

NEWS OF SPECIAL INTEREST TO THE WOMEN READERS OF THE STAR

Letters to Cynthia Grey

UNTRAINED EMOTION

Dear Miss Grey: Why do some girls object so strenuously to kissing their boy as much as the boys, because lots of them indulge, and...

THE FUNNIEST "FUNNY" OF 'EM ALL

Dear Miss Grey: So far there is nothing but fun in the "funny" for these letters of "Rights and Wrongs" about seeing stars...

LETTERS DO MISBARRY

Dear Miss Grey: I am in a little trouble and want you to help me. I am 16. While away from home I fell in love with a young man of 22, he pretending, or really loving me, I do not know which...

born, but which is really the refusal to make a fool of herself to satisfy his whim.

Dear Miss Grey: Will you please tell me how pictures are reproduced in the newspaper?

A.—The first step is to photograph the picture on glass. A zinc plate is then taken and coated with a sensitizing solution, and then put in a printing frame, face to the negative and exposed to the light until printed.

Dear Miss Grey: Your "Funny" was most interesting. I was surprised to find that so many of the boys who are in love with girls are so ignorant.

A.—A marriage is always considered legal by law until it is proven by law to be otherwise. The proper thing for you to do is to get a divorce with the husband's whereabouts unknown. Take the advice of one who knows, and do not marry until the six months required by law intervenes between divorce and marriage has expired.

Dear Miss Grey: I am a young man, under 20, and have for a long time felt a keen interest in a certain young lady, who is now a widow. Although I always liked her, I never really loved her. But now, as she has come into the possession of nearly a million dollars, she is more desirable to me.

Now, I have good reason to believe I am good looking, and I know I know I am popular with her social set, and therefore I stand a chance of making her love me. Please tell me how I can win her quickly, but surely. D. L.

A.—One who will take another's love and money and give as little as you plan to give, is unworthy of his own manhood.

Will you please give me your opinion as to whether a person can play classical music properly and also play ragtime music? Which is correct, "He drove the car" or "He ran the car." "He was driving the engine" or "He was running the engine?"

A.—One very well educated in classical music may at intervals play ragtime, but if indulged in, his style for classical music is apt to be spoiled; or if a student is not well grounded in the essentials for classical playing, the ragtime is detrimental, for the mind governs the player's hands.

Both "to drive" and "to run" are correct when applied to car or engine.

NOTICE TO READERS: Questions sent to The Star by the public will be taken care of by him.

GIRLS WHO WIN IN THE HOME-KEEPING CONTESTS



MABEL ADELL HOLT. RUTH GILKY. HELEN AUCKLAND. These three little girls, Mabel Holt, 15 years of age; Ruth Gilky, 10 years, and Helen Auckland, 12 years, won silver cups yesterday at the final contests in button-hole-making, darning and patching.

Five silver loving cups were offered by the Mothers' Congress, the Commercial and Rotary clubs in the unique domestic science contests, originated, designed, and carried out by Mrs. Ella Dabney, the supervisor of the economic departments of the city schools.

The purpose of the various unique contests is to stimulate the home-making qualities, economy and thrift, and to develop the future woman in the home-keeping profession. Not only are the numerous home branches taught, but they are instructed how to plan, keep accounts, and the many things that tend to the successful running of the household machinery.

The Crown Hotel, 1913 Sixth St., Three Blocks East of P. O. Newly furnished. Best home cooking. Beds 25c. Bath \$1.50 per week. Board and room \$3.00 to \$5.00. Rooms \$1.50 up.

Grand View Apartments, 400 Eastlake Ave. Furnished Apartments. Walking Distance. Reasonable Rates. Eastlake Cars Pass the Door.

Hotel Martin, 3831 14th Ave. N. E. Good clean, wholesome food and room for 25c per week. Block to Eastlake car line. Single meals and room furnished, if desired.

Hotel Wilshire, 1937 Seventh Ave. Corner Virginia and Westlake Blvd. Newly furnished. Single \$1.50 up. Bright and comfortable. Grand Floor Lobby. Cars at door.

Hotel Alps, 421 King St., Seattle, Wash. Newly Modern. Furnished Rooms 50c a day and up. \$1.00 a week and up. Call bell service, hot and cold water and closet in every room; elevator service; baths free.

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TALKS BY THE STAR DOCTOR

THE NEGLECTED ABDOMINAL MUSCLES

The muscles of the abdomen are the most neglected muscles in the body nowadays. Look at the sagging paunches of the men you meet on the street and at the fearful and wonderful contractions of steel and whiplash that women have to wear to maintain the "straight front" effect they desire, and you will be as to whether the abdominal muscles of the average man or woman are what they ought to be.

Weak, flabby abdominal muscles are the source of many ills. They not only invite fat, which always collects when things are quiet and where there is little strain, but they are indirectly responsible for troubles more real and serious than mere fat. Thus they induce constipation by softening the intestines to sag forward and hang in a position unfavorable to healthy action.

The cure for flabby abdominal muscles is abnormally simple. BEND backward and forward and sideways. Stretch to your full height with your arms extended high above your head, then swing your arms downward and forward.

Fill your fingers touch your toes—or till they are as close to your toes as you can get them without bending your knees. Do this a score of times each night and morning. Put your arms akimbo and bend your body to and fro sidewise. Always remember to breathe deeply when exercising thus.

You can supplement these exercises by drawing the muscles in question tight while holding the breath hard and throwing the intestines forward against the abdominal wall. This exercise can be practiced at any time of the day, without attracting any attention. You will find that these exercises go a long way toward eliminating the heavy feeling that goes with a torpid and congested liver.

And you will find that they will work a wonderful change in your general health if you are faithful to them for two or three months.

NOTICE TO READERS: So many letters come in that they cannot all be answered through the paper. But a stamped and self-addressed envelope will always bring a prompt reply.

Dance at Dreamland tonight.

THE WILHARD, Seventh and Union. Main 8433. CLOUSE IN, FIREPROOF. BATH, HOT AND COLD. WATER, TELEPHONE IN EACH ROOM. RATES REASONABLE.

THE CROWN HOTEL, 1913 Sixth St., Three Blocks East of P. O. Newly furnished. Best home cooking. Beds 25c. Bath \$1.50 per week. Board and room \$3.00 to \$5.00. Rooms \$1.50 up.

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CENTRAL WET WASH. Phone Queen Anne 1834. ARCHITECT. BUNGALOWS, \$700 AND UP. HICKLEY BLDG. BUILDER.

Canadian Pacific Railway. STEAMSHIPS ON "TRIANGLE" SERVICE. Seattle-Vancouver via Victoria (Returning Direct) Daily.

DR. C. A. FOLLETT, DENTIST. 106 Eitel Building. Seattle, March 5, 1912. Mr. A. P. Riggs, Seattle, Wash. Dear Mr. Riggs—It gives me great pleasure to endorse your "Eczema and Dandruff Cure."

THE ABBOTTSFORD, 74 High Class Modern Apartments of 2, 3 and 4 Rooms at Medium Prices. Corner 11th and Fir. Phone Main 3927.

THE ROSSMORE, 3 and 4-Room Apartments. Furnished and unfurnished; steam heat, baths, etc. Rents reasonable; close in. 1206 Howell St. Phone Elliott 3296.

HOTEL WESTLAKE, Strictly Modern. All Outside Rooms; Level Walking. RATES—Daily, 50c and up; weekly, \$3.00 and up. From Boats, take Green Lake or Phinney Ave. car. From Depot, take Wallingford Ave. car. Westlake and Seventh Ave.

HOTEL ALBANY, Thoroughly Modern, Steam Heat and Hot and Cold Water in All Rooms. European Plan. Rates \$1.00 Per Day and Up. Special Rates by the Week. Phone—East 5666. Main 2062. 912-14-16 Third Avenue, Seattle, U. S. A.

ELMONDE APARTMENTS, Beautifully furnished, 2 and 3 rooms; private baths; expansive view of sound and lake. Corner Summit and E. Republican. East 9827. Phone East 1890. GREER APARTMENTS, 414 Howard Ave., North. Modern and up-to-date. 2, 3 and 4 rooms; close to car; walking distance. Fine location.

HOTEL LIVINGSTON, 1931 First Ave., Corner Yale and Pike ST. SEATTLE. 100 Modern Well-Furnished Rooms. O. I. ANDERSON, Prop. Rates \$2.50 Per Day and Up. \$2.50 Per Week and Up. Phone Main 2500.

HOTEL FREDERICK, 7105 Fifth Ave. Tourists and travelers contemplating a brief or extended stay will find here the comforts of home, in which your mother, wife or sister will be accorded the fullest protection at all times. Rates reasonable. All outside rooms; hot and cold water; from \$2.50 up, with some higher. No Car Fare, as It is Close In.

Selected Hotels and Apartments. After making a careful canvass of the city, The Star takes pleasure in placing before its readers the following list of HOTELS and APARTMENTS as a guide to those seeking respectable modern living quarters. You will find them conveniently located, their service excellent and prices most reasonable. We publish this selected guide every Saturday.

Private Rooms With Board, 1211A Seventh Ave. \$25 and Up. Strictly Modern. HOTEL RIGGS, Completely furnished housekeeping rooms. Rates \$3-45 per week. \$15 furnished. Fireproof brick. Fine summer location. Phone M 2158.

THE LAKE VIEW HOTEL, 4125 Brooklyn Ave. Phone N 3472. Hot and cold water, private bath, room and board \$5 and \$5.50 week; rooms \$1.50 and \$2 week. Two blocks from University; Eastlake car.

THE LAKESHORE HOTEL, 421 King St., Seattle, Wash. Newly Modern. Furnished Rooms 50c a day and up. \$1.00 a week and up. Call bell service, hot and cold water and closet in every room; elevator service; baths free.

THE QUEEN, Rooms by the Day or Week. Single rooms 50c, or \$1.00 for two; \$2.50 to \$5.00 per week. Standard 945; 5300 Eastlake Ave. ELLIOTT 2084. YESLER APARTMENTS, 2 and 3-room apts.; steam heat and hot water in every room. Furnished. Rates \$1.00 up. Hot and Cold Water. Free Baths. Rooms 30c and 35c. Beds 15c. H. E. O'CONNOR, Prop. FIFTH and Washington. Main 1143. Free Employment Bureau.

THE LAKEVIEW, Modern 3 and 4-room apts., including heated and cold water, private baths; janitor and telephone service; new concrete, fireproof build. Most home-like apts. in the city. View unexcelled. Prices \$1.00, \$1.50, \$2.00, \$2.50. One block to Eastlake car. 811 Lakeview Ave. Phone East 8078. Free Heating Room.

HOTEL RADIUM, 314 Pike St., Cor. Fourth Ave. M. A. PROBASCO, Prop. Private and Transient. All Modern Conveniences. Phone Main 5553 SEATTLE.

HOTEL MANSFIELD, Mrs. Luzzetta G. Reed, Prop. Transient and Permanent. Running Hot and Cold Water in Every Room. 417 James St., Seattle, Wash.

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DO YOU WANT TO EARN SOME VACATION MONEY? We have a few good paying STAR routes for some ambitious boys between the age of 14 and 19. These routes are in all parts of the city. We may have one near your home. Call this week. Star Circulation Dept.

SAFES, Fire-Proof Burglar-Proof VAULT DOORS, Fire-Proof Burglar-Proof Furniture, Fixtures, Purcell Safe Co. Quality, Quantity, Prices Right. Have pleased thousands, will please you, too. Fifth year. Hand and mould-made cones. The Wellington, Modern 4-Room Apartments. Service includes private baths, private lockers, steam heat, electric range, electric washer, electric sweeper. The most desirable apartments for the least money in city. 1002 Jackson St. See Janitor. Hama's Cakes, Cones & Candy Co. Successors to Paris Cake Co. Sanitary Public Market. Phone Main 2723 SEATTLE. ARTHUR APARTMENTS, People employed during the day can get cheap rent with best services; 2 and 3 rooms, all heated, with hot water, private baths, free phone, close in. We will be pleased to hear from you. Phone East 367, 128 Melrose Ave.

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