THE CHANGE OF LIFE

INTELLIGENT WOMEN PREPARE

Dangers and Pain of This Critical Period Avoided by the Use of Lydia E. Pinkham's Vegetable Compound.

How many women realize that the most critical period in a woman's existence is the change of life, and that the anxiety felt by women as this time draws near is not without reason?

If her system is in a deranged condition, or she is predisposed to apoplexy or congestion of any organ, it is at this time likely to become active and, with a host of nervous irritations, make life a burden.

At this time, also, cancers and tumors are more liable to begin their destructive work. Such warning symptoms as a sense of suffocation, hot flashes, dizziness, headache, dread of impending evil, sounds in the ears, timidity, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude are promptly heeded by intelligent women who are approaching the period of life when woman's great change may be expected.

Lydia E. Pinkham's Vegetable Compound is the world's greatest remedy for women at this trying period, and may be relied upon to overcome all distressing symptoms and carry them safely through to a healthy and happy old age.

Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the female organism, and builds up the weakened nervous system as no other medicine can.

Mrs. A. E. G. Hyland, of Chestertown, Md., in a letter to Mrs. Pinkham, says:

Dear Mrs. Pinkham:—

"I had been suffering with falling of the womb for years and was passing through the change of life. My womb was badly swollen. I had a good deal of soreness, dizzy spells, headaches, and was very nervous. I wrote you for advice and commenced treatment with Lydia E. Pinkham's Vegetable Compound as you directed, and I am happy to say that all those distressing symptoms left me, and I have passed safely through the change of life a well woman."

For special advice regarding this important period women are invited to write to Mrs. Pinkham for advice. It is free and always helpful.

Whet Your Appetite

and then come to the Old Reliable

Nick's Restaurant.

where the best is always obtainable.

All kinds of Fish, Soft Shell Crabs, Western Meat.

REGULAR DINNER SERVED DAILY, 25 CENTS.

SAY, JACK,

how is it your clothes always look so nice?

That's easy. I belong to the

Pensacola Pressing Club.

They keep them in good shape and only charge me one dollar per month. Why don't you join? Just ring up Phone 675 and give Malcolm White your name, or see Eugene Reese at Johnson's store.

COTTRELL'S Photograph Gallery

Will Be Re-opened About Oct. 1st

The Gulf City Market

Baylen and Intendencia.

W. H. Fillingim, Proprietor

MEATS AND VEGETABLES, POULTRY AND GAME IN SEASON.

FREE DELIVERY.

PHIL JONES, MANAGER

PHONE 895.

Let Us Send You a Freezer of Ice Cream

for your dessert any day, or for evening refreshment. Pure, healthful, nourishing, and oh, so good!

Kandy Kitchen Cafe,

140 S. Palafox. Phone 999

PEOPLE AND EVENTS

By E. NELLIE BECK. Telephone No 669.

Seen, Heard and Done Among Those Who Go, Come and Tarry—Women and Society, Here and Elsewhere

THE CHAPERON SPEAKS.

Very limp and damp my gown and the sun is beating down.
And my hat's askew above my blistered face.
But at last it's consolation and a bit of compensation
To know my lambs are gathered in one place,
For Dolly, Amaryllis and the most imprudent Phyllis
Are seldom found together in one spot.
And the only relaxation in a chaperon's vacation
Is to get them all together on a yacht.

Hence I sit here glad, though paling, for I never cared for sailing,
And I always had a horror of the sea,
But at least the satisfaction of a little forced inaction
Is a thing to be accepted thankfully.
And Dolly, Amaryllis and the most imprudent Phyllis
For once they hear my glance and murmur not,
And content is o'er me stealing (though I'm sure my nose is peeling),
For I know they can't escape me on a yacht.

—Life.

Mr. Elwood McLaughlin, of the P. A. & T. Ry., has gone to visit his old home, Clear Springs, Md.

Miss Claude Bowie, of Tennessee, is expected to spend the holidays with school friends in this city.

Mr. W. A. Everett, who accompanied his family northward last Wednesday, expects to return in a few days.

Miss Carrie Roberts left yesterday noon to visit her sister, Mrs. Charles Price, in Salisbury, N. C.

Hon. A. M. McMillan and family are spending September in their cottage at Magnolia Bluff.

Dr. J. H. Monk and family are in Chicago.

Mrs. E. H. Gonzalez and family have gone to Nashville, Tenn.

Mrs. A. E. Ynlestra is visiting her daughter Mrs. R. F. Jones in Columbus, Ga., but is anxious to return and be with her daughters, Mrs. Fontaine and Miss Aline, Miss Helen and Miss Bessie Ynlestra who are at their home here.

We are not to tell lies nor to evade, nor prevaricate, nor exaggerate. One may tell a dastardly lie and not open his mouth. There are times when to be silent is to proclaim a falsehood. But speaking one's mind brusquely and boorishly is no part of speaking the truth.—Marie Fuller, in Memphis Commercial-Appeal.

Mr. James Myers left yesterday on a pleasure trip to Cincinnati and other points.

Mr. Willie Hantz in in Louisville, Ky.

He Wanted to Know.

A bishop in full robes of office, with his gown reaching to his feet, was teaching a Sunday school class. At the close he said he would be glad to answer any questions.

A little hand went up, and he asked "Well, my boy?"

"Can I ask?" said the boy.

"Certainly," said the bishop. "What is it?"

"Well," asked the boy, "Is dem all you've got on, or do you wear pants under dem?"—Ladies' Home Journal.

Cured.

"Were you ever in all your life glum and discontented?" asked one, says the New York Times.

"Yes; once I was plum down in the mouth," owned Uncle Henry, with an air of candor. "But I got cured right off, and I ain't ever had an attack of the blues since then."

"Do tell us about it."

"Well, it was when I was a young man. I had just got a job workin' on the Erie canal, it was gettin' late in the fall, and I hadn't any shoes to my name, and I had to send home every red cent, except that would feed me. I didn't see how I was to get a pair of shoes before winter set in."

"Well, that was hard lines."

"So I thought," said Uncle Henry, smiling, "until one day I saw a feller on the street that hadn't any feet. I can't rightly say as I've ever been discontented since then."

Get the worth of your money. Demand Blue Ribbon Lemon and Vanilla Extracts.

LAUNDRY NOTICE.

Owing to the scarcity of collections and the absence of Mr. Walker Ingraham from the city, it is necessary to place the business on a cash basis. Monthly customers are hereby notified that money must be left at home to pay delivery man, or package will be brought back to laundry office.

STAR LAUNDRY,
5sept 1w By H. J. Mackey.

THE CITY CARRIAGE SHOPS, 113 AND 115 W. ROMANA, THE ONLY PLACE OF ITS KIND IN CITY WHICH IS NOW IN OPERATION. J. J. HILLIARD, PROP. HORSESHOEING RELIABLY DONE.

The Journal's Daily Fashion Feature

SIMPLE DESIGN FOR HOUSE FROCK.

Almost any of the modish materials at the moment will do well for this smart design; but mohair is especially suitable, since it sheds dust and does not crease or crumple. The bodice has a fitted lining, the back following the fitting seams, while the fronts are folled on with a shirring at the throat and again at the waist line. The sleeve is a shirt-waist pattern, and a dressy effect is gained when it is made to end at the elbow. The skirt is in seven gores, with shirrings instead of darts to fit it over the hips, and a simple ruffle at the foot is put on with a shirred heading that adds much to the dressy effect.

Novel, Unique Mail Route Planned for Lower Coast

GOVERNMENT CONTEMPLATES FURNISHING AND TAKING UP MAIL FOR RESIDENTS IN THE KEYS—INSPECTOR NOW EXAMINING THE CONDITIONS.

The Miami Metropolis says: If results are found satisfactory and the project of the postoffice department is carried out as now contemplated, there will be in operation at an early date one of the most novel and unique mail routes in existence in the United States.

The plan is this: To operate a mail boat from Miami twice a week delivering mail, first at Cape Florida, then Soldier Key, then to several points a dozen or more on Key Largo, Elliotts Key, and so on down to Planter, making in all a dozen or more stops. At each of the places of delivery mail boxes will be erected and at the same time mail is delivered it will be taken up. At many of the points where delivery is contemplated there are quite a number of families, this being especially true on Key Largo, Elliotts Key and Planter, all of whom, except those of the latter place, who secure their mail boat from here, have to come to Miami for depositing or securing their mail.

The new route if established will be novel and an innovation in more ways than one, one of which will be that a good portion of the route, covering a distance of nearly one hundred miles, will be made in hazardous and rough water, which at times will make the voyages perilous and in others force the abandonment of a trip or two during storm periods.

To inspect the feasibility and practicability of establishing this route, Mr. Robinson, assistant superintendent of the railway mail service, with headquarters in Atlanta, who has been in the city for the past several days, left this morning on the launch Lucile, Walter Ritlow, commanding, for the lower coast.

Stops will be made at all the points where it is proposed to establish a delivery and collecting station, and upon the result of his investigations and report will depend the action of the department in the premises.

DAPHNE READY TO HOLD COURT

LOOKS AS THOUGH OLD COUNTY SEAT WAS WINNER OVER BAY MINETTE.

The Mobile Register says:

Mr. E. Q. Norton, editor and proprietor of the Daphne Standard, who has been prominent in the struggle between Daphne and Bay Minette for possession of the Baldwin County court house, officers and jail, was in Mobile yesterday and had an interview with Judge S. B. Browne, of the circuit court, relative to holding court at Daphne instead of Bay Minette at the term which opens in the early part of next month. Judge Browne was quoted last week as favoring Daphne on legal grounds, explaining that the recent decree of Chancellor Smith left him no option in the matter.

At the time he was interviewed Judge Browne apprehended a difficulty in holding court at Daphne, owing to lack of accommodation, the judge believing that the former court house had been entirely dismantled. Mr. Norton asured him yesterday, however, that the building at Daphne could be placed in readiness within twelve hours, and that suitable provision could be made at short notice for the care of prisoners.

The result of the consultation between Judge Browne and Mr. Norton is that court will be held at Daphne unless some unforseen legal barrier is presented between now and the opening of the term.

Weddings and Funerals In China.

Strangers in China have the greatest difficulty when meeting a funeral or wedding procession on the street to distinguish one from the other. The same red cloth coolies, carrying roasted pig and other dainties, appear in the procession, the same smaller coolies carrying cheap paper ornaments and the same noisy turnout, and all this when some old person is being carried to his last resting place, as when the youngest and most beautiful Celestial maiden is being carried to the new home prepared by her husband. The crowd at the funeral is as noisy as at a wedding, and the guests eat just as much. The only difference indeed between the two is that in the center of one the bride is carried in an inclosed sedan chair, borne on the shoulders of some men, and followed by her bridesmaids. In that of the other the coffin is carried and the mourners follow. Indeed, an English writer says that no event in the life of a Chinaman is half so important as his funeral.

The Happy Man.

A certain king once upon a time fell into a state of deep melancholy. Court physicians could do nothing for him and were in despair, when a certain very wise man bethought himself of the well known cure of sleeping in the shirt of a perfectly happy man overnight. So courtiers were dispatched everywhere in search of the shirt of a perfectly happy man. One by one they returned from their fruitless search throughout the vast kingdom. At last only one courtier remained out, and he, too, began to despair of finding the shirt of a perfectly happy man. It was just about twilight and he was riding over a village green, when he was attracted by the careless laughter of a disreputable beggar who was stretched full length upon the sward. "Are you are a perfectly happy man?" demanded the courtier, reining in his horse. "You bet," said the beggar. "A thousand crowns for the loan of your shirt!" "But I ain't got none," replied the beggar.

NO MORE DANDRUFF.

Newbro's Herpicide Destroys the Pestiferous Cause of Annoying Dandruff.

Does your head itch? Is your coat or dress full of white flakes after dressing your hair? That's the effect of dandruff. Is your hair thinning? Are you beginning to get bald in spots? Are you already, in fact, rapidly becoming bald? If so, that is the effect of a measly little parasite that burrows in at the root of the hair, and throws up the scalp in dandruff and eats off the hair at the root. Science's latest discovery is a destroyer of that pestiferous germ. That destroyer is contained in no other hair preparation on earth but Newbro's Herpicide. Try it, and be convinced. A delightful dressing. For sale by W. A. D'Alemberte, druggist and apothecary, 121 S. Palafox street, or send 10c in stamps for sample to The Herpicide Co., Detroit, Mich.

Our Method of Laundering Kills All Disease Germs.

The Star Steam Laundry.

37 E. Garden St. Phone 114. Pensacola, Fla.

FEEL IMPENDING DOOM.

The feeling of impending doom in the minds of many victims of Bright's disease and diabetes has been changed to thankfulness by the benefit derived from taking Foley's Kidney Cure. It will cure incipient Bright's diabetes and even in the worst cases gives comfort and relief. Slight disorders are cured in a few days. "I had diabetes in its worst form," writes Marion Lee of Dunreath, Ind. "I tried eight phsicians with relief. Only three bottles of Foley's Kidney Cure made me a well man." W. A. D'Alemberte, Druggist and Apothecary.

Put Himself In Pawn.

While George Frederick Cooke was playing an engagement in New York he was dunned for $500 one afternoon by a creditor too strenuous to be put off.

"Come on, then," said Cooke and led the way to a neighboring pawnbroker's shop.

"My good man, I put myself in pawn," he said. "Lock me up in a closet. Don't let me out. Give this man the ticket. Now"—to the creditor—"take it to my manager and tell him that George Frederick Cooke is locked up here in pawn for $500. Don't be uneasy. In an hour's time the curtain must ring up. You'll get your money."

He did get it, and when the excited manager, his audience waiting, drove furiously to the pawnshop he found Cooke locked up safely behind the counter, sound asleep, and, being locked up, sober and ready for work.—Rebecca Harding Davis in Saturday Evening Post.

The First Sugar Canes.

Arrian in his "Circuit of the Red Sea" alludes to the sap which "flows from reeds, thickens like honey and is sweet to the taste." Seneca, who Chambers' Encyclopaedia says was "born at Corduba a few years B. C.," writes concerning the use of "burned sugar" among the people of India and concludes by adding, "In my opinion the use of sugar spoils the teeth." Nearchus says that sugar cane was first made known to the western countries by the conquests of Alexander the Great. The first of the sugar canes were brought from the east to Sicily in the year 1148 and two years later were introduced in Spain. In 1508 the Spaniards brought some of the seeds or plants to the West Indies, and from these the present industry has grown. According to the London Economist, 5,107,000 tons of sugar were consumed by the inhabitants of the world in 1893.

TERSELY TOLD BUSINESS LOCALS.

Hendrix & Carpenter will furnish estimates on building and painting and give personal attention to work. 932 E. Strong, and 824 East LaRua streets.

McKinzie Oerting & Co., wholesale and retail ship chandlers and grocers, the only first-class house of the kind in Pensacola. Fair prices to all.

Why use inferior paper, when you can buy Kelso Bond, French Dimity, Kara Linen, or Crane's Bond at C. V. Thompson's, 30 S. Palafox.

Sauer's extracts are the Standard. Guaranteed pure. All others are mere imitations. Ask for Sauer's.

Life Is too Short to Run Any Risk

Let us supply you with the necessary articles to

EXTERMINATE MOSQUITOES

We have a large stock of .....

OIL OF CITRONELLA,
SULPHUR,
INSECT POWDER, Etc.

Ring Phone 1100 and Remember that this is the Birthplace of Prompt Delivery.

HOOTON'S PHARMACY,

OPEN ALL NIGHT

GET NEXT, QUICK!

THE CHOICE OF ANY OF OUR LADIES'

$2.50 OXFORDS ..FOR.. $1.80

Your pick of any of the Strap Sandals, Patents or Plain Leathers, all

$2.50 Grade Now For $1.75.

COME QUICK AND GET A PAIR OR MORE.

MEYER SHOE CO.,

102 South Palafox Street. Feet Furnishers For Folks.

IF WE HAVE IT, IT IS THE BEST.

Leave Your Orders with Us for

Fancy Groceries

We Are Still the Leaders.

Sol Cahn & Co.

The Pure Food Store. Phones 178 and 480 The Store that Feeds the People.

DIAMONDS, WATCHES, JEWELRY, CLOCKS PRECIOUS STONES, BRONZES STERLING SILVERWARE, ARTPOTTERY, OPTICAL GOODS, CUT GLASSWARE.

Engraving and Fine Stationery.

Mail Orders Receive Prompt Attention.

E. O. Zadek Jewelry Co.

MOBILE, ALA.

Do You Read, Evenings?

That's what a Morris chair is for, to stretch out in. Adjust the back to any desired angle and enjoy a good book or your evening paper. Let us show you some of these great big easy chairs on hand. Carved oak frames and reversible velour cushions. We won't quote prices this time, you might think something was the matter with them.

MARSTON & QUINA,

108-110 S. Palafox St. Phone 148. Pensacola, Fla.