

ROYAL BAKING POWDER

Adds Healthful Qualities to the Food

Prof. Prescott, of the University of Michigan, explains why Royal Baking Powder adds healthful qualities to the food.

Testifying before the Pure Food Committee of Congress, the Professor stated that fruit acids were excellent articles of food and that of these cream of tartar, the acid of grapes, held rank with the highest both in itself and its effect in the process of leavening and baking. He regarded the results from cream of tartar baking powder as favorable to health. Scientists and hygienists are in accord with this opinion.

Royal is the only Baking Powder made from Royal Grape Cream of Tartar.

MANY VARIETIES IN MEAT SUPPLY OF THE COUNTRY

High Cost of Staple Meats Results in Looking Elsewhere.

ELK RAISING NOW A LIVE INDUSTRY

Western Ranchers Quick to See Advantage in Elk and Deer—Elk Meat Considered Superior to Venison in Many Respects—Belgian Hare Grazed Has Died Out—Use of Goat Meat.

By Frederic J. Haskin. With the continued high cost of beef and mutton which, with pork, comprise the staple meat supply of the nation, comes the need of considering the possibilities of adding to the varieties of meat now upon the market as in an increased supply lies the main hope of a reduction in price. There is said to be less variety in the meat menus of the average American home than in that of most other nations and this fact is largely responsible for the high prices of the staple supplies.

A number of farmers in the western states are becoming keenly alive to the possibilities of raising elk and deer as a substitute for beef and mutton and are urging a modification of the game laws of their respective states to make possible the killing of these animals as they are needed for food. Owing to the abuses of the privileges of hunting a generation or more ago many species of game were in danger of becoming extinct and laws were needed to prevent this. Now, however, it has been demonstrated that by intelligent propagation, both by states and by private enterprise, many of our

GO RIGHT AT IT!

Friends and Neighbors in Boise Will Show You a Way. Get at the root of the trouble. Rubbing an aching back may relieve it, but won't cure it if the kidneys are weak. You must reach the root of it—the kidneys. Doan's Kidney Pills go right at it; reach the cause; attack the pain. Are recommended by many Boise people. Mrs. F. E. Buchanan, 1812 N. Fourteenth street, Boise, Idaho, says: "We used Doan's Kidney Pills in our family and the results were so satisfactory that I can recommend this remedy highly. I had backache for years and as time passed, my condition became worse. The kidney secretion was a source of much annoyance and I often had dizzy spells and headaches. Doan's Kidney Pills, procured at Joy's Drug Store, gave me such great relief that I can say without hesitation that they are good for kidney complaint." For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States. Remember the name—Doan's—and take no other.

depleted ranges can be restocked with big game and that this process, with proper laws for its utilization, will add materially to the food resources of the country.

A number of varieties of deer and elk have been found capable of breeding under semi-domestic conditions. One of these is the Rocky Mountain elk which, next to the moose, is the largest of the American deer. Its range originally extended as far east as the Adirondack mountains and western New Jersey, southward as far as the lower Alleghenies and northward as far as the Pacific coast. Now the range has become so limited that the animals are found in only a few scattered localities outside of the Yellowstone National Park and the mountainous country surrounding it. Smaller herds still occur in Colorado, western Montana, Idaho, eastern Oregon and in certain parts of Washington and northern California. In addition to these wild herds there are a growing number in private game preserves and parks, as well as in nearly all of the zoological gardens of the country. The herds in captivity form the nucleus from which under wise management some of the former ranges of this animal are being restocked so that a profitable business may be built up from raising elk venison for market.

Elk Superior to Venison. The flesh of elk, although coarser and therefore more like beef, is in some respects superior to other venison and there are now several large ranches in the west where the raising of elk has assumed such proportions that it can be supplied in considerable quantities. If the increase continues there is no reason why it should command its present high price, a venison can be produced with much less care and expense after the herd is once established than can either beef or mutton. According to the reports of the few now engaged in the industry, the elk adapts itself readily to almost any environment and does well even in comparatively narrow confines. Their increase is fully equal to that of cattle.

A number of other species of deer it is believed may be easily bred to furnish meat in commercial quantities. The Virginia or white tailed deer, which is the common deer of the United States, can be raised in most parts of the country and according to the experience of a number of breeders, can be easily domesticated. It has been found profitable upon some of the large western ranches to turn deer or elk into the sheep pastures. They act as protection to the sheep and usually eat much of the same food although they browse upon shrubs which are out of reach of the sheep. In this way they have an added use in clearing brush from land. A few years ago there was a craze for breeding Belgian hares as a meat supply and like many other fads it soon ran itself out. While wild rabbits have always been utilized to some extent in the United States, especially during the cold part of the year, they have never been used as a food here to the extent they have in England where the home warrens and farms are drawn upon to their fullest capacity, and in addition from 12,000 to 15,000 tons are imported annually, partly from the continent and partly from Australia and New Zealand. When it was believed that it would create an entirely new food supply, but when it was found that the much talked of Belgian hare was in reality but little superior to the ordinary rabbit the business almost collapsed. Now with the need of an increased meat supply attention is again being directed to the value of the rabbit. Breeding rabbits for market is again becoming popular and the bureau of biological survey of the department of agriculture is giving additional atten-

tion to the development of the stock and the best means of caring for it. In England rabbits command about the same price as poultry and it is believed that by degrees it may be possible to popularize them to almost the same extent in this country. During the past year there has been a great increase in the number of rabbit breeding farms established here.

Use of Goat Meat.

Despite much prejudice, which the animal does not altogether deserve, there is a growing amount of goat meat sold in the United States for food and the number of goat herds, especially in the southern states, is also increasing. There are now estimated between two and three million goats in this country according to a recent animal census. This includes the common variety and also the Angora goats of which there are about a million. These last, however, have little to do with the food supply, as they are being bred chiefly for the mohair wool which is produced from their fleeces. The common goats are raised also for their hide, but this does not prevent the utilization of the meat as food if properly prepared. From the earliest biblical history, the meat of a young kid has been considered a delicacy, and no one who eats it now can deny its flavor and quality. Many of the young kids which are seen upon the back alleys in cities do not attain maturity because they pass over the butcher's block as lamb and there is no dealer on record who admits of having such a complaint as to the quality of such "lamb." Many mature common goats are purchased by packing houses and sold either in the carcass or canned. While they may not be quite as palatable as the best mutton they are quite as good as poor mutton so the consumer's criticism concerns the quality and not the kind.

The prejudice existing against the common goat as an article of food is as inconsistent as any human vagary upon record. It is usually based upon the supposed heterogeneity of the goat's diet, although a little consideration will show that this is not more characteristic of the goat than of the chicken or of the pig, both of which are popular as food supplies. In many instances, the goat is fed entirely upon vegetables and the practice of utilizing brush upon partially cleared ground certainly provides an animal whose diet should not be regarded as making it unfit for human consumption. The fact that packing houses now buy goats, paying a little lower price per pound than for sheep, indicates that there might be a ready market for this meat but for the existing prejudice.

Another use for the goat in the food supply of the nation is the supply of goat milk which is in some respects superior to cow's milk. The same prejudice obtains regarding this as the goat's meat, however, although it has been ordered frequently by physicians for delicate children. Several city school teachers who were boarding upon a Virginia farm recently demonstrated the fallacy of this prejudice. For several weeks they had revealed in the quantity of milk with which the table was supplied, drinking it heartily at each meal while praising its richness and flavor. The accidently one of them discovered that all the milk came from a flock of goats which was kept upon the farm and, unreasonable though it seems, not one of them was willing to drink another drop of milk.

Perhaps the newest addition to the meat supply of the country would be the use of hippopotamus meat if these famous animals could be acclimated to American soil. This idea is credited to Senator-elect Broussard of Louisiana, who is anxious to have some hippopotami imported from Africa, and placed in some of the streams of his state. He believes that they could perform valuable service in cleaning out the hyacinth growth which obstructs the streams, as the water hyacinth is a favorite food of the big water beasts. After they have been established here, Senator Broussard sees no reason why they should not also be used for food since natives in Africa believe hippopotamus steak a dainty worthy of any epicure.

Tomorrow—Some New Vegetable Foods.

It would be futile to undertake to single out the best department and give it especial notice. Every section from the big yellow pumpkin display to the artichoke when some of the most beautiful vegetables was shown was splendid and every department was thronged constantly with admiring visitors.

GRANDMOTHERS USED SAGE TEA

To Darken the Hair and Restore Gray and Faded Hair to Its Natural Color.

It is easier to preserve the color of the hair than to restore it, although it is possible to do both. Our grandmothers understood the secret. They made a "sage tea," and their dark, glossy hair long after middle life was due to this fact. Our mothers have gray hairs before they are fifty, but they are beginning to appreciate the wisdom of our grandmothers in using "sage tea" for their hair and are fast following suit. The present generation has the advantage of the past in that it can get a ready-to-use preparation called Wyeth's Sage and Sulphur Hair Remedy. As a scalp tonic and color restorer this preparation is vastly superior to the ordinary "sage tea" made by our grandmothers. The growth and beauty of the hair depends on a healthy condition of the scalp. Wyeth's Sage and Sulphur Hair Remedy quickly kills the dandruff germs which rob the hair of its life, color and luster, makes the scalp clean and healthy, gives the hair strength, color and beauty, and makes it grow. Get a cent bottle from your druggist today. He will give you money back if you are not satisfied after a fair trial. Agents, Charles L. Joy & Co. Adv. All our watch work absolutely guaranteed. CON W. HESSE, Jeweler, Adv.

ECZEMA

Also called Tetter, Salt Rheum, Pruritus, Milk-Crust, Weeping Skin, etc. ECZEMA CAN BE CURED TO STAY, and when I say cured, I mean just what I say—CURED—E-D, and not merely subdued. I dare you to give me a chance to prove my claims. By writing me today you will enjoy more real relief than you had ever thought this world holds for you. Just try it and you will see I am telling you the truth. Dr. J. E. Cannaday, 1822 Park Square, Sedalia, Mo. References: Third National Bank, Sedalia, Mo. Could you do a better than to send this notice to some poor sufferer of Eczema?

INDIAN VALLEY FAIR IS CLOSED

Fine Display of Products From the Weiser River Country Shown.

(Capital News Special Service) Indian Valley, Oct. 2.—The fourth annual Indian valley fair which closed here yesterday was the biggest event of the kind ever held in the Weiser river country. For three days hundreds of visitors, some of them from as far distant as New York, admired the wonderful display of red rosy apples, luscious peaches, fragrant grapes, big yellow pumpkins, giant beets, cabbages and potatoes and never tired of visiting again and again the various departments where the fertility of the soil in the Weiser river country and the energy of the people were demonstrated by the visible evidences that could not be doubted. Four years ago a few progressive people in Indian valley held a small community fair under the auspices of the Indian Valley Grange, principally for the purpose of getting the neighbors together and showing what their farms were producing. Each year since that time there has been a little bigger gathering, a larger display and a widening of the circle of influence of the Indian Valley fair until the meet just closed assumed the size, importance and effect of a county fair that was one of the biggest things of the kind in western Idaho.

Fruit from Indian valley, Council valley, Middlefork Cottonwood and Wild Horse in Adams county was displayed and an exhibit was shown from Middle valley in Washington county. Vegetables, grains and grasses from practically every part of Adams county were exhibited and there could scarce be gathered together a display of soil products that would excel in general excellence the horticultural and agricultural showing made at the Indian Valley fair. It would be futile to undertake to single out the best department and give it especial notice. Every section from the big yellow pumpkin display to the artichoke when some of the most beautiful vegetables was shown was splendid and every department was thronged constantly with admiring visitors.

Products from the Hills. Perhaps the section that astonished visitors from a distance more than any other part of the fair was the magnificent exhibit of dry farm products grown on the fertile hills surrounding Indian valley. Corn that matches the best grown in the Mississippi valley, melons as sweet as the Rocky Ford, oats five and six feet tall, broom corn with fine well branched heads, potatoes that would make Greeley go home to beat, peaches as luscious as the big Elbertas from the Pallasades—in fact, almost every conceivable variety of soil products, and all grown with no other moisture than that which fell from the clouds, were displayed. And when visitors were told that right at the door of Indian valley in southern Adams county and northern Washington county there was approximately 60,000 acres, all capable of producing just such products with no artificial watering they naturally were more than ever impressed with the wonderful diversity and richness of Idaho in general and Adams county in particular.

The livestock department with thoroughbred sheep, hogs, chickens, horses and class Hereford cattle shown by G. E. Steward and D. W. Hutchison showed something of the stock industry which is one of the most profitable branches of farming in the Indian valley country. The educational department which was a new feature and to which County Superintendent Neale gave his personal efforts, was one of the most attractive departments of the whole fair. Exhibits of school work from nearly every district in the county were shown and gave the visitors a knowledge of the high standard of the schools of Adams county which they could have obtained in no other way. Practically the entire horticultural and agricultural displays have been packed and will be taken to the Inter-Mountain fair at Boise next week. Plans are now being matured to make the Indian Valley fair a permanent county event and the incorporation into a permanent Adams County Fair association will probably be effected within the next two weeks with a capitalization which will insure one of the biggest and best county fairs in the state to be held each year in Indian valley. Certainly those loyal boosters who four years ago began laying the foundation of the Indian Valley fair builded better than they knew.

FIRE DEPARTMENT RUN WILL BE A FEATURE

With crashing of gongs, the shouts of firemen and spectators, the Boise city fire department will on one night during the festival which begins next Monday evening, give spectators a demonstration of how a live and up-to-date fire department responds to an alarm of fire. This decision was reached this afternoon at a meeting of the members of the Rainmakers' committee and the city council, permission was granted for the fire run. No particular night was set at the meeting, but it is thought highly probable that the spectacular demonstration will be given on Tuesday evening, Oct. 8.

The fire run is always popular with the people and when the department turned out at the last festival, the run was voted one of the most exciting and thrilling events of the week's program. The run this year will be of particular interest to a large number of visitors from the fact that they will see one of the newest models of automobile fire trucks in action for the first time.

This truck was purchased since the last festival and though it has been in service for nearly a year, many of the citizens of Boise have never had an opportunity to see it when responding to an alarm of fire. The entire city equipment will take part in the spectacular dash, which will take place on Main street.

The city council also granted permission to the Rainmakers to close a number of the city's streets during the big parades and the carnival ball. The streets to be closed to traffic will be roped off and no vehicles of any description with the exception of those used in the processions will be allowed during the stated hours.

Police protection along the line of march has also been promised and it is thought that this festival's parades and events will be carried through without a single hitch.

- Pompeii of Central America.
- Frank G. Carpenter visits the ruins of Cartago and tells of the earthquakes which destroyed it. It is now a tin town but it was a city of palaces. See next Sunday's Capital News.

Dentist, Dr. Carpenter, Idaho Bldg. Adv. 7f



A Pleasing Sight IS OUR SHOWING OF FRESH VEGETABLES. It means a variety of pleasant dishes, prepared from the finest, freshest, most wholesome vegetables ever grown in field or garden. The pleasure is all yours. Come in.

Campbell's Fruit House

EIGHTH AND BANNOCK PHONE 15.

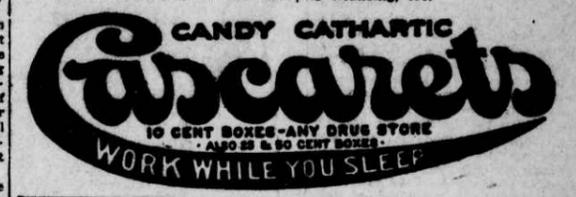
BUILDING HOMES. We are building homes to suit in STEIN'S FIRST ADDITION, located on South Boise Loop, 5c page, overlooking the city. "Where the bullfrogs croak and the cattails sway" is no place for a home. Go to STEIN'S ADDITIONS. A five-room house, completed, lot 50x 137 feet, plastered, tinted, screened porch, china and large clothes closets; price only \$1200; will take \$100 cash, \$15 monthly. The profit is yours. \$2850 buys your choice of five or six room new modern bungalows; \$200 cash and \$25 monthly. Now is your chance. WILL TRADE 60 acre improved ranch. Wants Boise home. Condition and necessity. \$1800—Large six-room house, close in; \$100 cash and \$15 monthly. The chance of years. WILL TRADE 5 or 10 acres, close in. Wants 5 or 6 room modern home. Just what you want. WE HAVE first-class homesteads, locations and relinquishments; a timely tip.

THE EDWARD STEIN CO., 109 N. TENTH ST. Phone 28 W. Cut this out—it may prove the foundation of your fortune.

The Home of Good Meats, Lard, Hams and Bacon at Reasonable Prices. Boise Butcher Co 811 Idaho St. Phone 58

FEEL BULLY! HEAD CLEAR, STOMACH SWEET, BOWELS RIGHT—'CASCARETS'

You men and women who can't get feeling right—who have headaches, coated tongue, foul taste and foul breath, dizziness, can't sleep, are nervous and upset, bothered with a sick, gassy, bloated stomach, and are all worn out. Are you keeping your bowels clean with Cascarets—or merely dosing yourself every few days with salts, cathartic pills, castor oil and other harsh irritants? Cascarets immediately cleanse and sweeten the stomach, remove the sour, undigested and fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the bowels. A Cascaret tonight will straighten you out by morning—a 10-cent box will keep your head clear, stomach sweet, liver and bowels regular and make you feel cheerful and bully for months. Don't forget the children—their little insides need a good, gentle cleansing, too.



TO ENROLL IN THE PROGRESSIVE PARTY

State Chairman Gipson wants to get in communication with every Progressive voter in Idaho. Many Democrats and Republicans who wish to join have not had the enrollment blank presented to them and for that reason the attached blank is printed. If you believe that the time has come for a third party in American public affairs, fill out this blank and mail it to the Progressive headquarters, Boise, Idaho. J. H. GIPSON, State Chairman Progressive Party Boise, Idaho. I hereby enroll as a member of the Progressive Party. Name Post Office Street No. or R. F. D.

AN APPEAL TO PATRIOTIC AMERICANS

The PROGRESSIVE PARTY is fighting for the people's rights and must be supported by the people. If you have not responded to the PROGRESSIVE PARTY'S appeal for campaign funds, DO IT NOW. Show your loyalty and patriotism toward a Nobler America by sending your donation. Send as much as you can—anything from \$1.00 up. J. H. GIPSON, State Chairman Progressive Party, Boise, Idaho. Herewith I enclose \$ for the Progressive Campaign fund. Name Post Office Mail this coupon with your contribution to J. H. Gipson, Boise, Idaho, and a receipt will be promptly sent you.

BOISE CITY NATIONAL BANK BOISE, IDAHO. SEMI-ANNUAL INTEREST HAS BEEN CREDITED IN OUR SAVINGS DEPARTMENT. Pass books should be presented for entry. Funds deposited by the fifth day of any month draw interest from the first day of that month. 4% Interest Paid On Savings DEPOSITS OVER 2 1/2 MILLION DOLLARS. UNITED STATES DEPOSITORY.

Specific Blood Poison. Specific Blood Poison usually begins with a tiny sore which is the only outward evidence of its presence, but down in the blood the treacherous poison is at work and soon its chain of symptoms begin to crop out. The mouth and throat ulcerate, sores and ulcers appear on the body and the glands in the groin swell. Mineral medicines cannot cure Specific Blood Poison; they only shut the disease up in the system to break out afresh later. S. S. S. goes into the circulation and removes the last trace of the infectious virus, tones up the stomach, bowels, kidneys and all portions of the system, and thus makes a perfect and lasting cure. S. S. S. is made of roots, herbs and barks and does not contain a particle of mineral or other harmful drug. Thousands have cured themselves of Specific Blood Poison by the use of S. S. S. It will cure you if you will give it a trial. Special Home Treatment Book and any medical advice free to all who write. THE SWIFT SPECIFIC CO., ATLANTA, GA. All the News Capital News While it's News