

# CITY MEAT MARKET

Wholesale and Retail Dealer in

## Fresh and Gilted meats

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Fresh Fruits

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J. D. GARLAND, Challis, Idaho

### ITEMS ABOUT PEOPLE YOU KNOW

Those wishing to have meats cured should place their order with the City Meat Market not later than the first of November.

Want to Lease: A ranch not less than 100 acres. More preferred. Address J. D. House, Salmon, Idaho. 2 t adv

We want sales representatives in every town in Idaho. We prefer men who have sold stock, insurance, real estate, books, or who have had no sales experience but would like to develop into salesmen. We train every applicant accepted and provide a system that will enable anyone who works to make from \$75.00 to \$150.00 per week. Can also use women of exceptional ability. Position permanent. In applying state age, past business experience, number of years you have lived in community, and references. Address in confidence. KANE MFG. CO., 1326 27 L. C. Smith Bldg., Seattle, Wash. 3t

By request of many of our readers we are publishing "The Battle of the Flu" again this week.

John Johnson was over from Pabsamaroi for the fore part of the week on business.

John Malm and wife were down from their home up the river for Thanksgiving.

Mrs. Burstedt and son Claus were over from Pabsamaroi for the fore part of the week on business.

The first dance of the season was given Thanksgiving night at the Dodge Hall. A good time was reported, although the attendance was small.

Mrs. Emmett Hosford is the new chairman of the Executive Committee of the local chapter of the A. R. C.

A letter received from Joe Mcowan, dated "Somewhere in France", October 16th, stated that he was on his way to the front line trenches.

The Messenger is glad to announce that the publication of Red Cross notes will be resumed. We have always been anxious to give the society this place, all reports to the contrary notwithstanding and the editor has always placed his duty to his country above everything else.

Pete Fourcade left for his home in Pabsamaroi for the fore part of the week.

C. Grace was down from Fork the first of the week.

Boy Tracht was here on business the fore part of the week.

Ford arrived in this city last Tuesday from Washington to report that Albert Smith of Pabsamaroi was killed in action on October 7th.

m. McCullough, who used to be employed on the Philips ranch, was wounded in the left shoulder on October 7th.

Starr, of Mactray, was in on professional business the fore part of last week.

ool spars again next Mon-

Julius Zilkey is reported missing in action since October 9th. The many friends of the family sincerely hope that the good news of his safety will arrive in the near future.

Robert Campbell and family of Clayton were here several days during the past week, being called here by the sickness and death of Mrs. Fourcade.

Thanksgiving! The people of the United States and the world in general have much to be thankful for, yet the great pleasure of the day is darkened by the reports of death in action of many of our Custer county boys.

Dick Graham was down from his home up the river the latter part of last week.

Andrew Gini was in town last week on business.

Flo Clyde has sold out his store at Stanley and he and his wife are moving back to Challis.

Not having got the six deer they don't want the county to pay the expense of the trip, and after they were responsible for the expense.

Wm. Babcock was quite ill the latter part of last week but is able to be up and around again.

Dan Burnett returned home the latter part of last week from Salt Lake where he underwent an operation. His many friends in the county will be glad to learn that he is steadily improving in health.

## He Was "Broken"

Capt. Wallace, U. S. A., was a victim of sinister forces that sought to betray America to the enemy. But he "came back." On the battlefields of France he fought for the honor of the army that had discarded him. He lived to win vindication and the hand of the "daughter of the regiment" who had never doubted him.

## Bride of a Battle

Victor Rousseau's romance of the American army in France, which we will print in serial form, is a gripping story in which intrigue, love and war all play a part. It is the first up-to-the-minute novel of America at war.

It's Coming Soon Watch For It

## Did It Ever Occur to You

That price is not the first thing to be considered in a job of printing! Throwing type together in a haphazard way does not require any knowledge of the printing art. That isn't the kind of work you want. But artistic typography in stationery and advertising reflects credit to any concern. Our knowledge of printing gained by long experience enables us to produce

Attractive Printing for Every Purpose  
Don't order anything in this line until you call on us.

### REPORT OF THE CONDITION OF THE First State Bank at Challis, in the State of Idaho, at the close of business November 1, 1918.

RESOURCES	
1 Cash on hand	\$ 12,972.40
2 Due from banks	20,967.99
4 Other Cash Items	1,929.97
5 Loans and Discounts	175,779.26
7 Stocks, Bonds, Warrants	33,830.43
10 Banking House Furniture and Fixtures	4,000.00
War Savings Stamps	4.99
12 Other resources, revenue stp	70.00
Paym's due on Liberty Bonds	102.05
<b>Total</b>	<b>\$249,657.09</b>

LIABILITIES	
1 Individual deposits subject to check	\$144,021.98
4 Demand Certificates of Deposit	87.
5 Time certificates of deposit	40,890.59
6 Cashier's Checks	35,344.09
9 Dividends unpaid	200.00
<b>Total Deposits</b>	<b>\$220,443.59</b>
10 Capital Stock paid in	20,000.00
11 Surplus	5,000.00
12 Undivided Profits, less expenses, interest and taxes paid	413.50
<b>Total</b>	<b>\$249,657.09</b>

State of Idaho, County of Custer, ss: I, E. W. Hovey, Cashier of the above-named bank, do solemnly swear that the above statement is true to the best of my knowledge and belief.  
E. W. HOVEY, Cashier

Correct—Attest: E. J. MICHAEL F. NICKERSON Directors  
Subscribed and sworn to before me this 18th day of Nov., 1918.  
I certify that I am NOT an Officer or Director of this Bank.  
W. W. ADAMSON Notary Public

School will start a Monday.

## UNCLE SAM'S ADVICE ON FLU

U. S. Public Health Service Issues Official Health Bulletin on Influenza.

### LATEST WORD ON SUBJECT.

Epidemic Probably Not Spanish in Origin—Germ Still Unknown—People Should Guard Against "Droplet Infection"—Surgeon General Blue Makes Authoritative Statement.

Washington, D. C.—(Special.)—Although King Alfonso of Spain was one of the victims of the influenza epidemic in 1903 and again this summer, Spanish authorities repudiate any claim to influenza as a "Spanish" disease. If the people of this country do not take care the epidemic will become so widespread throughout the United States that soon we shall hear the disease called "American" influenza.

In response to a request for definite information concerning Spanish influenza, Surgeon General Rupert Blue of the U. S. Public Health Service has authorized the following official interview:

What is Spanish influenza? Is it something new? Does it come from Spain?

"The disease now occurring in this country and called 'Spanish influenza' resembles a very contagious kind of 'cold,' accompanied by fever, pains

in the head, eyes, ears, back or other parts of the body and a feeling of severe sickness. In most of the cases the symptoms disappear after three or four days, the patient then rapidly recovering. Some of the patients, however, develop pneumonia, or inflammation of the ear, or meningitis, and many of these complicated cases die. Whether this so-called 'Spanish' influenza is identical with the epidemics of influenza of earlier years is not yet known.

that in this disease the number of white corpuscles shows little or no increase above the normal. It is possible that the laboratory investigations now being made through the National Research Council and the United States Hygienic Laboratory will furnish a more certain way in which individual cases of this disease can be recognized."

What is the course of the disease? Do people die of it?

"Ordinarily, the fever lasts from three to four days and the patient recovers. But while the proportion of deaths in the present epidemic has generally been low, in some places the outbreak has been severe and deaths have been numerous. When death occurs it is usually the result of a complication."

What causes the disease and how is it spread?

"Bacteriologists who have studied influenza epidemics in the past have found in many of the cases a very small rod-shaped germ called, after its discoverer, Pfeiffer's bacillus. In other cases of apparently the same kind of disease there were found pneumococci, the germs of lobar pneumonia. Still others have been caused by streptococci, and by others germs with long names."

"No matter what particular kind of germ causes the epidemic, it is now believed that influenza is always spread from person to person, the germs being carried with the air along with the very small droplets of mucus, expelled by coughing or sneezing, forceful talking, and the like by one who already has the germs of the disease. They may also be carried about in the air in the form of dust coming from dried mucus, from coughing and sneezing, or from careless people who spit on the floor and on the sidewalk. As in most other catching diseases, a person who has only a mild attack of the disease himself may give a very severe attack to others."

What should be done by those who catch the disease?

"It is very important that every person who becomes sick with influenza should go home at once and go to bed. This will help keep away dangerous complications and will, at the same time, keep the patient from scattering the disease far and wide. It is highly desirable that no one be allowed to sleep in the same room with the patient. In fact, no one but the nurse should be allowed in the room."

"If there is cough and sputum or running of the eyes and nose, care should be taken that all such discharges are collected on bits of gauze or rag or paper napkins and burned. If the patient complains of fever and headache, he should be given water to drink, a cold compress to the forehead and a light sponge. Only such medicine should be given as is prescribed by the doctor. It is foolish to ask the druggist to prescribe and may be dangerous to take the so-called 'safe, sure

and harmless' remedies advertised by patent medicine manufacturers.

"If the patient is so situated that he can be attended only by some one who must also look after others in the family, it is advisable that such attendant wear a wrapper, apron or gown over the ordinary house clothes while in the sick room and slip this off when leaving to look after the others."

"Nurses and attendants will do well to guard against breathing in dangerous disease germs by wearing a simple fold of gauze or mask while near the patient."

Will a person who has had influenza before catch the disease again?

"It is well known that an attack of measles or scarlet fever or smallpox usually protects a person against another attack of the same disease. This appears not to be true of 'Spanish influenza.' According to newspaper reports the King of Spain suffered an attack of influenza during the epidemic thirty years ago, and was again stricken during the recent outbreak in Spain."

How can one guard against influenza?

"In guarding against disease of all kinds, it is important that the body be kept strong and able to fight off disease germs. This can be done by having a proper proportion of work, play and rest, by keeping the body well clothed, and by eating sufficient wholesome and properly selected food. In connection with diet, it is well to remember that milk is one of the best all-around foods obtainable for adults as well as children. So far as a disease like influenza is concerned, health authorities everywhere recognize the very close relation between its spread and overcrowded homes. While it is not always possible, especially in times like the present, to avoid such overcrowding, people should consider the health danger and make every effort to reduce the home overcrowding to a minimum. The value of fresh air through open windows cannot be over emphasized."

"When crowding is unavoidable, as in street cars, care should be taken to keep the face so turned as not to inhale directly the air breathed out by another person."

"It is especially important to be ware of the person who coughs or sneezes without covering his mouth and nose. It also follows that one should keep out of crowds and stuffy places as much as possible, keep homes, offices and workshops well aired, spend some time out of doors each day, walk to work if at all practicable—in short, make every possible effort to breathe as much pure air as possible."

"In all health matters follow the advice of your doctor and obey the regulations of your local and state health officers."

"Cover up each cough and sneeze, if you don't you'll spread disease."



Fortunate are the children who grow up in homes where good music is counted among the necessities of life and finds its expression through an instrument so sympathetic and responsive as the



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## Mr. Business Man

Why not make your appeal for patronage through the columns of this newspaper? With every issue it carries its message into the homes of all the best people of this community. Don't blame the people for flocking to the store of your competitor. Tell them what you have to sell and if your prices are right you can get the business.

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