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VOL. XIII. NO. 32. GREENVILLE, KY., THURSDAY, SEPTEMBER 21, 1911. 50c. PER YEAR, IN ADVANCE

WHEN MEAT IS COSTLY

SEVERAL WAYS IN WHICH CHEAP CUTS CAN BE PREPARED.

Mock Chicken and Beef Steak—Breakfast Dish of Liver and Pork—Meat Pie.

Here are some ways in which cheap cuts of meat can be prepared:
Mock Chicken.—One and a half pounds of round steak, cut into small pieces about two inches square roll in flour, put in roasting pan and fry in butter till brown. Then remove from stove, cover with cold water, add a little flour, set in the oven and simmer for three hours; stir occasionally, and add more water as needed to keep the meat covered. When the meat is cooked it tastes surprisingly like chicken. Thicken the gravy more if necessary. Add salt about an hour before it is done.

Beef Steak.—Three pounds round steak, one-half pound salt pork, four or five soda crackers, one-half cup of milk. Add more salt if desired. Season with one-half teaspoon of ground sage, or clove or garlic, or a few drops of onion extract. Mix into a loaf and bake in oven. Baste occasionally.

Breakfast Dish.—Take five cents' worth of liver and ten cents' worth of a cheap cut of pork and put in a kettle together; cover with four quarts of water, cook slowly for an hour, salt after it has commenced to boil, and stir occasionally. Drain off half of the liquid and use for soup stock; it is splendid. Place the remainder on the fire and stir in enough yellow cornmeal to make as thick as mush. Run the pork and liver through a meat chopper, or chop fine. Season with more salt, sage and pepper, and stir into the meal mush. Turn out into a pan and set in a cool place. Fry for breakfast; it will keep for a week.

Meat Pie.—Get a ten-cent neck cut of meat; trim, place in kettle, cover with cold water, let come to a boil, then simmer till done, keeping the same amount of water on it. When it is cooked, remove the meat, break it up in small pieces, season and cover with stock. Thicken with flour. Then pour the mixture in a basin. Make a dough as follows: Two cups flour, one heaping teaspoon of baking powder, a pinch of salt, three rounded tablespoons of lard, or butter. Mix with enough milk to make a soft dough, make a dough that can be shaped with the hands, press into a flat shape and cover the meat in the basin. Bake until done, about half or three-quarters of an hour. Half of the amount of meat and stock will be enough for four people. If all of the meat and stock is used, double the quantities for the dough. If only half of the meat is used, the balance may be made into meat cakes for breakfast or luncheon as follows: Chop the meat, roll three crackers, chop one small onion, salt and pepper to taste, one tablespoon of butter and one egg. Beat the egg without separating, melt the butter, mix all together, make into flat cakes and fry in meat drippings.

Russian Patties.
One pint of oysters; parboil, strain and reserve liquor; there should be about one cupful. Mince a saucer of three tablespoons of butter, four and one-half tablespoons of flour, one-half cupful of chicken stock, the half cupful of oyster liquor and one-half cupful of cream, all the yolks of two eggs, one tablespoonful of grated horseradish, two tablespoonsful of capers, three-quarters of a tablespoonful of lemon juice and from one-half to one level teaspoonful of salt, according to saltiness of oysters. Stir in one saltspoonful each of white pepper and paprika, then add the drained oysters. As soon as the oysters plump and their edges curl fill into patty shells and serve very hot.

Spiced Beef.
A ten-pound roast beef. Rub into this half a teaspoon of salt, one tablespoon of black pepper, two tablespoons each of ground allspice and cloves. Then put the beef into a vessel that will fit it. Pour two quarts of vinegar on it, and let it remain in the vinegar one week, turning it every day. Cover tight to keep the flavor in the meat. Then take it out and tie up tight in a clean cloth. Put it to cook with all the juice, adding one quart of water and let it boil two hours and a quarter. Let it be cold when taken out of the cloth. Slice thin. It is excellent for luncheons and parties.

Raised Doughnuts.
One cup warm milk, one cup sugar, two cups melted lard, one cup yeast, a level teaspoon salt, half a nutmeg, two eggs and enough flour to make a sponge; let raise over night; add more flour, mold and cut with small jelly glass, the dough being rolled about half an inch thick; put in greased pan and set near stove to rise; when very light put in large kettle of hot lard and cook from seven to eight minutes; take from lard and put on brown paper to drain and drop two or three drops of lemon on each.

Luncheon Sandwiches.
Butter, slightly softened, of white bread, chop fine four stalks of celery and the same quantity of cold meat. Make a mayonnaise dressing, stir it into meat and celery, spread on the bread, put a plain slice of bread and butter on top.

NOTES FROM MEADOWBROOK FARM



By William Pitt

Start the berry patch early.
Heavy draft horses are in demand.
Timothy hay is a dangerous feed for sheep.

Beet molasses acts as a tonic when fed to stock.
Weeds harbor injurious insects and plant diseases.
In breeding time hogs take 112 days before they farrow.

Timothy seed may be sown in the spring if it is sown early.
The main poultry building should face the south or southeast.
The matter of feeding the mare is quite an important consideration.

The bean straw makes a good feed for sheep or cattle if properly handled.
The addition of manure to a clay soil will make it lighter and warmer.
The carrot, like most all root crops, responds readily to frequent cultivation.

To grow cucumbers to perfection plenty of heat, light and moisture are required.
Carrots should be sown early as the crop, especially the late varieties, require a long season.

Do not expect success with house plants unless you give them enough room and enough sunlight.
Clover and orchard grass seed should be sown on winter grain before the frost is out of the ground.

Pig losses are invariably found to be much smaller where they are kept on pasture than under any other conditions.
The most potent cause of hens eating their eggs is a lack of the mineral elements in their system to make the egg shell.

Barley is best suited for a cool climate and a good soil, like limestone, slate or red clay soil; a sandy loam is too dry and hot.
While sweet corn will grow on almost all good farm land, yet it will yield larger ears on a deep, sandy or river bottom loam.

A crop of beans can be grown and marketed cheaper than a crop of corn and are much easier on the land, being a nitrogen gatherer.
After long investigation, three European scientists have decided that trees, through their foliage, extract free nitrogen from the atmosphere.

As soon as pigs commence to eat spread a little whole oats over the floor after the slop is eaten. Keep the troughs and feed yards clean and dry.
Rape may be seeded at any time between early May and late June, depending upon what time the crop is wanted for forage or pasture purposes.

Plaster, when properly applied, is beneficial to all leguminous crops, especially red, white, crimson and alsike clovers; disc peas, beans and potatoes.
The most economical, as well as the best growing ration for weaned pigs is equal parts of wheat middlings and oat meal, and about one-fourth the amount of flaxseed meal.

The Indian Runner ducks are usually very active and hardy, and will quickly roam far and wide in search of insect life, which if plentiful will form a large part of their food.
The average bean crop for the United States is about 16 bushels but individual growers are getting as high as 40 bushels per acre where conditions are right and at no greater expense.

The yield of corn and potatoes is often largely increased from a change in seed, especially where the improved and adapted varieties take the place of run out, stock of inferior quality.
Cockerels five months old may be looked upon as having attained their growth, or, at least, having sufficiently approximated maturity to be ready for the fattening crates; and those, with hens one year old and upward, and old roosters, may be expected to fatten in from ten days to two weeks.

Kentucky Fair Dates.

The following are the dates fixed for holding the Kentucky Fairs for 1911 as far as reported. Officers of fairs are requested to report to us any modifications or corrections of dates.
Kentucky State Fair, Louisville, September 11-16 days.
Scottsville, September 11-13 days.
Horse Cave, September 30-4 days.
Morgantown, September 21-3 days.
Glasgow, September 21-4 days.
Mayfield, September 27-4 days.
Paducah, October 3-4 days.
Murray, October 11-4 days.

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by way of making your business successful and your domestic life full of pleasure, if you are not supplied with telephone service of the Cumberland Telephone & Telegraph Company? Everyone should have a telephone. You are connected with all outside important points in local connections with all residences and business houses. For any information call manager, Cumberland Telephone & Telegraph Co., Incorporated.

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We carry on our floors and in our warehouses the largest variety of Furniture in Muhlenberg.
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Wallpaper is now a staple article of merchandise, being used all the year round. And we always have full selections, prices 5 cents and up per roll.

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Steel Grave Vaults of all sizes constantly in stock, for immediate delivery.
Burial Robes, Wrappers, Suits, Dresses, Slippers, etc., in large variety.
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Prompt service any hour day or night.

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to take Cardui, for your female troubles, because you are sure it will help you. Remember that this great female remedy—

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has brought relief to thousands of other sick women, so why not to you? For headache, backache, periodical pains, female weakness, many have said it is "the best medicine to take." Try it!
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Monon Route Announces New Schedule of Fares One Way and Round Trip.

The Monon Route announces that it will henceforth sell tickets between Louisville and Chicago at \$6 one way, instead of \$8 as formerly, and \$12 round trip, good 30 days returning, instead of \$16. Patrons are offered exceptionally good service by the Monon, which on night trains from Louisville operates Compartment and Drawing-room Pullmans, as well as the usual straight sleeper. The day trains have Parlor and Dining cars, and the very latest modern, new coaches. Inquiries cheerfully answered by E. H. Bacon, D. P. A., Louisville, Ky.

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