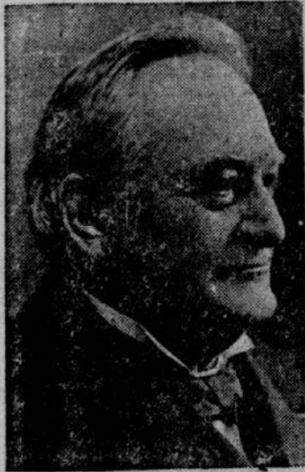


Alcohol In Pe-ru-na— An Unjust Criticism



S. B. HARTMAN, M. D.

Having a little business in one of the federal offices of the city, after it was finished I fell in conversation with the official in charge concerning Peruna. I mention his business to show that the conversation was conducted with a man of more than ordinary intelligence, being a employe of the government who had passed through several civil service examinations. He said to me, not knowing who I was: "I think a great deal of this patent medicine business ought to be stopped. Especially such remedies as Peruna. Peruna, as you know, is a stimulant and contains eighteen or twenty per cent of alcohol. People take it without knowing what it is, and such remedies ought to be prohibited by law. My own mother took Peruna once. She had a cough, night sweats, was growing emaciated and weak. Several doctors examined her. The opinion was expressed several times that she was going into consumption. One thought it was chronic bronchitis. At any rate, her condition was quite serious. She was unable to get any relief from the doctors she consulted, although she took their medicines faithfully for nearly a year. Some one told her about Peruna, and against my wish and against the wishes of our family, she began taking it. At once she improved, and in less than six months she apparently was well. We did all we could to discourage her in taking Peruna, but she persisted. It finally came out in the magazine that Peruna contained alcohol. Then we knew at once what it was that benefited my mother, it was simply the alcohol that Peruna contained. We had the laugh on mother. We have not ceased to make fun of her yet about her being cured with a dilution of alcohol. She seems to be embarrassed by

our teasing her, but is very stubborn. She says that if she were to be sick in the same way again she would certainly get Peruna and take it, alcohol or no alcohol. So you see if people will persist in such foolishness there ought to be a law to prevent them."

I ventured to interpose a question. "You say the doctors could not cure her, and yet you say Peruna did cure her. What difference does it make to you whether it was alcohol or some other drug that effected the cure?"

"Well, I don't know that it makes any difference, but it is deceiving the people to give them alcohol even though it does cure them," he said.

I replied, "Why, I cannot exactly understand that. Alcohol is a drug, the same as quinine or morphin. If alcohol cures certain diseases where is the deception? I understand that the Peruna people print on the label of each bottle the per cent of alcohol contained in Peruna. Each patient may read it, if he pleases. I cannot see where there is any deception."

"Well, I would not take Peruna," he persisted. "Now, I was sick, I had a stomach disease. A violent pain, that would come on about an hour or two after each meal. It grew worse and worse. I was also constipated. I consulted several doctors in our city about my health. I went to see a prominent specialist in New York City, paid out a great deal of money, but no help. One time I was having a bad spell on the train. The gentleman who occupied the next seat was a retired physician with whom I had been acquainted. He said to me, 'My friend, if you want to get well I would advise you to take a glass of lager beer before each meal. I think that will cure you.' Having followed the directions of several good physicians without any assistance, I thought I would try the beer. In a very short time I found it was helping me, and I got entirely well. My bowels became regular and I had no more pain. No more distress after meals. Now, if my mother had used some remedy like that it would be all right. But to persist in using some secret remedy like Peruna, I think it is outrageous."

Again I ventured to ask some questions. I asked: "What do you suppose it was in the lager beer that effected the cure?"

"Why, I presume it was the stimulant it contained. Yes, no doubt it was the stimulant."

"You know, of course, that the stimulant in beer is alcohol, the same as in wine or whiskey or any other alcoholic drink?"

"Yes, I have heard say that beer contains about five per cent of alcohol."

"That is correct," I replied. "You took a bottle of beer before each meal, did you?"

"Yes."

"In doing so you were drinking a pint of a five per cent. solution of alcohol."

"Yes, I suppose so."

"Five per cent. would be one-twentieth. As each pint contains sixteen ounces you were then taking a little less than an ounce of alcohol before each meal."

"Yes."

"But you objected to your mother's taking alcohol in the Peruna, and yet she was taking far less alcohol than you were. As I understand it, the dose of Peruna is one tablespoonful. Supposing it to be twenty per cent. alcohol, there would be in each dose one-fifth of a tablespoonful of alcohol, which would be about half a teaspoonful, while you were taking at least four teaspoonfuls of alcohol in your bottle of beer. And yet you objected to your mother's taking Peruna on the ground that the Peruna contains alcohol. In my opinion it was the alcohol that cured both of you. Your mother evidently was cured of a very serious ailment. Peruna contains alcohol. It was undoubtedly the alcohol that cured her, or at least helped to. The other ingredients of Peruna might have assisted, no doubt did. In your case it was the alcohol in the beer that cured you of the stomach difficulty. Peruna has cured thousands of such cases."

"Well, I declare," he replied, "I never thought of it in that way before. There has been so much said about alcohol being poisonous that I suppose my mind has been prejudiced against it. But if as you say there is also alcohol in beer, the same kind of alcohol as is used in Peruna, I cannot see where the difference is myself."

"Well," I replied, "you have been doing exactly what the average man and woman is doing. You have allowed your mind to become prejudiced against Peruna on account of its containing alcohol. Without stopping to look into the matter at all you have assumed that there is something terribly disreputable about remedies containing alcohol. The fact is, however, that most all fluid medicines, whether prescribed by a doctor or put up as a patent medicine, contain a certain amount of alcohol. It was alcohol that cured your mother. It was alcohol that cured you. In my opinion, alcohol in some form or other is making more cures than all other drugs combined. This is not saying, however, that Peruna contains only alcohol, for it does contain excellent remedies besides alcohol. But I do contend that the alcohol in Peruna is not only not harmful to those who take it, but if taken in the doses prescribed on the bottle it will do a great deal of good and there is not the slightest danger of forming a drug habit." PERUNA IS FOR SALE AT ALL DRUG STORES.

SPECIAL NOTICE—Many persons are making inquiries for the old-time Peruna. To such would say, this formula is now put out under the name of KATAR-NO, manufactured by KA-TAR-NO Company, Columbus, Ohio. Write them and they will be pleased to send you a free booklet.

No Need to Stop Work.

When the doctor orders you to stop work it staggers you. I can't, you say. You know you are weak, run down and failing in health day by day, but you must work as long as you can stand. What you need is Electric Bitters to give tone, strength and vigor to your system, to prevent break down and build you up. Don't be weak, sickly or ailing when Electric Bitters will benefit you from the first dose. Thousands bless them for their glorious health and strength. Try them. Every bottle is guaranteed to satisfy. Only 50c, at Dixie Pharmacy.

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Also 15 Varieties Choice Flower Seeds	50c

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Ask Your Druggist for Free Peruna Almanac for 1913

The Conquered Banner.

(By Father Abram I. Ryan, author of "The Sword of Lee.")

Furl that Banner, for 'tis weary;
Round its staff 'tis drooping dreary;
Furl it, fold it, it is best;
For there's not a man to wave it,
And there's not a sword to save it,
And there's not one left to love it,
In the blood which heroes gave it,
And its foes now scorn and brave it;
Furl it—hide it—let it rest.

Take that Banner down, 'tis tattered
Broken is its staff and shattered;
And the valiant hosts are scattered,
Over whom it floated high.
Oh! 'tis hard for us to fold it;
Hard to think there's none to hold it;
Hard that those who once unrolled it,
Now must furl it with a sigh.

Furl that Banner—furl it sadly;
Once ten thousands hailed it gladly,
And ten thousands wildly, madly
Swore it should forever wave;
Swore that foeman's sword should never
Hearts like theirs entwined sever,
Till that flag should float forever
O'er their freedom, or their grave.

Furl it! for the hands that grasped it,
And the hearts that fondly clasped it
Cold and dead are lying low;
And that Banner—it is trailing!
While around it sounds the wailing
Of its people in their woe.

For, though conquered, they adore it!
Love the cold, dead hands that bore it!
Weep for those who fell before it!
Pardon those who trailed and tore it!
But! Oh! wildly they deplore it,
Now who furl and fold it.

Furl that Banner. True, 'tis gory,
Yet 'tis wreathed around with glory,
And 'twill live in song and story,
Though its folds are in the dust;
For its fame on brightest pages,
Penned by poets and by sages,
Shall go sounding down the ages—
Furl its folds though we must.

Furl that Banner, softly, slowly,
Treat it gently—it is holy—
For it droops above the dead.
Touch it not—unfold it never,
Let it droop there, furled forever,
For its people's hope is dead.

Mrs. S. S. S. Van Buren St., Kingston, N. Y. (full name furnished on application) had such decided benefit from using Foley's Honey and Tar Compound that she shares her good fortune with others. She writes: "Foley's Honey and Tar Compound brought my voice back to me during a severe case of bronchitis and laryngitis. Oh, how many people I have recommended it to." J. W. Duncan Co., Ltd.—Adv.

Subscribe for the Chronicle.

Report of Clash of Union and Non-union Men at Merryville Denied.

Lake Charles, La., Feb. 17.—News from Merryville, La., to-night is to the effect that everything is quiet as a country prayer meeting. Sheriff W. A. Martin returned to his home in DeRidder late to-day without making an arrest. A report of a riot proved to be without foundation, but trouble may result. Yesterday the leading citizens of Merryville met, organized and proceeded to wait upon a dozen or more strikers and agitators who have been trying to cause trouble for the American Lumber Company, where the strike has been on for more than three months. Fist fights were plentiful, but the undesirable were made to leave the city. During the night a negro mill hand was shot by some unknown party. There was no battle between guards and strikers as was originally reported.

Charles Cline, William Baker and Charles Denny left Merryville last night. Employees of the lumber company, members of the Brotherhood of Timber Workers, went on strike several months ago when it was announced that union men would not be employed nor would any of those who were charged with having taken part in the Grabow riots of last year be engaged.

A personal encounter between several men gave rise to a report that two negroes had been killed in a riot here. The trouble had no connection with the controversy among the lumbermen, and was of a trivial nature. Only one man was injured in the fighting.

Blow to Divorce Seekers at Reno.

The divorce bill requiring residence of a year instead of six months passed the senate 20 to 1, without amendment Feb. 17. The bill, if signed by the governor, will go into effect January 1, 1914. The measure was passed by the house last week. Governor Oddie announced he would sign the bill as soon as it reached his office. There are probably 600 divorce seekers now in Reno. The bill will not become effective until January 1, 1914. This will not affect the applications of the present residents, but will discourage the migration of future divorce seekers.

Health Warning.

Chilled and wet feet result in congesting the internal organs, and inflammation of the kidneys and bladder, with rheumatic twinges and pain in back, bladder irregularities, and for backache and rheumatism. They do not contain habit forming drugs. Tonic in action, quick in results. J. W. Duncan Co., Ltd.—Adv.

Holeproof hosiery for men, women and children at Tumminello Bros.—Adv.

Old Age.

Old age as it comes in the orderly process of nature is a beautiful and majestic thing. It stands for experience, knowledge, wisdom, counsel. That is old age as it should be, but old age as it often is means poor digestion, torpid bowels, a sluggish liver and a general feeling of ill health, despondency and misery. This in almost every instance is wholly unnecessary. One of Chamberlain's Tablets taken immediately after supper will improve the digestion, tone up the liver and regulate the bowels. That feeling of despondency will give way to one of hope and good cheer. For sale by all dealers.—Adv.

Succession Notice.

Thirteenth Judicial District, State of Louisiana, Parish of Grant.

Succession of N. W. Everett, deceased.

Whereas James J. O'Quinn has made application to be appointed as administrator of the succession of N. W. Everett, deceased, on his estate:

Notice is hereby given to all whom it may concern to show cause within seven days, why the prayer of the said petitioner should not be granted and why the description and valuation of the said estate should not be approved and homologated.

Witness the Hon. Wilbur F. Blackman, Judge of said court on this the 6th day of February, 1913.

J. J. O'QUINN,
Clerk 13th Judicial District Court.

Budget of Expenses.

On motion the following budget of expenses for the year 1913 was adopted by the police jury:

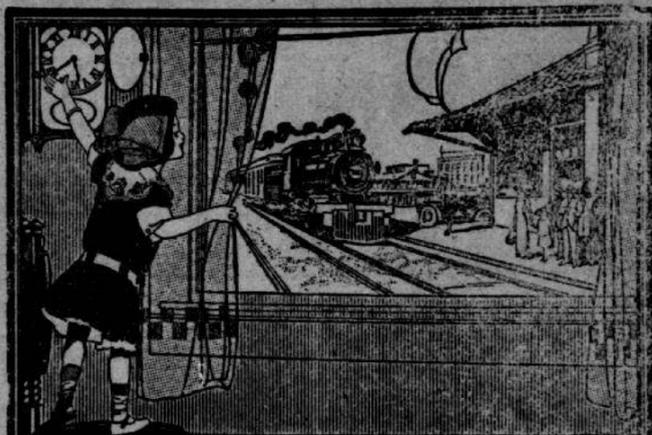
Sheriff's salary	\$ 500 00
School fund	13,750 00
Roads and bridges	12,500 00
Court and criminal exp.	4,000 00
Maintaining prisoners	2,000 00
District attorney	500 00
Treasurer and Par. Att'y.	300 00
Justice of the peace and constables	1,900 00
Printing	400 00
Per diem and mileage of P. J.	500 00
Clerk police jury	100 00
Sheriff's commissions	1,750 00
Assessor's commissions	1,750 00
Contingent expenses	3,050 00
Total	\$43,000 00

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Next to being on time we pride ourselves on the courtesy of our train men. It is their business to answer questions and help you in any way possible. Our double passenger service is dependable. Plan your trips so as to use these "ever on time" trains and ride on the road where there is never a grouch. The ticket agent will be glad to supply you with a folder showing the schedules in detail, and give you any other information you may desire. Trains arrive at and depart from our new Central station in Shreveport and the new Union Depot in Alexandria. Our freight service is equally reliable. Insert in your orders routing c/o L. & A. Ry. You will be pleased with our service. Full information regarding either freight or passenger schedules, rates, etc., will be gladly furnished by any agent of the L. & A. Ry., or any one of the undersigned:

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