

OF SPECIAL INTEREST TO WOMEN READERS OF THE STAR

GIRL IN THE SHOP—SHE SPEAKS

The Star printed a "Housewife" telling of the woman at home...

OF THE STAR:

A department store girl. I am a "Housewife" in the Star. She thinks I am a shop girl...

What would she think of her home? Would she like to see her home and husband?...

WORTH-KNOWING

When ribbons of ribbon about the neck are considered with décolleté gowns...

When salt has been added with a little sugar and a dash of vinegar will often be a mistake...

When a piece of meat is boiled in a bag and left to remain moist and tender...

When a piece of meat has been smoked by a lamp may be cleaned by rubbing off with a fresh cloth...

When the stains of fruit and vegetables are moistened with water and then covered with powder...

When gold suits the color of your own better than when it is bought from the jewelry counter...

When you wash your face in a damp cloth and leave them thus for a few days...

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NEW FASHIONS IN HATS



Here are three of the most graceful models of the day. The first one is a plain turban of silk beaver...

trimmed at the left with two small ostrich feathers and tiny silk roses. The large hat is of black velvet trimmed with colored plumes to match the gown...

French innovation. Medium sized feather trimmed hats with turned-up brims faced with shirred silk are very popular with young matrons.

From MARY'S COOK BOOK



All women have favorite recipes which they cook as treats for their husbands and children. Send in recipes for some of your favorite dishes...

SUNDAY'S MENU

Breakfast: Baked Apples, Cereal with Cream, Skewered Liver and Bacon, Dry Toast, Coffee.

Dinner: Bouillon, Smothered Chicken, Sweet Potatoes, Southern Style, Succotash.

Luncheon: Tomato Rabbit, Toasted Crackers, Fruit Cake, Tea.

Maple Nut Cream: Beat the yolks of 3 eggs until light, add gradually 1 cup of boiling maple sirup...

Smothered Chicken: Prepare chicken as for frying, roll each piece separately in flour, and place in hot iron skillet...

French Fried Sweet Potatoes: Peel raw sweet potatoes, cut in thin strips lengthwise and fry in deep boiling lard until nice brown.

Escaloped Onions: Boil onions in salted water, to which a little milk has been added, until they are tender...

Tomato Rabbit: Put 2 large tablespoons butter in chafing dish, add 2 tablespoons of flour. Pour on very slowly 1 scant cup of cream...

and smooth add 1 cup of canned tomato soup. Then add 2 cups of mild American cheese, next 1 teaspoon mustard, a little salt and red pepper and 2 cloves of garlic...

Fruit Cake: One cup of butter, 1 of brown sugar, 1/2 pint molasses, 2 eggs, 1 cup sour milk, 1 teaspoon soda, 1 pound of flour, 1 pound currants, 1 1/2 pounds raisins.

Marble Cake of Four Colors: White—1/4 cup butter creamed with cup sugar, 1/4 teaspoon vanilla, 1/2 cup milk, whites of 4 eggs beat on stiff...

Maple Nut Cream: Beat the yolks of 3 eggs until light, add gradually 1 cup of boiling maple sirup and cook in a double boiler until the mixture thickens.

Smothered Chicken: Prepare chicken as for frying, roll each piece separately in flour, and place in hot iron skillet in which has been placed two tablespoons of melted butter.

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CYNTHIA GREY'S LETTERS

Florence E. N. and "Bessie" inquire where Columbia, the belle of the Eskimo Village, went after the close of the A.-Y.-P. exposition...

Dear Miss Grey: Will you please tell me through the columns of The Star if pure glycerine is a good face lotion? If not, what is a good massage cream?

"COUNTRY READER." A—Pure glycerine is too hard for most skins and should be diluted with rose water. An easily prepared and simple massage cream can be made as follows...

Dear Miss Grey: How can I tell whether a certain boy, of whom I think very much, cares for me? How can I get over being bashful? How can I get a grease spot out of a brown mohair dress?

A—If he seeks your society in preference to all others, you should be able to judge of his regard for you. A remedy for bashfulness, which is generally self-consciousness, is to strive to forget yourself, and be free and unaffected in company.

Remove the grease spot in your dress with chloroform, applying it quickly and freely and rub until all trace of the grease has disappeared.

Dear Miss Grey: Kindly give me a recipe for coconut candy. What shall I do for chiblaina. I have them every winter until I can hardly walk.

A—Here is a recipe for baked coconut candy. One cup brown sugar, 1 cup shredded coconut, pinch salt, pinch soda, white of 1 egg. Beat white of egg slightly, add sugar, salt, soda and coconut. Spread in buttered pan and bake in a moderate oven for about 20 minutes.

You should be very careful as soon as it gets cold in the fall not to chill your feet, as if you are subject to chiblaina, the feet should be kept as warm as possible.

Out of the wisdom of CYNTHIA GREY

Home Atmosphere. Women makes the atmosphere of a home, and it for her to decide what that atmosphere shall be. Shame on the woman who does not make it an atmosphere of sunshine and love.

Women are apt to excuse themselves regarding their moods and their tempers by saying that they inherit these peculiarities or that they are the result of sickness or trouble. That is folly.

There is no inheritance we cannot overcome if we set ourselves about it, and some of the people who have suffered the greatest trials in life have developed the sweetest characters.

It is pure selfishness which permits a woman to indulge in these weaknesses.

The proper way to treat woollens when washing them is to hang them out on the line without wringing out any of the water. Dried in this way the shrinkage is but slight.

The best way to clean paper mache articles is to use a sponge moistened with cold water. They should afterwards be polished with flour and a flannel cloth.

RUSSIAN BLOUSE AGAIN IN FAVOR

Loose belted coats are again high in favor with tall, slender girls and women. Some are short, but most of them are knee and three-quarter length.

The suit shown in the illustration is made of black broadcloth and is simply trimmed with bandings of silver and black.

The blouse may be interlined and worn without other wraps than a small neckpiece of fur on mild days.

The hat is simply trimmed and is of the tricorn shape so much in vogue this winter with tailored girls.

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FIGHTING THE PLAGUE

In street cars and elevated trains of New York City this sign has been displayed: IF YOU HAVE CONSUMPTION Do not give it to others by spitting in the car. If you do not have it, don't let others give it to you by spitting. Consumption is caught mainly through dry sputum. If you must spit, use your handkerchief.

Committee on the Prevention of Tuberculosis, 69 Schermerhorn St. This is one of the weapons employed in the fight to prevent the spread of the great white plague. The deadly germs of tuberculosis, lurking in the mucus discharged from consumptive lungs, get into the air and are breathed into the lungs of healthy people...

Don't neglect a cough or cold. To break up a cold quickly there is nothing so effective as the mixture of two ounces of Glycerine, a half-ounce of Virgin Oil of Pine compound pure and eight ounces of pure Whisky. Shake well and take a teaspoonful every four hours. It clears the throat and bronchial organs, relieves hoarseness and heals irritations of the mucous surface quickly, and because of its purity, is far preferable to other cough mixtures, many of which contain chloroform or other drug. It is claimed and advertised by the Leach Chemical Co. of Cincinnati, who prepare the genuine Virgin Oil of Pine compound pure, that this mixture will break a cold in twenty-four hours and cure any cough that is curable.

CLEAR THE COMPLEXION OVERNIGHT

Pimples, Rash, Eruptions, Etc., Quickly Eradicated by New Skin Remedy. Ever since its discovery, poslam, the new skin remedy, has, in its extraordinary accomplishments, exceeded the most sanguine expectations of the eminent specialist who gave it to the world. It has cured thousands of cases of eczema and eradicated facial and other disfigurements of years' standing.

Remove the grease spot in your dress with chloroform, applying it quickly and freely and rub until all trace of the grease has disappeared.

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HEAT At any minute is what you can have with one of our Improved Gas Heaters Call and See and Be Convinced. Seattle Lighting Company 1314 Fourth Ave. Henry Bldg. Fourth and University. Phones: Ex. 75; Ind. 67.

FREE—FREE TURKEYS, CHICKENS, POTATOES, APPLES, WOOD, EGGS, CIDER, PURE JERSEY CREAM, ETC. All these if you live at Birmingham, where you can ride to and from FREE, and get these 5-acre tracts at \$50 per acre to \$150, terms of \$2 per month. We are giving away 20,000 Himalay Giant blackberries to people on this land. We are going to build a big fruit cannery there this spring. We were going to stop selling until next spring, when the new street car line is finished, but every trip we have big crowds, so TOMORROW WE RUN A BIG FREE EXCURSION TO BIRMINGHAM

BIRMINGHAM Beautiful snow-clad mountain scenery, nice warm cabin on big boat. Venus leaves Pier 6, foot of University St., at 10 a. m. sharp. Returns 7 p. m. Get on boat free. No tickets needed. Or call at C. D. Hillman's offices, in Times Building, for free maps and guides of all the Sound country. Hundreds of families on this land are now setting out orchards, berries, etc. Free houses to live in until you build. Men wanted for all kinds of work, good wages; 15 miles of walks to be laid.

Business Bringers. Star classified ads. Buy or sell real estate, etc.

Your Boy

Ask your doctor how often he prescribes an alcoholic stimulant for children. He will probably say, "Very, very rarely." Ask him how often he prescribes a tonic for them. He will probably answer, "Very, very frequently."

Ayer's Sarsaparilla is a strong tonic, entirely free from alcohol. No stimulation. No alcohol habit. Ask your doctor about Ayer's Sarsaparilla as a tonic for the young.

Diamonds

For this week only we are selling \$50 diamond rings \$5.00 DOWN AND \$2.00 PER WEEK.

Sterling Jewelry Co. 705 First Av. Room 119. Main 7294.

"77"

Humphreys' Seventy-Seven Famous Remedy for Grip and

COLDS

To guard against the sudden changes that are responsible for most Colds, be sure to carry a vial of "Seventy-Seven," taking a dose at the "first feeling" of lassitude and weakness (don't wait till you begin to cough and sneeze) and you will never have a Cold.

"Seventy-Seven" breaks up hard, stubborn Colds, that hang on—Grip. Handy to carry, fits the vest pocket. All druggists, 25c.

Humphreys' Homeo. Medicine Co., Cor. William and Ann Streets, New York.

Union Savings & Trust Co. of Seattle

Capital \$300,000 Surplus and undivided profits 40,000

Steady savers are sound sleepers. There is no greater sense of security or surer source of contentment than to feel that you have a little barricade of REAL MONEY built up between you and a possible time of trouble.

INTEREST 4 PER CENT Compounded Semi-Annually.

JAMES D. HOGE, President. N. B. SOLNER, Cashier.

DIRECTORS: Ferdinand Schmitts, J. D. Lowman, A. B. Stewart, C. H. Bobb, R. C. McCormick, James D. Hoge, N. B. Solner.

CORNER SECOND and CHERRY STREET Branches at Ballard, Georgetown and Weston.

THE NEW FLAVOR MAPLEINE

Better Than Maple The Crescent Mfg. Co., Seattle, Wash.

Cocoa Fact No. 5

When the Spaniards came to America in 1520, they brought the beverage which the Indians made from the cacao bean...

It is so important that they should know the most delicious and nutritious food which Europe has ever known.

You cannot make a good cup of cocoa out of poor cocoa; a poor cook couldn't spoil

Ghirardelli's COCOA

in the making. Fragrant, delicious, nourishing. Less than one cent a cup.

Don't ask merely for cocoa—ask for Ghirardelli's.

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