, Thursday and Friday, October 23, 29 and 30.

Following is the program for the Howard County Inspirational institute to be held at the Cresco High School building, Thursday and Friday, October 22 and 23.

All who are interested in this line of work are invited to attend anything on the program, especially the evening lectures. Mr. Kindley's "Rhymologue" is a humorous lecture-entertainment which will make you "sleep sounder, smile easier, live more and love deeper after you have heard him. Mr. Colegrove's "Why Iowa Boys Leave the Farm" should be of vital interest to all parents, and especially to all parents living in the country.

#### Institute Faculty.

Miss Ethel M. Maxfield, Des Moines, Iowa.  
Edgar S. Kindley, Davenport, Iowa.

Prof. C. P. Colegrove, Cedar Falls, Iowa.  
Frank C. Pellett, Atlantic, Iowa.

City Superintendents of Howard county—  
A. I. Tiss, Cresco.  
S. J. Plopper, Elma.

J. L. Mazingo, Lime Springs.  
S. B. Robertson, Chester.

Frances Rose, Teacher of Second Grade, Cresco.

#### Thursday Morning.

8:30-9:00. Reading of Poems, Edgar S. Kindley.

9:00-9:45. Opening of the Windows of the Soul, Prof. C. P. Colegrove.

9:45-10:15. General exercises.

10:15-11:00. Literature, Mr. Kindley.

11:00-11:45. The Study of Insects, Mr. Pellett.

#### Thursday Afternoon.

General session—  
1:00-1:45. Elements of Efficient Personality, Prof. Colegrove.

High School session—  
1:45-2:10. Questioning and Efficiency in High School Instruction, A. I. Tiss.

2:10-3:00. Lecture, Prof. Colegrove.

3:00. Lecture, Mr. Kindley.

Grade and Rural Section—  
1:45-2:10. Story Telling in All Grades, S. J. Plopper.

2:10-2:30. The Relative Value of Studies, J. L. Mazingo.

2:30-3:15. Winged Journeys, Mr. Pellett.

3:15-4:00. Rural School Music, Miss Maxfield.

4:00. Use of the Course of Study and Manual of Methods, Prof. Colegrove.

#### Thursday Evening.

Glee Club.  
Lecture—Rhymologue, Mr. Kindley.

Reception.

#### Friday Morning.

8:00-9:00. Rural School Music, Miss Maxfield.

General Session—  
9:00-9:45. Reading and Literature, Mr. Kindley.

9:45-10:15. General Exercises.

10:15-11:00. Lives of the Four Footed, Mr. Kindley.

11:00-11:45. Accumulative Dividends in Teaching, Prof. Colegrove.

#### Friday Afternoon.

High School Section—  
1:00-2:00. Suggestions for Teaching How to Study, Prof. Colegrove.

2:00-3:00. Lecture, Mr. Kindley.

Grade and Rural Section—  
1:00-1:20. Standards for Instruction, A. I. Tiss.

1:20-2:00. Reading, Mr. Kindley.

2:00-2:45. The American Indian, Mr. Pellett.

2:45-3:30. Community Interest in Schools, Prof. Colegrove.

3:30-4:00. Story Telling, Miss Maxfield.

4:00-4:30. Dramatization, Miss Rose and Pupils of Second Grade.

#### Friday Evening.

7:30. Music, Cresco High School Glee Club.

Lecture—Why Iowa Boys Leave the Farm, Prof. Colegrove.

### DANGER IN DELAY.

Kidney Diseases Are Too Dangerous for Cresco People to Neglect.

The great danger of kidney troubles is that they so often get a firm hold before the sufferer recognizes them. Health will be gradually undermined. Backache, headache, nervousness, lameness, soreness, lumbago, urinary troubles, dropsy, gravel and Bright's disease often follow in merciless succession. Don't neglect your kidneys. Help the kidneys with Doan's Kidney Pills, which are so strongly recommended right here in this locality.

Hans Lee, Ann St. McGregor, Iowa, says: "Kidney trouble came on in my case about six years ago. The first symptom was a dull pain in my back and a short time later, trouble with the kidney secretion set in. The passages were too frequent and caused much pain. When Doan's Kidney Pills were brought to my attention, I got a supply, I had not taken them long before I was relieved. I publicly recommended this remedy three years ago and as I have always had benefit when I have taken it since, I gladly confirm my original statement."

"When Your Back is Lame—Remember the Name." Don't simply ask for a kidney remedy—ask distinctly for Doan's Kidney Pills—the same that Mr. Lee had. 50c all stores. Foster-Milburn Co., Props., Buffalo, N. Y.

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