

# SEATTLE IS INTRODUCED TO ITSELF

Shown at Exhibit Useful Products It and the State Manufactures

With 130 Washington-made products staring a multitude of Seattle and Washington citizens in the face and demanding recognition, the Women's Educational Exhibit of Washington manufacturers opened at the Arena Tuesday afternoon.

"Selling Seattle to Seattle," more than 1,000 club women, directed by Mrs. Clare Ketchum Tripp, chairman of the educational department of the State Chamber of Commerce, and Mrs. Henry Landes, president of the Seattle Federation of Women's clubs, demonstrated their wares, determined to convince Seattle of its own achievements.

All of the club women have been engaged in inspecting Washington factories during the last three months, and the story of the things they saw is burning on their lips.

In addition to these, there are professional demonstrators who are ready to supply information on the minutest details of Washington industry.

The exhibits cover practically every article in ordinary use, and each is proving itself to be equal and often superior to similar wares made elsewhere.

One of the features of the exhibit is a hostess booth, located in the southwest corner of the Arena, where home furnishings of Washington creation are being shown. Hostesses will be changed each day until Saturday afternoon, when the exhibit closes.

## PRETTY PIG!



Helen Lee Worthing, New York beauty, calls him "Gippy" and leads him with a leash. Pigs are supplanting "Poms" as house pets in the effete East.

**FIFTY CORSET EXPERTS** are gathered at the Y. W. C. A. Wednesday, the second and concluding day of the annual Barclay Corset School of Instruction. Mr. and Mrs. R. P. Eirod, state managers for the Barclay Corset Co., are in charge of the school.

## Even Schoolboys in a Clean-up Fervor; Wash Behind Ears!

Seattle Wednesday went to work in earnest, the third day of Clean-up week, with the big job of spring housecleaning.

Ancient tin cans of the vintage of 1820, coated with rust and covered with rotted leaves, were routed from their resting places and whisked to garbage dumps.

Back yards where the winter's clutter made an ugly showing on Monday began Wednesday to look as spic and span as the famous handle of the big front door which the noted gentleman in the Gilbert & Sullivan ditty polished so carefully later becoming ruler of the queen's navy, proving that the clean-up policy paid, even in the old days.

**"HIGH WATER MARK" ON SCHOOL BOYS' NECKS**

Even school boys caught the spirit of the week and washed a clean streak two-thirds of the way around their necks! This action is almost unparalleled in the annals of school boy history.

M. T. Stevens, sanitary engineer of the city health department, explained today how citizens might dispose of their garbage. Call Main 4940. Local 11, and the garbage will be removed free of charge, he said, adding: "We have agreed that teams in the garbage department will pick up any refuse and debris, excepting building material, rocks and large stumps, if such material is placed on the parking strip or at the alley line, where the garbage men in that particular district usually travel with their teams, where it will be handy for loading purposes."

**WAR DECLARED ON LOWLY EARWIG**

A "cruel," relentless war on the earwig was declared today by the clean-up committee, which sent 10,000 circulars for distribution to school children living in districts where the lowly earwig loves to roam in the summertime.

Three points are made in the circular. First, it is explained what the earwig is; second, it is emphasized that the earwig can be successfully combated if they are attacked when young and innocent; third, that committees are being organized in "earwig districts" to fight the pest.

"Earwigs 'work while you sleep.'" In the daytime they crawl into hollow places, like water pipes or bamboo poles and snooze very soundly. It is possible to trap the unsuspecting creatures by stringing bits of pipe in your trees. Shake these down in the daytime and an army of sleepy earwigs will fall out. Burn 'em before they wake up!

**CLEAN-UP WILL LESSEN MORTALITY**

The clean-up committee today issued the following suggestions:

"Seattle has the lowest death rate of any large city in the United States, but we can lessen the annual mortality, if we clear out attics, cellars, sheds, streets, as well as the yards, alleys, streets and vacant lots, and get rid of the accumulations of trash, dirt, junk, filth, garbage, rags, cans, bottles and weeds. We must dispose of manure heaps, drain barn

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"Women have attained the pivotal factor of dress," says a New York modista. Yes, they certainly do keep us turning.—Rochester (N. Y.) Times-Union.

lots, fill up mudholes and slimy, filth-smelling ponds, open gutters, repair streets and burn rubbish.

"Then we must use soap and scrub brushes, brooms, rakes and shovels. We must throw lime freely about. And after the dirt is gone we should repair our buildings and then lay on the paint! Paint everything that needs it, inside and out, for paint is the best known preservative and its brightening influence will be felt in an inspiring way."

## NEURASTHENIA—NERVE STARVATION

A Disease of the Downhearted—Practical Advice on What to Do

Many a man is broken down and discouraged without having any actual disease in his organs and tissues—he has lost his grip, feels weak and nervous, and everything looks dark. He is suffering from the great American disease—Neurasthenia or nerve starvation, due to overwork, worry, continual hurry and nervous strain. The longer this continues, the more certain will it end in real disease of his organs, his nerves or his mind.

Such a man should live on the simple foods, eat plenty of cooked fruit and green vegetables, sleep nine hours at night if he can, an hour in the afternoon, and feed his starving nerves and weak, thin blood with a good nerve and blood food like Nuxated Iron.

Nuxated Iron may, therefore, be said to be a real nerve and blood food, since it supplies the principal ingredients demanded by your nerves and blood to give you strength, energy, force and endurance. It often helps the bodily and mental vigor of weak, worn-out, downhearted and nervous folks in two weeks' time. Your money will be refunded if the manufacturers if it does not produce perfectly satisfactory results. For sale by all druggists.—Advertisement.

## Special Seats for Holders of Plaques

For the relay carnival to be held Saturday in the University Stadium, a special block of seats near the finish line has been reserved for plaque holders, it was announced today. Plaques have been declared transferable and may be used either by owner or bearer.

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