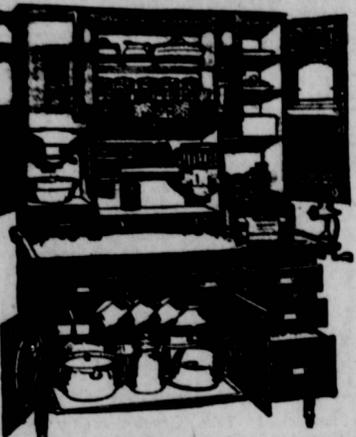


SERVICE

The Great McDougall Kitchen Cabinet \$72.50
\$5.00 DOWN—\$5.00 MONTH



The McDougall is made of oak, golden finish, equipped with enamel sliding top; has 50-pound flour bin, and glass containers for spices, sugar, etc.; inside top is of sanitary white finish. There are 10 only in this sale at this price.

Don't fail to take advantage of the chance to secure for nominal sum of \$5.00 down (and the balance to run 14 months). The most complete and satisfactory kitchen cabinet, as well as the first ever offered for sale in Seattle.

LIBERAL CREDIT EXTENDED

GRUNBAUM BROS. FURNITURE CO. INC.
WHERE PIKE MEETS FIFTH
NEW PHONE ELLIOTT 4910

EVERYBODY'S LEARNING IT



SOON ARTY GET A LITTLE BETTER AT PUTTING, I'M GOING TO ASK WARREN FOR AN INTERVIEW!

WARREN SAYS—'BILL YOU PLAY A WONDERFUL GAME!'

FOR!

BET WARREN'S JEALOUS OF MY DRIVING!

YOU'RE TRYING TO MAKE YOURSELF SOLID WITH WARREN, YOU ARE!

THAT'S NOT THE WAY WARREN DRIVES, SENATOR!

YOU BIG BOOB, WARREN SAYS I'M A GOOD PLAYER!!

HELP! GOLF BALL!

MOST ANY GOLF COURSE IN WASHINGTON, D. C.

PINNED UNDER BLAZING AUTO

Bothell Man Has Narrow Escape From Death

Pinned underneath a blazing automobile, O. O. Molbrget, of Bothell, was saved from probable death Wednesday afternoon when a passing truck driver seized a fire extinguisher and put out the flames. Molbrget had plunged over a 10-foot embankment off the Bothell highway near Lake Forest Park when he took his hand from the steering wheel of his machine to reach for his watch in his vest pocket.

FACES MURDER ARRAIGNMENT

Vashon Man to Answer to Charge Today

Thomas Gurand, Vashon Island fisherman, charged with murder in the first degree in connection with the death of Oscar Boken at the Tacoma General Hospital February 11, was arraigned today for arraignment Thursday afternoon before Presiding Judge King Dykeman. Gurand is accused of having shot Boken in a dispute over land December 10, 1920. Arraignment of Paul Schaeffer, former teller of the North Side State Bank, charged with grand larceny of \$10,000 of the bank's funds, was also scheduled.

Invalids Come Long Distance to Undergo Dr. Loughney's Human Bake Oven Treatment




MRS. J. L. SPEARS GAINS 15 LBS. IN HEALTHY TISSUE

It is Unwise for People to Die, Says Dr. Loughney—Claims Youth May Be Retained and Old Age Indefinitely Postponed! Sounds Like an Exaggeration But It is the Truth.

He has taken fifteen years off the age of numerous Seattle women—Seattle BUSINESS men are being baked in a temperature of 350 to 500 degrees Fahrenheit. Think of being roasted in an oven so hot that bread will bake brown. This extraordinary method of treating the ills of human kind is one that startles people. But read the statement of Mrs. Spears, of Sandpoint, Idaho, whose photos appear above. They best illustrate the remarkable change in her appearance. She was baked in Dr. Loughney's Sanitarium at Kirkland twice daily for over a period of 30 consecutive days.

This Human Bake Oven appears to be a very odd thing—and so it is. But if people generally were informed that by this baking process wrinkles may be avoided and old age look prevented, there would be a stampede in the direction of Dr. Loughney's curious roasting oven.

Mrs. Spears gives following statement:

"I give this statement for publication with the hope that it will come into the hands that are most crippled and most in need of this wonderful treatment. So many suffer tortures, and as I found every other method I had tried a waste of time and money. I feel it my duty to tell of this extraordinary treatment.

"About eighteen years ago I first noticed a condition of swelling in my finger and wrist joints. I began doctoring, and employed first one then the other method of treatment, and doctoring. I grew steadily worse until over three years ago I became totally invalid. How I suffered only a sufferer of arthritis knows—my joints became stiff and immovable all over my body; I could scarcely help myself in the slightest way. No rheumatism cripples its victims so badly as arthritis; it completely paralyzes every joint and disfigures you—it simply renders one totally helpless and invalid. Such was my condition. I've had the good fortune to go under Dr. Loughney's care, and as he prescribed, took the Bake Oven treatment twice daily, and I want to say:

"I've found in the treatment a real fountain of youth. I've gained fifteen pounds in weight within thirty days from the date I began the treatment and curative eating. I am 61 years old and my case was pronounced helpless by different doctors. Well, I came from my home at Sandpoint, Idaho, intending to remain but 30 days, but

the treatment is doing me so much good I want more of it. I'm so wonderfully improved and built up in weight; I am limbered up so I surprise all of my relatives and friends; I can walk real spry. I went to Seattle shopping with one of Dr. Loughney's nurses a day or two ago and when we returned to the Sanitarium she complained that I walked almost to fast to suit her. "I am getting stronger each day and livelier. I eat with such a relish—and mind you, I have not an appetite for years before taking this treatment. I sleep like a baby. Every one who comes to see me remarks: "Oh, how well you look! "What good color you have! "You look 25 years younger than you did!" So who can deny the fact that I have found the real "Fountain of Youth?" And just to prove to my friends that I was taking 350 degrees of heat each treatment:

"Dr. Loughney ordered his cook to scour a pan full of potatoes and smear them over well with butter. When she appeared with the potatoes—my friends made sure they were raw—then watched Dr. Loughney place them into the bake oven with me and they all remained till I had been given my bake. And when I was pulled out of the oven the nurse took the pan of potatoes out before every one's eyes; and imagine every one's surprised look when they broke them open and found them baked to a meaty softness! Then the cook served them with plenty of butter to all who were present, also all of the patients, nurses and Dr. Loughney as well. The nurse remarked they were perfectly alright to eat when one lady seemed timid about eating. Even the cooked with a patient that 350 degrees of heat was a perfect sterilizer. However, every one relished the baked potatoes.

"I know I need still more of the treatment so I am remaining longer and am being baked twice daily. They are very pleasant to take and every patient under treatment, from the youngest to the oldest, is gaining fast in strength and is getting well fast, just as I am.

"MRS. J. L. SPEARS"

NOTE—Those who find it inconvenient to go to Dr. Loughney's Sanitarium in Kirkland may find Dr. Loughney in his Seattle office between the hours of 10 a. m. and 5 p. m. daily. Address is 405 Olive Street, Suite No. 1, opposite Times Bldg., Tel. Main 6242.

Have Dr. Loughney make a pathologic diagnosis of your case. —Advertisement.

102 Years Young, He Is "Fit as Fiddle"

SOUTHAMPTON, Eng., Feb. 17.—"I'm fit as a fiddle," says Edward Salmon. He's 102. At 75 he married for the second time. At 97 he climbed a roof to examine repairs.

BETTER RACE BY MILK USE

Building Stronger Nation, Says School Doctor

Pointing out that the United States consumes 40,000,000 quarts of milk a day and that Seattle school children in the last six months had 55,078 half-pint bottles distributed to them, 15,390 being free, Dr. Ira C. Brown, medical officer of Seattle schools, predicted Wednesday a better and stronger race of men and women.

Dr. Brown was principal speaker at the first day's session of the fifth annual convention of the Pacific Northwest Milk Dealers' association and the Pacific Northwest Association of Dairy and Milk Inspectors, at the New Washington hotel.

Other speakers were: Mrs. Clara Ketcham Tripp, director of the educational department of the Washington State Chamber of Commerce; Mayor Hugh M. Caldwell, J. H. Heggbill and F. L. Flood of Spokane, W. T. McDonald of Victoria and L. W. Hanson and Mrs. Martha Koehn of the University of Washington.

BILL AIMED AT SNORERS

Drastic Penalties Provided in Oklahoma

OKLAHOMA CITY, Okla., Feb. 17.—Snoring, talking in one's sleep or otherwise disturbing the family and neighborhood peace after 1 a. m. would be unlawful and punishable by prescribed penalties under a bill introduced in the Oklahoma house.

Loss of breakfast is prescribed as the penalty for first offense, living with a mother-in-law a certain number of days is the penalty for the second offense, with fines ranging from \$100 to \$1,000 for the third and successive offenses.

BOISE, Ida.—Charles H. Turner, former mayor of Caldwell, Idaho, met instantaneous death Wednesday when a westbound Oregon Short Line passenger train crashed into a car he was driving.

Kansas is shipping large quantities of corn to the famine districts of China.

Allocation of State Guard Troops Begins

Allocation of National Guard troops in this state was reviewed Thursday by a board appointed for the purpose, which met at the armory. Col. Robert H. Noble, officer in charge of National Guard affairs in the Ninth corps area, was present. Other board members are: Brig. Gen. Maurice Thompson, the adjutant general of the Washington National Guard; Majors Malcolm Douglas and William C. Bickford, both of the officers' reserve corps.

Campus Coeds to Stage Style Show

Stylish in New York, Paris and way points are expected to be revised following the spring fashion show to be given by students of the home economics department, University of Washington, early in April.

Two-Thirds of Irish Quota Now on Hand

Two-thirds of the district quota of \$50,000 for the Irish relief fund has been raised, \$31,500 being on hand. Encouraging reports come from other parts of the state. It is expected the fund will be raised by the end of the month.

Turn Down Request for School Nurses

No action was taken Wednesday by the public safety committee of the city council on the request of Dr. H. M. Read, city health commissioner, for an appropriation to employ seven nurses to work in the public schools.

The committee thought it best to await the passage of a new state law governing school clinics, which will not have the objectionable features of the measure recently declared unconstitutional.

Damages for Girl Killed by Street Car

An award of \$1,145.75 to cover medical expenses incident to the death of Sophie Machek, killed in a street car accident January 29, 1920, was made Wednesday by a jury in the superior court to Charles J. Machek, the girl's father. As administrator of his daughter's estate, Machek has another suit for \$35,000 pending against the city.

The constitutional by the supreme court. By the decision of the court the work of 24 nurses was stopped.

TOOK ALL GRIT HE HAD TO STICK, STATES WARES

Was All He Could Do to Keep at His Work Before He Got Tanlac—Feels Fine Now

"An all round building up was what I needed and that's just what Tanlac has given me," said Ed Ware, 2526 Juneau Street, Seattle, recently. "I was completely run-down," he went on. "Felt weak all over and it took all the grit I had to stick it out at work. My stomach gave me all sorts of trouble and my appetite was pretty near gone. I had head aches that were something fierce, and often would turn dizzy all of a sudden and nearly keel over. Then I had rheumatism in my arms and was in pain day and night. I slept poorly, was off in weight and had such a sluggish, good-for-nothing feeling it was doubtful whether I would ever be any account any more. "But it is another story now. I feel so altogether different it hardly seems like I am the same man. Tanlac has fixed me up in great shape and I feel as fit as a fiddle. My appetite is the finest kind and nothing I eat ever hurts me. I don't have an ache of any kind now, sleep like a top and am considerably heavier than I was. I'm not afraid of any sort of work now, and as for Tanlac, it can't be beat."

Tanlac is sold by the Bartell Drug Stores.—Advertisement.

What Congress Is Doing Today

SENATE
Military committee considers army appropriation bill.
Naval committee takes up navy appropriation bill.
Manufactures committee continues coal hearings.

HOUSE
John Hays Hammond appears before foreign affairs committee on resolution looking toward trade with Russia.
John Barton Payne testifies on shipping board committee.
Interest committee sub-committee considers amendments to war risk insurance act.
Appropriations committee considers appropriation for Muscogee Shoals, Alabama, nitrate project.

Mail to Penetrate Winter-Bound North

Over a mail route on which boats, railways and dog teams are to be used, parcels post packages bound for points on the Yukon river, between Tanana and St. Michael, will go forward Saturday, when the mail boat Northwestern leaves this port. Some of the mail has been here since September 26, 1920.

The halibut is the largest of the flat fish family.

Kill That Cold With HILL'S CASCARA QUININE BROMIDE AND La Grippe

FOR Colds, Coughs AND La Grippe

Neglected Colds are Dangerous

Take no chances. Keep this standard remedy handy for the first sneeze. Breaks up a cold in 24 hours—Relieves Grippe in 3 days—Excellent for Headache

Quinine in this form does not affect the head—Cascara is best Tonic Laxative—No Opium in Hill's.

ALL DRUGGISTS SELL IT

ARE "THUMBS DOWN" ON YOUR SUCCESS?

Are "Hard Times" Causing You Worry or Distress?

How you may make money and "get ahead" in spite of "hard times" and business depression



In the days of the old Roman Arena "THUMBS DOWN" from the audience meant death to the wounded and fallen gladiator. Thanks up was the signal to let him live.

Today "THUMBS DOWN" on your BODILY and MENTAL VIGOR may mean FAILURE AND FINANCIAL RUIN to you. It is the strong, iron red blooded man who is the most certain to win and come home with the "CASH"—many of the others are going to fall under the terrible spell of "THUMBS DOWN" just like the weak, unceremonious man in this picture. This poor man is trying hard to get up but he hasn't the bodily and mental vigor and the necessary iron in his blood to give him the strength, force and "will power" to overcome the obstacles caused by "HARD TIMES."

YOUR BRAIN CANNOT WORK RIGHT—think the thoughts that are most certain to bring success—when you lack bodily and mental vigor—A great business man has said that genius is nothing but a capacity for hard work—A wizard is generally a man who thinks longer and harder than the other fellow—That "INDEFINABLE SOMETHING" that wins is often nothing more than an "iron-will" supported by IRON BLOOD—With these two things nothing can stop you—without them, everything is uncertain.

IRON IS THE MASTER PRINCIPLE OF THE BLOOD AND BLOOD IS LIFE. It is the iron in your blood that carries oxygen to your brain. Without iron your brain gets no oxygen. Without oxygen and plenty of rich blood, your brain becomes dull and heavy. YOUR INTELLECT IS POOR; YOU MAKE BAD DECISIONS; DO FOOLISH THINGS; your memory often fails—no matter how smart you may be by nature, in your weakened physical and mental condition, you are certainly no match for the strong, iron red blooded man with plenty of iron in his blood. Although you may give two men the same firearms or swords in a battle, the strong vigorous fellow always has a decided advantage over a weak first-out opponent.

WITHOUT IRON YOUR BLOOD ALSO LOSES ITS POWER TO CHANGE FOOD INTO LIVING CELLS AND TISSUE and nothing you eat does you the proper amount of food—you do not get the strength out of it. In fact sometimes the more you eat the more you starve, as your digestive organs are

and easily upset when you can no longer do your day's work without being all fagged out at night; or have pains across the back and your face looks pale and drawn, do not wait until you go all to pieces and collapse in a state of nervous prostration or until in your weakened condition food contracts serious disease, but take some organic iron like Nuxated Iron at once to help enrich your blood and revitalize your worn-out exhausted nerves. Organic Nuxated Iron often increases the iron in the body. It is the body's ally and it is the iron in spinach, lentils and apples. You can even take iron.

of weak, tired, nervous, nervous people, in two weeks. It's like the iron in your blood and let it penetrate through every air passage of your head and membranes. Instant relief.

How good it feels. Your head is clear. Your nostrils are open. You breathe freely. No more hawking or snuffling. Head colds and catarrh yield like magic. Don't stay stuffed up, choked up and miserable. Relief is sure.

No More Misery After Eating

Just Takes An Etonic

"The first dose of Etonic did wonders for me. I take it at meals and am no longer bothered with indigestion," writes Mrs. Ellen Harris.

Thousands of people, like this dear lady, gratefully testify about Etonic, which does its wonders by taking up and carrying out the excess acidity and gases which bring on indigestion, heartburn, bloating, belching and food repeating. Acid stomach also causes about seventy other non-organic ailments. Protect yourself. A big box of Etonic costs but a trifle with your druggist's guarantee.

—Advertisement.

Correct Apparel for Women

—NEW—

SPRING DRESSES
of Taffeta, Satin and Crepes

\$55.00 and \$65.00



EXCELLENT quality dresses of rare charm in an interesting diversity of Spring modes. They are mostly gray, navy and brown, although a few brighter shades peep from their sheening midst suggesting the buds and blossoms that come with days of sunshine. All are splendid values at these prices—\$55.00 and \$65.00.

CARMAN
Second Avenue at Spring Street
(Take elevator to Third Floor.)

FRIDAY SPECIALS IN HOME NEEDS

"STANDWELL" FOLDING IRONING BOARD

Special \$1.49
Regular \$2.25
MADE IN SEATTLE

The "Standwell" is a sturdy and rigid ironing board, made of clean, Western lumber. Handy size for home use.

BASEMENT

ALUMINUM PERCOLATORS

Special \$1.69
Coffee Pot Style

Exceptional value is revealed in this Pure Aluminum Coffee Percolator at this price. Special features are: An easy-pouring spout and a cool wooden handle. Capacity, five cups.

BASEMENT

ALBATROSS WALL FINISH

Special, 5-lb. pkg. . . . 49c
Regular 65c
MADE IN SEATTLE

Albatross can be applied by anyone and produces a beautiful finish on interior surfaces. Simply mix with cold water. Choice of white and 12 colors.

MAIN FLOOR

DOUBLE LIGHT SOCKET

Special 89c

Make one socket do the work of two by using a Benjamin Double Socket. Indispensable for operating electric irons, percolators, toasters, etc. Special for Friday 8c

MAIN FLOOR

THE STORE FOR USEFUL ARTICLES

Spelger & Huelbert
SECOND AVENUE AND UNION STREET.