

WOMAN WOULD NOT GIVE UP

Though Sick and Suffering; At Last Found Help in Lydia E. Pinkham's Vegetable Compound.

Richmond, Pa. — "When I started taking Lydia E. Pinkham's Vegetable Compound I was in a dreadfully rundown state of health, had internal troubles, and was so extremely nervous and prostrated that if I had given in to my feelings I would have been in bed. As it was I had hardly strength at times to be on my feet and what I did do was by a great effort. I could not sleep at night and of course felt very bad in the morning, and had a steady headache.

"After taking the second bottle I noticed that the headache was no so bad, I rested better, and my nerves were stronger. I continued its use until it made a new woman of me, and now I can hardly realize that I am able to do so much as I do. Whenever I know any woman in need of a good medicine I highly praise Lydia E. Pinkham's Vegetable Compound." — Mrs. FRANK CLARK, 3146 N. Tulip St., Richmond, Pa.

Women Have Been Telling Women

for forty years how Lydia E. Pinkham's Vegetable Compound has restored their health when suffering with female ills. This accounts for the enormous demand for it from coast to coast. If you are troubled with any ailment peculiar to women why don't you try Lydia E. Pinkham's Vegetable Compound? It will pay you to do so. Lydia E. Pinkham Medicine Co., Lynn, Mass.

HOTEL OXFORD

208 1/2 E. Heron St. Phone 342
Nicely furnished rooms and light housekeeping suites. Rates Reasonable.
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Capital and surplus, \$300,000.00
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SPECIAL TO WOMEN

The most economical, cleansing and germicidal of all antiseptics is

Paxtine

A soluble Antiseptic Powder to be dissolved in water as needed.
As a medicinal antiseptic for douches in treating catarrh, inflammation or ulceration of nose, throat, and that caused by feminine ills it has no equal. For ten years the Lydia E. Pinkham Medicine Co. has recommended Paxtine in their private correspondence with women, which proves its superiority. Women who have been cured say it is "worth its weight in gold." At drugists, 50c. large box, or by mail, The Paxton Toilet Co., Boston, Mass.

PATENTS

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303 Seventh St., Washington, D. C.

The KITCHEN CUPBOARD

SIMPLE CHRISTMAS PIES.

THERE should be variety in Christmas pastry, and suggestions for a number of different pies suitable to the season are given here.

A Popular Pie.

Cranberry Pie.—Wash two cupsful of cranberries and cut the berries in half, seed a cupful of raisins and chop them fine; mix them with the cranberries; then add to them a cupful of water, two cupfuls of sugar, two tablespoonfuls of flour and a dash of lemon juice. Prepare the puff paste and line deep pie plates with it; then fill with the mixture. You can put on a thin upper crust and cut slits in it so the steam may escape or cross with strips of the paste. Bake and when cold sprinkle with powdered sugar.

Fruit Cream Pie.

Take a cupful of dried tart apples, with one-half cupful each of seeded raisins and finely cut figs, one-quarter cupful of broken nut meats, one-quarter teaspoonful each of cinnamon, cloves and nutmeg, one-half teaspoonful of salt, two well beaten eggs and a cupful of thin sour cream. Bake with two crusts.

A Toothsome Pastry.

Caramel Pie.—Make a rich puff paste and bake it in a deep pie pan. Then make a custard of one and one-half cupfuls of brown sugar, two tablespoonfuls of flour, one egg, butter the size of a walnut and a pint of boiling water. Stir together and cook as for lemon pie. Take from stove and stir in a teaspoonful of vanilla extract. Pour into the puff paste. This quantity is enough for one pie.

Every One Likes Lemon Pie.

Lemon Meringue Pie.—Take a tablespoonful of cornstarch stirred in a little cold water, add a cupful of boiling water and let it come to a boil; then add seven tablespoonfuls of sugar, the yolks of three beaten eggs, the grated rind and juice of two lemons, and bake with a bottom crust. Then beat the whites of the eggs stiff, adding a little sugar. Spread meringue on the pie when baked, return to the oven and bake brown.

Anna Thompson

ANCIENT ARTIFICIAL LIMBS.

Iron and Wooden Hands and Legs and Plaster and Silver Noses.
There is in the museum of the Royal College of Surgeons, Lincoln's Inn Fields, London, an artificial leg, made about 300 B. C., of bronze, wood and iron. Who has not heard of the famous "Iron Hand" made in Nuremberg, Germany, in 1504, for the German knight, Goetz von Berlichingen? Among the old time Indians ears, noses and lips of plaster were quite common, one of their ordinary punishments being to cut off these useful parts of the human anatomy. Greek and Roman veterans who had lost a leg or an arm in the wars used to replace them by substitutes and Plinius speaks of a Roman veteran soldier who—about 150 years B. C.—was famous for the wooden hand with which he was still able to fight as an able swordsman. In 1604 the Duke of Brunswick had to use an artificial hand.

Artificial limbs with movable joints were also largely made by the famous Ambroise Pare—1517 to 1590—the celebrated French surgeon known as "the father of French surgery." He was surgeon to Henry II.—1552—and also to Francis II., Charles IX. and Henry III. Later on Father Sebastian, a Carmelite monk, was renowned for the manufacture of movable arms and hands. About the middle of the seventeenth century Falcnell, a Florentine surgeon, mentions artificial eyes of gold, silver and crystal painted in different colors. He also describes gold and silver ears which were either tied to the head with strings or else sewed on the skin of the scalp by the aid of gold and silver wire. Silver noses, too, are spoken of as having been in use for a long time.

Filial Obedience.

"Harold," she murmured in his ear, "mamma says I mustn't encourage you to come here so often, and I have to do as she tells me, of course, but you don't need any encouragement, do you, dear?"

HORRIBLE BLOTCHES OF ECZEMA

Quickly cured by Dr. Hobson's Eczema Ointment. C. P. Caldwell, of New Orleans, La., states: "My doctor advised me to try 'Dr. Hobson's Eczema Salve.' I used three boxes of Ointment and three cakes of Dr. Hobson's Derma Zema Soap. Today I have not a spot anywhere on my body and can say I am cured." It will do the same for you. Its soothing, healing, antiseptic action will rid you of all skin humors, blackheads, pimples, Eczema blotches, red unsightly sores and leaves your skin clean and healthy. Get a box today. Guaranteed. All drugists, 50c or by mail. (1) Pfeiffer Chemical Co. Phil. & St. Louis

CHRISTIAN SCIENCE CHURCH

First street, near Broadway. Sun day school 10 o'clock, church service 11 o'clock. Wednesday evening service, 8 o'clock. Reading room No. 231 Finch building. Open daily from 1:30 until 5 o'clock, excepting Sundays

PUBLISHER'S NOTICE

Subscribers served by city carriers failing to receive the Herald on Tuesday and Friday by 6 o'clock p. m. will confer a favor on the publisher, by calling the City Messenger Co., Phone 72, who will deliver a copy immediately.

PRACTICAL TALKS BY GOVERNMENT FARM EXPERTS

No. III.—Hog Cholera—Potato Disease—Poultry Raising. United States Soils.



(Official News Summary of Up to Date Matters Compiled by the United States Department of Agriculture.)

THE United States department of agriculture is engaged in experiments looking to the control and eradication of hog cholera. During the past twelve months the disease caused a loss among swine of over \$60,000,000. While this was slightly larger than in previous years, the loss has run into many millions of dollars each year for a decade or more. The Sixty-second congress appropriated \$75,000 for the department to begin work against the ravages of the disease. The work is now going on in Indiana, Missouri and Iowa and is meeting with some encouragement, although it was only begun in July, 1913.

Hog cholera usually makes its appearance in the spring and then spreads with increasing rapidity until autumn. Therefore the department met in the beginning a handicap, as the appropriation was not available until July 1. The plan of the work which is being done in Montgomery county, Ind.; Pettis county, Mo., and Dallas county, Ia., is for the department to place in each county in those states three or more inspectors, who will have charge of the work and who will control the administration of the department's serum to hogs.

The agricultural colleges of the states will gather statistics and inform the farmers of the ways in which they can aid in the campaign, while the duty of the state veterinarian will be to control the movement of live stock and require the disinfection of stock cars, loading chutes and pens in such a way that the chances for disseminating the disease will be lessened.

Farmers not only lose millions of dollars annually as the result of hog cholera, but they are undoubtedly deterred in many cases from raising hogs on account of the fear of cholera. It is evident that loss to the farmer is not only to the consumer, for it is not conceivable that a large reduction in the number of hogs, such as is caused annually by hog cholera, can have any other effect than to increase the price of pork and, consequently, the cost of living.

Potato Disease Quarantine.

The federal horticultural board of the department of agriculture has made a decision of considerable importance to potato growers. It is the continuation indefinitely of the potato quarantine that has been maintained during the past year against certain countries from which our main importations of potatoes come. The countries against which quarantine is to be continued are the British Isles, Germany, Austria-Hungary, Newfoundland and two islands, belonging to France in the St. Lawrence river called St. Pierre and Miquelon.

The object of the quarantine is to prevent the introduction into the United States of a dangerous potato disease, now unknown in this country. This disease is known as the potato wart, the potato canker or black scab. The decision of the department not only insures the potato crops from the ravages of this disease, but will probably affect the price of them.

English Cattle to Be Admitted.

The secretary of agriculture, at the request of the British ambassador, announces that the foot and mouth disease affecting cattle, sheep and swine of England, Ireland and Scotland has been eradicated and that prohibition against the importation of these animals has been removed.

Better Poultry Raising.

"Keep the nest clean and provide one nest for every four hens," is the advice to farmers and poultrymen by the department of agriculture. "Gather the eggs twice a day and keep them in a cool, dry room or cellar and market them at least twice a week. Sell, kill or confine all male birds as soon as the hatching season is over. "Begin marketing the cockerels as soon as they weigh one and one-half pounds or obtain a marketable weight and," continues the advice, "market white shell and brown shell eggs in separate packages. Small or dirty eggs should be used at home. When taking eggs to market they should be protected from the sun's rays. Infertile eggs will withstand marketing conditions much better than fertile eggs. "The hen's greatest profit producing period is the first and second years, and unless a hen is an exceptionally good breeder she should be disposed of

at the end of her second laying season and before starting to molt. "Few eggs can be expected until the pullets are matured. "Pure bred poultry means uniformity of products, and that means increased profits if the products are properly marketed. Given the same care and food, pure bred fowls will make a greater profit than mongrels. "In order to obtain eggs it is necessary to have healthy, vigorous stock properly fed. A splendid mixture for laying hens is equal parts of cracked corn, wheat and oats, which should be scattered in litter. Plenty of exercise increases the egg yield. Cabbages, mangels, potatoes and sprouted oats make excellent green food, and when wet mashers are fed be sure they are crumbly and not sticky. For the first three days chicks may be fed a mixture of equal parts of hard boiled egg and stale bread or the latter soaked in milk. From the third or fourth day until the chicks can eat wheat and cracked corn commercial chick food is a good ration. Plenty of pure fresh water, grit, shell and green food should be available from the first day. There is very little danger of over-feeding young stock. Feed your chickens about five times a day."

Soils of the United States.

"Soils of the United States" is the title of a bulletin just issued by the department of agriculture which contains a comprehensive study of the soils of the country, showing the locations of the 1,650 different types of soils surveyed and mapped by the department and their crop adaptation. The department has made soil surveys in every state, embracing an area of over 600,000 square miles. The most important group of soils on which the majority of the trucking crops of the country are produced lies in the Atlantic and gulf coastal plains province, according to the report, comprising about 365,000 square miles, extending from the northern end of Long Island to the southern extremity of the Florida peninsula and along the coast of the gulf of Mexico to the mouth of the Rio Grande. These soils are pre-eminently early truck soils, and their most economic use lies in the production of high priced crops for the early local and distant markets accessible to rapid transportation. The fine sands are undoubtedly the most valuable early truck soils, as in adaptation they include the whole range of vegetable crops. Norfolk fine sand is an

important member of the group as well as being the most extensively developed. It is the best early truck soil of the section. On the soils of the glacial and loessial soil province is grown the bulk of the great staple crops of the country. The silt loams have by far the largest areal development of any of the groups. They furnish the greater portion of the cereals directly produced for local consumption and export the hay and grain used in the production of meat and other meat supplies. Dairying is also an important industry. The Marshall silt loam is the principal corn soil of the country and is only slightly less important for the production of wheat and is also an excellent soil for the production of oats, alfalfa, tobacco and sugar beets.

Simple Canning Methods.

Recently a western Pennsylvania farmer, dissatisfied at selling his peas at a very low price, decided to can them according to the method advocated in bulletin 359, agricultural department, on the "Canning of Vegetables in the Home." He used the ordinary fruit jar as a container. He disposed of some to a local store, which soon took all he had and agreed to take all he could furnish in the future. He is preparing to put up a much larger amount next year.

As She Caught It.

The use of the telephone frequently results in some very funny mistakes. Prior to a meeting of the State Federation of Women's Clubs in Chicago a young woman was asked over the telephone if she would take two delegates to the convention. She agreed to do so, and on the day appointed showed up at the hall with two jelly cakes.—Boston Transcript.

Queer Connection.

"No system of physical exercises yet invented," says Oliver Onions, the novelist, "can compare for one moment with silk stockings for giving an erect carriage to the female head."

Never be unemployed, never be triflingly employed, never while away time.—John Wesley.

Burning Wood.

Wood crackles when it is ignited because the air expanded by heat forces its way through the pores of the wood with a crackling noise. Green wood makes less snapping than dry because the pores contain less air, being filled with sap and moisture, which extinguish the flame, whereas the pores of dry wood are filled with air, which supports combustion.

A Mean Question.

Charles—I heard the other day that Gerald is going to get married. Edward—Well, why shouldn't he? He's comfortably well off. "That's just the whole point. Why doesn't he remain so?"

HEALTH HINTS FOR TODAY

Deep Breathing. Deep, regular breathing empties and replenishes the lungs and keeps them clean and healthy. Deep breathing, too, is good as a beauty culture. The exercise of taking deep breaths with a weight balanced on the head strengthens the muscles of the head and neck and gives one a really good carriage and an admirable poise of the head. This exercise may be varied by walking up and down for ten minutes or so with the arms folded behind the back and the weight still balanced upon the head.

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ANNOUNCEMENT!

WE wish to announce to the people of Aberdeen that we will open on Wednesday, February 11th at 116 East Wishkah Street, a strictly modern, thoroughly equipped undertaking parlor and will be ready at all times to answer calls and give each one our personal attention.

LADY ASSISTANT ALWAYS IN ATTENDANCE

PINNICK & KENNY FUNERAL DIRECTORS AND EMBALMERS

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SIMPLY ROBBED THEM.

Mean Trick a Political Boss Played Upon His Ward Healers.
A veteran politician when the subject of political graft and blackmail came up told of the experience of the boss of a certain city who was something in the way of a collector himself.

One day near the close of a hot campaign he managed to round up some \$5,000. With a couple of his pals he had a blibulous celebration. About 2 in the morning he was clinging to a lamp-post and trying to call a cab when two of his heelers hove in sight. He knew they would rob him if they suspected he had money. Bracing himself, he greeted them with:

"Hello, fellows; lucky you happened along. I'm dead broke and want a cab. Get one and take me to my hotel and I'll make good."

When they reached the hotel the drunken boss sleepily asked the clerk to give each of his companions a \$5 bill. At the same time he drew from his trousers pocket a huge roll of bills and, throwing it at the clerk, told him to "keep that wad of stuff in a safe place until morning."

Disgustedly the heelers watched the safe door close on the young fortune that had escaped them, while the boss sank into a chair.

"Oh, you thief!" angrily shouted one of the heelers as he shook his fist under the nose of the boss. "That's the meanest double cross you ever gave a friend in your whole crooked career. You said you was broke and you had thousands in the wad. Confound you, there's no one a fellow can trust these days. That money belongs to us by rights and you've robbed us of it."—New York Sun.

Woman's Advantage.

A woman can take a plunge and wear it on one side of her hat one day, on the other side another day, on the front or her hat another day and on the back another day. She can wear it curled round the rim, under the rim, across the crown or straight up in the air. But if a man happens to put his hat on with the rear end in front he looks like a durn fool.—Cincinnati Enquirer.

As She Caught It.

The use of the telephone frequently results in some very funny mistakes. Prior to a meeting of the State Federation of Women's Clubs in Chicago a young woman was asked over the telephone if she would take two delegates to the convention. She agreed to do so, and on the day appointed showed up at the hall with two jelly cakes.—Boston Transcript.

Circular Evolution.

"Jim"—errand boy.
"James"—office boy.
"Brown"—clerk.
"Mr. Brown"—head clerk.
"Brown"—junior member of the firm.
"James"—son-in-law of head of firm.
"Jim"—head of the firm and power on the street.—Life.

An Important Consideration.

"What reform will you advocate?" asked the friend.
"I don't know," answered the woman who had just returned from a trip around the world. "What reform is most fashionable at present?"—Washington Star.

Queer Connection.

"No system of physical exercises yet invented," says Oliver Onions, the novelist, "can compare for one moment with silk stockings for giving an erect carriage to the female head."

Never be unemployed, never be triflingly employed, never while away time.—John Wesley.

REGISTER

your vow—orally or mentally—that you will smoke nothing but the

"THINK OF ME"

cigar and you will be certain of smoke satisfaction. You will only duplicate the experience of many hundreds—probably thousands—of smokers of this fine brand.

Manufactured by
L. L. MALEY
Aberdeen, Wash.
SOLD EVERYWHERE

NIGHTMARE TERROR.

In Young Children It Causes a Shock That Requires Soothing.
A nightmare is a very vivid and disagreeable dream, in which the sleeper finds himself in various terrifying situations from which there is no escape. When a sufferer's fright reaches a climax he awakens suddenly; sometimes he is aroused by his own efforts to scream for help. A bad form of nightmare occurs in young children. It is called "night terror." The child awakes suddenly from a deep sleep, panting, wide eyed, screaming but inarticulate and clings frantically to any one who goes to the bedside. Such attacks are most common in children between four and eight years old, but they may occur at any age.

Old Harper's Whiskey

Men—If you want to know what Nectar tastes like, just try Old Harper's Whiskey

FRED HEWITT

ABERDEEN

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- City Hall.
- Bay City Lumber Co.
- Curtis & Front Sts.
- Curtis & Evans Sts.
- Aberdeen Lumber & Shingle Co.
- Second & West Boulevard.
- Fairfield & Summit Sts.
- Wilson's Mill.
- Chickley & Wishkah St.
- Sando's Mill.
- Boone & Marjon Sts.
- Exchange & Marjon Sts.
- F & Market Sts.
- H & Hume Sts.
- G & Wishkah Sts.
- F & Heron Sts.
- Anderson & Middleton Mill.
- Heron & Broadway.
- F & River Sts.
- Sisters' Hospital—G St.
- Fourth & H Sts.
- Fifth & M Sts.
- McKinley Ave. & F St.
- Ninth & K Sts.
- Third & Broadway.
- Sixth & Broadway.
- M & Market Sts.
- Federal Mill.
- Heron St. Michigan Ave.
- Western Co-operative.
- Hume & Washington Sts.
- Fourth & Broadway.
- Market & Washington Sts.
- Second & E Sts.
- Second & Jefferson Sts.
- Terrace Ave. & Prospect St.
- Burleigh Ave. & D St.
- McKinley Ave. & F St.
- Stanton & Second Sts.
- Railroad Ave. & Conger St.
- Morgan & Jeffries Sts.
- Cherry & Duffy Sts.
- General Package Co.

The Herald tells it all.

Nature Never Intended Woman to be Sickly

As a matter of fact it is her right and her duty to enjoy perfect health and strength—to be just as strong and healthy as man—perhaps more so—in view of the fact that it is she who brings into the world the offspring, yourself to a delicate life.

If you suffer from headaches, backaches, nervousness, low spirits, lack of ambition, or have lost all hope of being well again—it's more than an even chance that you will speedily regain your health if you will try

Dr. Pierce's Favorite Prescription

(In Tablet or Liquid Form)

This famous remedy is the result of years of patient research by a physician who has made women's peculiar ailments a life study.

Since its introduction—more than forty years ago—thousands of women in every part of the globe have testified to its wonderful merits. You, too, will find it beneficial. Try it now. Your dealer in medicines will supply you or you can send 10-cent stamps for a trial box. Address R. V. Pierce, M. D., Buffalo, N. Y.

Dr. Pierce's Pleasant? It's regulate stomach, liver, bowels.