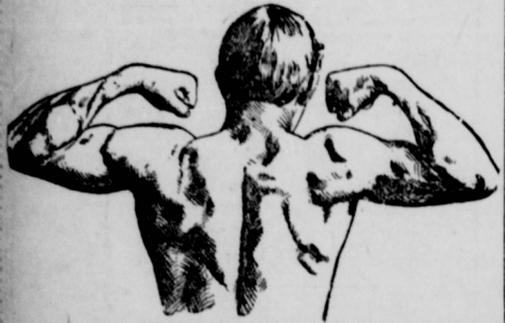


# THIN, RUN DOWN MEN AND WOMEN GAIN IN WEIGHT FROM TEN TO FORTY POUNDS

Sargol, the Flesh Builder, Gives New Life, New Strength, New Vitality and Puts Firm, Healthy, Stay-There Flesh On People Who Are Underweight.



When I started taking Sargol I weighed 120 pounds. Now I weigh 156, says J. G. Wilson. It put new life in every nerve. H. A. McCullars reports he gained 25 pounds and his health was made perfect, sleeps better and feels better than for 30 years. Miss Maud Smith reports a gain of 19 pounds and still gaining. Health greatly improved.

When these and hundreds of other thin, underweight people write to say that as soon as they began to take Sargol a part of their meals they began to get fat, don't you think that there must be something in this widely advertised method of flesh building after all?

You may say, "I am naturally thin. Nothing can make me fat," but until you have tried Sargol you do not and cannot know that this is true.

Thin folks stay thin no matter what or how much they eat and they begin to think food has nothing to do with flesh making. But they are wrong.

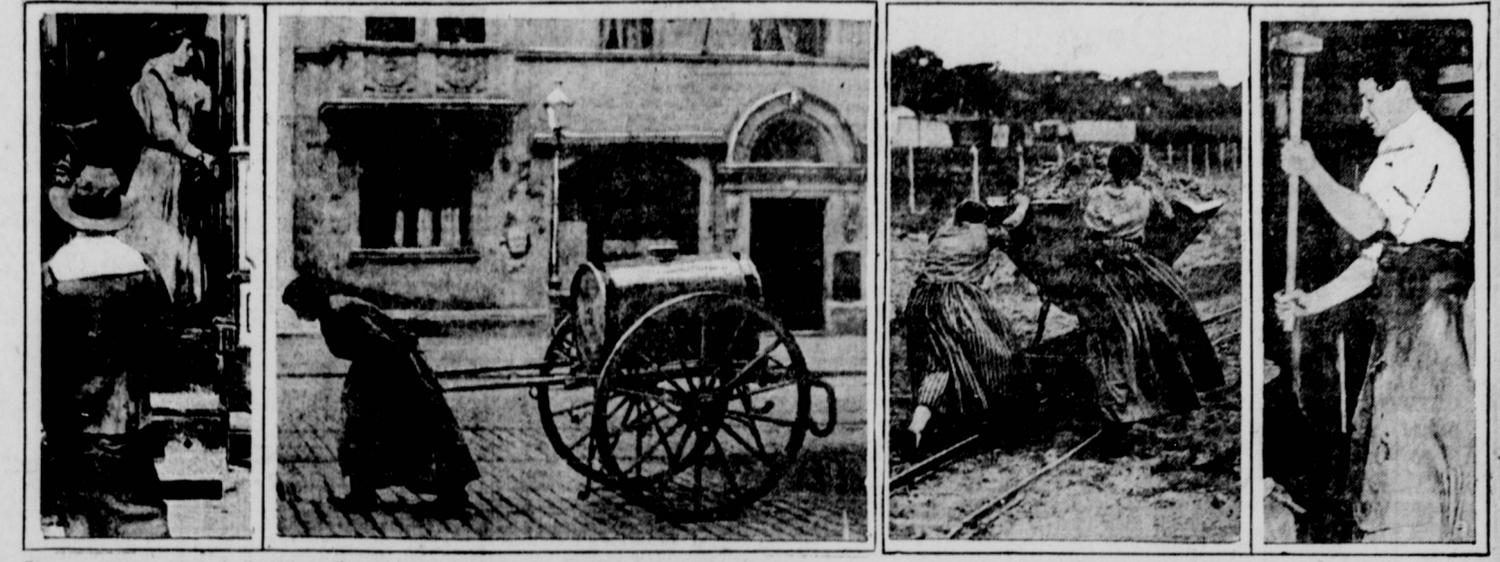
Thin people stay thin because the fats, oils, starches, sugars and other flesh and fat-making elements in their food are mostly passing out of their bodies as waste. Only enough nourishment is retained to keep the body going. Nothing is saved for flesh making.

Sargol of itself will not make fat. Eat it between meals and you probably will not gain a pound. But eat a single Sargol tablet with every meal and soon you may be gaining a pound of flesh a day. Sargol is the missing link between food-eating and fat-making. It makes the food of your meals put flesh on your body.

If the sugar you put in your coffee does not dissolve it does not.

Bartell Drug Co., Swift's Pharmacy.

# WAR GIVES WOMEN AN OPPORTUNITY TO PROVE THEY CAN DO MEN'S WORK WHILE THEIR HUSBANDS FIGHT



European women, as shown in the pictures above, driven to it by the war, are doing a wide variety of things once only considered man's work. Left to right, the first picture shows a French woman working as a street car conductor in Paris; the second shows a German woman working as a street cleaner in Munich; the third shows Bavarian women helping to build a railroad, and the fourth an English woman working as a "smithy."

## The War Will Give Vote to Women of 3 Countries

Correspondent of Star Interviews Leaders of Suffrage Forces Abroad

Women are playing here parts in the world war no less than the men of belligerent nations. Something of their spirit of sacrifice and patriotism is shown in the following two articles obtained by Star correspondents. American suffrage workers have predicted equal suffrage would be accorded French and German women for the part they are playing in the Titanic struggle.

BY CARL W. ACKERMAN  
United Press Staff Correspondent (Copyright, 1915, by the United Press)

BERLIN, April 9.—(Via The Hague).—"German women are earning their right to suffrage," says Frau Kommerzienrat Hedwig Heyl, an intimate friend of the German empress, and chairman of the German central commission in charge of women's activities in the war.

"The ballot will come to the women of Germany when the war is over. The government will find that we have been so much help in war that our aid is needed in peace."

Frau Heyl is one of the leading business women of Germany. She succeeded her late husband as president of the world-famous Heyl chemical works.

Instead of making chemicals exclusively in these war times, her factories are now preserving fruits and canning vegetables.

Frau Heyl received me through the kindness of Miss Margaret Glenn, daughter of Gen. Glenn of the U. S. Army.

"When the war broke out," said this gray-haired, kind-faced woman, "the club-belonging set of Berlin decided what women should do and what advice they could give that was worth while. That day we went to the minister of the interior and by night our plan had been accepted.

"We telegraphed to every part of Germany a few hours later.

"The next day, under our central commission here in Berlin, was organized a national help service. We also directed the Vaterland fund and the Red Cross, through the aiding of the sick and poor women's organizations.

"Then we submitted to the government suggestions for the preservation of supplies of potatoes and game. Naturally we know a great deal about the food situation and can advise the government bet-

## OFFER REWARD FOR THUGS WHO BEAT AND ROBBED MAN

A reward of \$100 has been offered today by the Frye Packing Co. for the arrest and conviction of three men who assaulted John Miller, an employe, Tuesday night, rolled him down the bank at May-

nard and Dearborn st., and left him lying there helpless for three hours. They also relieved him of \$14 and his raincoat.

The men approached Miller from the rear, and one of them slugged him over the head, remarking that he was nothing but "a stool pigeon for Frye."

Musical will be given at First Methodist Protestant church to-night.

## ALLIES' WARSHIPS DAMAGED, REPORT

LONDON, April 14.—The most determined attack upon the defenses of the Dardanelles since the allied warships were sunk, on March 18, is indicated in official and unofficial reports received here today.

The bombardment occurred on Monday.

Constantinople dispatches declared that two warships of the allied squadron were seriously damaged by the Turkish forts. The British press bureau passed this report as unconfirmed, but all dispatches from other sources mentioned the violence of the attack by the bombarding fleet.

New Stuart building will be formally opened Thursday.

## Ask Governor to Visit Church Fair

Gov. Lister has been asked to come here as a special visitor to the Catholic fair in progress this week at the Church of the Immaculate Conception. Last night's attendance was large, owing to an exceptionally good program of music, furnished by the Knights of Columbus quartet and Mrs. George P. Russell.

## CARRANZA AND VILLA TROOPS IN MANY BATTLES

WASHINGTON, April 14.—Half a dozen separate battles between Villa and Carranza forces are in progress in Mexico today, it is stated here.

The main army of the Carranzistas, with Gen. Carranza in personal command, was attacking the strongly entrenched Villa army in the north, with the object of routing the enemy so no effective counter assault could be delivered before Carranza regained Mexico City.

A decisive defeat of Villa at this point would break his power in the north, experts believe.

While a portion of Villa's forces were acting on the defensive, 20,000 veterans, commanded by Gen. Villa and Gen. Angeles, hurled themselves against the troops of Gen. Obregon in Matamoros, Nuevo, Laredo and Tuxpan.

This move was supported by almost the entire artillery of Villa's army.

Great pressure was brought to bear but Obregon kept his flags flying over the three cities and resisted stubbornly at all points of contact.

## Best Laxative For Children

When your baby is cross and fretful instead of the happy, laughing little dear you are accustomed to, in all probability the digestion has become deranged and the bowels need attention. Give it a mild laxative, dispel the irritability and bring back the happy content of babyhood.

The very best laxative for children is Dr. Caldwell's Syrup Pepsin. Because it contains no opium or narcotic drug, is pleasant tasting and acts gently, but surely, without irritating or other distress. Druggists sell Dr. Caldwell's Syrup Pepsin at fifty cents and one dollar a bottle. For a free trial bottle write to Dr. W. B. Caldwell, 452 Washington st., Monticello, Ill.

## STEWART HOUSE

40 Stewart St.  
Near Pike Public Market  
Modern Single Rooms 25c  
Large, Modern Outside Rooms for One or Two, 50c

## REGAL SHOE REPAIR SHOP

Customers bring shoes here from every part of the city, because our work is different. It's a bit better.

First Ave.

## DENTAL and OPTICAL PRICES CUT

To Suit the Hard Times  
No such low prices or strictly high-class dental and optical work were ever offered in Seattle or elsewhere. You need not hurry, as our low prices will continue while the hard times last.

Edwin J. Brown, D. D. S.  
Seattle's Leading Dentist,  
Dental Department, 713 First Ave.  
Union Block.  
Optical Department, 705 First Ave.  
Washington Block.  
Be Sure and Come to 705 and 713 First Ave.  
Open evenings until 8 and Sundays until 4 for people who work.

## Pacific Salmon Company

Will continue to ship Salmon, averaging 8 pounds, dressed, in individual boxes, to any point in the U. S.  
All Charges Prepaid, \$1.25  
Guaranteed to arrive in perfect condition. Also Crabs, Snout, Trout, Kippered Salmon and all other sea products. See the fish before shipped if you wish.  
501 Northern Bank Bldg.  
Main 5374.

## MOTHERS WILL ASK FOR BAN ON CRIME FILMS

Movie lovers must be more discreet, and no more late tipsy homecomings will be shown on the screen if the resolution which Mrs. Glenn Humes of the Seattle Mothers' congress is carrying to Spokane today is passed by the state convention meeting in that city.

The resolution expresses the opinion of the Seattle congress that more strict censorship of films must be observed if the minds of child movie patrons are to remain unperverted, and put the ban on all murder, suicide and other scenes having a degrading influence.

They urge state and national bodies to co-operate to the end that a more strict censorship be established.

With Mrs. Humes are a number of other prominent Seattle women delegates to the state conference.

## ENGLISH TRAWLERS FISHING IN ALASKA

SEWARD, Alaska, April 14.—Driven from the North sea by floating mines, two British steam trawlers are fishing in the Gulf of Alaska, according to the report brought here by the United States cutter Manning, which arrived from Sitka.

The trawlers make their headquarters at Prince Rupert, B. C., but conduct their fishing operations in Alaskan waters, though keeping strictly within the law by remaining outside the three-mile limit.

Funeral of C. E. Rowe, son of Bishop Rowe of Alaska, held here Wednesday morning.

## Safe and Sure Beecham's Pills

should be your relief from indigestion, biliousness, or constipation. Known to be reliable and famous for their prompt and certain efficacy—are

Largest Sale of Any Medicine in the World.  
Sold everywhere. In boxes, 10c., 25c.

## Union Savings & Trust Co. OF SEATTLE

Resources Nearly \$5,000,000

**WHY NOT SAVE?**

A dollar on your deposit book is a silent partner working for you day and night.

Interest 4 Per Cent

JAMES D. HOGE, President.  
N. B. SOLNER, Vice President and Trust Officer.  
HOGE BUILDING  
In the Heart of the Financial District.

## MINNESOTA TO BE AFLOAT SOON, COMPANY SAYS

Great Northern Steamship company officials here are confident the liner Minnesota, aground since Sunday night in the inland sea of day night in the inland sea of the balance of the cargo is being shifted from forward compartments to the stern.

By this shifting it is hoped to raise the ship's nose out of the mud sufficiently to permit its being towed out. Pumps have kept hold No. 1, where the Minnesota was punctured by a rock, practically free of water, and it is believed little damage was done.

Officials here have been in constant cable communication with the liner since the accident.

The Minnesota's 10 steel air and water-tight compartments make her practically unsinkable.

## AUTHORIZE PAVING

The county commissioners have authorized the repaving of a road connecting Everett highway with 85th st., with concrete. Expenditures will not exceed \$10,000.

**HOW TO CURE STOMACH TROUBLES**

Excessive acid in the stomach or hyperacidity, as it is called, is primarily responsible for nearly all cases of indigestion, dyspepsia, gas, trills and flatulence, and quite frequently leads to stomach ulcers. The successful treatment for the prevention as well as cure of such cases depends entirely upon neutralizing the excess acid, stopping the food fermentation and healing the inflamed mucous membrane that lines the stomach. For this purpose specialists are now universally advising the use of pure bisulphated magnesia, obtainable at any druggist's, which has recently been found to be unequalled in the treatment of even the severest cases. A teaspoonful in a little water immediately after eating stops all pain almost instantly, neutralizes the acid and soothes the inflamed stomach and if regularly used, will quickly remove the cause of the trouble and effect complete relief.—Advertisement.

# We've Got Ten Days to Do It!

APRIL 24TH IS THE LIMIT—OUR CREDITORS WON'T WAIT ANY LONGER—WE MUST DIG UP THEIR MONEY BY THE 24TH OR IT'S ALL OFF WITH US. REALIZING THAT CONDITIONS ARE SUCH THAT ORDINARY PRICE-CUTTING WOULD INTEREST BUT FEW PEOPLE DURING THESE DEPRESSED TIMES, COMMENCING TOMORROW, WE ARE GOING TO MAKE THE GREATEST EFFORT EVER ATTEMPTED IN THE HISTORY OF THE MERCANTILE BUSINESS TO RAISE CASH. REDUCTIONS ARE SO BIG THAT, NO MATTER YOUR FINANCIAL CONDITION, YOU ARE BOUND TO BE INTERESTED. THE MAN WITH THE DIME IS AS WELCOME AS THE FELLOW WITH THE DOLLAR. WE HAVE CUT THE PRICE IN MANY CASES UNTIL IT AMOUNTS TO LESS THAN 1-2 OF MANUFACTURER'S COST. NO LIMIT WILL BE PLACED ON SALES. FIRST COME, FIRST SERVED. BIDS INVITED ON OUR STOCK EITHER AS A WHOLE OR IN PART. NO REASONABLE OFFER WILL BE REFUSED. WE ARE DESPERATE AND MUST HAVE MONEY. EVERYTHING THAT IS NEW IN MEN'S AND YOUNG MEN'S CLOTHING, HATS AND FURNISHINGS, REPRESENTED.

Men's \$10 and \$12 Suits <b>\$4.69</b>	\$4.00 Men's Pants <b>\$2.39</b>	25c Neckwear <b>4c</b>	Your pick from one lot of Boys' Suits, values to \$5.00 <b>98c</b>
Men's \$15 Suits <b>\$7.85</b>	MEN'S HATS \$2.00 Men's Hats <b>89c</b>	Men's Underwear 50c Fleece-Lined Undershirts <b>19c</b>	\$3.50 Boys' Suits <b>\$1.69</b>
Men's \$20 Suits <b>\$9.85</b>	\$2.50 and \$3.00 Men's Hats <b>\$1.39</b>	\$1.50 Union Suits <b>79c</b>	\$5.00 Boys' Suits <b>\$2.98</b>
Men's \$1.50 Pants <b>63c</b>	15c Men's Sox <b>6c</b>	\$1.00 Union Suits <b>49c</b>	Boys' Pants, 75c, now <b>29c</b>
\$2 Men's Corduroy <b>98c</b>	15c Bell Brand Collars <b>1c</b>	B. V. D. Underwear <b>33c</b>	Boys' Night Shirts, 75c, now <b>23c</b>
\$2.50 Men's Pants <b>\$1.39</b>	\$1.00 Neckwear <b>37c</b>	Suit Cases At cost and less.	\$2.50 Union Suits <b>\$1.29</b>

# Union Label Clothing Co. FIFTH AND PIKE