

Housework Drudgery!

Housework is drudgery for the weak woman. She brushes, dusts and scrubs, or in on her feet all day attending to the many details of the household, her back aching, her temples throbbing, nerves quivering under the strain of pain, possibly dizzy feelings. Sometimes rest in bed is not refreshing, because the poor tired nerves do not permit of refreshing sleep. The real need of weak, nervous women is satisfied by Dr. Pierce's Favorite Prescription, and as Mrs. Briggs and others testify:

It Makes Weak Women Strong and Sick Women Well.

This "Prescription" removes the cause of women's weaknesses, heals inflammation and ulceration, soothes the nerves, encourages the appetite and induces restful sleep.

Dr. Pierce is perfectly willing to let every one know what his "Favorite Prescription" contains, a complete list of ingredients on the bottle-wrapper. Do not let any druggist persuade you that his unknown composition is "just as good" in order that he may make a bigger profit.

Mrs. BRIGGS, of 525 N. Washington St., Delphos, Ohio, writes: "Having taken your 'Favorite Prescription' for a bad case of intestinal disease and constipation with woman's ills, for which I was almost unable to do anything, I think I am safe in saying that there are no remedies in the world like Dr. Pierce's Favorite Prescription and 'Purifying Lotion Tablets.' I am now enjoying the best of health, and thank Dr. Pierce for his wonderful medicines which have done me a world of good." Dr. Pierce's Pleasant Pellets regulate liver and bowels.

Mrs. BRIGGS.



MEN CONFIDE IN US!

We have been established in Des Moines for over 22 years, much longer than any other firm of specialists in Iowa. We have treated thousands of cases successfully where others have failed. We refer you to any bank in Des Moines as to our financial responsibility.

These are the things for you to consider when you decide to be treated for any special disease. Do you suppose you would have the largest practice of any specialist in the West, if we were not successful? Not a bit of it!—People come to us because we have been successful and they have confidence in us.

We treat successfully: Varicocele, Hydrocele, Sexual Weakness, Nervous Disorders, Kidney Troubles, Lost Vitality, Bladder and Prostatic Trouble and Kindred Diseases and adenitis of the seminal vesicles (1905) treatment for Blood Poisons.

If you are suffering with any of these, write us. All correspondence confidential. Plain envelopes used. Our 75 Book of "Things Men Ought to Know" sent free.

Consultation and Examination Free. Either by mail or at our offices.

DRS. FELLOWS & FELLOWS
62 Bellis Block, DES MOINES, IOWA
West Wall, and Fourth St., Opp. Kirkwood Hotel

The Citizen is directing the fastidious stranger TO OUR BAKERY. Telling him that he will find the "Best of Everything" in the Bakery Line here. The Citizen is Reliable, and so is the Information.

Geo. L. Champlin

NEW YORK CLIPPER
THE GREATEST THEATRICAL AND SHOW PAPER IN THE WORLD.
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BEST NEWS AND BEST ARTICLES ON AVIATION BY WELL-KNOWN EXPERTS.
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NORA B. ERICKSON CLASS LESSONS FOR BEGINNERS IN MUSIC

Will commence October 1st at 4:30 p. m. Special classes for children from five to ten years of age. Each class limited to twelve, which enables the teacher to give much individual attention. No home practice required. Notation, finger work and time study taught in pleasing and original ways. Terms, \$5.00 for twenty half hour lessons.

Further information on application. Work guaranteed to give satisfaction or money refunded. Studio at A. D. Patterson's.

PURE BRED DRAFT MARES.

By EARL S. GIBSON, Iowa State College.

Experience shows that pure bred draft mares are profitable to the modern farmer of good judgment. However, good judgment is very essential all along the line; in purchasing mares, in breeding them to the right sort of stallion and in taking good care of them and their produce. This good judgment must be coupled with the ability to dispose of the surplus stock to advantage if the greatest possible success is to be attained.

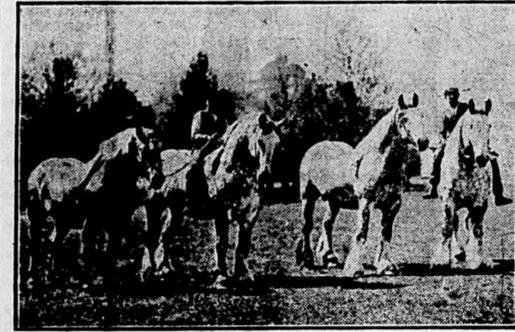
When purchasing pure bred mares keep in mind the type of that breed, which is chosen, and select mares with plenty of size, weighing from 1,700 to 2,000 pounds. They should be of approved conformation, show considerable quality, plenty of action, and, above all, they should be free from any unsoundnesses. Such mares may be bought of the importers or large breeders, but in most instances they may be purchased more cheaply of the small breeder or farmer, who does not know the real value of his animal. Such mares, when matured, should be bought at prices ranging from \$400.00 to \$750.00 each, depending upon the individual.

On the average farm it is nearly always necessary for the pure bred mares to work as well as raise colts. Drafters meet this situation very nicely. Excepting for four or five

It has been well established by experimental work at the college and elsewhere that ten acres of good alfalfa will produce more useful feed to balance the corn ration of the beef steer, the dairy cow, the fattening sheep and the growing hog than forty acres of timothy meadow. A silo will save the enormous waste of the corn stalk, which now amounts to a ration composed of alfalfa, corn silage and corn affords the cheapest means of producing milk and of growing and fattening the beef steer and the lamb for market. Alfalfa pasture for hogs at the college experiment farm has returned a profit of from \$70 to \$100 per acre.

These facts are to be presented by the extension department at every short course and farmers' institute this winter. The lecturers on farm crops and soils will deal with the subject from one standpoint and the lecturers on animal husbandry and agricultural engineering from others. As soon as the short course and institute season is over, the entire corps of extension farm crops and soil workers will take up the study of alfalfa growing conditions in all parts of the state in co-operation with Prof. W. H. Stevenson and his assistants in the agronomy department. In Prof. A. M. Ten Eyck of Kansas and Prof. F. C. Grannis of Illinois, the extension department has added to its staff two men who have had large experience with alfalfa.

In connection with this campaign



THE KIND OF STALLIONS THAT HELP TO MAKE DRAFT HORSE RAISING PROFITABLE.

days before and a couple of weeks after foaling they may do a great deal of work when care and intelligence are used. With these heavy mares implements of greater draft and efficiency can be used than with smaller horses. Also fewer horses are needed, four large ones handling a gang plow in good shape, when five or six smaller ones would be required. Large mares are usually gentle and



PIGS IN ALFALFA—ALFALFA PASTURED BY HOGS PAY AT THE RATE OF \$70 AN ACRE OR MORE.

safe enough for the farmer's boy to ride in the field or on the road.

The profits on an investment in pure bred draft mares are usually very satisfactory when the owner is a good horseman and has a reasonable degree of success in rearing the foals. Oftentimes the mare is worked right up to foaling time. Then parturition takes place in a damp, dirty stall, no effort being made to provide sanitary quarters. The colt's navel is allowed to go without disinfecting with the result that the colt contracts navel disease or joint ill and fails to recover. Then the owner, overlooking his own carelessness, condemns the keeping of draft mares as a money losing proposition. It is just this sort of people that are hurting the pure bred draft horse business the most.

My experience with a draft mare indicates to me the great possibilities of the pure bred draft mare on the farm. In February, 1907, we purchased a 7-year-old gray mare weighing 1,600 pounds in working condition. The price paid at public auction was \$400.00. In April of that year she foaled a filly colt and in the springs of 1908 and 1909 she bore stallion foals. In July, 1910, she then 8-year-old filly foaled a stallion colt. The mare and all her progeny were sold at public auction in February, 1911, just four years after purchasing. The produce sold for \$1,870 and the mare for \$460, making a net gain of \$1,930. In addition to this the mare had been doing her regular share of work.

IOWA ALFALFA AND SILOS.

By F. W. BECKMAN, Iowa State College.

"Ten acres of alfalfa and a 150 ton silo on every quarter section farm in Iowa"—that is the slogan of the agricultural extension department of Iowa State college. With that combination, Iowa would lead the world in the production of meat and milk and that is why the college has organized a great campaign for promoting alfalfa growing and silo building. That combination would also mean soil improvement and a sound basis for a permanent agriculture.

WOULD PACIFY YAQUIS

J. H. HAMMOND WOULD PACIFY YAQUIS

John Hays Hammond has asked the Mexican government to permit him to go, unarmed and accompanied only by an interpreter, into the mountainous stronghold of the Yaqui Indians in Sonora, to pacify that turbulent tribe. The government of Mexico has fought the Yaquis for thirty years, but today the Yaquis are unconquered.

Mr. Hammond expects that the Madero government will give him the permission which he desires. His program is based on his belief that as a result of his life and work in Mexico, many years ago, the understanding between him and the Yaquis is so thorough as to obviate the risk of his being injured or killed. Major Burnham, the famous American and South African scout and fighter, will accompany him.

Last July Mr. Hammond wrote to Senor Calero, the Mexican ambassador to this country, outlining his wishes to pacify the Yaquis and his plan for accomplishing that object.

The Yaquis maintain in their stronghold at this time, in addition to their warriors, a force of 1,600 men armed with modern rifles. They are absolutely impregnable. Diaz tried to bring them into submission, but failed.

In the PUBLIC EYE

WOULD EDUCATE MAN BEHIND THE PLOW

To carry knowledge of scientific agricultural methods directly to the man between the plow handles, and thereby increase the agricultural products of this country by at least 20 per cent, Senator Hoke Smith in a speech in the senate the other day urged the passage of the Smith-Lever bill to establish agricultural extension departments in colleges of agriculture.

"The annual value of our agricultural products is, in round figures, \$9,000,000,000," Senator Smith said. "If the increase as a result of this work were only 20 per cent we would have an increased value of \$1,800,000,000, or a sufficient sum to meet the proposed appropriation for 600 years."

Senator Smith pointed to the passage of the Morrill bill for the establishment of land grant agricultural colleges in each of the states of the Union, and of the Hatch bill for the establishment of an experiment station in each state. Upon them the government is now spending about \$4,000,000 annually. Much of this money and of the \$15,000,000 appropriated each year for the exclusively agricultural work of the department of agriculture, he stated, is spent in investigating and experimenting to show how the best and greatest crops can be raised.

"According to the plans of the bill," he continued, "the representatives of the colleges in the various states will enlist farmers who, under the direction of the representatives of the Agricultural college, will test the value on their own land of the information brought by the representative of the college."

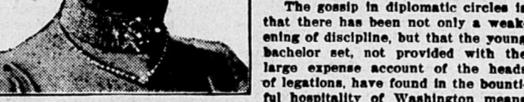


MME. JUSSERAND BARS "FREE LUNCH"

Mme. Jusserand, wife of the French ambassador, and new doyen of the diplomatic corps at Washington, has decreed the abolition of the diplomatic "free lunch route," which is the undiplomatic designation of that indiscriminate and uncensored list of hostesses from whom the attaches of embassies and legations have been wont to accept luncheon, dinner and dance invitations.

Henceforth there will be a rigid adherence to diplomatic and social lines by the young diplomats who have entered too much into the spirit of our democratic institutions and gone to those entertainments where he spirit of conviviality led them.

The gossip in diplomatic circles is that there has been not only a weakening of discipline, but that the young bachelor set, not provided with the large expense account of the heads of legations, have found in the bountiful hospitality of Washington means whereby they have been able to piece out their meager incomes by saving what otherwise would be spent at hotels and restaurants for food and cheer.



MISS BOARDMAN LAUDS BOY SCOUTS

Miss Mabel T. Boardman, secretary of the American Red Cross association, has sent a message to the 400,000 Boy Scouts of America. She rejoices in the good deeds that the Boy Scouts are doing. She compares them with the knights of King Arthur of old.

"The Vision of King Arthur" is the title of Miss Boardman's article in Boys' Life, the Boy Scouts' magazine. Miss Boardman pictures the dying King Arthur, and says: "Something held his clear blue eyes—not glittering armor nor helmet with its visor down—only a boy in simple brown, who stopped to lift a little fallen child. And there! Another guided a blind man through the dangers of the noisy street, and yet another, with kindly men and friendly stroke, soothed some poor, bewildered dog, his master lost. Here one took from her trembling hands the heavy load of some old dame and bore it for her. Another darted swiftly through the town to call the doctor to the aid of some one who was ill. Not here, not there alone, but everywhere, through northern winter snows and under sunny southern skies, the king beheld these knights in brown. Bending over some injured comrade clustered an earnest group. With skillful fingers the wound was dressed; with arms that were strong yet tender the boy was carried home, and on the porch from which the aid was given, behold, a cross of red."

"This is a little story for your Boy Scouts," continues Miss Boardman. "You are the knights in brown. The bold Sir Belvedere thought the true old times were dead, but you have brought them back to life again."

His Stomach Troubles Over. Mr. Dyspeptic, would you not like to feel that your stomach troubles were over, that you could eat any kind of food you desired without injury? That may seem so unlikely to you, that you do not even hope for an ending of your trouble, but permit us to assure you that it is not altogether impossible. If others can be cured permanently, and thousands have been, why not you? John K. Barker, of Battle Creek, Mich., is one of them. He says, "I was troubled with heartburn, indigestion, and liver complaint until I used Chamberlain's Tablets, then my trouble was over." Sold by Fred Lowry.

Chicago Working Women's Home. A whole family can keep itself in health by the use of Dr. Caldwell's Syrup Pepsin, because it is a laxative that works mildly and surely, and some member of the family is almost always in need of such a remedy. Dr. Luella Underhill, medical superintendent of the Working Women's Home of Chicago, writes that she gives nothing but Dr. Caldwell's Syrup Pepsin. It is absolutely guaranteed to do what we claim, and if you want to try it before buying, send your address for a free sample bottle to Pepsin Syrup Co., 119 Caldwell Bldg., Monticello, Ill. It is sold by all Druggists at 50c and \$1 a bottle.

LIFE'S STRUGGLE WITH ILLNESS

Mrs. Stewart Tells How She Suffered from 16 to 45 years old—How Finally Cured.

Euphemia, Ohio—"Because of total ignorance of how to care for myself when verging into womanhood, and from taking cold when going to school, I suffered from a displacement, and each month I had severe pains and nausea which always meant a lay-off from work for two to four days from the time I was 16 years old.

"I went to Kansas to live with my sister and while there a doctor told me of the Pinkham remedies but I did not use them then as my faith in patent medicines was limited. After my sister died I came home to Ohio to live and that has been my home for the last 18 years.

"The Change of Life came when I was 47 years old and about this time I saw my physical condition plainly described in one of your advertisements. Then I began using Lydia E. Pinkham's Vegetable Compound and I cannot tell you or any one the relief it gave me in the first three months. It put me right where I need not lay off every month and during the last 18 years I have not paid out two dollars to a doctor, and have been blest with excellent health for a woman of my age and I can thank Lydia E. Pinkham's Vegetable Compound for it.

"Since the Change of Life is over I have been a maternity nurse and being wholly self-supporting I cannot over-estimate the value of good health. I have now earned a comfortable little home just by sewing and nursing since I was 52 years old. I have recommended the Compound to many with good results, as it is excellent to take before and after childbirth."—Miss EUPHEMIA ADELIA STEWART, Euphemia, Ohio.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

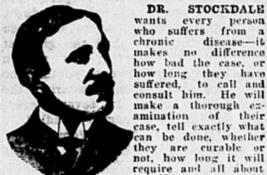
Dr. B. A. Stockdale

WILL BE AT

HOTEL STROTHER, CRESCO

Monday, February 10

Office Hours 9 a. m. to 2 p. m.



DR. STOCKDALE wants every person who suffers from a chronic disease—it makes no difference how long they have suffered, to call and consult him. He will make a thorough examination of their case, tell exactly what can be done, whether they are curable or not, how long it will require and all about it. He treats only chronic diseases. He has devoted twenty years of his life to the study and treatment of diseases of the Stomach, Liver, Bowels and Kidneys; Indigestion, Dyspepsia, Constipation and Diabetes; Heart and Nerve Troubles, Rheumatism, Chronic Catarrh in all its forms—in fact all Chronic Diseases.

DR. STOCKDALE has a system of treatment which he believes is the best known for chronic diseases. He is able to cure many cases that have resisted other treatments—that are considered incurable.

HE HAS A SPECIAL TREATMENT FOR NEUROUS AND PHYSICAL WEAKNESS OF MEN WHICH HE WOULD LIKE TO EXPLAIN IN PERSON. CALL AND GET HIS OPINION AND ADVICE FREE OF CHARGE.

If for any reason you cannot call or visit him personally, write him for an examination blank at his home office.

DR. B. A. STOCKDALE, Utica Building, Des Moines, Iowa. The Doctor can be seen in his office in Des Moines, on Mondays, Fridays and Saturdays or by special appointment.

3 MONTHS MORE OF Coal Weather

And to meet it we have in our sheds this week a clean stock of

Stove Hard
Pocahontas Egg
Hocking Valley
Virginia Splint
Kentucky Splint
Wilmington
Washed Egg

PURITY Stove Egg Lump

BURGESS & SONS

All Brooms Sweep

but the one that sweeps better with the least effort is the one you want. The

LITTLE POLLY BROOM

gets the dirt the first time, and weighs six ounces lighter than other brooms. Flexible straws that bend freely, hold their shape and get the dirt. Saves carpets and rugs. Long smooth handle. Guaranteed. Your dealer has the Little Polly.

Barrak & Stewart Mfg. Co., Des Moines, Ia.

It's a Lot Cheaper to Build

Than to be eternally tinkering with an old, worn-out building, trying to make it last "a little longer." Many of you have an old barn, or a granary, or a corn crib, or, maybe, a house, that is little short of a disgrace to the place. Not only is it a constant source of worry to make it "do," but its rickety appearance is an eyesore.

Take the bull by the horns. Act now. Let us name you a price on the material necessary to replace the old shack with an up-to-date building. We warrant the cost will be so much less than you expect, that you'll not hesitate about building. Estimates cheerfully furnished on bills of all kinds.

ALEXANDER

