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VOL. XII. NO. 8. GREENVILLE, KY., THURSDAY, MARCH 31, 1910. 50c. PER YEAR, IN ADVANCE

THE LADIES' AID SOCIETY.

(Margaret Brooks.)

We've put a fine addition to the good old church at home;
It's just the latest kilter with a gallery and dome.
It seats a thousand people—finest church in all the town!
And when 'twas dedicated, why we planked ten thousand down!
That is, we paid five thousand—every deacon did his best—
And the Ladies' Aid Society it promised all the rest.

We've got an organ in the church—very finest in the land;
It's got a thousand pipes or more; its melody is grand!.
And when we sit on cushioned pews and hear the master play,
It carries us to realms of bliss, unnumbered miles away.
It cost a cool three thousand, and it's stood the hardest test;
We'll pay a thousand on it—the Ladies' Aid the rest.

They'll give a hundred sociables, cantatas, too, and teas.
They'll bake a thousand angel cakes and tons of cream they'll freeze.
They'll beg and scrape and toil and work for seven years or more,
And then they'll start all o'er again for a carpet for the floor.
No, it isn't just like digging out the money from your vest,
When the Ladies' Aid gets busy and says, "We'll pay the rest."

Of course we're proud of our big church from pulpit up to spire;
It is the darling of our eyes, the crown of our desire!
But when I see the sisters work to raise the cash that lacks
I sometimes feel the church is built on women's tired backs.
I sometimes can't help thinking, when we reach the regions blest,
The men will get the toil and work and the Ladies' Aid the rest.

Nature's Medicine Factory.

Within the past few years a new method of treatment of infectious diseases has been developed which promises to be of great utility. It is as yet only in the tentative stage, but when further study and experience have brought out all its possibilities and have cleared up some of the puzzling problems which it presents, and removed the difficulties of its application, it promises to furnish the physician with a powerful weapon in his warfare against disease. It is what is called the opsonic or vaccine method of treatment.

In this method there is no resort to drugs or to antitoxin, but the patient is, as it were, his own medicine factory. It is the method by which nature, unaided, seeks to heal, and frequently succeeds.

In the struggle against infection which goes on in the body a large part is taken by the white blood-corpuscles and certain other cells, the province of which is to attack the bacteria and destroy them. If a drop of blood is withdrawn and examined under the microscope, the white corpuscles will be found with bacteria within them which they are dissolving by a process of digestion.

In favorable cases the process goes on uninterruptedly, and if the bacteria are not too numerous they are gradually destroyed and the patient recovers.

Sometimes, however, the white corpuscles refuse to eat up the bacteria. They do not seem to find them appetizing, and the germs then go on multiplying and pouring out their poison into the blood, and the patient is in for a severe and possibly fatal illness. The bacteria themselves are appetizing to the white corpuscles, but when they are very virulent or in too great numbers, the poison they excrete renders them unattractive.

Now if the unattractive features can be suppressed, the white corpuscles will be stimulated to renewed attack. This is brought about by taking some of the bacteria from the patient's secretions and cultivating them outside the body until a great number—many millions—is obtained. They are then killed by heat and injected into the patient.

Being dead, they do no harm, but the chemical substance, whatever it is,—it is called opsonin,—which attracts the white corpuscles is still present and active, and present in such large amount that it renders appetizing not only the dead bacteria injected, but also the live ones which are doing the harm.

In certain diseases the bacteria are much alike, so that a so called "stock vaccine" has been prepared by the drug manufacturers. But it is found that the bacteria in each have usually certain characteristics peculiar to themselves, so that the opsonin prepared from the patient's own secretions is usually more efficacious.

One of the most remarkable features of the New York Public Library, now slowly nearing completion, will be the huge stack room, 90 feet wide, 300 feet long, and 60 feet in height, containing seven tiers of stacks. The metal work of the stacks alone weighs about 3,000 tons, and recently, in estimating for the contract, it was found that merely to pass once through the multitudious nests of stacks it would be necessary to cover seven miles of distance.

Until a few years ago, all public coal lands were valued uniformly at a rate of $20 or $10 an acre, according if they lie less or more than 15 miles from a railroad. Since July, 1906, the government has been appraising its coal land according to the value fixed for the government coal land, based on the new regulation, is $149,772.443; the value fixed for these same coal lands before the new classification was adopted was $48,240,971. According to these figures, it is evident, therefore, that if these lands had been sold at the prices prevailing before July, 1906, they would have brought the government about $100,000,000 less than their value at the prices now fixed.

Pointed Paragraphs.

He who knows a woman has solved a great mystery.

And money is also the root of many a family tree.

A good start has all the requirements of a bad finish.

Nothing jolts a woman's sweet, trusting disposition like marriage.

When a young man flatters a girl she decides later that he really meant it.

The kiss of a homely girl may be sweeter than that of a pretty one—to a blind man.

Many a time heirs who really need the estate take a chance and hire a lawyer to settle it.

Many a man who expects to go to heaven pays out a lot of good money for fire insurance.

It's always safe to reserve your congratulations until the pair have been married at least a year.

When a girl gets her first letter from a man she keeps the envelope stuck in her mirror frame for six months.

Somehow the people who do as they please seem to get along just as well as those who are always trying to please others.

BUSINESS LOCALS.

Give your job printing orders to THE RECORD.

For firstclass livery service, in-including closed carriages, call on Barbour Head.

Get a set of pneumatic rubber tops for your typewriter keys. Greatest aid to operation of any machine. Roark has them, and you are asked to call for a look.

Pittman Bros. new meat shop, near the Baptist church, is ready for business. Give them your orders.

Wallpaper prices at Roark's are lower than anywhere, and the selections are very complete now.

Miss Lena Arnold would appreciate the favor of your laundry work, and she represents the best plant in this territory.

Bear in mind that Roark has splendid selections of wallpaper in stock, ready for delivery, and sample books of the finest papers made, which can be procured on short notice after selection.

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Office in Green Building, opposite LaMeade Hotel.

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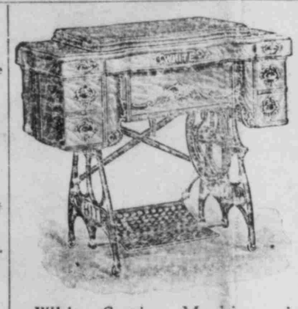

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Concrete Work Contracted.
I am prepared to do pavement and other concrete work, and shall be glad to make estimates. In pavements limestone is used in base and surface, throughout, complying with city specifications in every particular. Give me an opportunity to bid on your contracts. s 17
R. C. McCRACKEN.

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"Two years ago a severe cold settled on my lungs and so completely prostrated me that I was unable to work and scarcely able to stand. I then was advised to try Dr. King's New Discovery, and after using one bottle I went back to work, as well as I ever was."
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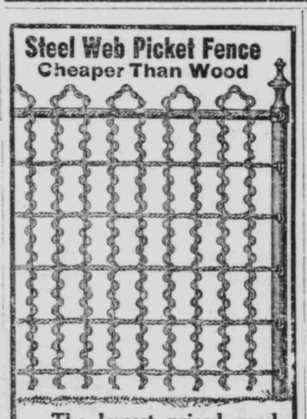
Cheaper Than Wood



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Greenville Hardware —AND— GROCERY CO
You can use Roark's furniture polish without cost if it is not satisfactory in every way, as it is sold under positive guarantee, and no questions asked.

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"I have used less than one bottle of Cardui," writes Mrs. Gertrude Ward, of Rushville, Neb., "and am feeling fifty per cent better than when I began taking it.
"Before taking Cardui, I had suffered with female trouble, for eight years. My greatest trouble was irregularity. I also suffered with severe pains, every month, but now I am greatly improved and will recommend Cardui to all my suffering friends."
Take CARDUI
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The Woman's Tonic
The rare medicinal herbs of Cardui are imported by the manufacturers direct from Europe and are not to be found in any other medicine.
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For over 50 years Cardui has been the favorite woman's medicine. The ladies like it, because it is so easy to take, so gentle, so safe, so reliable in its results, and they have faith in its curative tonic powers, because of the thousands of other ladies it has helped. Try it today.
Write to: Ladies' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn., for *Special Instructions*, and 64-page book, "Home Treatment for Women," sent free.

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It costs less to use good paint than to go without it. We use nothing but *good* paint on our work.
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Where other medicine fails this will bring a Cure. Taken before exposure prevents "Grip," "Colds," Rheumatism, Croup, etc. Consumption, Asthma, Bronchitis, Catarrh, Influenza, Whooping Cough. By Dealers. The 50c. size by mail 60c. Fredonia, N. Y.

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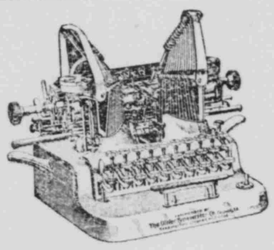

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The highest medical authority on foods,
Sir James Crichton Browne, LL.D.—F.R.S.
of London,
gives the best reasons for eating more
Quaker Oats
In an article published in the Youth's Companion of September 23rd, 1909, Dr. Browne, the great medical authority on foods, says, about brain and muscle building—
"There is one kind of food that seems to me of marked value as a food to the brain and to the whole body throughout childhood and adolescence (youth), and that is oatmeal.
"Oats are the most nutritious of all the cereals, being richer in fats, organic phosphorus and lecithins."
He says oatmeal is gaining ground with the well-to-do of Great Britain. He speaks of it as the mainstay of the Scottish laborer's diet and says it produces a big-boned, well-developed, mentally energetic race.
His experiments prove that good oatmeal such as Quaker Oats not only furnishes the best food for the human being, but eating it strengthens and enlarges the thyroid gland—this gland is intimately connected with the nourishing processes of the body.
In conclusion he says—
"It seems probable therefore that the bulk and brawniness of the Northerners (meaning the Scotch) has been in some measure due to the stimulation of the thyroid gland by oatmeal porridge in childhood."
The Scotch eat Quaker Oats because it is the best of all oatmeals.

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