

Stomach Catarrh Is Very Prevalent

In this climate catarrh is a prevalent disease. Catarrh affects the stomach as often as any other organ. Perhaps every third person is more or less troubled with stomach catarrh. Peruna is extensively used in these cases.

PERUNA THE RELIABLE FAMILY REMEDY

The KITCHEN CUPBOARD

IRONING DAY MENU.

TUESDAY—BREAKFAST.

Oatmeal.
Sausages With Fried Apples.
Griddlecakes.

LUNCHEON.
Baked Macaroni With Cheese.
Rolls. Cookies. Tea.

DINNER.
Turnip Soup.
Baked Stuffed Eggplant.
Creamed Potatoes. String Beans.
Colonial Rice Pudding.
Demitasse.

Seasonable Breakfasts.

CODFISH RABBIT—Melt one tablespoonful of butter in the upper part of the chafing dish, blend with it one tablespoonful of cornstarch. Add one cupful of hot milk, gradually, and season with a dash of paprika. Cook until smooth and then add three-quarters of a cupful of grated cheese and a cupful of codfish previously soaked in cold water and then flaked. As soon as the cheese is melted stir in one well beaten egg quickly. Add one tablespoonful of lemon juice and serve on crisped wafers.

Breaded Sausage—Select your favorite brand of sausages. Beat the yolk and white of an egg till they are frothy

and, wiping each sausage dry, dip into the egg and roll in powdered bread crumbs. Have a pan of hot fat ready. Place the sausages in a wire basket and lower into the fat, leaving them there for about ten minutes. Prepare thin, dainty slices of toast and arrange the sausages on the toast on a platter with a garnishing of parsley.

Tomato Rabbit—Melt one tablespoonful of butter in a saucepan placed over boiling water, add one cupful of finely cut American cheese, stir until melted, add gradually one cupful of well seasoned tomato liquor from canned tomatoes, stir until well blended, add three well beaten eggs, cook a minute longer, add a generous seasoning of paprika and serve on bread toasted on the under side only.

Peppers and Fish—Cut the peppers in half lengthwise and remove the seeds. Drop into hot water and boil for six minutes without covering. Then drain and fill. Make the filling of fish, removed from bones and skin and mixed with fine breadcrumbs. Season with salt and pepper and melted butter. Baste the peppers with strained tomato juice three or four times while they are baking. They should be done in half an hour in a moderate oven.

Scrambled Calf's Brains—Wash the brain and remove all the fine skin; be sure every bit of the fiber is removed. Put a tablespoonful of butter or bacon drippings in pan, add the brain and cook slowly, stirring all the time; beat two eggs until well mixed and pour over the brain; stir until set; add salt and pepper to taste, sprinkle with chopped parsley and paprika.

Anna Thompson.

Evidently in Love.

"I told that boy," remarked the teacher, "to remain after school and write some word 100 times. But I don't think it was any great punishment."

"Why not?"
"I noticed that he wrote the word 'Rosie' 100 times with an ecstatic smile."—St. Louis Post-Dispatch.

MANY PATHS OPEN FOR THE RUSSIANS

Fall of Erzerum Important Victory For Entente Allies.

MARCH ON TURK CAPITAL?

Great Distances a Big Handicap to Both Armies Operating in That Territory—Captured City Was Important Base in the Russo-Turkish War of 1877-78.

Several possibilities are opened up by Grand Duke Nicholas' capture of Erzerum and other Turkish positions. Will his victorious army, which thus has forced its way through the back door of Turkey, attempt to reach Constantinople through the mountain passes of Armenia? Will it send an expedition north to Trebizond, on the Black sea, through an equally forbidding country? Will it descend the Euphrates with the idea of relieving the British position on the Tigris? Or, and this seems the most probable solution, will it descend the Euphrates to the point where it is crossed by the Bagdad railway? The latter achieved and this alternative could be indulged in—a march on Constantinople or one across the desert to Aleppo, where is said to be gathering the Turkish-German army for a second attempt to capture Egypt and the Suez canal.

Some military experts believe that the recent activity shown by the Anglo-Indian force on the Tigris and the Russian armies in Armenia and Persia was begun and developed with the idea of serving as deterrents to a second attack on Egypt, just as it is expected that an offensive of the allies on the Saloniki littoral will shortly be developed with the same end in view.

Distances Greatest Handicap.
The distances, however, are so vast that at no point can military operations at present be made to illustrate this theory. From Constantinople to Erzerum is 740 miles; from Erzerum to Kut-el-Amara, the immediate objective of the Anglo-Indian force on the Tigris, is 640, and from the Russian advance in Persia to Kut-el-Amara is 250 miles, while Erzerum, the Russian position in Persia, and the Anglo-Indian position on the Tigris form a broken line whose nearest point to the Suez canal is 725 miles.

On Jan. 6 the Russian general staff issued a long report on the army of the Caucasus from the time the grand duke had taken command, on Sept. 5, to the end of 1915. According to this report, the Turks had begun to prepare for the Russian offensive in Armenia as early as November, when the Third Turkish army, anticipating the German-Austrian drive in the Balkans and the retirement of the Franco-British forces from Gallipoli, had been ordered to the region between the Russian lines and Erzerum.

The plan of the Third army was as follows: The Ninth and Tenth corps were to advance to Otl and form an offensive wing, whereas the Eleventh corps was ordered to hold its powerfully organized position and to attack, through a strategic demonstration, the weight of the Russian troops. In case the latter took an energetic offensive the Eleventh corps was ordered to fall back on the fortress of Erzerum, carrying along with it the Russian troops.

At the proper time the latter would be attacked by the Ninth and Tenth corps, together with such re-enforcements as could be sent from Constantinople. It was the intention of the Turks to use the great fortress of Erzerum on the left flank or in the center as circumstances might demand, feeling sure the Russians could not muster a sufficient force to envelop the city. The grand duke knew all this by Dec. 1. Without displaying any activity or signs of re-enforcements on this line in Armenia he sent a column south into Persia in the direction of Hamadan, where it defeated a large force of Persian insurgents, Turks and 1,200 Germans. At the same time, with the main army not deployed, but divided into ten columns, each flanked by large forces of Cossacks, he began his advance on Erzerum.

He was lured on, as Enver Pasha had intended, by the Eleventh Turkish corps, but before he could be attacked by the Ninth and Tenth these corps had been isolated by the superior Russian forces to the south of Erzerum, and the Eleventh corps was driven into the city.

Germans Are Re-enforced.
This was on Jan. 25 last. On the same day re-enforcements with many German officers were started from Constantinople, and it was announced that Field Marshal Baron Kolmar von der Goltz, formerly military adviser to Enver Pasha, had been placed at the head of the Turkish forces in Armenia. Von der Goltz arrived at Erzerum on Feb. 1 and at once assumed command.

Between ten and fifteen miles south of the city the Ninth and Tenth corps, re-enforced by Field Marshal Liman von Sanders with most of the Turkish First corps and 10,000 Germans, who up to Dec. 15 had been engaged at Gallipoli, attempted to prevent the Russian columns from enveloping the city on the south, but before the relief corps could effect a junction with the other two it had been attacked and compelled to retire.

AVOID SPRING COLDS

Sudden changes, high winds, shifting seasons cause colds and grippe, and these spring colds are annoying and dangerous and are likely to turn into a chronic summer cough. In such cases take a treatment of Dr. King's New Discovery, a pleasant Laxative Tar Syrup. It soothes the cough, checks the cold and helps break up an attack of grippe. It's already prepared, no mixing or fusing. Just ask your druggist for a bottle of Dr. King's New Discovery. Tested and tried for over 40 years.

L. B. HANNA.
North Dakota's Governor Sick While With Ford Pacificers.

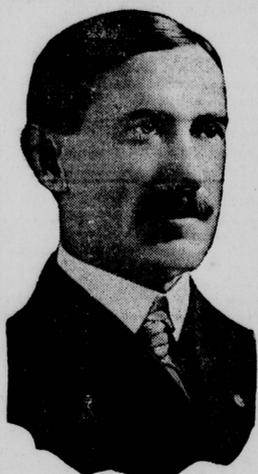


Photo by American Press Association.

Couldn't Tell.
"Has your pocket ever been picked?"
"Really, I don't know. It never was before I got married. If it has been since I of course would have no way of finding out about it."—Chicago Herald.

Object Lesson.
Teacher—When both hands are up what time is it? Johnny—Time to up-bercut, ma'am.—Philadelphia Ledger.

GENERAL DE WET.
Boer General Released by British, but Can't Enter Politics.

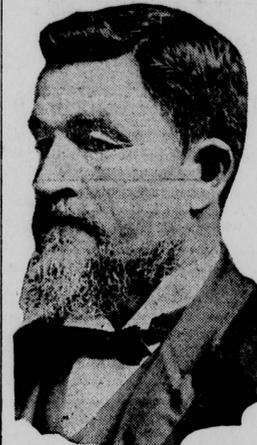


Photo by American Press Association.

Why He Missed Her.
"So you're little Willie Woodby?" said the new minister after Sunday school. "I called to see your mother yesterday, but unfortunately she was not at home."

"Oh, yes, she was," replied the boy. "but I guess she took you for the installment man. You look something like him."—Philadelphia Press.

The Herald tells it all right.

THE OLD ACROBAT IS HAPPY OVER THE REAL TOBACCO CHEW
SEE WHIZ! HAVE YOU FOUND THE FOUNTAIN OF YOUTH?
YES! GOT IT TUCKED AWAY IN MY CHEEK! JUDGE, IT MAKES ME YOUNG AGAIN!
HE used to switch tobacco every few weeks. Then a friend gave him a little of W-B CUT Chewing—the Real Tobacco Chew, new cut, long shred. Steady user now.
Quite the regular thing. A man is glad he found it, and just naturally passes the good word along.
"Notice how the salt brings out the rich tobacco taste!"
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THE ROCKY MOUNTAIN NEWS
AUTOIST BURNING TO DEATH UNDER CAR DIRECTS RESCUE
Sends Message to Wife and Child While Dying.
"Burned to death by gasoline," "Under auto," "Auto crashes," "Hurt women," "One seriously," "Burning to death," "Under an auto," "Sends message to wife and child while dying."
"Wash., Colo., November 24.—Pinned beneath a heavy car, his body a torch and by gasoline that dripped from the machine, John A. Campbell, sales manager for the Continental Oil Company, directed efforts to free himself, and before he died dictated a message to his wife and child.
The accident occurred when Campbell's automobile swerved from a bridge and fell upside down into an arroyo near the St. Charles river. It was wedged tightly between the banks.
The crowd of the burning gasoline tank attracted... who arrived to find the automobile in flames.
"Don't get water," called Mr. Campbell. "It will spread the fire. Stand in the snow. The gasoline is dripping rapidly. Lift the car as I can crawl out."
He directed them to use sticks as levers, but the sticks burst through the machine.
"No use," called Campbell, his voice calm, but strained and weak. "Try all over. Please break the news to my wife. Try not to frighten her. Tell her and my daughter—my baby—thought of them."

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