

HOW MRS. BOYD AVOIDED AN OPERATION

Canton, Ohio.—"I suffered from a female trouble which caused me much suffering, and two doctors decided that I would have to go through an operation before I could get well.

"My mother, who had been helped by Lydia E. Pinkham's Vegetable Compound, advised me to try it before submitting to an operation. It relieved me from my troubles so I can do my house work without any difficulty. I advise any woman who is afflicted with female troubles to give Lydia E. Pinkham's Vegetable Compound a trial and it will do as much for them."

—Mrs. MARIE BOYD, 1421 5th St., N. E., Canton, Ohio.

Sometimes there are serious conditions where a hospital operation is the only alternative, but on the other hand so many women have been cured by this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, after doctors have said that an operation was necessary—every woman who wants to avoid an operation should give it a fair trial before submitting to such a trying ordeal.

If complications exist, write to Lydia E. Pinkham Medicine Co., Lynn, Mass., for advice. The result of many years experience is at your service.

Tartars.
Singular piece of news, that of a Tartar army threatening Sebastopol. It's a long while since Tartars have cut much of a figure in war. Once they were the greatest fighting race in the world and overran a large share of Europe and Asia.—Buffalo Times.

Catarrh Cannot Be Cured
by LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a local disease, greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE will cure catarrh. It is taken internally and acts through the blood on the mucous surfaces of the system. HALL'S CATARRH MEDICINE is composed of some of the best tonics known, combined with some of the best blood purifiers. The perfect combination of the ingredients in HALL'S CATARRH MEDICINE is what produces such wonderful results in catarrhal conditions. Druggists 75c. Testimonials free. F. J. Cheney & Co., Props., Toledo, O.

Opportunity.
"Opportunity passes in the way of every man."
Artist Soldier—Yes, but the confounded thing is almost invariably camouflaged.

RECIPE FOR GRAY HAIR.
To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and ¼ oz. of glycerine. Any druggist can put this up or you can mix it at home at very little cost. Full directions for making and use come in each box of Barbo Compound. It will gradually darken streaked, faded gray hair, and make it soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off. Adv.

The Explanation.
"Pop, what does it mean when they say bills are laid on the table?"
"It means, son, that they are dishd."

Some men think that the proper way to begin the day is to find fault with wife at the breakfast table.

Kill That Cold and Save Health

CASCARA QUININE
The old family remedy—in tablet form—safe, sure, easy to take. No opiates—no unpleasant after effects. Cures colds in 24 hours—Grip in 3 days. Money back if it fails. Get the genuine box with Red Top and Mr. Hill's picture on it 24 Tablets for 25c. At Any Drug Store

SELDOM SEE
a big knee like this, but your horse may have a bunch or bruise on his ankle, hock, stifle, knee or throat.

ABSORBINE
will clean it off without laying up the horse. No blister, no hair gone. Concentrated—only a few drops required at an application. \$2.50 per bottle delivered. Describe your case for special instructions and Book I R. E. Young, ABSORBINE, JR., the anti-inflammatory, reduces Painful Swellings, Sprained Joints, Wens, Bruises, Varicose Veins, Itches and Inflammations. Price \$1.25 a bottle at druggists or delivered. Liberal trial with postage for 10c. R. E. YOUNG, P. O. F., 210 Temple St., Springfield, Mass.

Clear Pimples With Cuticura And Be Happy

HEAVES IN HORSES CAN BE RELIEVED
Don't work your horses while they are suffering with Heaves. Relieve them with Dr. DAVID HERRICK'S HEAVES POWDER. Price 50c each. A treatment that will enable your horse to do more work with less discomfort. Read the PRACTICAL HORSE VETERINARY MANUAL. Send for free booklet on Heaves in Cows. If no dealer in your town, write Dr. David Herrick, Vol. Co., 108 Grand Avenue, Waukegan, Wis.

Good Medicine is needed promptly to CURE COLDS AND BRONCHITIS. Ask for A WEEKS TABLETS. 25c. All druggists sell them.

W. N. U., Salt Lake City, No. 11-1918.

WHAT CAN WE DO?

A shortage of trained nurses confronts the Red Cross and young high school and college women must save the day for the organization in this dilemma. Even though these young women have no expectation of following nursing as a life vocation they may benefit themselves and show their willingness to help when help is badly needed by qualifying to do Red Cross work. The time spent in the nurses' training schools of the country, and in actual nursing, will prove a lifelong asset—broaden the vision and sympathies and make better and less anxious mothers of the girls who undertake such training.

We are to discontinue the knitting of trench caps because the government is to include a trench cap in every man's equipment. And furthermore, we are asked to use the yarn for socks and more socks. The hand-knitted varieties are most satisfactory and even when the upper part is made by machine the stitches may be taken up on needles of the correct size and the foot knitted by hand.

About Supplies.
Every Red Cross worker in the central division is to be congratulated on the very handsome total of articles shipped during the month of January. Can we make it 4,000,000 for the month of February?

Shipped during month of Dec., 1917.	Shipped during month of Jan., 1918.
Standard, special and surgical dressings... 2,675,726	2,758,981
Hospital linen, operating linen and patients' clothing... 553,473	238,667
Knitted articles... 311,690	424,082
Christmas packages... 116,156	—
Miscellaneous... 72,768	41,825
Refugee clothing... —	45,586
	3,120,203
	3,699,151

FRANK HIBBARD,
Director Bureau of Supplies, Central Division.

FANCIES OF FASHION



COATS WITH "THROW" COLLARS.

Gauntlet cuffs and "throw" or scarf collars are among the small innovations in coat styles that distinguish them from preceding seasons. Another almost universal feature of new coats is some sort of definition at the waistline which may be either above or below the normal waistline and is oftenmost above. Nevertheless, many of the new coats achieve an almost straight silhouette. Bearing these three peculiarities in mind, it will not be at all hard to acquire an up-to-date coat, for spring styles show no radical departures from those of the winter.

Although the throw is merely a supplement to the spring coat for wear on keen, chilly days, it may be made a style note full of charm. There is a knack in wearing it which all lies in adjusting it becomingly. Each of the two coats illustrated here is provided with a throw and one of them is further favored with one phase of the gauntlet cuff. Both are of wool velour, which has proved itself an ideal fabric for coats.

The model at the left is in beige color. It has straight panels down the front and a rather wide girdele set in about the sides and back, defining a long waistline. The skirt of the coat is shirred to the belt with scant fullness. The sleeves are roomy and finished with ample cuffs that are embellished with small buttons. There is a long, rolling shawl collar which may be fastened over the throat. The scarf hangs to the waistline and ends in large, soft tassels. It amounts to an ornament and is pictured with the throat uncovered and the ends hanging at each side of the coat.

The coat at the left resorts to small box plaits in the back to provide the required fullness in its skirt. It chooses the high waistline and a scarf in white with tasseled ends in dark taupe like the coat in color.

Julie Bottomley

NEW FASHIONS

Rippling skirt sections are tabooed by some of the smartest modistes. Gray handkerchief linen is used for some of the most distinctive of French hand made blouses.

Cut stitching in heavy silk is in some cases replacing fill tire work on blouses, since it involves less time and labor and is almost as effective.

A novel edging, introduced by Lanvin on some of her blouses, is made of tiny seam beading, cut in half and applied by hand.

Colored pique is used for collars and cuffs on lingerie blouses for spring.

Heavily embroidered front panels are used on some of the hand made lingerie things.

Blazer stripes are reported as returning to favor in England for sweaters.

Most of the best bandeau brassieres are now fitted with a shaped diaphragm band.

Old-Fashioned Frocks.
Frocks of organdie in combinations that harken back to the fifties give an inkling to what may be expected this season, and illustrated in a model seen of gray organdie, the skirt fluted slightly into the waist is banded at the foot with self color and finished at the top with cord and narrow knife plaiting of pale yellow. The quaint tight-fitting waist, modified by modern influence, depends upon knife plaitings and cording to trim. A good looking brown and white plaid gingham dress is combined with white organdie and set off with a brown suede belt, which carries it above the rank of the commonplace.

Blouses Without Sleeves.
Pumpkin yellow handkerchief linen is developed into a mannish tucked front, sleeveless blouse to wear with a navy suit, the jacket of which is short and boxlike.

THE RED CROSS NURSES OF EUROPE ARE GIVING TOASTED CIGARETTES TO THE BOYS

To anyone who doesn't know of the wonderful advances that have been made in the preparation of smoking tobaccos in the last few years it may sound strange to speak of toasted cigarettes.

Strictly speaking, we should say cigarettes made of toasted tobacco; the smokers of this country will recognize it more readily by its trade name, "LUCKY STRIKE"—the toasted cigarette.

The American Tobacco Company are producing millions of these toasted cigarettes and these are being bought in enormous quantities through the various tobacco funds conducted by the newspapers of the country and forwarded through the Red Cross Society to the boys in France.

This new process of treating tobacco not only improves the flavor of the tobacco but it seals in this flavor and makes the cigarettes keep better.

The Red Cross nurse is always glad to have a cigarette for the wounded soldier, as, in most instances, that is the first thing asked for.—Adv.

Strange Doings for Pacifist.
Dasher—Do you think Jerome really lives up to those pacifist sentiments of his?

Fanning—Judge for yourself. After he made that saccharine pacifist talk last night he went home and pounded his ear for eight hours, got up and tore off ten miles in his car, returned to demolish a huge breakfast, whipped a stream for trout until noon, when he rushed home and speared a few hasty mouthfuls, killed a rumor regarding his attitude and beat his wife at golf.—Puck.

One Man Who Drinks Alone.
Wherever there is oil, Jake Mettler is known as the man who drinks crude oil and really likes it. He has become so expert in the taste of crude oil, it is said, that he can actually tell the state or oil field from which it was produced by simply tasting it. So far as known, Mr. Mettler has not yet found any one who was anxious to join him in a "Mettler cocktail," and when Colonel Jake drinks crude, he drinks alone.

GREEN'S AUGUST FLOWER
has been a household remedy all over the civilized world for more than half a century for constipation, intestinal troubles, torpid liver and the generally depressed feeling that accompanies such disorders. It is a most valuable remedy for indigestion or nervous dyspepsia and liver trouble, bringing on headache, coming up of food, palpitation of heart and many other symptoms. A few doses of August Flower will immediately relieve you. It is a gentle laxative. Ask your druggist. Sold in all civilized countries.—Adv.

She Meant All Right.
"I'm hurrying to tell you this," hastens N. W. C.: "A woman came into our Red Cross branch, looked at the surgical dressings and asked, 'Is all this gauze cauterized?'"

Important to Mothers
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it Bears the Signature of *Dr. J. C. Fletchere* In Use Over 30 Years. Children Cry for Fletcher's Castoria

Described.
"Pa, what is red tape?"
"Red tape, my boy, is the government string to efficiency's pocket book."

Heal Baby Rashes
That itchy, burn and torture. A hot Cuticura Soap bath gives instant relief when followed by a gentle application of Cuticura Ointment. For free samples address, "Cuticura, Dept. X, Boston." At druggists and by mail. Soap 25c, Ointment 25c and 50c.—Adv.

An old bachelor says that an optimist is a married man who says that he is glad of it.

Beware of the friendly advice of your enemies.

WRIGLEYS

—is the great war-time sweetmeat.

—the benefit, the pleasure, the economy of a 5c package of WRIGLEY'S

—has made it the favorite "sweet ration" of the Allied armies.

—send it to your friend at the front:

—it's the handiest, longest-lasting refreshment he can carry.

CHEW IT AFTER EVERY MEAL

The Flavor Lasts

WRIGLEY'S SPEARMINT, WRIGLEY'S JUICY FRUIT, WRIGLEY'S DOUBLE MINT

THREE KINDS

Carter's Little Liver Pills

You Cannot be Constipated and Happy

A Remedy That Makes Life Worth Living

Genuine bears signature *Dr. Wood*

ABSENCE of Iron in the Blood is the reason for many colorless faces but CARTER'S IRON PILLS will greatly help most pale-faced people

Rich Japanese Was a Citizen.
U. S. Keneko, a Japanese who amassed a fortune in cotton growing in the Imperial valley (Cal.) and who died recently, is believed to have been one of only two foreign-born Japanese naturalized in the United States. The other Japanese naturalized is said to live in Chicago. Settlement of Keneko's affairs brought this fact to light. Keneko obtained his naturalization papers from Judge Otis at San Bernardino in 1892. The case was investigated by the federal naturalization bureau here in 1913, and it is understood it was found to be legal.

He'd Paid the Bills.
"How did Weeds happen to marry a dressmaker?" "For her money. She made all of his first wife's clothes."

When a gossip tells you anything you can make money by betting that it isn't so.

Boy Strong for Soapless Day.
A new war propaganda that is certain to be taken up enthusiastically by young America was given a start in Huntington, W. Va., by Jimmy Wallen, a schoolboy, who has been active in the different war activities. Wallen, who is always spick and span, suggests a "soapless day," saying it is easy to keep clean without using soap one day a week. The "soapless day" would help conserve fats so badly needed by the allies, Jimmy declared.—Columbus Dispatch.

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach.—Adv.

It is one thing to yell for freedom and another to make the sacrifices necessary to secure it.

Some men work an empty honor for all there is in it.

1,716,000,000 Pounds of Flour Saved

if each of our 22,000,000 families use this recipe instead of white bread.

One loaf saves 11,000,000 pounds; three loaves a week for a year means 1,716,000,000 pounds saved!

Enough to Feed the Entire Allied Army

Corn Bread with Rye Flour

1 cup corn meal	1 teaspoon salt
1 cup rye flour	1 cup milk
2 tablespoons sugar	1 egg
5 teaspoons Royal Baking Powder	2 tablespoons shortening

Barley flour or oat flour may be used instead of rye flour with equally good results. Sift dry ingredients into bowl; add milk, beaten egg and melted shortening. Stir well. Put into greased pan, allow to stand in warm place 20 to 25 minutes and bake in moderate oven 40 to 45 minutes.

Our new Red, White and Blue booklet, "Best War Time Recipes," containing many other recipes for making delicious and wholesome wheat saving foods, mailed free—address

ROYAL BAKING POWDER CO., Dept. W, 135 William St., New York

FOOD WILL WIN THE WAR