

Chef Had Plenty But He Could Hardly Eat

Even an expert chef for an up-to-date restaurant, with everything heart could wish in the eating line and the skill to prepare it in the most appetizing manner, finds life miserable and work a burden with his appetite gone and his health all broken up on account of stomach trouble.

According to his own statement, such had been the case for two years with William Lackey, 865 North Wells St., Chicago, Ill., chef at a popular North Clark St. restaurant, who says he recently found relief by taking Tanlac.

Mr. Lackey now boasts of a "wonderful appetite and a stomach that digests such things as ham and eggs, corned beef and cabbage, and rich pastries, foods that would have almost put me out of commission before I took Tanlac."

"Before I ran across this medicine," said he, "I was having to lay off from my work for a week at a time just on account of the numerous ill I suffered from indigestion. But when I tell you I have gained fifteen pounds, eat and digest anything, and am on the job every day feeling fine, you may know how I appreciate Tanlac."

Tanlac is sold by all good druggists.—Advertisement.

First Catch Your Man.

The Visitor—Is your oldest sister married—the one who was so proficient in all branches of domestic science?

Phillippa—No, nor likely to be. She was so busy fitting herself to be the wife of a good man that she neglected to go after the man.

Aspirin

Say "Bayer" and Insist



Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer product prescribed by physicians over twenty-two years and proved safe by millions for

- Colds
- Headache
- Toothache
- Lumbago
- Earache
- Rheumatism
- Neuralgia
- Pain, Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proper directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark of Bayer Manufacture of Monocetateester of Salicylicacid.—Advertisement.

That Should Hold Him.

He (excitedly)—Where is my cap? Has anyone seen my cap? Who—

The Missus (coolly)—It's hanging there on the gas jet.

He (still more excitedly)—Of course, on the gas jet! Could anyone think of a more idiotic place to put it?

The Missus (very idly)—Yes; your head, perhaps.

Thousands Have Kidney Trouble and Never Suspect It

Applicants for Insurance Often Rejected.

Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmer's Swamp-Root is soon realized. It stands the highest for its remarkable record of success.

An examining physician for one of the prominent Life Insurance Companies, in an interview on the subject, made the astonishing statement that one reason why so many applicants for insurance are rejected is because kidney trouble is so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease. Dr. Kilmer's Swamp-Root is on sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

What's the Use of Spoiling It?

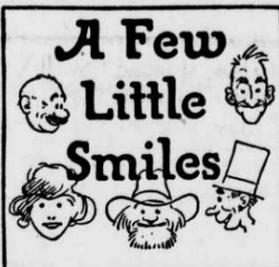
Hotel Clerk—With or without bath, madam?

The Boy—Get it without, mother. This is a pleasure trip.—Life.

Cuticura Soothes Baby Rashes

That itchy and burn, by hot baths of Cuticura Soap followed by gentle anointings of Cuticura Ointment. Nothing better, purer, sweeter, especially if a little of the fragrant Cuticura Talcum is dusted on at the finish. 25c each.—Advertisement.

A man who gets desired results is allowed to do the work any way he pleases.



REASON FOR BLINDNESS

A Scotsman and a Jew called on a famous eye specialist. They entered the consulting room together.

"What can I do for you?" inquired the specialist.

"We're going blind," replied the Scotsman, "an we thoct ye might be able to help us w' yer skill."

"Going blind?" said the specialist.

"How do you account for that?"

"Vell," responded the Jew, "this gentleman is my partner, and we've been vatching von another!"—London Tit-Bits.

In a Different Sense.

"I flatter myself you will like this article," said the would-be contributor.

"That's a fact," returned the editor, glancing over the first few lines.

"You do like it, then?"

"No, I mean it's a fact that you flatter yourself."



MIGHT BE

He: My college course cost me an enormous sum.

She: I suppose you had to bribe the professor to pass you.

Musings of a Motor Cop.

Hortense Magee, you always heed the "iviolous publications; I wish your taste led you to read the traffic regulations.

Not His Favorite Kind.

They were sitting in the parlor. "I wish," said the young man, "that Wilson chap didn't send you so many chocolates."

"Why?" simpered the girl. "Are you jealous?"

"No, but I prefer to eat bonbons or nougatines."

In Bad.

Gibson—Why don't you take your wife to a girl and music show?

Cribson—I don't dare. If I do and show much interest she will suspect me and if I assume a "fed up" expression she will think I attend regularly and divorce me.

Father's Snappy Style.

The minister had just finished asking the blessing when Dicky remarked "You don't pray like daddy."

"Indeed!" said the minister. "Why?"

"Well," said Dicky, "last night when daddy sat down to the table he just said, 'good Lord, what a supper!'"

A "Chaser."

Sapranò—Did you notice how my voice filled the hall last night?

Soubrette—Yes, dear; in fact, I noticed several people leaving to make room for it.—London Tit-Bits.

Very Different.

"Let's see! Your brother-in-law is seeking political honors, isn't he?"

"No," replied the gnat Missourian. "He is running for the legislature."—Kansas City Star.



OH MY

"You say your sister is out? When will she be in?"

"As soon as she sees you go."

On Easy Street.

You'll never live On easy street Until you learn To make ends meet.

The Irish O's.

Among the questions that young Malachi recently put to his father was this:

"Dad, was time invented in Ireland?"

"What an idea! Why did you ask?"

"Because it is spelled o'clock."

By Low; Sell High!

Mr. Elchenstein returned home from his business and found his wife rocking the baby and singing "by-low, baby, by-low; by-low, baby, by-low."

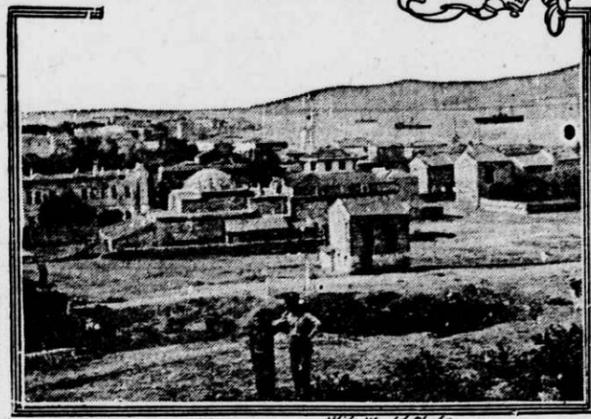
"Dot's right, Sarah; you teach him to buy low and I'll teach him to sell high."—Everybody's.

The Pest.

North—Dobbs had a very narrow escape, but he lived to tell the tale.

West—And that seems to be all lived for!

Chanak, Mudania and Ismid



Chanak, on the Dardanelles.

(Prepared by the National Geographic Society, Washington, D. C.) Three towns of Asia Minor, seldom heard of in ordinary times, have stood out in the world news of recent weeks—Chanak, Mudania and Ismid. Mere villages normally, each has had suddenly poured into it soldiers or celebrities, and has taken on, briefly at least, importance greater than that of many a metropolis.

Chanak, the strategic point on the Asiatic side of the Dardanelles, which figured for weeks as a sort of threatened British Thermopylae, illustrates how translation may spoil romance. The name means "pots"—scullery ware. But though it has a hum-drum name, Chanak—or Tehanak-Kalassi—and its neighborhood have more than once been the stage for acts which have radically modeled the world's history and even the world's literature. Barely twenty miles to the south rose Troy, to furnish inspiration alike to Homer and his myriad of readers. Within a stone's throw of Chanak, Xerxes in 480 B. C. led his thousands of Persians across the Dardanelles on a bridge of boats in the first formidable expedition of Asiatics into Europe which history records. At the same spot a century and a half later Alexander led his smaller but more highly trained army into Asia on his triumphal conquest of the world.

It was from Chanak in 1353 that the Turks crossed to their first foothold in Europe—a crossing that gave Europe a problem that has bred wars and massacres and broken treaties for more than five hundred years.

The Sea of Marmora into which the Dardanelles and the Bosphorus widen forms a barrier between Asia and Europe. The roads between the two continents lie across the two straits at its ends. Constantinople at the narrowest point of the Bosphorus, is the front door; Chanak, where the Dardanelles is most constricted, is the back door. It is natural enough, perhaps, that almost all of the historic invasions of Europe from the East should have been by the back way, and that there again today Great Britain should have made an important stand.

Castle after castle, each fortified, comes into view on both the Asiatic and the European sides of the Dardanelles as one steams from the Aegean toward Constantinople. But the narrow opposite Chanak are reserved for the castles of castles; the castle of Asia on the right, the castle of Europe on the left. The Chanak fortifications were first constructed in 1470, not long after Constantinople fell to the Turks. Ever since Chanak has been a place of importance. In recent decades it has been the point of administration for all the Dardanelles defenses—the solar plexus of the outer straits. German artillery experts resided there during the World war and modernized the fortifications.

Mudania Something of a Seaport.

While Chanak is a channel port, Mudania, scene of the Near East military parley, is a full-fledged seaport—on paper at least. It is, however, on what is now the quiet little Sea of Marmora, though it was once the central body of water of the civilized world. Inconspicuous as it is, Mudania, scene of the Near East peace parley, was far from being infrequently before the World war began. In those days its visitors went through Mudania on the boat-and-rail trip from Constantinople to Brusa. The Turks probably chose Brusa's port for their conference with allied representatives because Mudania is the nearest town, in the neutral zone of the Straits territory, to their chief Asia Minor city, which lies just across the line where the Turk rule is absolute.

When the Marmora was yet an inland Turkish sea the boat from Constantinople to Mudania was apt to be late and crowded, and many travelers complained of petty exactions from porters and customs officials. Petty annoyances, though, cannot wholly mar a trip across the Marmora, and the western traveler who views the Asiatic coast line of this placid lake for the first time has a sight of rare beauty and probably a surprise. Canes and islands, bays and forested shores, make the approach to almost any point between Chanak and Ismid a scene of beauty. And the mid-city of the South Marmora's shore, Mudania, is no exception.

Upon landing, the illusion of a quaint and pretty town, nestling among hillside panels of olive groves, mulberry trees and vineyards, is dispelled. After one look at the ditches that do for streets, the passenger usually was willing to take the earliest conveyance for Brusa, some fifteen miles to the southeast.

This railway, built in the early nineties, used to be cited as an example of the Turk's inaptitude for engineering projects. After the line was built at extravagant cost the Turkish government bought locomotives not adapted to the tracks and grades, and locked them up for some years while the new-made rails rusted, and the wagon road to Brusa was in almost impassable condition.

If the railway ran beyond Brusa, Mudania might enjoy greater prosperity, as the port of one of the richest agricultural regions of Asia Minor. Instead Panderma, to the west, as the terminus of the railroad to Smyrna, completely eclipses Mudania, with only its short line to Brusa. Counting some four thousand Greeks, Mudania's normal population was only six thousand. The Greeks, of course, have departed, but many Turks have clustered there in recent months.

Ismid Rich in History.

Ismid, at the northeastern corner of the Sea of Marmora and at the base of the peninsula that extends to the Bosphorus, is the point at which the Turkish nationalists made one of their bravest troop concentrations in the latter days of the Mudania parley.

Ismid's once important harbor is now silted and its population is barely twenty thousand. But before Constantinople was enlarged by Constantine the Great, Ismid, then Nicomedia, was for a time the capital of the Roman empire and the metropolis of the Near East.

Situated at the head of the Gulf of Ismid, which forms the sharp Asiatic end of the Sea of Marmora, and with high ground behind it, the town lay in the route of the natural highway from Syria, Persia, Mesopotamia and the entire Near East to the Bosphorus and Europe. In the old days camel caravans innumerable carrying the riches of the East plodded around the end of the gulf, paused to pay commercial tribute to the strategically situated city, and continued west along the low coast of the gulf for the fifty miles that separated Nicomedia from Byzantium and now separate Ismid from Constantinople. And when the steel highway and iron horse that were to connect Berlin and Bagdad came to replace the more picturesque but less efficient camel and his dusty road, the same natural path was utilized and Ismid became a railway station.

Darius and his hosts swarmed through the site of the present Ismid, five hundred years before Christ, to bridge the Bosphorus and conquer Thrace and Macedonia. Xenophon and his ten thousand Greeks passed through the place in their memorable retreat from Persia to their homes. Near there the defeated Hannibal, a refugee from the Romans, committed suicide; and in a villa close by Constantine the Great died. Force after force of Crusaders held the town during the Middle Ages.

From Nicomedia Diocletian directed his implacable campaign of persecution against the Christians and later the first Christian emperor, Constantine, governed from its palaces. Barely twenty miles to the south at Nicea the church council framed the Nicene creed; and only a short distance to the west on the Ismid peninsula in 451 A. D. was held the ecclesiastical assembly from which the Armenians seceded to form the separate Armenian church, which, with the Roman Catholic and the Protestant churches helps make up the four major divisions of Christianity.

The Ismid of today has little to remind the observer of its glorious history. An old Greek acropolis flanked by Roman and Byzantine towers is about the only remaining link with its opulent past. The iron-and-wood caravans of the Bagdad railway do not need to pause in Ismid as did the camel trains, and its toll from commerce has dwindled away. To it the world no longer looks either for creeds or the treasures of Arabia—only for a modest supply of silk cocoons, tobacco, and forest products.

LIVE STOCK

ENROLL MORE BETTER SIRE

List of Persons Engaged in Campaign Has Passed 8,000 Mark and Still Growing.

(Prepared by the United States Department of Agriculture.)

With the growing understanding of the utility value of purebred live stock and especially purebred sires, the list of persons enrolled in the "Better Stock—Better Sires" campaign is rapidly increasing. The middle of August it passed the 8,000 mark, signifying that many persons have filed statements with the United States Department of Agriculture that their live stock breed-



Bull Associations Should Get the Best Bull Obtainable.

ing operations will be conducted henceforth on a purebred-sire basis. This includes all classes of domestic live stock, including poultry.

In some counties of limited area the number of farms is relatively small. Gordon B. Nance, county agent of Oldham county, Ky., points out, however, that although his county has only 1,086 farms, 10 per cent of the farmers have signed enrollment blanks, which signifies active participation in systematic live stock improvement work. Other counties in which 10 per cent or more of the farmers are using purebred sires exclusively are: Pulaski county, Va., 52 per cent; Kittitas county, Wash., 18 per cent; Greene county, Ohio, 13 per cent, and Orange county, Va., 10 per cent. In this connection the bureau of animal industry points out that the proportions are for all farms and that the percentages for farms in which live stock is the principal market product probably would be much higher.

GETS EWES THROUGH WINTER

Something More Than Simple Ration Necessary to Secure Strong Lambs in Spring.

It is possible to carry breeding ewes through the winter on a single ration of corn silage, clover or alfalfa hay, but to produce strong lambs of good condition and have the ewes give sufficient milk, something more than a simple ration must be fed. If corn silage of good quality, with a heavy yield of grain, is fed along with clover hay, good results should be secured, advises the animal husbandry section of the Iowa experiment station. If only a limited amount of grain is fed four to six weeks before lambing. However, if the amount of grain in the silage is small, it will be advisable to feed one-half to one pound a day of grain mixture of corn and oats in addition to what silage and hay the ewes will eat for a somewhat longer period.

BIG IMPORTANCE OF FEMALES

Many Live Stock Farmers Awakening to Fact That Sire is Only Half of the Herd.

Many farmers who make live stock part of their operations are awakening to the fact that good females are just as essential as good sires. Often the remark is heard that the sire is half the herd, and with many this is a deliberate attempt to overcome the shortcomings of the females in the herd. The sire may have the same defects as the female and the mating of the two only tends to intensify the defects. There is no question that a good sire will improve any herd, but the better the females the greater the improvement.

Get Pigs to Eat Grain.

Get pigs to eat grain just as soon as possible so that they can be weaned without loss in weight or a check in growth. Fall pigs are best raised with self-feeders.

For Fattening Hogs.

For fattening hogs a self feeder is more successful than the best method of hand feeding.

Make Manager Rich.

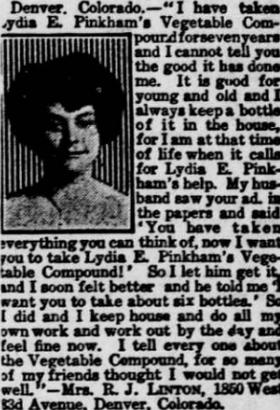
Purebred live stock on every farm, and that kept healthy, will make the good farm manager rich in due time.

Shed for the Colts.

Provide a darkened shed for the colts running in pasture. It protects them from flies and heat and permits greater gains in weight.

AGING WOMEN OF MIDDLE AGE

Mrs. Linton Tells How Helpful Lydia E. Pinkham's Vegetable Compound is at This Period



Denver, Colorado.—"I have taken Lydia E. Pinkham's Vegetable Compound for seven years and I cannot tell you the good it has done me. It is good for young and old and I always keep a bottle of it in the house, for I am at that time when it calls for Lydia E. Pinkham's help. My husband saw your ad. in the papers and said 'You have taken everything you can think of, now I want you to take Lydia E. Pinkham's Vegetable Compound.' So I let him get it, and I soon felt better, and he told me 'I want you to take about six bottles.' So I did and I keep house and do all my own work and work out by the day and feel fine now. I tell every one about the Vegetable Compound, for so many of my friends thought I would not get well."—Mrs. R. J. Linton, 1860 West 33d Avenue, Denver, Colorado.

SLOW DEATH

Aches, pains, nervousness, difficulty in urinating, often mean serious disorders. The world's standard remedy for kidney, liver, bladder and uric acid troubles—



bring quick relief and often ward off deadly diseases. Known as the national remedy of Holland for more than 200 years. All druggists, in three states. Look for the name Gold Medal on every box and accept no imitation.

If some men are utterly just it may be asking too much to insist on brotherly love from them.

To live the simple life is pleasant enough, only take all the simple chores out of it.

FREEDOM FROM LAXATIVES

Discovery by Scientists Has Replaced Them.

Pills and salts give temporary relief from constipation only at the expense of permanent injury, says an eminent medical authority. Science has found a newer, better way—a means as simple as Nature itself.

In perfect health a natural lubricant keeps the food waste soft and moving. But when constipation exists this natural lubricant is not sufficient. Medical authorities have found that the gentle lubricating action of Nujol most closely resembles that of Nature's own lubricant. As Nujol is not a laxative it cannot gripe. It is in no sense a medicine, and like pure water it is harmless and pleasant.

Nujol is prescribed by physicians; used in leading hospitals. Get a bottle from your druggist today.—Advertisement.

When hypocrisy stacks the cards on vanity somebody's self-conceit is due to get a jar.



Portland, Oreg.—"I am a man over seventy years of age and work every day; am hale and hearty and can truthfully say that Dr. Pierce's remedies have proven a wonderful help to me. I take a bottle of the Discovery now and then for its toning up and tonic effect. I also tried various remedies for constipation and after finding the 'Discovery' so good, I thought I would also try the Pleasant Peppets and am glad to say that now I am enjoying excellent health."—J. E. Cox, 1278 Belmont Street.

Keep yourself in the pink of condition by obtaining Dr. Pierce's Golden Medical Discovery in liquid or tablets from your neighborhood druggist, or send 10c to Dr. Pierce's Invalids' Hotel in Buffalo, N. Y., for trial pkg.

AVOID dropping strong drugs in eyes from a bottle of other irritants. The salt in these remedies that brings comforting relief is best. Buy all preparations by name. HALL & BUCKLE, Inc., 147 Broadway, New York.