

POINTED PARAGRAPHS

Lapland is the country for small children.
Some men make matters worse by trying to explain.
Offering to bet that you are right is a poor argument.
Charity usually begins at home, but reform usually starts elsewhere.
A woman's idea of heaven is a place where every day is bargain day.

TRAINING TODAY'S BOYS AND GIRLS

Wise Folk Know All Rules Are Meant to Be Broken.

WHEN TO DO IT IS QUESTION

Fixed Regularity in the Daily Routine is Essential With Very Young Children—Latitude May Be Allowed the Older Ones.

By SIDONIE M. GRUENBERG.

WISE folks know that all rules are meant to be broken, but it is not safe to let the children find it out too soon.

We can understand the astonishment of Aunt Jo, who dropped in unexpectedly one evening and found eight-year-old Marion sitting up and reading, and the hour long after the usual bedtime.

When one girl meets another she invariably repeats the conversation she had with the last young man she met.

Even matrimony has its advantages. A bachelor has to pay to attend lectures, but a married man gets his at home, free.

SOME DEFINITIONS

Husband—One who must explain.
Wife—A place to hang ornaments.
Gossip—What keeps a small town small.
Weather—What they talk about in dull life.
Bridge—A device for wasting one's time for prizes.
Society—An exhibition of the best people at their worst.
War—An outdoor sport in countries where there has never been any game protection.
Newspaper—An excuse for not looking up when there is a lady standing in the street car.
Firewater—Something to play with after one has become too old to get any pleasure out of playing with matches.
Spinster—A woman who believes in freedom.—St. Louis Post-Dispatch.

HUMAN NATURE

Many a man acts smart and is made to smart for it.
It is possible to smile and be a hypocrite still.
A man's love for his wife doesn't necessarily include her chin music.
It is their confiding nature that makes some women want to tell their family troubles to strangers before they have known them ten minutes.

FLIPPANT FANCIES

Financial reverse—being rejected by an heiress.
Would you call a retired horseman an expert?
Some men are very bright when they're "lit up."
It's all very well to be breezy, but don't be full of hot air.
He must be a cur who would dog another's footsteps.
Air castles are frequently built with "gold bricks."
It is well to have grit when you are out of the dust.
We've never seen a cruiser fight, but we've seen a ship spar.
The man who is continually getting into a hole wouldn't necessarily make a good golf player.—Boston Transcript.

STATISTICAL NOTES

China in 1915 exported 3,565 tons of white beans.
Japan buys 70 per cent of China's white bean crop.
Switzerland is importing 8,700 tons of Java sugar.
Marseille, France, has 50 motion picture theaters.
Spanish wine exports in 1915 were valued at \$11,000,000.
Wuerttemberg, Germany, this year devoted 4,851 acres to hop growing.
In five years, 1910 to 1914, Argentina imported 68,571 dozens of bottles of ginger ale.
There are 6,292 foreigners living in Yokohama. Of these 1,106 are British and 430 Americans.

STAR BEAMS

Age before beauty—the century plant.
Dogmatism is puppyism that has obtained its growth.
When a woman of forty laughs heartily she actually means it.
He's a wise son who doesn't neglect the education of his parents.—Indianapolis Star.

and estranges the growing child and makes us old before our time. And it is quite unnecessary, for it is possible to give the growing child a wholesome routine mitigated by more and more variety. It is possible for children to learn that there are justifiable exceptions to the usual way of doing things.

Children love novelty so much, in general, that they are quite eager for everything that is out of the ordinary. Sometimes, however, they quickly become attached to the comfort of fixed routine. This seems to have been the case with Alfred when his mother wanted him to go to sleep in a different room one evening, as she expected company and wished him to be further from the noise. Alfred stuck to rules and traditions. He had always slept in that bed, and he would not change now. He was promised that he would be taken back to his own bed during the night, and would not be disturbed; but he held out against the irregularity of the proceeding—it was an unheard-of thing to go to sleep in one place and wake up somewhere else. But father called attention to the fact that people go to sleep in a railway car in one city and wake up in another city many miles away. That was interesting; and Alfred fell into the game of playing that he was to take a journey from a distant city, and was to wake up in his own bed in the morning.



He Had Always Slept in That Bed and He Would Not Change Now.

This worked very well as a trick; but if that were repeated too frequently it would soon break up any sense of order—or, rather, the new way might gradually replace the old order.

That is indeed the danger in making exceptions; but we must not be deterred by the danger. We must vary the routine as need arises and thus teach the children that a rule is not something absolute, but a convenience. We must teach them, also, to be the masters of their habits, and not the slaves. Children must retain as long as possible that peculiar power of youth—the ability to change from one set of habits to another. With advancing years and judgment, this means the ability to use discretion without rejecting the benefits of regularity.

REALIZED HIS GOOD LUCK

Old Man Probably Had Never Considered His Position in Just That Light Before.

A Massachusetts man who recently returned from an automobile trip through northern New England had a small mishap on the way home that obliged him to do some tinkering on the car. As the breakdown occurred in a pleasant bit of woods, the family found amusement in strolling about the neighborhood while the head of the family made the repairs.

He had been at work only a few minutes when an old man strolled up with his hands behind his back and prepared to watch the progress of the work. He asked no questions and offered no comments, but his face wore a friendly smile. After a time, having apparently grown tired of standing, he found a seat on a rock by the side of the road and continued to watch.

"Live round here?" asked the car owner at last.

"Ye-up. Lived here all my life; born here, in fact."

"Farmer, I suppose?"

"No, not now. I used to be, but I gave it up."

"Well, you don't seem to be very busy. You have plenty of time on your hands, haven't you?"

"Ye-up; lots of it."

"What do you do now, if I may ask?"

"Don't do nothing. Hain't done nothing for nearly ten years."

"So? Why, you're in luck! If I did nothing for half that length of time I should be in the poorhouse."

The old man's face beamed with a glad surprise, and then, as one who knows his rare good fortune and values it at its just worth, he cried delightedly: "That's where I be!"

YOUTH'S Companion.

Some Names.

A Philippine secret society is named Katanastanan Kagalangalang Katipunan! The Katanastanan Kagalangalang Katipunan has headquarters at Manila. Originally it was called the Katanastanan Kagalangalang Katipunan, but for easier pronunciation it was changed to Katanastanan Kagalangalang Katipunan.—Boston Globe.

Electric Fans for Winter.

Why is it that the first sign of cool weather the electric fan is relegated to the cellar, the attic, or the storeroom, as the case may be? Simply because the mission of the electric fan is misunderstood, observes the Scientific American. It is looked upon as a device for cooling the air during warm weather, whereas as a matter of fact it merely stirs the air. If ever there was an efficient way of warming a room during the coldest winter's day it is to place an electric fan near a radiator so that its breeze passes through the heating coils. This results in creating a current of warm air throughout the room; and instead of the heat of the room being confined to the immediate neighborhood of the radiator, it is distributed to the furthest corners of the room. Why not try it?

Not Guilty.

"Friend," said the irascible man on a trolley car, "I'd rather give you this newspaper than have you reading it over my shoulder." "You do me an injustice, sir," answered the passenger behind him. "I have a cramp in my stomach that makes me lean over this way. I'm not trying to read the headlines in your darned old newspaper."—Birmingham Age-Herald.

Economy.

In the third-class compartment of the city train the conversation turned on the important subject of economy. Various views were expressed. Then a small man in one corner said, slowly: "A friend of mine—leastways, he's more of an acquaintance like—he ain't spent a 'penny in five years.'" "Rot! What are you givin' us?" and similar remarks greeted this statement. "Fact!" said the small one, briefly, as he lit his pipe. "But 'e'll be out of jail next week!"—London Tit-Bits.

Word of Different Meaning.

CLIMBED STAIRS ON HER HANDS

Too Ill to Walk Upright. Operation Advised. Saved by Lydia E. Pinkham's Vegetable Compound.

This woman now raises chickens and does manual labor. Read her story: Richmond, Ind.—"For two years I was so sick and weak with troubles from my age that when going up stairs I had to go very slowly with my hands on the steps, then sit down at the top to rest. The doctor said he thought I should have an operation, and my friends thought I would not live to recover into our new house. My daughter asked me to try Lydia E. Pinkham's Vegetable Compound as she had taken it with good results. I did so, my weakness disappeared. I gained in strength, moved into our new home, did all kinds of garden work, shoveled dirt, did building and cement work, and raised hundreds of chickens and ducks. I cannot say enough in praise of Lydia E. Pinkham's Vegetable Compound and if these facts are useful you may publish them for the benefit of other women."—Mrs. M. O. JOHNSON, Route D, Box 190, Richmond, Ind.



TO KILL RATS, MICE AND COCKROACHES ALWAYS USE STEARNS' ELECTRIC PASTE U. S. Government Buys It SOLD EVERYWHERE—25c and \$1.00



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Green's August Flower

Which for 51 years has been a favorite household remedy in many thousands of homes for all stomach disorders, acid eructation, nervous indigestion, constipation and biliousness. 25c and 75c sizes at all Druggists and Dealers.

Reversal of Form.

"What," queried the innocent maid, "is the proper way for a girl to conduct herself when she's engaged?" "Just as though she wasn't," replied the young widow.

"And how should she act when she isn't engaged?" asked the S. M.

"Just as though she was," answered the experienced female.

STOP THOSE SHARP SHOOTING PAINS "Feminal" is the wonder worker for all female disorders. Price \$1.00 and 50c. Adv.

Wearing Her Out.

"Mrs. Dubvalite has been under a great nervous strain for about six months."

"That's too bad. What's troubling her?"

"Some people moved in next door who are evidently well to do, but to save her life she can't find out where they get their money."

Indigestion produces disagreeable and sometimes alarming symptoms. Wright's Indian Vegetable Pills stimulate the digestive processes to function naturally. Adv.

Force of Business Habit.

"That man has such a pushing manner."

"It is not surprising when you stop to think he manufactured electric buttons."

STOP DISTEMPER.

Distemper, that dread disease of the horse owner, must be fought with the very best remedies if a cure is expected, and for that purpose nothing is better than FRAZIER'S Distemper Remedy, a specialty for this and many other ailments of the throat and nose.

This remedy is guaranteed in all cases of coughs, colds, pink-eye and influenza, or your money back. Send for free booklet. \$1.00 size bottle holds three times as much as the 50 c. size. Sold by most all Druggists, or prepaid from the manufacturers by parcel post, Binkley Medical Co., 24 Clark St., Nappanee, Ind.—Adv.

Recently invented stuffed animals for children have skins that can be removed and washed.

Ask for and Get SKINNER'S THE HIGHEST QUALITY SPAGHETTI 35 Page Recipe Book Free SKINNER MFG. CO. OMAHA, U.S.A. LARGEST MACARONI FACTORY IN AMERICA

COTTON We handle cotton on consignment only and have the finest concrete warehouses with almost unlimited capacity, where your cotton will be absolutely free from all weather damage. Highest classifications and lowest interest rates on money advanced. Write us for full particulars.

GOHLMAN, LESTER & CO. The oldest and largest exclusive cotton factors in Texas HOUSTON, TEXAS

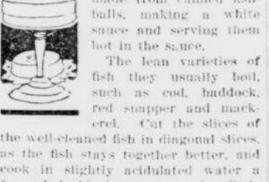
PARKER'S HAIR BALMS A potent restorative for scalp. For Restoring Color and Growth. Sold by all Druggists. Price 25c and \$1.00 at Druggists.

THE KITCHEN CABINET

My character may be my own, but my reputation belongs to any old body that enjoys gossiping more than telling the truth.

FISH DISHES.

The Norwegian people having so much coast line always have fish, yet never seem to tire of it.



The lean varieties of fish they usually boil, such as cod, haddock, red snapper and mackerel. Cut the slices of the well-cleaned fish in diagonal slices, as the fish stays together better, and cook in slightly acidulated water a few whole black peppers and a little salt; then cover and simmer until the fish is tender.

Fish Pudding.—Cook the fish a little underdone in water with a tablespoonful of vinegar and salt and black peppers, and then drain and pound until all the fiber is broken. Now season with butter, cream and fish stock, until it is of the consistency of thin cake batter. Pour into greased molds and steam for two hours and a half. Serve with drawn butter sauce.

Cod en Casserole.—Prepare cod as for frying. Put the bottom of the casserole with bits of butter, then place in it a layer of fish, dust lightly with flour, salt and pepper. Dot with butter and repeat. When the fish is all used pour over it a half cupful of water or fish stock, a third of a cupful of orange juice and the juice of a half lemon. Add parsley and onion. Fit the cover tightly and bake until tender.

Baked Salmon.—Clean a four-pound salmon, and stuff with bread dressing made from a cupful of crumbs, half a cupful of finely chopped apple, parsley, onion, and salt and pepper to taste. Add fish stock and a beaten egg to moisten. Wrap in an oiled paper and place in a baking pan with water and butter. Bake in a quick oven for an hour, basting often, so that the paper is kept moist. Thicken the gravy slightly with flour and serve garnished with radishes and parsley, or lemon and parsley.

Fried Cod Roe.—Slice the roe and fry a rich brown in butter. On each slice is laid a slice of lemon and a small butter ball mixed with chopped parsley. Garnish with slices of tomato and serve cold.

We never know how much one loves all we know how much he is willing to endure and suffer for us; and it is the suffering element that measures love.—Henry Ward Beecher.

SOME COMPANY DISHES.

When entertaining a few guests, a few dishes out of the ordinary are always enjoyed.

Mashed Chops.—Boil and mash four medium-sized potatoes, beat until light, season, add the yolk of one egg and two tablespoonfuls of milk. Broil ten chops on one side for five minutes, turn and sear on the other side. Heap the potatoes on the broiled chops in tiny mounds, dip in egg, roll in crumbs and fry in deep fat. Serve with a garnish of peas.

Oyster Cocktails in Peppers.—Cut the stem ends from two or three green peppers and fill with good seasoned cream cheese, adding cream, salt, pepper, chopped chives or onion; fill the peppers, after removing the seeds and white pulp, press the mixture into the peppers firmly and allow them to stand for a few hours on ice to get firm. When ready to serve, cut in quarter-inch slices, using a sharp knife. Serve on an individual plate with a cracker for the after-dinner coffee. This may be used on lettuce with a salad dressing, making a pretty as well as a satisfying salad.

Cauliflower in Tomatoes.—Peel six tomatoes, cut off the stem ends and scoop out the seeds. Fill the tomatoes with bits of cold boiled cauliflower, add French dressing, put in a tablespoonful of catsup in the middle of each; serve on lettuce leaves as a salad.

Apple Croquettes.—To one cupful of apple sauce add one-half cupful of fine cracker crumbs, a pinch of salt, sugar, cinnamon and nutmeg to taste. Stand aside for an hour and a half, then mold in balls to represent apples. Crumb and fry. Use cloves to represent stems and garnish with fresh leaves when obtainable.

When Fortune Smiled.

They were poor, but Dame Fortune had smiled on them.

Dame Fortune wasn't to blame, however.

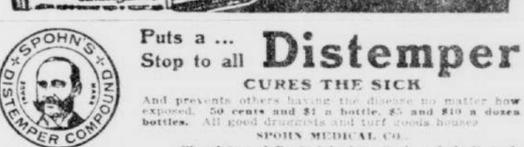
They were a pair of the spoontiest kind of spoony lovers, and it was impossible to keep her face straight.

Sawed-Off Sermon.

It is said that speech was given men in order that they might be able to conceal their thoughts, but in many cases it seems to have been useless.—Indianapolis Star.

The PERUNA Family

has three members you should know if you desire to enjoy life.
1. The popular liquid form of Peruna—the reliable trusted American household, with a long history of success in treating all respiratory difficulties.
2. The tablet form, which is made after the same formula and is more convenient for many.
3. Manna, the ideal laxative, by the regular use of which constipation may be overcome and natural action restored. Manna has no habit-forming drug, but is an aid to nature. Your druggist has all three. So many thousands have received benefit from the use of one or both these remedies that they are a recognized part of the equipment of every careful household. THE PERUNA COMPANY, Columbus, Ohio.



Put a ... Distemper CURES THE SICK And prevents others having the disease by matter how exposed. 50 cents and \$1.00 a bottle. 25c and \$1.00 a dozen bottles. All good druggists and turf goods houses. SPOHN MEDICAL CO. Chemists and Bacteriologists, Goshen, Ind., U. S. A.

WINTERSMITH'S CHILL TONIC

Sold for 47 years. For Malaria, Chills and Fever. Also a Fine General Strengthening Tonic. 50c and \$1.00 at all Drug Stores.

Keeping Up to Date. A boy must be a minute young man about 60 times if he ever hopes to be a man of the hour some day.

FOR PIMPLY FACES Cuticura Is Best—Samples Free by Mail to Anyone Anywhere.

An easy, speedy way to remove pimples and blackheads. Smear the affected surfaces with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water, bathing some minutes. Repeat night and morning. No better toilet preparations exist.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Hardly the Place. "I want to see life in the raw."

"Well, son, it's about as raw as you'll find it anywhere in the trenches, but I wouldn't advise you to go there for a pleasure trip."

DEATH LURKS IN A WEAK HEART, so on first symptoms use "Renovine" and be cured. Delay and pay the awful penalty. "Renovine" is the heart's remedy. Price \$1.00 and 50c.—Adv.

Beginning Right. In choosing associates, and in making friends, begin at home. Acquire the friendship of your wife.

TO LIVE LONG! A recipe given by a famous physician for long life was: "Keep the kidneys in good order! Try to eliminate thru the skin and intestines the poisons that otherwise clog the kidneys. Avoid eating meat as much as possible; avoid too much salt, alcohol, tea. Try a milk and vegetable diet. Drink plenty of water, and exercise so you sweat—the skin helps to eliminate the toxic poisons and uric acid."

For those past middle life, for those easily recognized symptoms of inflammation, as backache, scalding "water," or if uric acid in the blood has caused rheumatism, "rusty" joints, stiffness, get Anurie at the drug store. This is a wonderful eliminator of uric acid and was discovered by Dr. Pierce of Invalids' Hotel, Buffalo, N. Y. If your druggist does not keep it send 10 cents to Dr. Pierce for trial package and you will find that it is many times more potent than lithia and that it dissolves uric acid as hot water does sugar.

Socrates' Wise Advice. Get not your friends by bare compliments, but by giving them sensible tokens of your love. It is well worth while to learn how to win the heart of a man the right way. Force is of no use to make or preserve a friend, who is an animal that is never caught nor tamed but by kindness and pleasure. Excite them by your civilities, and show them that you desire nothing more than satisfaction; oblige with all your soul that friend who has made you a present of his own.—Socrates.

STOP THAT HACKING COUGH. Mansfield (formerly Hungarian) Cough Balsam heals the inflamed and lacerated membrane and quiets the tickling nerves that lie underneath the infected portions. Invaluable for babies. Price 25c and 50c.—Adv.

Lost in Thought. "A man of lofty intellect, you say?" "Oh, yes. Why, he's so far above the plane ordinary people live on that he has to be reminded eight or ten times before he will pay a bill."

Typhoid is a disgrace to a community.

The farmers of North Dakota paid \$14,111,640 for farm labor during 1915.

The occasional use of Roman Eye Balsam at night upon retiring will prevent and relieve tired eyes, watery eyes, and eye strain. Adv.

A Masterpiece. "This apostrophe to water is suitable for scraphooks."

"A fine tribute, eh?" "Yes. It was written by a preacher who never touched a drop of alcoholic liquor in his life, but he could not have been more surprised if he had been addressing a large pitcher of ice water on the morning after a New Year's party."

Point to Consider. "The former private secretary of a prince who went back to a life of crime as soon as he was released and committed a forgery."

"What have you to say to that?" "Perhaps it might have been better to have given him some employment while serving his sentence in which he would not have had so many opportunities to practice with the pen."

The Quinine That Does Not Cause Nervousness or Ringing in Head

Because of its Tonic and Laxative effect, LAXATIVE BROMO QUININE can be taken by anyone without causing nervousness or ringing in the head. It removes the cause of Colds, Grip and Headache. Used whenever Quinine is needed.

—but remember there is Only One "Bromo Quinine"

That is the Original Laxative Bromo Quinine

This Signature on Every Box

Used the World Over to Cure a Cold 25c. in One Day.

C. M. Grove

Maker also of the Old Standard Grove's Tasteless Chill Tonic