

Dumplings

Soups, Stews and Fricassee Chicken
It covers of roast lamb, veal or beef, heaper cuts of fresh meats, and fowls, all for roasting, make delicious and shining stews. K C Dumplings make doubly attractive and the whole dish not economical an object to most les white meats are so high and must ide to go as far as possible.

K C Dumplings

Mrs. Nevada Briggs, the well known expert.
1 cup flour; 3 level teaspoonsful K C Baking Powder; 1/2 teaspoonful salt; 1/2 shortening; milk or cream.
together three times, the baking powder and salt; his work the shortening use cream or milk to a dough less stiff than for a.



17
w the stew to boil down so that the does not cover the meat or chicken. d a cup of cold water to stop its boil- drop the dough in large spoonfuls on the meat or chicken. Cover and let in for 15 minutes.
2 with K C Baking Powder and in this way, dumplings are as light its and are delicious with thickened
ecipe is adapted from one for Chicken in "The Cook's Book" by Janet Hill, editor of the Boston Cook- ool Magazine. The book contains ent recipes for things that are good d that help reduce the cost of living. "Cook's Book" sent free for the certificate packed in every 25-cent C Baking Powder. Send to Jaques C. Chicago.

ISTIAN SCIENCE CHURCH

street, near Broadway. Sun ool 10 o'clock, church eer l o'clock. Wednesday even rvice. 8 o'clock. Reading o. 231 Finch building. Oper m 1:30 until 5 o'clock, except days

erald tells it all.

ington Woman Pains Vanish

R WOMAN OF SEATTLE PLANT JUICE HAS MADE ALL HER PAINS DISAPPEAR

William Kettler, who lives at of Twenty-seventh avenue, nt Wharf, Inter Bay, Seat- hose husband is a watchman aterfront, said:
ot tell you how thankful I my attention was called. I ered for the past seven h rheumatism and kidney On account of my husband's live near the bay and the made it harder to find any- t would help me. I have many different treatments esults that I did not have e that Plant Juice would y good, but in a short time- g rheumatic pains and also y kidney trouble. It has ny stomach in fine condi- w sleep well and can digest roperly. I feel that Plant helped me in every way." s or cold weather merely ematism, but do not cause od common cause is weak ed kidneys that allow the e to escape into the blood e clears the blood of all eluding the deadly uric e cures rheumatism. It sri- torpid liver to action, cor- pation and biliousness. ave indigestion, poor cir- ipoverished blood, head- ness and pains in the back should try Plant Juice at Eaton & Swaney drug it. (17)

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ARMAN & ZIEGLER

PUBLIC WORK FOR WOMEN TODAY

Many Positions Are Now Open to Them.

SALARIES THEY MAY EXPECT

Requirements in Special Training and Aptitude That Form Basis of Success. Points in an Address of Exceptional Interest Delivered Before University of Wisconsin Students.

That more and more public positions are now open to women is an acknowledged fact. The appointment of Dr. Katherine B. Davis as commissioner of corrections is perhaps, says the New York Post, the most signal example of the recognition of the ability of women in administrative positions, but while the average woman does not perhaps aspire to be appointed the head of a city department, she may cherish hopes of having a part in public affairs. Edith Shatto of the health department of Milwaukee, addressing students assembled at the University of Wisconsin on this subject, said:

"With the ever increasing interest of people in civic and political efforts, and in their demand for the better and wider administration of public funds, knowledge of sociological and economic subjects is demanded in a large variety of public positions. Though there can hardly be said to be a demand for women as yet in these positions, there is a very definite place for women in the filling of which they can be of infinite service to the public.

Places For College Women.
"There is at the present time a very distinct place for college bred women in public affairs. The university training gives one a broad point of view, a more balanced judgment, and the ability to meet people.

"If the college girl is looking forward to going into relief work for the poor or investigation of working conditions or trusteeship of institutions the emphasis should, of course, be placed on sociology. If she is going into labor investigation or into statistical work in municipal research departments or railroad commissions the emphasis should be placed on economics. In both there should always be a good course in statistics, and courses in political science should not be neglected. If a girl is going into a health department or into health work good courses in physiology, bacteriology and chemistry are exceedingly valuable. Of course if she is going into some technical department, such as a bureau of chemistry or a bureau of bacteriology, she must take technical courses in these studies.

"After she has finished college the wisest thing to do is to go to one of the good schools of civics and philanthropy to get an opportunity for practical experience under direction. The demand for graduates of these schools who show ability is so great that a position is practically assured.

"If one is unable to get such training one may get experience by doing volunteer or semi-volunteer work for charitable organizations.

"In addition to the training I have already mentioned, a knowledge of stenography and typewriting is very valuable. Furthermore, business experience is invaluable. After all, it is likelier people which will do more to make a girl successful than any other one thing.

Salaries Paid to Women.
"The salaries for public positions, on the whole, are about as good as one gets elsewhere for the same kind of work. I believe most women's positions are underpaid at the present time for the kind of service rendered. For instance, \$1,500 a year is, with a few exceptions, the highest salary that any woman is paid in public positions. Julia Lathrop, director of the children's bureau at Washington, is one exception. Women are doing work for \$1,500 a year of the sort for which a man of less ability receives \$3,000 a year. The highest paid woman in the bureau of labor, who has charge of the woman's division and all the investigations relating to woman's labor, is paid a

salary of \$1,800. She gets in addition \$3 per diem whenever she is outside of Washington, which brings up her salary considerably. The usual good salary in state positions is \$1,200 a year for a woman or at most \$1,500. In municipal positions \$1,500 a year is considered a high salary.

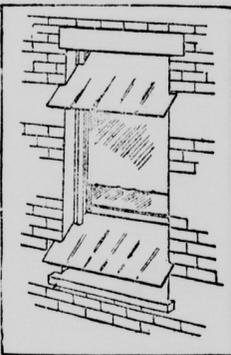
"The public today needs men and women who have a vision—a vision of ideal conditions—conditions where men and women and children, particularly children, have a fair chance for a decent and useful life. These ideals may never be reached, but a trained, practical woman who will devote the best years of her life to public service may bring them much nearer than they are today."

Great Norwegian Fete at Minneapolis. Visitors numbering 100,000 are expected at Minneapolis, Minn., in May for the American centennial celebration of Norway's independence.

Under present program arrangements May 10 will be devoted to reunions and meetings of members of Bygdeland and other Norwegian organizations. On Sunday, May 17, exercises befitting the day are to be held, while on Monday the real celebration will take place.

HINTS FOR THE BUSY HOUSEWIFE

Shields That Prevent Rain Entering Open Windows.



In these days, when every other person, or even more than that, is a fresh air crank, there is a demand for some system of ventilation which will let in the air and keep out the rain in case of such a visitation. The shields shown in the accompanying cut are designed to perform this mission, and it can be readily seen how it will be accomplished. The shields are designed to be made of any suitable material, although glass is the least obtrusive, that re-enforced with metal presenting a very durable material for the purpose. The shields are removably secured in place or fixed as may be desired, and where the glass is made use of the sheets are generally secured permanently in place. These devices allow the window to be open at both top and bottom.

Fried Eggs a la Mexicano.

Put into a frying pan a teaspoonful of lard. Mince one medium sized onion rather fine and fry in the lard until done, but not brown; remove the onion and set aside. Break into the pan the number of eggs desired, being careful not to break the yolks. Have ready a sauce made by cooking two large tomatoes or an equal amount of canned tomatoes with a pad of chile pepper (chile powder to make as hot as desired) this must be substituted and salt to taste; this must be pushed through a sieve or mashed very smooth. Take up the eggs, put a bit of the cooked onion and a spoonful of the sauce on each egg and serve. This is fine with breakfast bacon.

Roast Duck.

If the duck is not young boil first and put one onion, one tablespoonful of vinegar, salt, sage and pepper in the water. Boil for about one hour. Make a dressing of stale bread crumbs highly seasoned with sage, salt and pepper. Moisten the stuffing with some of the liquor in which the duck was boiled and add one beaten egg. Stuff the duck, lay some slices of fat salt pork over the breast, having previously dredged with flour, salt and pepper. Roll down the liquor in which the duck was boiled and use to baste while roasting. Remove the slices of pork during the last half hour of cooking.

Old Fashioned Gingerbread.

One and one-quarter pounds of flour, three-quarters of a pound of molasses, half pound of brown sugar, quarter of a pound of butter, one ounce of ground ginger, one teaspoonful of ground allspice, one teaspoonful of ground cloves, one teaspoonful of baking soda, two eggs and buttermilk to mix. Melt together the butter, sugar and molasses with the milk, mix together all the dry ingredients, pour in the molasses, etc., and add the eggs well beaten. Mix well, pour into a greased tin and bake in a slow oven about one and one-half hours.

Chicken and Macaroni.

Boil a chicken until very tender, take out all the bones and mince fine. Boil a half pound of macaroni until tender, first breaking it up in pieces one inch long. Butter a deep pudding dish, put on the bottom a layer of the cooked macaroni, then a layer of the minced chicken, bits of butter, pepper and salt, then some of the chicken liquor; over this put another layer of macaroni, and so on until the dish is full. Pour a cup of cream over the whole and bake half an hour. Serve from the dish in which it was baked.

A farmer living near Brentwood, England, went to a moving picture show in that town during a visit and learned that a picture shown on the screen that a fire had in his absence destroyed the stables and sheds at his farm.

SNAPSHOTS AT NOTABLE PERSONS

George Barnett, New Head of the Marine Corps.



Major General George Barnett, the new commandant of the United States marine corps, has been connected with that branch of Uncle Sam's military establishment for over thirty years. He succeeds Major General W. P. Biddle, who is to be retired.

The United States marine corps is an independent branch of the military service of the United States, serving generally under the direction of the secretary of the navy. The corps may be detached by order of the president for service with the army, and on various occasions parts of the corps have so served. The authorized strength of the corps is 246 officers and 9,521 enlisted men. The officers comprise 1 major general commandant, 11 colonels, 12 lieutenant colonels, 28 majors, 107 captains, 90 first lieutenants and 97 second lieutenants. Commissioned officers are appointed from graduates of the Naval academy, from worthy noncommissioned officers and from civil life. Among the duties of the corps are those of garrisoning the Panama canal zone and furnishing garrisons for navy yards and naval stations; also to serve on board all battle-ships and armored cruisers of the navy and such other vessels as may be directed in detachments of not less than 8 per cent of the strength of the enlisted men of the navy on said vessels.

The new head of the corps is a native of Wisconsin and in his fifty-fifth year. He was educated at the United States Naval academy, from which he was graduated in 1883. He was at once assigned to the marine corps and has since seen service in all parts of the world.

Oklahoma's Blind Statesman.

The speedy vindication of Senator Thomas Pryor Gore of Oklahoma from an atrocious charge made against him by a woman was a source of gratification to the blind statesman's many friends in Washington and the state he represents. It was stated by Senator Gore that the charges were made to injure him politically and prevent his reelection to the senate. He is a candidate to succeed himself before the state Democratic primary, which takes place next fall.

Senator Gore is a native of Mississippi, in his forty-fourth year, and is



THOMAS P. GORE.

totally blind. When he was eight years old a thrown stick struck him in the left eye, rendering it sightless. Three years later his right eye was destroyed by an arrow. Despite his infirmity, he attended school and made rapid progress. In 1892 he was graduated from the law department of Cumberland university, Lebanon, Tenn., and after several years spent in Texas settled in Oklahoma in 1901. He served one term in the territorial senate and in 1907 was elected United States senator from the new state. He drew the short term, expiring in 1909, and was re-elected for a full term. His present term expires in March, 1915.

L. A. Dansereau, publisher of a French newspaper which has not been published for more than six years, received recently an answer to a puzzle printed in the paper eight years ago. The writer admitted that he knew the paper was no longer published, but hoped that as he had been working all the eight years to solve the puzzle he would receive a prize.

Fair Warning.

Teacher—Willie, if you don't behave yourself I'll write a note to your father. Willie—You do and you'll make me jealous.—Boston Transcript.

BUY YOUR EASTER HAT NOW

Our big sale has been running now 3 days and hundreds of ladies have saved from 1-3 to 1-2 on their Easter headwear. Were you one of them? No matter what you need you can save money by buying here. Trimmed Hats, Shapes, Flowers and Children's Hats all going at from 1-3 to 1-2 the regular price. DON'T DELAY. Now is the time. The stock is the largest ever brought to Grays Harbor and the quality is, as ever, THE BEST.

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Mrs. Brown did the same thing in her own way, of course, paying most attention to home providing and home improving. They checked up regularly, compared notes, talked everything over and bought INTEL-LIGENTLY. At the end of the year they figured out just what they had saved by watching the ads. That money was already in the bank, for they had been able to save just that much more above their expenses. Rather a WISE partnership. WHY NOT TRY IT?

AMERICAN CHILD WISER.

An English Authority Interestingly Compares Educational Systems.

"A radical difference between English and American systems of school organization is in the relation of elementary and secondary schools," says L. L. Kandel of Manchester, England, in a bulletin on English elementary education issued by the United States bureau of education.

A factor that renders comparison difficult, according to Mr. Kandel, is the inherent difference between the English and the American child. The latter, he declares, "is by nature more precocious, matures earlier, is by circumstances of his upbringing thrown more into the company of adults, with the consequence that he is less reserved and self-conscious and more alert than the former."

"American children have a far better knowledge of the history of their country and in some cases of general history than is to be found among English elementary school children. The same is true of their knowledge of local and national government.

"In English language the American child has better command of oral expression.

"But if the English elementary school has much to gain from the study of the American curriculum American educational administration would profit as greatly from what is the strength of the English system—freedom of the individual school."

Derides the "Poison Needle."
The "poison needle" theory is given the quietus by the Journal of the American Medical Association. "It can be said very positively," says the publication, "that there is no drug known to scientific men which could be administered in the manner or which would produce the effect described in recent newspaper reports."

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