

COUGHS AND COLDS.

I Took Peruna.



Mrs. Joseph Hall Chase, 604 Tenth St., Washington, D.C.

Peruna Drug Co., Columbus, Ohio.

Gentlemen:—I can cheerfully recommend Peruna as an effective cure for coughs and colds.

You are authorized to use my photo with testimonial in any publication.

Mrs. Joseph Hall Chase, 604 Tenth St., Washington, D.C.

Could Not Smell Nor Hear.

Mrs. A. L. Wetzel, 1023 Ohio St., Terre Haute, Ind., writes:

"When I began to take your medicine I could not smell, nor hear a church bell ring. Now I can both smell and hear."

"When I began your treatment my head was terrible. I had buzzing and chirping noises in my head."

"I followed your advice faithfully and took Peruna as you told me. Now I might say I am well."

"I want to go and visit my mother and see the doctor who said I was not long for this world. I will tell him it was Peruna that cured me."

Peruna is manufactured by The Peruna Drug Co., Columbus, Ohio.

Ask your Druggist for a Free Peruna Almanac for 1909.

The fool is known by offering his forethought after the event.

Life barriers that resist all force crumble before friendship.

An Eye Opener.

Dr. Mitchell's Eye Salve is white in appearance and odorless. A positive and ready cure for sore, weak, inflamed, swollen, smarting eyes and granulated lids. Just apply to the eyelids and rub in well. At all stores Price 25 cents. Try a bottle.

Tomorrow's burdens always prove too much for today's back.

Only One "Bromo Quinine"

That is Laxative Bromo Quinine. Look for the signature of E. W. Grove. Used the World over to Cure a Cold in One Day. 25c.

Sir G. Trevelyan's Memories.

I have ridden with Mr. Carlyle a good many of the thirty thousand miles which he rode while he was engaged upon "Frederick the Great."

When he was no longer equal to horse exercise we took long walks together round and round the parks, and on one occasion, all of a sudden, apropos of nothing, he began slowly to pay out for my benefit an extemporized biography of Lord Chatham, the most wonderful soliloquy to which I ever listened.

I have been shown over Venice by Mr. Ruskin as eleventh in his own gondola. I was introduced by Mr. Robert Browning to Waring, a sad disenchanted man, when the hero of the infatuated poem had become a weary-looking old man like any other.

I was present at a family dinner where Thackeray discoursed to a delighted audience of young people about "The Virginians," which he was then writing, and which seemed to fill his mind to the exclusion of everything else. Among other matters he asked us, all round the table, what was the widest jump any of us had ever known, and when we agreed upon twenty-one feet he said: "Then I must make George Washington jump one foot more."—From a speech at the Publishers' Circle dinner in London.

The Kaiser's Chauffeurs.

"Can you tell me," asks a correspondent, whether the German Emperor ever drives his own motor car? I need the information for some work I am doing, and I know I shall save myself the trouble of research by applying to you. He is very good. But we regret to say we cannot answer with certainty. On a few occasions when we have seen the imperial cars they were driven by peculiarly offensive looking chauffeurs. The only thing we know about the Emperor's cars is that a workingman, who pleaded that he was drunk at the time, was sent to the jail for nine months for putting out his tongue at one of them as it rushed by, and that none but members of the imperial family are allowed to have a hooter with three notes.

The two foregoing statements, by the way, are cold facts.—London Daily News.

THEN AND NOW

Complete Recovery From Coffee Ila.

"About nine years ago my daughter, from coffee drinking, was on the verge of nervous prostration," writes a Louisville lady. "She was confined for the most part to her home."

"When she attempted a trip down town she was often brought home in a cab and would be prostrated for days afterward."

"On the advice of her physician she gave up coffee and tea, drank Postum, and ate Grape-Nuts for breakfast."

"She liked Postum from the very beginning and we soon saw improvement. To-day she is in perfect health, the mother of five children, all of whom are fond of Postum."

"She has recovered, is a member of three charity organizations and a club, holding an office in each. We give Postum and Grape-Nuts the credit for her recovery."

"There's a Reason."

Name given by Postum Co., Battle Creek, Mich. Read, "The Road to Wellville," in pinks.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

FATALITIES OF YEAR 1908

Statistics on Homicides, Suicides, Automobile Accidents

SUICIDES SHOW A TOTAL OF 10,862

A Total of 8,952 Homicides Occurred During the Year. Of These 4,842 Cases Grew Out of Quarrels.

Chicago, Ill.—The number of deaths by all kinds of personal violence in 1908, except suicide and lynching, as reported by telegraph and recorded in the newspapers of the various states and territories, was 8,952, an increase of 240 over 1907, in which year the number was 8,712, less than in 1906. The gain, however, for a number of years has been slow and steady, showing that crimes of this kind do not come in waves, as is so often stated.

This record includes every form of death by violence and is a general one in some respects, particularly as to deaths arising from quarrels. The various causes of these deaths were reported as follows:

Quarrels	4,842
Unknown	816
Liquor	786
By highwaymen	712
Jealousy	673
Infanticide	451
Highwaymen killed	198
Resisting arrest	195
Insanity	152
Riots	51
Self-defense	35
Strikes	26
Criminal outrages	15

A noticeable feature of this record is the steady increase of murder by highwaymen and thugs, being 101 more than in 1907.

The suicide records show the same steady increase as it has done for several years past. The number for 1908 was 10,862, as reported in the public press. The following table shows the steady increase of self-murder:

1900	6,735	1905	9,982
1899	5,340	1904	9,240
1901	7,245	1906	10,125
1902	8,291	1907	10,782
1903	8,597	1908	10,862

The proportion of suicides as between men and women remains about the same as last year, the record this year being 7,864 males and 2,998 females. Physicians, as usual, head the list among professional men, the number in 1908 being forty-two, as compared with thirty-seven in 1907, thirty-nine in 1906, thirty-four in 1905, thirty-three in 1904, thirty-five in 1903, and fifty-two in 1902. Fourteen clergymen, two artists, three actors, four musicians and sixteen prominent attorneys also committed suicide during the year. The suicides arising from business losses have greatly increased, being 634, as compared with last year. The causes of these suicides are stated as follows, classification, as in the case of homicides being a general one:

Jealousy	5,318
Unknown	1,541
Insanity	810
Domestic infidelity	778
Ill health	718
Business losses	632
Liquor	536
Disappointed in love	519

For the first time in many years the most frequent agency of suicide has been the revolver. Three thousand, one hundred and two persons have shot themselves. In the remaining cases, 2,735 died by poison, 1,936 by asphyxiation, 1,014 by hanging, 1,004 by drowning, 825 by cutting throat, 85 leaping from roofs or windows, 65 by throwing themselves in front of engines, 31 by stabbing, 27 by fire, 3 by dynamite and 1 by starvation.

A total of 330 killed and 1,714 injured, as compared with 324 killed and 1,244 injured in 1907 by automobiles.

The number of lynchings in 1907 was the smallest in late years, being but 63, but those in 1908 numbered 100, the largest since 1903.

The lynchings in the States and Territories were as follows: Alabama, 4; Arkansas, 1; California, 1; Florida, 4; Georgia, 16; Illinois, 2; Kentucky, 10; Louisiana, 8; Mississippi, 22; North Carolina, 1; South Carolina, 1; Tennessee, 8; Texas, 21; Virginia, 1—Or South, 9; North, 3. Of the total number 93 were negroes and 7 whites.

The number of legal executions in this country has steadily decreased, while the volume of crime increased, the number in 1908 being 92, as compared with 104 in 1907 and 123 in 1906. There were 36 executions in the North and 56 in the South, and of these 46 were whites, 14 blacks and 2 Chinese. The crimes for which they were executed were: Murder 87, criminal assault, 4; attempted criminal assault, 1.

IT REMAINS TO BE SEEN.

New York—With Castro sick abed in Germany and a new administration in control of Venezuela, the question now before the American people is: What is the United States government going to do about the various "claims" which have had so much to do with the Venezuelan disturbance—the asphalt claim, the laurel claim, and others? Will this government undertake to force a settlement favorable to the claimants?

ASSASSIN SHOTS AT HIM.

Attempts Life of Night Rider Prosecutor.

Union City, Tenn.—An attempt to assassinate Attorney General Caldwell was made near his home. He was followed from the depot by a man who shot at him twice. Union City is not well lighted, and as the man ran after firing the shots, the attorney general could not identify his assailant. An Associated Press correspondent shot twice at the would-be murderer but missed him.

The embezzlements, forgeries and bank wreckings in 1908, amounting to \$13,565,536, are in excess of those of last year.

Ten bank presidents, twenty-eight cashiers, eleven bank clerks and four brokers made away with \$10,085,472. Thirty of them committed suicide.

FIRE HIM OUT; BIG ROW IS ON.

China's Premier Dismissed Foreign Diplomats Indignant.

Peking.—An edict dismisses from office Yuan Shi Kai, grand councillor and commander-in-chief of the forces. The reason given for this action is that he has rheumatism of the leg. The edict orders Yuan Shi Kai to vacate all his offices and to return to his home, adding:

"Thus our clemency toward him is manifested."

A second edict appoints Na Tung, grand councillor, presumably in Yuan Shi Kai's place. The members of the diplomatic corps are well nigh thunderstruck at the dismissal of Yuan Shi Kai.

Two hours after the foreign ministers became cognizant of the edict of dismissal, the American, German and British ministers were in conference at the British legation.

There is nothing to indicate that the dismissal of Yuan Shi Kai means danger of foreigners, but the good name of China's management of the crisis following the demise of the emperor and the dowager empress and the appointment of a successor has been swept away by this vindictive act, which will astonish and arouse the outside world, cripple China's credit and postpone the withdrawal of foreign troops probably for five years.

STANDS OFF THE BRIGADE.

No Federal Plums Considered Until March.

Augusta, Ga.—Invitations accepted extend Mr. Taft's southern itinerary to include visits to Birmingham, Ala., and Athens, Ga., and to address the people of Augusta. Just when Mr. Taft will make the Birmingham visit is somewhat uncertain. If it is possible for him to do so, he will go to Birmingham on his way north from Panama. If not, he will include that city in the itinerary which he will make for an extended southern trip as soon as his duties as president will permit.

Mr. Taft said that his cabinet would not be completed until March 4. He added that he expected to make progress in that direction before he sailed for Panama, the inference being that some of the places would be filled and the announcements made before he sails. He said he should not consider federal appointments until his cabinet was complete.

QUARREL OVER TAFT.

Negroes of Atlanta Torn Into Factions.

Atlanta, Ga.—A bitter war has broken out between the negro aristocrats and the common negroes of Atlanta as to which shall take the leading part in entertaining President Taft when he comes to this city from Augusta on Jan. 15. Mr. Taft has promised to address the negroes and give them a reception on that occasion. The negro sells of Atlanta proposed to take charge of the reception and arranged it should be held in Big Bethel church, where the swells would hear of this they indignantly protested and declared the reception should be held at the Tabernacle, which seats 5,000 persons.

DRAWN BY HER HAIR.

And Choked By Brute, Who Was Killed.

Media, Pa.—In a dramatic recital of wrongs alleged to have been inflicted upon her, Mrs. Florence Erb, who is charged with the murder of Capt. J. Clayton Erb at the Erb country home told a story of almost savage cruelty that created a sensation in the Delaware county court room.

She told of numerous quarrels during which she declares she was beaten, dragged by her hair down flights of steps and choked into unconsciousness and driven from her home when in a fainting condition.

FLYER'S NARROW ESCAPE.

Sails in Aeroplane, Machine Fell With Him.

San Antonio, Tex.—Ascending to a height of about fifty feet, towed by a swiftly moving automobile, Prentice A. Newman, a San Antonio mechanic, sailed like a bird in his kite-like aeroplane for a distance of about 100 yards when the rope snapped and like a wounded bird, the craft swooped sideways to the ground. The aeroplane was in the air only a few moments, but in the brief time the machine sailed beautifully.

Benefit of Gymnastics to Golfers.

On the subject of gymnastics and golf Capt. Hutchison, who holds a gymnastic appointment in the Coldstream Guards, reports: "While actually going through five hours daily work in the gymnasium I found that the heavy work was certainly detrimental to golf. But I think that it eventually proved of the greatest assistance, as it strengthened the muscles of the wrist and forearm, which play such an important part in all golfing strokes. I found it necessary to shorten my swing a little, and took to the overlapping or Vardon grip, two changes that certainly improved my game."—London Standard

UNCLE SAM A GUARDIAN ANGEL.

Roosevelt Sends Two Big Ships With \$300,000 of Supplies.

Washington.—President Roosevelt announced that he has sent two supply ships with \$300,000 worth of supplies to Italy, that he will ask congress for additional aid and that he has offered the use of the battleship fleet to Italy.

The announcement was in the form of a telegram which the president sent the Italian general relief committee, New York City.

UP A STARFISH LADDER.

Climbing That Affords Diversion for a Lot of Captive Green Crabs.

Fishermen say that starfishes are gregarious; that you might find on the bottom an acre covered so thick with them that you couldn't walk without stepping on them, but not find another starfish for hundreds of acres around.

This characteristic gregariousness the starfishes in captivity at the Aquarium sometimes show, as when they assemble, as they may, in one corner of the tank in the angle, tightly holding on there, one above another irregularly, but still close together from the bottom of the tank to the top.

And when they have assembled thus you may see another curious thing there, namely, green crabs climbing from the bottom to the top of the tank up this starfish ladder.

The green crab is not one of the swimming crabs. When it goes anywhere it has to walk or climb, and as on the bottom it walks along, to climb when it comes to rocks or other obstructions; it cannot, however, climb up a vertical wall like that of a tank.

But here the starfishes, one above another in the corner, make with their bodies and projecting arms convenient rungs that the green crabs can hold on by; and so they climb there up this starfish ladder, finding in this, it may be, some diversion, while as for the starfishes, they don't seem to mind it.—New York Sun.

Bachelors.

Bachelors are cultivated in all large cities. They live in bachelor apartments and bungalows. They can be seen during the day in counting-houses and on the golf links, and in the evening at dinner parties and poker games.

Bachelors at one time were easily caught with almost any kind of bait and swallowed bait, hook, sinker and all often at the first throw. Now, however, a more foolish and overconfident bachelors, or in the depths of their bachelor apartments, or in the deep poolrooms, from which they can not be lured.

They are gregarious in their habits, running in schools but they stand by each other, and it is very unusual to find a solitary one. Occasionally, however, a more foolish and overconfident specimen will poke his nose into a summer resort, when he is promptly landed.

Bachelors are, in reality, the bulk of the nation. By not getting married they do not raise families. Families as we know, are constantly consuming our natural resources. Bachelors are, therefore, really providing more natural resources for the few. Their conduct, it will be seen, is thus quite unselfish.—Life.

Fixed Bayonets in London.

It is not often that fixed bayonets are seen in the city, which has always been so jealous of its liberties; but recently this infrequent spectacle was presented by a battalion of Grenadier Guards who were returning from Aldershot to the Tower, and saluted the lord mayor in full canonicals on the steps of the Mansion House. The privilege of marching through the city with fixed bayonets is enjoyed by but very few regiments, such as the Royal Fusiliers, who trace their origin to Cromwell's trainbands, which, in later years, produced so famous a captain as John Glyn. After the Royal Fusiliers, or perhaps ever before them in point of regimental seniority, come the East Kent "Buffes," now the third of the line, who claim a similar city ancestry; while the Royal Marines, for some reason or other, also enjoy the same fixed bayonet rights in the city. A battalion of the Grenadier Guards was once impressed to serve as marines, and hence they share the privilege of the men who are "soldiers and sailors too." This also explains why that Grenadier battalion has for its motto "Rule Britannia"—as a souvenir of the time when its combative existence was of the amphibious kind.—London Chronicle.

Curious Fishes of the Bahamas.

The fish found in Nassau waters are of never ending interest to the stranger. With the aid of a native water glass which is a common wooden bucket, with the bottom knocked out and a glass bottom put in, it is possible to watch the funny creatures swimming about, apparently regardless of prying eyes. The parrot fish, with a body the shape and color of a gold fish, only ten times larger; the cow fish, with a comical face curiously like a caricature of its bovine sponsor; hog fish, with snouts; grouper, hine, amber jack and turbot, whose exquisitely tinted skin is dried and used by the natives as scrubbing brushes, are all there; but the most beautiful of all is the angel fish, with its blue and yellow winglike fins. Angel fish is so numerous in Nassau, and their flesh is so delicate in flavor, that they are a frequent item on the menu of the large tourist hotel.—Leslie's Weekly.

Worry is half of weariness.

HANDS RAW AND SCALY.

Itched and Burned Terribly.—Could Not Move Thumbs Without Flesh Cracking.—Sleep Impossible.—Cuticura Soon Cured Ecema.

"An itching humor covered both my hands and got up over my wrists and even up to the elbows. The itching and burning were terrible. My hands got all scaly and when I scratched, the surface would be covered with blisters and then get raw. The ecema got so bad that I could not move my thumbs without deep cracks appearing. I went to my doctor, but his medicine could only stop the itching. At night I suffered so fearfully that I could not sleep. I could not bear to touch my hands with water. This went on for three months and I was fairly worn out. At last I got the Cuticura. Remedies and in a month I was cured. Walter H. Cox, 16 Somerset St., Boston, Mass., Sept. 25, 1908."

Potter Drug & Chem. Corp., Sole Proprietors, Cuticura Remedies, Boston, Mass.

Old-time hotel rates in England were low. For instance, in the days of Queen Elizabeth the charge at the "George Inn" for a feather-bed, a night, was a penny. Dinner cost sixpence (12 cents) and offered choice of "beef, mutton or pig or fish."

TONS OF BEET SUGAR.

We Make Half a Million Every Year in This Country.

One of the most important of the industries developed in recent years is the production of sugar from sugar beets. More or less desultory work was done on sugar beets as far back as 1867. In 1892 only six factories were in operation in this country, the combined output of which was a little over 27,000,000 pounds of sugar.

According to the National Magazine, there are now no less than sixty-four factories in operation, with a combined output of approximately 500,000 short tons of sugar manufactured from beets, with a factory value of \$45,000,000.

One most important factor has been the production of a high grade sugar beet seed. For many years American growers have been dependent almost exclusively on foreign countries for our sugar beet seed, but for three or four years past the Department of Agriculture has been encouraging the successful growth of sugar beet seed in this country. It has shown that the seed can be greatly improved by breeding, tests of beets from American grown seed running as high as 17, 18 and sometimes 20 per cent. sugar.

The Department is also continuing investigations to determine the best localities for sugar beet production. When we remember that less than one-fifth of the sugar consumed in this country is produced in the States it is plain that there is abundant opportunity for development; and it is certain that wherever a sugar factory is located labor is immediately in demand at higher wages and the value of farmlands increased from 25 to 50 per cent.

Men are to be known by their aims rather than by their origins.

Garfield Tea, the Herb laxative, agreeably stimulates the liver, corrects constipation and relieves a clogged system. Write for samples. Garfield Tea Co., Brooklyn, N. Y.

Keep the heart healthy and happiness will take care of itself.

Itch cured in 30 minutes by Woolford's Sanitary Lotion. Never fails. At druggists.

You cannot bless men until you believe in them.

He is lost already to whom sacrifice appears as folly.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for anyone who will cure. Send for circulars and testimonials. Address F. J. Cheney & Co., Toledo, Ohio. Sold by Druggists, 75.

Take Hall's Family Pills for constipation.

Where to Keep Your Eyes.

In walking about the Australian gold fields it is always advisable to keep your eyes on the ground. You can never tell when you may kick a nugget—or fall down a deserted shaft.

From Tarragulla, a district that has been very prolific in valuable nuggets, comes news of a remarkable find. A man walking across the fields picked up what he thought was a mushroom. It proved to be a nugget and contained £50 worth of gold.—London Daily News.

HURT IN A WRACK.

Kidneys Badly Injured and Health Seriously Impaired.

William White, R. R. man, 201 Constantine St., Three Rivers, Mich., says: "In a railroad collision my kidneys must have been hurt, as I passed bloody urine with pain for a long time after, was weak and thin and so I could not work. Two years after I went to the hospital and remained almost six months, but my case seemed hopeless. The urine passed involuntarily. Two months ago I began taking Doan's Kidney Pills and the improvement has been wonderful. Four boxes have done me more good than all the doctoring of seven years. I have gained so much that my friends wonder at it."

Sold by all dealers. 50c. a box. Foster-Milburn Co., Buffalo, N. Y.

Spiritually the most helpless are those who refuse to help.

Worry is half of weariness.

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OUR NERVES.

They May Be Calmed By Silence, Solitude and Sleep, Says One Writer.

In an article on "Nerves," published in Harper's Bazar the story is told of one of our noted scientists who went to Dresden to consult the famous specialist for broken down nerves. On hearing his symptoms the great physician said indifferently:

"Ach so? It is probable that you have—yes, all the elements (nerves) have neurasthenia naturally." The remedy suggested was "Play golf and go to Egypt. You can get Munich beer in Cairo, though it is disgustingly expensive there."

Silence, solitude and sleep are the sovereign remedies suggested for jagged nerves. Slight daily doses of the three "S's," it is claimed, will prevent a nervous breakdown and may be obtained by even the most busy people. But "All the learned men have neurasthenia" is at once a warning and a consolation to the brain worker. To "drive the machine" with skill and care is the problem of the successful American.

The writer of this article urges that we ought to thank God that we belong to the most nervous, restless, all pervading race the world has seen since the days of Julius Caesar. It is our "nerves" that make us what we are.

Piles Cured in 6 to 14 Days.

Peso Ointment is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c.

You have no right to set up your fad as another man's faith.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c. a bottle.

The