

Help... Nature

Babies and children need proper food, rarely ever medicine. If they do not thrive on their food something is wrong. They need a little help to get their digestive machinery working properly.



will generally correct this difficulty. If you will put from one-fourth to half a teaspoonful in baby's bottle three or four times a day you will soon see a marked improvement. For larger children, from half to a teaspoonful, according to age, dissolved in their milk, if you so desire, will very soon show its great nourishing power. If the mother's milk does not nourish the baby, she needs the emulsion. It will show an effect at once both upon mother and child.

See and get all druggists. SCOTT & BOWNE, Chemists, New York.

Uselessness of Hurry.

Time was given man to use and not to waste; it is for rational use, not foolish abuse. At times it appears to the reflective mind that we are mistaken in our endeavors to crowd into half an hour what should occupy half a day. Reference is not made to our hurried habits of eating, so frequently made the subject of medical and lay lectures, but to the general haste which characterizes the everyday movements of our people. In traveling we habitually give preference to the fastest lines, speed being the one grand recommendation of one competing line over another. The annihilation of time and space is a modern boast, says the Church Standard, of which perhaps altogether too much is made. It is to be questioned whether this tendency is a correct and safe one. It is a public demand that everything shall be done in the shortest possible time, but the demand is often a wasteful and suicidal one. The oft-quoted phrase to the effect that we do not "live out half our days" has more of truth than of fiction. But laying aside all considerations affecting the general welfare of the race, the element of hurry—not judicious employment of time, but meaningless haste—is of itself really injurious. Men and organizations are entrusted with the building and completion of a work of great magnitude, which is to remain for the use of future generations as a monument to the skill and labor of the decade which brought it forth; but instead of priding themselves upon the task well done, they not infrequently boast primarily of the speed with which it is performed.

Before a post office will be granted at Washingtonville, N. J., the inhabitants must choose a name without two final syllables meaning the same thing. Long names are bad enough without repetition.

AN IMPORTANT TEST.

Your Life May Be Prolonged by Applying It. Do you realize the importance of the kidneys and bladder? When diseased they make a lot of trouble—tear down the system and create gravel (stone in the bladder). Women often suffer from so-called "female weakness" when their trouble really lies with the kidneys and bladder. Try this test. Put some urine in a tumbler. Let it stand twenty-four hours. If there is a sediment, a cloudy or milky appearance, your kidneys are sick. If you are obliged to urinate often, especially during the night; if your urine stains linen, if you have scalding pains in passing it, if your back pains you, your bladder and kidneys are diseased, and you should at once take the greatest of all kidney medicines, Dr. David Kennedy's Favorite Remedy. It has cured the most distressing cases; it will cure you.

It corrects the bad effects of beer or whiskey, will cure old and chronic cases of Rheumatism and Dyspepsia and acts gently yet promptly on the bowels. Favorite Remedy is sold for one dollar a bottle at all drug stores.

You may have a trial bottle of Favorite Remedy with a pamphlet of valuable medical advice sent free by mail post-paid, by sending your address to the DR. DAVID KENNEDY CORPORATION, Rondout, N. Y., and mentioning this paper. The proprietors of this paper guarantee the genuineness of the liberal offer.

HONORABLE TIGER MISS.

A Specimen of the Trained Nurse in Japan—A Charming Attendant.

A Japanese trained nurse! It is hard to say why the idea strikes us as odd, for Japan is provided with excellent physicians and hospitals, and the empress is herself president of the Japanese Red Cross. Nevertheless, if we find something surprising in the thought, there is much that is winning in the embodiment, if O'Tora San, the nurse described by Mrs. Hugh Fraser in a recent volume of reminiscences, may be taken as a fair specimen.

"She was barely four feet high," writes Mrs. Fraser. "Her complexion was dark, her feet were encased in white linen socks with divided toes and shod with dainty straw sandals with green velvet straps.

"Her figure, the shape of a very soft feather pillow, was draped in a tight-fitting white apron with a large bib, and she was kept inside her buttonless and stringless clothes by a cruelly tight and wide leather belt put on over apron and all. Into this belt, holding her breath for a long time first, she could with great effort push her fat silver watch, her clinical thermometer, two or three yards of a Japanese letter (which she would read a foot at a time when she thought I was asleep), her carefully folded paper pocket handkerchief, and the relentless little register in which she noted down, from right to left, cabalistic signs with which she and the doctor conjured every morning till they knew all the sins my pulse and temperature had been committing.

"Her name was O'Tora San—Hon. Tiger Miss—but her ways were those of the softest pussy that ever purred on a domestic hearth rug and oh, what a nurse she was! So gentle, so smiling, so delightfully sorry for one!

"I have often caught the tears running down her little brown nose when the poor Okusama was extra bad; and through long nights of pain has she sat on her heels on a corner of my bed, fanning me ceaselessly with the all but imperceptible flutter of the fan's edge—a movement only possible for those wonderfully sensitive Japanese fingers, but most refreshing to the fanned one.

"When it was time for her meals, my maid O'Matsu would creep into the room, having shed her sandals at the door, and after inquiring about my health, would make a deep and graceful obeisance to Hon. Tiger Miss, and inform her in a respectful whisper that her honorable dinner was ready.

"The polite little Tiger would jump up, return the bow, ask permission to depart, and slip out to feed on fish, pickles (such dreadfully strong-smelling pickles!) and rice, washed down with thimblefuls of green tea or fish soup.

"After about 15 minutes of solid feeding, she would return, come up to my bedside, and express her gratitude for the meal supplied her. Then she would drop down on the cushion in the corner, and with the calm unconventionality peculiar to her race, let out a couple of holes in the leather belt."

Her ugly uniform discarded, however, and arrayed in her own dove-gray kimono and wide sash, as her patient afterward often saw her, the queer little lady became as charming as she was quaint—the very demurest and daintiest of domesticated Tigers.—Youth's Companion.

TO KEEP FERNS ALIVE.

In Potting Rich Soil, Preferably Leaf Mold, Is Needed for Them.

Nothing adds more to the attractiveness of a room than a pot of ferns. But how to manage ferns when they come from the florist is what few housewives know. If the intention be to pot them singly they should be repotted in a size larger only than the pots they have occupied. If received by mail, with the soil washed from the roots, put the plants into as small pots as will naturally accommodate the size of their roots. Place bits of charcoal or broken pottery an inch in depth in the bottom of the pot for drainage. Cover this with a thin layer of moss or leaf refuse to prevent the soil from washing through. An ideal soil in rich, flaky leaf mold with one-fourth part coarse, sharp sand well mixed in. In the absence of leaf mold well-rotted sod, rich in decayed roots, is excellent; or chip dirt, mixed with decayed straw or such matter; with either of these use the same proportions of sand. One need not always go to the woods for leaf mold; in many a sheltered fence corner and under the edge of the walks the leaves from shade and other trees find lodgment year after year and decay. Manure should not be added to the soil for ferns; an exception may be made with very strong-growing varieties—a little may be added with beneficial results if so thoroughly decayed that it looks like rich black earth. A few bits of charcoal, varying from the size of a pea to that of a hazelnut, may be scattered through the soil; they keep the soil sweet and fern roots seem to like the little nooks and crannies afforded by them. Bits of broken brick may be substituted; either hold moisture and you will find when turning the plants out for repotting that the main mass of roots have made their way around these and down into the drainage matter in the bottom.—Chicago Chronicle.

Pineapple Cream.

Cover half a box of gelatin with cold water, and let soak half an hour. Put a pint of grated pineapple and a cupful of sugar in a saucepan, and set over the fire to simmer; add the gelatin and stir until dissolved. Take up, turn into a tin pan, stir until the mixture begins to thicken; mix in carefully a pint of whipped cream; pour in a mold and set on ice to harden.—Housewife.

The Cure that Cures Coughs, Colds, Grippe, Whooping Cough, Asthma, Bronchitis and Incipient Consumption, is OTTO'S CURE The GERMAN REMEDY Cures throat and lung diseases. Sold by all druggists. 25¢ & 50¢.

THANKSGIVING DAY EXCURSIONS. Very Low Rates via the Baltimore & Ohio Railroad.

On November 29 and 30 the Baltimore & Ohio Railroad will sell tickets within a radius of 150 miles from selling station at one and one-third fare for the round trip; return limit December 1, 1899, inclusive.

For further information call on or address nearest Baltimore & Ohio Ticket Agent, or B. N. Austin, General Passenger Agent, Chicago, Ill. Nov. 30

Thanksgiving Holidays, 1899.

Greatly reduced rates via the C. H. & D. Ry. Tickets sold on November 29, and 30, limited to December 1, for return. Ask your nearest C. H. & D. Agent for full particulars regarding time of trains and rates.

Excursion Rate for Thanksgiving.

Agents of the Ohio Central Lines will sell excursion tickets between all points and to points on non-setting lines within 150 miles, November 29 and 30, at One and One-third Fare for the round trip, good returning until December 1, 1899. Nov. 29

Excursion Rates to Philadelphia.

Account National Export Exposition at Philadelphia, Pa., Agents of Ohio Central Lines will sell excursion tickets, November 14 and 25, at One First Class Limited fare for the round trip, good for return within ten days from date of sale. Nov. 24

The Nickel Plate Road

Offers one and one third fare for the round trip Nov. 29 and 30, good returning until Dec. 1, inclusive, account Thanksgiving Day. Tickets available within a radius of 150 miles. Inquire Agents. 167-35c

Home-seekers' Excursion.

November 14, December 5 and 19, via Ohio Central Lines. For tickets and full particulars call on any agent of Ohio Central Lines or address John Moores, T. P. A., Findlay, O. D. J. Cargo, Pass. Agt., Toledo, O. W. A. Peters, Pass. Agt., Columbus, O. W. G. Patterson, Pass. Agt., K. & M. Ry., Charleston, W. Va. Dec 16

Ohio and Indiana Came Law.

From Nov. 9, to Dec. 1, inclusive, excursion tickets for parties of three or more traveling together on one ticket at one fare for the round trip will be sold to points in western Ohio and Indiana on the Nickel Plate Road. The immense quantity of small game along the line of the Nickel Plate Road affords rare enjoyment to the sportsman. 168-35c

Home-seekers' Excursions South & West via the Clover Leaf.

The Clover Leaf will issue the usual low rate Excursion Tickets from all stations on the first and third Tuesdays in November and December. Stop over privileges on the going trip, return limit as previous Excursions. Call on nearest Clover Leaf Agent for further particulars. E. C. address: J. C. Jenkins, General Passenger Agent, Toledo, O. Dec 19

Hunters' Rates.

Low round trip rates are now in effect via the C. H. & D. Ry. to points in Tennessee, Arkansas, Indian Territory, Louisiana, Missouri, Mississippi, Upper and Lower Michigan and Wisconsin. If you contemplate a fall hunting trip, it will be to your interest to see your nearest C. H. & D. Agent regarding rates and arrangements or write to D. G. Edwards, P. T. M., C. H. & D. Ry., Cincinnati, Ohio. Nov 30

Hunters' Rates via Ohio Central Lines.

The sale of tickets for the Hunting season has been authorized, and agents of the Ohio Central Lines will sell low rate excursion tickets to points in hunting territory of Michigan, Wisconsin, Missouri, Arkansas, Louisiana, Alabama, Kentucky, Mississippi and Tennessee. For full particulars, rates, etc., call on Agents of Ohio Central Lines. 289-12 30.

To Los Angeles and Southern California.

Every Friday night, at 10:35 p. m., a through Tourist Car for Los Angeles and Southern California, leaves the Chicago, Milwaukee & St. Paul Railway Union Passenger Station, Chicago, via Omaha, Colorado Springs and Salt Lake City, for all points in Colorado, Utah, Nevada and California.

In addition to the regular Pullman passenger car is accompanied by an intelligent, competent and courteous "courier," who will attend to the wants of passengers en route. This is an entirely new feature of tourist car service, and will be appreciated by families or by ladies traveling alone. Particular attention is paid to the care of children, who usually get weary on a long journey. These tourist cars are sleeping cars supplied with all the accessories necessary to make the journey comfortable and pleasant, and the berth rate (each berth will accommodate two persons) is only \$6.00 from Chicago to California. Ask the nearest ticket agent for a tourist car folder, or address: E. G. Hayden, Traveling Passenger Agent, 135 The Arcade, Cleveland, Ohio, Dec 31 99

When Sarah Norlin returned from her vacation recently Charles Eckstrom met her at the station in Topeka, Kan., and shook her hand so vigorously that Sarah fell and broke her leg, reports a local exchange. Eckstrom paid her doctor's bill, and thought the matter was settled finally until he got notice that Miss Norlin had entered suit for \$3,000 damages. The case was called and Eckstrom testified that his violent hand-shake was merely an exuberant expression of his joy at seeing Miss Norlin again, and that he meant no harm. The jury thought that Eckstrom had done about the right thing when he paid the girl's doctor bill, and rendered judgment in his favor.

A Quincy (Ill.) man who advertised in the papers of that city for a wife received 140 answers from women who were willing. Yet there are many eligible young men who go day after day and evening after evening, yearning and putting off the question for fear he may be rejected.

According to a waiter of 17 years' experience in a New York restaurant, his tips have never been less than his salary of ten dollars a week. He has just purchased a home for \$18,500. Probably not many who have tipped him are as well off.

A benevolent society in Washington has passed a resolution regretting that public committees permit docked horses to draw carriages provided for guests of honor. There should be more of such societies.

Dr. Cady's Condition Powders, are just what a horse needs when in bad condition. Tonic, blood purifier and vermifuge. They are not food but medicine and the best in use to put a horse in prime condition. Price 25 cents per package. For sale by A. R. Chapman.

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EVERY DAY AND NIGHT BETWEEN Cleveland, Put-in-Bay and Toledo.

Send for Illustrated Pamphlet. Address: A. A. SCHMIDT, S. P. A., DETROIT, MICH. Detroit and Cleveland Navigation Company.

DO YOU WANT WORK? If so, call on the New Employment Office, Room 3, Myer Block, Corner Summit and Cherry Sts., Toledo. Male or female help of all kinds furnished. Phone 1625. Jan 30

The Nickel Plate Road

Offers one fare for the round trip to Philadelphia, Pa., Nov. 14th and 25th account the National Export Exposition. Tickets available going only on date of sale and returning within 10 days from date of issue. Your choice of a Peerless Trio of Daily Express Trains. Secure sleeping car reservations early.

Thanksgiving Excursion Rates.

Clover Leaf will issue Excursion tickets between all stations, Nov. 29 and 30. Return limit Dec. 1, at one and one-third fare. No excursion tickets less than 25 cents. For further particulars call on nearest agent, or address, C. C. Jenkins, Gen'l Pass. Agt., Toledo, Ohio.