

If Too Fat Get More Fresh Air

Be Moderate in Your Diet and Reduce Your Weight. Take Oil of Kerefin.

Lack of fresh air, it is said, weakens the oxygen-carrying power of the blood, the liver becomes sluggish, fat accumulates and the action of many of the vital organs is hindered thereby. The heart action becomes weak, work is an effort and the beauty of the figure is destroyed.

Fat put on by indoor life is unhealthy and if nature is not assisted in throwing it off, a serious case of obesity may result.

When you feel that you are getting too stout, take the matter in hand at once. Don't wait until your figure has become a joke and your health ruined through carrying around a burden of unsightly and unhealthy fat.

Spend as much time as you possibly can in the open air; breathe deeply and get from Bartlett Drug Co. or any druggist a box of oil of kerefin capsules; take one after each meal and one before retiring at night.

Weigh yourself every few days and keep up the treatment until you are down to normal. Oil of kerefin is absolutely harmless, is pleasant to take, helps the digestion, and even a few days' treatment has been reported to show a noticeable reduction in weight.

Star Want Ads cover the entire Northwest.

80 ARE KILLED BY TORNADO

MEMPHIS, Tenn., June 6.—Eighty persons were killed in a tornado that swept thru Arkansas and Mississippi last night, according to dispatches today.

Property damage to the extent of \$1,500,000 was done and hundreds of persons injured.

Rescue parties sent to interior parts have been unable to report, owing to wires down.

Twenty-five persons are dead at Judsonia, White county, Ark.; six in Redford, Ark.; three in Hot Springs; and two near Natchez, Miss.; eight near Jackson, Miss.

A crew of five drowned when a boat sank in White river, near Augusta, Ark.

CARRANZISTAS GETTING NASTY

COLUMBUS, N. M., June 6.—Active obstruction tactics have been taken by detachments of the 20,000 Carranza troops, recently moved south of the American expeditionary forces.

High military authorities state that all search for bandits south of the present American lines, had been abandoned because of the Carranzistas' actions.

A close watch is being kept on the movements of the defacto government troops.

They have made no effort to cooperate or aid the American forces.

When the attention of the Carranzistas was called to bandits near them the defacto troops took no action.

Gen. Pershing expressed the belief that the motor truck roads will be able to stand the heavy traffic during the coming rainy season.

Modern rooms. Best service. Special rates. Hotel Virginia, 804 Virginia, near Westlake Ave.—Adv.

Senior British Officer Tells Story of the Skagerak Battle

BY HAL O'FLAHERTY
United Press Staff Correspondent

LONDON, June 6.—"Only a phenomenal piece of luck saved the German high seas fleet from utter destruction in the North Sea fight," a senior officer commanding one of the British cruisers that played an important role in the engagement, told the United Press today.

"The Germans had all the advantages they could have wanted," said the British commander. "It was blowing hard in their direction. The sun was at our back, although all our ships and making splendid targets for the German gunners. The firing began at 20,000 yards. We engaged five German battle cruisers whose names we could not make out.

"It was hot fighting from the start, with the water full of bursting shells. I could see our shells hitting the Germans and plainly doing great damage.

"Our strategic plan was to cut the Germans off from their base. We had accomplished this when the mist began settling, finally giving the Germans a chance to escape.

"Our fire was so heavy they were more than anxious to quit.

"Only two of their battle cruisers were still firing when the mist settled. All that was left for us was to chase them thru the night. When daylight broke they had disappeared.

"Our men entered the battle fearlessly and fought with wonderful coolness throughout.

"One shell failed to break the spirit of the men.

"A bursting shell hit a funnel of one of our first line vessels. Men rushed to remove the debris and found still another shell as yet unexploded. They dumped it into the sea.

"The big superdreadnaught Warspite, which the Germans claim they sank, rushed into the engagement disabled with a broken propeller. She circled around helplessly under a horrible fire.

"The other British ships came to her aid and engaged the Germans shelling her. She finally escaped under their protective fire.

"Her loss in men was small and her damage easily repairable."

RUSSIA BEGINS ON GREAT DRIVE

LONDON, June 6.—The great drive of the czar against the Austrians along the 200-mile front from Pruth to Kolki is believed under way.

The czar's plan is designed, it is believed, to hit the Austrian forces with equal vigor all along the line.

The attack has been in preliminary preparation all thru the winter months, in the gathering of great quantities of munitions and in preparation, in the last several days, by general artillery offensives.

These were announced by the Russians and admitted by the Austrians.

In the several heavy infantry rushes already made in the Tarnopol region, the Russians have taken many prisoners and some supplies.

her aid and engaged the Germans shelling her. She finally escaped under their protective fire.

"Her loss in men was small and her damage easily repairable."

PORTLAND ROSE FESTIVAL IS ON

PORTLAND, June 6.—The battleship Oregon steamed up the Columbia river for Portland today, and will be a guest of honor at the three-day Rose carnival, beginning tomorrow.

The cruiser South Dakota arrived yesterday from the Bremerton navy yard.

The torpedo boat Fox, carrying the Grays Harbor division of the Washington naval militia, will arrive this afternoon.

Besides these warships, the cruisers Marblehead and Boston are in Portland harbor for the Rose carnival.

The carnival will actually begin this afternoon, with the opening of the festival center, packed with roses.

Mayor Albee then will present the keys of the city to Queen Muriel, and the formal coronation of the queen will take place at 8:30 p. m.

A feature of tomorrow night's festivities will be a fireworks display, representing the sinking of a gunboat by a submarine.



Ashamed of her bad complexion

If you, too, are embarrassed by a pimply, blotchy, unsightly complexion, try Resinol Soap and Resinol Ointment regularly for a week and see if they do not begin to make a blessed difference in your skin. They also help make red, rough hands and arms soft and white.

Resinol Soap

and Ointment are sold by all druggists. For trial free, write to Dept. 20-E, Resinol, Baltimore.

GLORIA FONDA HERE

Miss Gloria Fonda, after a year in the movies at Los Angeles, has returned to Seattle and is visiting her mother, Mrs. W. A. Fonda, 512 13th ave. She will leave for New York in a week.

Tomorrow is Happy Wednesday

The day \$1.00 does the work of Two

UNITED STATES is for PREPAREDNESS

We Are Prepared to Dress You Well at Low Prices ON EASY CREDIT TERMS AT Pacific Outfitting Company

Cor. Third and University

"GET THE BEAN HABIT"

Take a Pot of Genuine Boston Baked Beans home with you.

Small Jar	10
Large Jar	25
Brown Bread, loaf	10

Hall's Boston Baked Beans
1321 1/2 Third Ave.—Across from Postoffice

Hood's Home-Made Candy and Ice Cream

Victoria Chocolates, regular 60c and 80c quality, coated with Hershey's best chocolate, per pound .25c
One pound to a customer.

Hood's Candy & Ice Cream Co.
1501 Pike Place—on Corner—Public Mkt.

LADIES

Here's Some Extra Specials in Millinery Trimmed Hats, Worth Up to \$15.00, at \$3.50

The very newest models, with the latest trimmings, are here.

Our Low Upstairs Heat Saves You Money. Hats Remodeled and Reblocked.

LADIES' SAMPLE HAT SHOP
Upstairs Oak Theatre Bldg.

SECOND AND SENECA OPEN SATURDAY NIGHT

Be Wise—Pay Cash

Special Sale on Library Tables This Week

\$10.50 Oak Library Table, this week	\$5.95
\$15.00 Oak Library Table, this week	\$9.75
\$18.00 Oak Library Table, this week	\$11.75
\$28.50 Oak Library Table, this week	\$14.90
\$3.50 English Breakfast Table, this week	\$2.90

Eckmann Furniture Co.
1525 Second Ave. Main 3226

PETER THOMPSON'S

Hosiery 1 Furnishing Specialists to Specialists

99¢

STORE
103-105 PIKE ST.

Be Sure and Buy Your Groceries Friday

No Deliveries Sat. P. M.

John C. Leslie Co.

Sanitary Market
First Ave. Floor Only

"WALK DANCES"

SIMPLE

Drop in when downtown shopping and take a lesson. Hours 10 to 10. One or two lessons sufficient.

"Stevens"
4th near Pike. Phone Main 2511

Warm Weather is Coming

Nobody Wants to Stand Over a Hot Stove

Come, See Our Cooking Appliances

ELECTRIC FIXTURE & CONSTRUCTION CO.
315 Pine St.

ARE YOU GOING TO BUILD?

Why Not Start Happy Wednesday?

If you own your own lot, we will furnish plans, finance and build for you, or will furnish lot also to build on. Easy terms to suit you. Fourteen years doing business in Seattle. Satisfactory bank references. Avoid worry; consult people who know. Let us furnish you a list of some of the people we have built for.

Office at 406 Union St. Phone Main 3828, or Q. A. 411

J. I. RIPLEY COMPANY
Architects and Builders.

Happy Wednesday Special

Union Bakery

COOKIES
Dozen 6c

217 Pike Main 6424

Don't Go to Alaska Nor to the Summer Camp

Without Thermos—the Waterless Hot Bottle

A phone call will bring it to you. Demonstration at our office, Second Floor Silver Building.

Price \$2.50

THE JOHN COMPANY, INC.
North Pacific Coast Agents Seattle. Phone Main 6326.

MEN

Select your next Suit from our new \$10.00 stock of the latest, guaranteed fast-color woollens. You don't pay for fancy fixtures and high rent here.

CLASS A TAILORS
1623 WESTLAKE AVE.

Holland-American Delicatessen
BUTTER EGGS CHEESE
STALL A—1509 FIRST AVE.—CORNER MKT.

We cater to automobile and picnic parties, with an unequalled line of cold meats to choose from. We sell the best grade of Butter procurable. You will find the largest assortment of goods in the smallest place in the city. Open from 7 a. m. until midnight—also Sundays.

HOLLAND-AMERICAN DELICATESSEN
Lee J. Eckhardt E. E. Newett
1509 First Ave.—Corner Market

Your Choice of Entire Stock of China Ware at Half Price

T. W. HAUFF
Dry Goods and Men's Furnishings
5321-23 Ballard Ave. Seattle, Wash.

SUNSET MARKET

Next to Bon Marche

Pork Roast, lb.	10 1/2c	Pork Steak, lb.	12 1/2c
Veal Roast, lb.	9 1/2c	Veal Chops, lb.	12 1/2c
Sirloin Steak, lb.	16 1/2c	Bacon, good, lb.	20c
Link Sausage, lb.	10c		

SUNSET MARKET
108 PIKE ST.

PREPAREDNESS BEGINS AT HOME

Every dollar saved means preparing for a rainy day. Happy Wednesday is the day to save dollars.

This week the merchants on this page are offering the best bargains of the season.

Our Aerated and Granular Sweet Butter is churned daily from the pure, sweet cream. When we say that it is the very best Butter manufactured or sold in this city, we mean every word we say, and we can have and are proving it daily to hundreds of satisfied customers. Are you one of those satisfied customers? If so, will you please tell your friends? If not, try our "A. & G. Butter" once and be convinced.

THIS IS A REASON

"A. & G." BUTTER STORE
523 Pine St., Seattle, Wash.
On Pine St., Opposite Westlake Market
Phone Main 6590

Light-Weight Summer Union Suits

Short sleeves, 3/4 length knee length. Very special a suit 85c

Phineas Pendleton
1214 Fourth Ave.
Men's Furnisher and Hatter

FAMOUS Frantz Premier

Scientifically constructed, saves your carpets. Equipped with patented revolving lint brush, self cleaning. Picks up threads, lint, hairs and swellings, and every speck of dust and dirt. Rented \$1.00 per day; delivered and called for. Pay balance of purchase \$1.00 per week. Just Telephone Elliott 152.

The De Lay Sales Co.
Tacoma Tel., Main 1558

ANNOUNCEMENT

DIAMOND PALACE, INC.
Now in our New Location
1404 THIRD AVE.—LIBERTY BLDG.
showing Full, New Line Diamonds, Watches and Jewelry. Expert Watch Repairing.
Try Our Easy Payment Plan.

THE HOUSE WHERE QUALITY COUNTS

5c White Enamel	39c	5c Rubber Hose, 50 feet, for	\$2.98
5c Enameled Pails, 10-qt. size, at	29c	\$2.50 Crushed Hats	57c
\$1.00 Alarm Clocks, 30-hour, at	57c	5c Rubberligan Underwear at	23c

ARONSON MERCANTILE CO.
1419 First Ave., Near Pike.

Men's Hats Blocked and Cleaned

Positively the best Panama cleaning and blocking on the Coast. \$1.00

La Chall Hat Shop and Factory
We Call and Deliver Elliott 608 1418 Third Ave.

GRADUATES

SPECIAL—20 per cent discount on all styles in the house for this week to Graduates of this Spring.

One EXTRA SPECIAL for the week June 7-14, two dozen of our regular \$4.99 Photos for the price of one the house.

JAMES & MERRIHEW
Top Floor Eitel Bldg.—Second Ave. at Pike St., Seattle, Wash.
Phone Main 2231

PANAMA HATS

Bleaching and Reblocking to Any Style Our Specialty

WASHINGTON LADIES' HAT MFG. CO.
1625 Fourth Ave. (Between Pine and Stewart Sts.)
Phone Main 3663

Lawn Mowers, each. \$3.00 to \$12.00

Hose in all lengths, from per foot 7c to 15c

Bedding Plants
Prices Reasonable.

Aabling-Boyce Seed Co.
89 Pike St. Main 2907

We Can Show You Some REAL VALUES On the Floor Wednesday

Metz Roadster \$250 Maxwell 5 Pass. \$325

Windshield, Top Automatic Oiler Number Extras

Just Overhauled Best of Condition

AUTO SALESROOMS
610 Seneca St.