BAD BLOOD
THE SOURCE OF ALL DISEASE

Every part of the body is dependent on the blood for nourishment and strength. When this life stream is flowing through the system in a state of purity and richness we are assured of perfect and uninterrupted health; because pure blood is nature's safe-guard against disease. When, however, the body is fed on weak, impure or polluted blood, the system is deprived of its strength, disease germs collect, and the trouble is manifested in various ways. Pustular eruptions, pimples, rashes and the different skin affections show that the blood is in a feverish and diseased condition as a result of too much acid or the presence of some irritating humor. Sores and Ulcers are the result of morbid, unhealthy matter in the blood, and Rheumatism, Catarrh, Scrofula, Contagious Blood Poison, etc., are all deep-seated blood disorders that will continue to grow worse as long as the poison remains. These impurities and poisons find their way into the blood in various ways. Often a sluggish, inactive condition of the system, and torpid state of the avenues of bodily waste, leaves the refuse and waste matters to sour and form uric and other acids, which are taken up by the blood and distributed throughout the circulation. Coming in contact with contagious diseases is another cause for the poisoning of the blood; we also breathe the germs and microbes of Malaria into our lungs, and when these get into the blood in sufficient quantity it becomes a carrier of disease instead of health. Some are so unfortunate as to inherit bad blood, perhaps the dregs of some old constitutional disease of ancestors is handed down to them and they are constantly annoyed and troubled with it. Bad blood is the source of all disease, and until this vital fluid is cleansed and purified the body is sure to suffer in some way. For blood troubles of any character S. S. S. is the best remedy ever discovered. It goes down into the circulation and removes any and all poisons, supplies the healthful properties it needs, and completely and permanently cures blood diseases of every kind. The action of S. S. S. is so thorough that hereditary taints are removed and weak, diseased blood made strong and healthy so that disease cannot remain. It cures Rheumatism, Catarrh, Scrofula, Sores and Ulcers, Skin Diseases, Contagious Blood Poison, etc., and does not leave the slightest trace of the trouble for future outbreaks. The whole volume of blood is renewed and cleansed after a course of S. S. S. It is also nature's greatest tonic, made entirely of roots, herbs and barks, and is absolutely harmless to any part of the system. S. S. S. is for sale at all first class drug stores. Book on the blood and any medical advice free to all who write.

S.S.S.
PURELY VEGETABLE

THE SWIFT SPECIFIC CO., ATLANTA, GA.

In a Year, 35 Vessels Lost.

General Superintendent S. I. Kimball of the life saving service says that during the last fiscal year the number of disasters to vessels within the field of operations of the service was 838. Of these, 35 vessels were lost. The total value of property imperiled was $8,832,585, and property lost $1,399,600. Property saved aggregated $7,432,985. The life saving station succored 807 persons. There were 611 vessels, valued, with their cargoes, at $5,661,235, saved. The report urges legislation providing pensions.

Fine Arts Prize Awarded.

Chicago.—The $500 fine arts building prize, which is given annually to the winner of a competition held by the Society of Western Artists, was awarded to J. Ottis Adams of Brookville, Ind., for a picture entitled "A Winter Morning."

Why Refer to Doctors

Because we make medicines for them. We tell them all about Ayer's Cherry Pectoral, and they prescribe it for coughs, colds, bronchitis, consumption. They trust it. Then you can afford to trust it. Ask your own doctor.

The best kind of a testimonial—"Sold for over sixty years."

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of
Ayer's SARSAPARILLA. PILLS. HAIR VIGOR.

We have no secrets! We publish the formulas of all our medicines.

Ayer's Pills greatly aid the Cherry Pectoral in breaking up a cold.

20 MULE TEAM BORAX
FOR THE TOILET

Not only softens the water, but cleans the skin thoroughly, removes and prevents the odor of perspiration, soothes irritation and renders the skin fresh, soft and velvety.

Soap clogs the pores—Borax removes the soap—Try it.

All dealers. Sample, Booklet and Parlor Card Game Whiz sec. PACIFIC COAST BORAX CO., Oakland, Cal.

Pure as Mother's Bread:
INLAND CRACKERS
In the...
RED PACKAGES
Not made by the Trust.

CLASSIFIED ADS.

ASSAYERS AND CHEMISTS.

Richard Marsh & Co. Assays and analyses made on ores, foods, water and commercial products. Working tests on ores. Prices as reasonable as good work will permit. Address Richard Marsh & Co. Office, 107 South Wall Street, Spokane, Wash.

BLUE PRINT MAPS OF STEVENS county showing all vacant government land. $2.50. Township blue prints of Stevens, Ferry, Okanogan, Douglas and Chelan counties, $1 per township. Frank R. Corbaley, 85 Washington street, Spokane, Wash.

SPORTING NOTES.

At Bakersfield last week Bill Squires, the Australian who proved such a disappointment against Tommy Burns, was knocked out in the sixth round by Jim Flynn. Squires showed no class at all.

Those sport fans who have refused to acknowledge that Kid Scaler of Spokane had anything in the boxing line are admitting that the quick wind-up to Billy Snailham's career in the ninth round recently showed the Kid to have unusual scrapping ability.

George Douglas, boxing instructor of the S. A. A. C., will be the boxing instructor at the Y. M. C. A. at Spokane.

Spokane dogs made another winning in the big show at Butte, Glen Tana, owned by T. S. Griffith, winning the first prize in the limit event, the first prize in the open event, the first prize in the winners' event and the first prize as the best collie dog entered. Glen Tana Sybil won these same four prizes in the bitches' class.

It does not seem probable that Longboat, the famous Canadian Indian runner, will be allowed to take part in the Pastime Athletic club games, which will take place at Madison Square Garden, January 27. The runner is under suspension by the A. A. U.

"The W. S. C.-U. of O. track meet will occur in Pullman on May 16, if Hayward, the Oregon coach; Ormond Bean, manager, and I can get the University of Oregon faculty to let the Oregon team leave home for the four days necessary for the trip to Pullman," said L. A. Lewis, track manager.

Because of financial reasons Dan Kelly, world's champion in the short dashes, has left Michigan and gone to Detroit to work.

The graduate coach system at Washington university has been given a formal send off and Will S. Spiedell will probably be the first coach under the new regime.

President David Starr Jordan of Stanford university, in an address to the students of Occidental college recently, branded American football as "unethical, unchristian and unsportsmanlike," and indorsed Rugby football as the only game for American colleges.

The receipts of the Ketchel-Thomas fight were but $8961. The contestants had figured on a $20,000 house.

The fit survive—the unfit perish.

Only $5.50

Our Italy door with glass from top to bottom, only $5.50. Sold by dealers generally at from $10.00 to $15.00 per door. The most amazing front door value ever offered by any dealer anywhere. The door is 1¾" thick, has egg and dart hardwood mold surrounding the sub-panel and is first class in every respect. Send for our price lists. We have our own mill and we are the largest dealers in the Northwest. We have only one price and we sell to anybody. Write today. Price lists mailed free, post paid without charge. Windows, doors, porch columns, a thousand bargains.

O. B. Williams Co.
1010 Western Avenue, Seattle, Wash.

ON THIN ICE.

When Commander Peary, on his latest trip north, left his winter quarters at Cape Sheridan and set out on his "dash for the pole," he virtually "burned his bridges" behind him, if so warm a metaphor can be used of polar work. With a small party, equipped with dogs and sledges, he dashed ahead, having several assisting parties engaged in caching provisions and bringing up new supplies.

Unfortunately, all the advance parties were thrown back on his by coming upon an open "lead," or river of unfrozen water in the ice, which they could not pass.

Sending some back, and waiting many days, during which his enlarged party made dangerous inroads on the supplies, he at last got across on thin ice with eight men, with short supplies, and with a conviction that proved well founded that no more supplies could come across the lead to him.

Killing their dogs one by one as they needed them, the party advanced to latitude eighty-seven degrees, six minutes, when all were so weak and the supplies so scant it was evidently certain death to go farther; then they turned back. At that moment perhaps Peary alone realized what the retreat meant. They had almost no supplies, and the open lead was between them and relief. If that was uncrossable, they were doomed to speedy death.

When they came to the lead, about a week after turning back, they found it open, and half a mile wide. For two days they skirted it to the eastward part of the time during a terrible storm. Nothing was in sight in any direction but ice and snow and thin black water, slowly widening until it extended two miles from the ice floe they were on to that which stretched toward them scores of miles from the northern end of Greenland.

At last scouts reported a skim of ice forming to the eastward. The whole party hurried thither. Yes—there was ice across the lead, but so soft and thin no man could step on it without going through. At any moment it might break up. Peary tied on his snow shoes and essayed to step on the ice with them. It bore him momentarily but he could not stand still.

This was the only hope of life. Hastily snowshoes were tied on—and very tightly, since life depended on them—and then the weary, worn-out party stepped gingerly on the ice and began a soft-footed run for the opposite side. The three remaining dogs with the single sledge scurried with them.

It was a heart-breaking race, says Commander Peary in his account of the voyage. No one dared stop or even lift his snowshoes. Even as they scuffled the ice swayed and gave with them. A single misstep might mean death.

Once Commander Peary stubbed a toe into the ice, and stumbled, and thought he was lost; but he fortunately recovered. A moment later he heard a similar splash from the rear, but dared not turn his head.

"Who is it?" he called, but no one answered. The glassy ice swelled and fell away, the snowshoes seemed to grow every moment heavier; but at last the two miles were passed, and they stepped upon the firm ice of the Greenland floe.

Then Peary turned to see who had been lost, but his party was entire. The other stumbler had also saved himself. But an Eskimo, pointing back at the ice, said: "If the chief had been with us he would be down there now!" The chief engineer weighed over two hundred and thirty-five pounds.

Even with the lead crossed the party was not safe; but at last they reached the Greenland coast, and there, while their last remaining dog worried a bull musk ox and kept the herd from fleeing, Peary, so weak he could scarcely stand, killed enough to furnish food on which the party ate continuously for three days as they marched along the coast toward their ship.

His Profession.

In the midst of our tea-drinking in the little Parisian restaurant, says Miss Betham-Edwards in an account of "Home Life in Fance," a gentlemanly individual wearing a tall hat and frock coat entered, and after a short colloquy with the young master passed out.

"You would never guess that gentleman's errand," Marcel said, smiling as he reseated himself at the tea-table.

"He looked to me like a rather distinguished customer," I replied. "Some government functionary on half-pay, or an owner of bonds."

Marcel smiled again.

"That well-dressed gentleman, then supplies us with toothpicks which his wife makes at home. He calls once a month, and our orders amount to about 20 cents a day. I dare say he and his wife between them make from six to eight dollars a week, and contrive to keep up appearances on that sum. I is an instance of what one calls 'gilded poverty.'"

The Difference.

"Waiter," protested a commercial traveler, with indignation, "I'm bothered if I can ever see any difference between your roast mutton and your roast lamb!"

"Oh, sir," the waiter rejoined, "there is a difference! The roast mutton is a shilling and the roast lamb is one and sixpence."—London Mail.

PARTNERS OF KING LEOPOLD

Ryan and Rockefeller, Jr., "Done" by a Monarch.

New York, Dec. 24.—That Thomas Fortune Ryan, though an equal partner, is only King Leopold's catspaw in the Congo, is asserted in a signed article in the American.

"It is true," says the American, "that Ryan, with young Rockefeller and others, holds a concession of immense value. But he does not control it.

"When Leopold failed to draw Italian capital and labor to Africa he looked to Wall street as his only salvation. I don't know how much money the Ryan crowd gave, but it was an enormous amount. I do know, however, that with the money the old king began purchasing more shares. He had his agent find out just how much stock he would need to have an equal interest with the Ryan crowd. Then he acquired all the shares he needed.

"His next move was to force them into an agreement that for every American or European employed by Ryan there must be a Belgian employed by the king. He then had the advantage of Ryan in every possible way.

"Not only did the king insure a fat profit to himself from the American syndicate, but he fixed himself so he appears only as a shareholder in the syndicate. The territory he gave over to Ryan can not be intertered with by Belgium or any other nation; it has the protection of the stars and stripes."

BEST PRESCRIPTION

CAN BE EASILY MIXED AT HOME AND CURES RHEUMATISM.

Full Directions to Make and Take This Simple Home-Made Mixture—Makes Kidneys Filter Out Acids.

When an eminent authority announced in the Scranton, Pa., Times that he had found a new way to treat that dread American disease, Rheumatism, with just common, every-day drugs found in any drug store, the physicians were slow indeed to attach much importance to his claims. This was only a few months ago. Today nearly every newspaper in the country, even the metropolitan dailies, are announcing it and the splendid results achieved. It is so simple that any one can prepare it at home at small cost. It is made up as follows: Get from any good druggist Fluid Extract Dandelion, one-half ounce; Compound Kargon, one ounce; Compound Syrup Sarsaparilla, three ounces. Mix by shaking in a bottle and take in teaspoonful doses after each meal and at bedtime. These are all simple ingredients, making an absolutely harmless home remedy at little cost.

Rheumatism, as every one knows, is a symptom of deranged kidneys. It is a condition produced by the failure of the kidneys to properly filter or strain from the blood the uric acid and other matter which, if not eradicated, either in the urine or through the skin pores, remains in the blood, decomposes and forms about the joints and muscles, causing the untold suffering and deformity of rheumatism.

This prescription is said to be a splendid healing, cleansing and invigorating tonic to the kidneys, and gives almost immediate relief in all forms of bladder and urinary troubles and backache. He also warns people in a leading New York paper against the indiscriminate use of many patent medicines.

The Oldest City in the World.

Dr. Henry Van Dyke explored the oldest living city in the world, Damascus, in his recent trip in the orient, and found it as much the "typical city of the orient" as New York of the occident. It has electric lights and a slow trolley car, but, as Dr. Van Dyke explains, in the January number of Harper's Magazine, these modern innovations no more alter its oriental character than a bead necklace would alter the Venus of Milo.

A just complaint is an accommodation.

The Kidneys

When they are weak, torpid, or stagnant, the whole system suffers. Don't neglect them at this time, but heed the warning of the aching back, the bloated face, the sallow complexion, the urinary disorder, and begin treatment at once with

Hood's Sarsaparilla

which contains the best and safest curative ingredients.

In usual liquid form or in chocolated

Purest of the Pure.

KC for Quality

The best in the land is not always the most costly.

KC BAKING POWDER

25 Ounces for 25 Cents

Is the result of modern ideas. Costs less. Does better work. You must try it to see. Get a can on trial. The baking will be vastly better, lighter and tastier or we pay for the can.

Jaques Mfg. Co. Chicago.

Financier Shot.

New York, Dec. 22.—James H. Oliphant, senior member of the stock exchange firm of James H. Oliphant & Co., was fatally shot by Charles A. Geiger, a customer from Beaufort, S. C., who then killed himself.

STATE OF OHIO, CITY OF TOLEDO, } ss.
LUCAS COUNTY,

FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE.

FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D., 1886.

{SEAL} A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c.
Hall's Family Pills are the best.

A man can always boost his stock with a girl by casually letting her know of another girl who wants him.

FITS St. Vitus Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE $2 trial bottle and treatise. Dr. R. H. Kline, Ld., 931 Arch street, Phila., Pa.

There wouldn't be so many marriages if a man had an idea his wife would ever resemble her mother.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during teething period.

Six months ago a man gave us an item. Ever since, when we ask him if there is anything new, he replies: "No, nothing more."

SHE IS AN HEIRESS.

Miss Whaley, Who Fled With Rev. Cooke.

New York, Dec. 23.—Floretta Whaley, the 17 year old girl who eloped on April 30 last from Hempstead, L. I., with her guardian, the Rev. Jere Knode Cooke, pastor of St. George's Episcopal church, has been declared heiress to $5377. This is a part of the fortune left by her father, M. Whaley, who died about a year ago.

Now the question in Hempstead and surrounding towns is, "Will Floretta Whaley return to claim the inheritance?"

Mrs. Cooke is at present in New Haven. It is understood that she will not institute a divorce suit, preferring to cause her husband to suffer the shame attendant upon his actions rather than to give him his freedom.

Although the gossips have it that the girl is near Hempstead, no one attempts to fathom the mystery of where the unfrocked, disgraced clergyman is. There are rumors, however, that Cooke has been found by the authorities, and that the latter are biding their time before taking him back to Hempsted.

A boiler shop is about the only place where the man who makes the most noise does the most work.

Students of the occult are usually foolish about other things, too.

Habitual Constipation

May be permanently overcome by proper personal efforts with the assistance of the one truly beneficial laxative remedy, Syrup of Figs and Elixir of Senna, which enables one to form regular habits daily so that assistance to nature may be gradually dispensed with when no longer needed as the best of remedies, when required, are to assist nature and not to supplant the natural functions, which must depend ultimately upon proper nourishment, proper efforts, and right living generally.

To get its beneficial effects, always buy the genuine

Syrup of Figs and Elixir of Senna manufactured by the CALIFORNIA FIG SYRUP CO. ONLY

SOLD BY ALL LEADING DRUGGISTS
one size only, regular price 50¢ per Bottle.

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhœa and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought

Bears the Signature of

Chas. H. Fletcher.

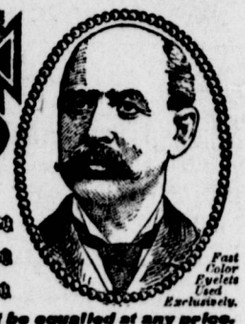
In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

W. L. DOUGLAS SHOES

$3.00 $3.50

SHOES AT ALL PRICES, FOR EVERY MEMBER OF THE FAMILY, MEN, BOYS, WOMEN, MISSES AND CHILDREN.



W. L. Douglas makes and sells more men's $2.50, $3.00 and $3.50 shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.

Fast Color Eyelets Used Exclusively.

W. L. Douglas $4 and $5 Gilt Edge Shoes cannot be equalled at any price.

CAUTION.—W. L. Douglas name and price is stamped on bottom. Take No Substitute. Sold by the best shoe dealers everywhere. Shoes mailed from factory to any part of the world. Illustrated catalog free. W. L. DOUGLAS, Brockton, Mass.