

A HIDDEN DANGER

It is a duty of the kidneys to rid the blood of uric acid, an irritating poison that is constantly forming inside.

When the kidneys fail, uric acid causes rheumatic attacks, headaches, dizziness, gravel, urinary troubles, weak eyes, dropsy or heart disease.

Doan's Kidney Pills help the kidneys fight off uric acid—bringing new strength to weak kidneys and relief from backache and urinary ills.

A Montana Case
Mrs. R. S. Andrews, 1021 Eighth Avenue, Great Falls, Mont., says: "My limbs, hands and feet became so swollen I couldn't stand. I was in agony with the pain. I was so reduced in weight my garments just hung on me, and I had given up in despair. Doan's Kidney Pills cured me completely, and over a year has elapsed without the slightest return of the trouble."

Get Doan's at any Store, 50c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., Buffalo, New York

RESINOL RELIEVED

ITCHING INSTANTLY

And Completely Cured Skin Humor.

If you have eczema or any other itching, burning skin trouble, the best evidence of what Resinol Soap and Resinol Ointment can do for you is the word of one who was cured by them after weeks of suffering. Adolph Schoen, 742 Shepherd Ave., Brooklyn, writes:

Nov. 1, 1912.—"At first little red spots were seen on my arms and body, which I noticed were getting larger every day. They itched me so much that I scratched myself until I bled. There were times when I stood up all night and scratched. I was troubled about three weeks, during which time I used Resinol, which seemed to do me no good whatever. Then, finally, I thought of trying Resinol Soap and Resinol Ointment. As soon as I applied Resinol Ointment I felt much relief. After using it a few times, I noticed the sore spots slowly fading away, and in about a month I was cured completely."

The soothing, healing balsams in Resinol Ointment and Resinol Soap, penetrate every tiny pore of the skin, clearing it of all impurities, driving away eczema, rashes, ringworm, psoriasis, and other eruptions, and making pimples and blackheads impossible. Prescribed by physicians for eighteen years. For free samples write to Dept. 8-K, Resinol, Baltimore, Md. Every druggist sells Resinol Ointment (50c) and Resinol Soap (25c), or sent by parcel post on receipt of price.

OWNERS who want to sell farms, ranches or merchandise will find it their interest to write General Sales Co., McKinney, Texas

W. N. U., LITTLE ROCK, NO. 15-1913.

VERY LIKELY.



Mrs. Jones—She thinks her husband is perfection, and yet she watches him like a hawk.

Mrs. Smith—I reckon she thinks he's too good to be true.

Arkansas Directory

Brick Write Arkansas Brick & Mfg. Company for prices. W. W. Dickinson, Pres. Little Rock, Arkansas

3-Day Liquor Cure

NEAL TREATMENT. Safe, sure cure for the drink habit. Three days. No hypodermics. Institute located, 815 Center Street, Little Rock. Telephone 3201. P. E. McCarthy, Manager.

SEEDS

For the Farm, Garden, Field and Flowers of all kinds. Adapted to Arkansas. Buy the best and get BIG CROPS. Incubators. Lelifer Bros. Seed Co., 104 E. Markham St., Little Rock

Chocolates

60 cts. per lb. delivered fresh and pure. Made in our new Sanitary Factory. Cakes, Rolls, Ices, Creams, Puddings, for special occasions. We ship anywhere. Send us your orders. The Peckham Co., Little Rock, Ark.

EVERLASTING—

World's Best Cotton Felt MATTRESS Non-absorbent—will not lose shape—always elastic. A positive guarantee attached to each one—take no other. Absolutely the best mattress made at a moderate price. Ask your furniture dealer. If he hasn't it write us. OATES MATTRESS CO., Little Rock, Arkansas

Watch Repairing

Cleaning, 75c. Mainsprings, 75c. Other repairing equally at low. We save you money and guarantee our work. Also deliver by Parcel Post. Crescent Jewelry Co., Heber Springs, Ark.

PLEA FOR FRESH AIR

OPEN WINDOWS NECESSARY FOR PRESERVATION OF HEALTH.

Spotless Window Curtains, So Dear to the Heart of the Average Housewife, Must Be Sacrificed for the General Family Good.

If the national campaign against tuberculosis is going to be a success, it cannot be too strongly impressed that, like charity, preventive measures must begin at home. Fresh air must be obtained by each occupant of every room in the house. This can never be accomplished until housewives realize that the body is of more value than raiment and an abundant supply of pure air of more importance to life than the maintenance of the traditional snow-whiteness of a pair of window curtains.

The fear of soiling white curtains and also of admitting dust and dirt into the rooms where it can settle on furniture and ornaments is quite as much responsible for the closed window habit as is the dislike of draughts. It is hard to overcome prejudice, and harder still to root out an old established custom, but, nevertheless, these elementary facts of hygiene should be taught plainly and simply to elder girls in school so that wiser habits of house management may be inculcated.

To abolish curtains altogether from the windows of private dwellings would be, perhaps, too much to expect of the present generation, but if this ideal cannot yet be attained, they might be made of some less expensive or more readily renewable material. For the sake of appearances human lives must not be allowed to suffer.—From the Medical Press and Circular, London.

Laundering Linens.

When washing tablecloths remember that boiling water poured on the linen before it is wet will remove the majority of stains. When linen has worn thin and has no "body" of its own, it may be run through a very thin starch, which will give it "body" without giving it a stiff appearance.

After it has become perfectly dry it should be well sprinkled, rolled up tightly and laid away for two or three hours before being ironed. The tablecloth is then taken by two persons, each one gathers a hemmed end into the hands and pulls the cloth. It is then shaken and folded lengthwise.

To make them look well when finished they must be ironed on a well-padded table, first on one side and then on the other, with a hot iron until they are dry.

Pineapple Diplomatique.

Make a crust with a quarter of a pound of suet or beef marrow chopped very fine, half a pound of flour, and sufficient water to mix, using a knife for the mixing, not the hands. Line a greased or buttered basin with this and put into it about half a grated pineapple with a liqueur glass of curacao. This will about half fill the crust. Cover the pineapple with a layer of paste, very thin, and fill up with a sweetened custard prepared with a teaspoonful of milk and two eggs and flavored with noyau. Cover the custard with more of the paste and steam the whole for an hour and a half. This is a delicate, delicious dessert.

Steamed Rhubarb Pudding.

Put 2 tablespoons melted butter in a cup. Drop into this 1 egg. Fill the cup with sweet milk. Sift into your mixing bowl 2 cups of flour, ½ cup sugar, a little salt, 1 even teaspoon soda, 2 even teaspoons cream of tartar. Turn into this the liquid mixture and beat thoroughly. Cut some rhubarb into small pieces and add a cupful of the batter. Stir well, turn into a basin greased and floured, and steam 1 hour. Serve with any liquid sauce preferred. Apples, cranberries, blackberries, or peaches may be used the same way.

Sunshine Pudding.

Two tablespoons of cornstarch, one pint of boiling water, a teaspoon of salt, whites of three eggs, and vanilla to taste, one-quarter cup of sugar; boil the cornstarch after wetting in cold water, then add the whites beaten lightly, then three bananas sliced thin, leaving the cornstarch at the top; then one pint of milk, the yolks of two eggs and one-quarter cup of sugar, and pour over when served. This is a very pretty dish.

Boiled Frosting.

Boil cup sugar and half cup water together until it threads with a pinch of cream tartar in sugar, beat whites of two eggs containing a pinch of salt until stiff (never stir syrup when cooking); then add syrup, a few drops at a time to the beaten egg, with the egg beater, slightly flavor, when the right consistency and cool spread over over cake.

Line Under Side.

If a silence cloth sticks to the table line one side with cheesecloth or old muslin, and put the lined side next to the table. You will find that no more lint will stick to the polished surface.—Ladies' Home Journal.

Makes Meat Tender.

A very little vinegar, cooked with coarse meat, will make it tender, or you may dip the meat in vinegar before cooking. A small piece of apple cooked in a meat pie or stew also makes the meat tender.

CONSTIPATION



Munyon's Paw-Paw Pills are unlike all other laxatives or cathartics. They coax the liver into activity by gentle methods; they do not scour; they do not grip; they do not weaken; but they do start all the secretions of the liver and stomach in a way that soon puts these organs in a healthy condition and corrects constipation. Munyon's Paw-Paw Pills are a tonic to the stomach, liver and nerves. They invigorate instead of weaken; they enrich the blood instead of impoverishing it; they enable the stomach to get all the nourishment from food that is put into it. Price 25 cents. All Druggists.

Food for reflection never satisfied a hungry man.

When you feel like calling a man a liar go to the telephone and then change your mind.

Dr. Pierce's Pellets, small, sugar-coated, easy to take as candy, regulate and invigorate stomach, liver and bowels. Do not grip. Adv.

The wife of a shiftless man excuses him on the ground that he means well.

Cures Old Sores, Other Remedies Won't Cure
The worst cases no matter how long standing, are cured by the wonderful, old reliable Dr. Porter's Antiseptic Healing Oil. Relieves pain and heals at the same time. 50c, 1.00.

What a woman doesn't know about a neighbor is just what she wants to find out.

Heredity.
"That girl has such a metallic voice."
"That's because her father made his money in steel."

In Delaware.

Black—I understand your father made money in the whaling industry. Brown—That's right. He was sheriff, and was paid for doing stunts at the whipping-post.

Disproving the Charge.

It is a sharp emergency that can catch Pat, even when he is ignorant and ragged. An Irishman whose garments were in tatters was brought before a magistrate on the charge that he was a vagrant, with no visible means of support. Pat drew from the pocket of his torn coat a loaf of bread, the half of a dry codfish and several cold potatoes. These he spread upon the stand before him and coolly asked: "What do you think of him, yer honor? Shure, an isn't him visible manes of support?"

Sinecure Had Lasted Long.

Pensions are not the only things commanded and forgotten. An inquisitive member of the British House of Commons was struck one day by the presence of a policeman in one of the lobbies. He wondered why this particular lobby should always have a guardian strolling up and down and made inquiries. The records of the house were searched and it was found that fifty years previously, when the lobby was being decorated, a policeman had been stationed there to keep members from soiling their clothes. The order never having been countermanded, the constable had kept his beat for half a century.

Bear's Grease and Baldness.

In a recent volume of reminiscences the writer states that baldness is much more common now than in his early days, and ascribes the modern man's loss of hair to the decrease in the use of "bear's grease." This pomade was made principally of lard, colored and scented, but "hairdressers, many of whom called themselves 'professors,' used to advertise 'the slaughter of another fine bear,' exhibiting a canvas screen depicting in glaring colors a brown animal of elephantine proportions expiring in a sea of gore."

Solves the Breakfast Problem

A bowl of crisp, sweet

Post Toasties

makes a most delicious meal.

These crinkly bits of toasted white corn, ready to serve direct from package, are a tempting breakfast when served with cream or milk, or fruit.

The Toasties flavour is a pleasant surprise at first; then a happy, healthful habit.

"The Memory Lingers"

HOLD RECORD FOR FASTING

Two Eccentric Englishmen Who Practiced Self-Denial Through Many Years of Their Lives.

The most persistent faster of all time was probably Roger Crabbe, who lived in the time of the Commonwealth.

In order to carry out his ideas most effectually he sold off his stock in trade, distributed the proceeds among the poor and took up his residence in a hut near Ickenham, where he lived on three farthings a week.

"Instead of strong drinks and wines," says the eccentric Roger, "I give the old man a cup of water and instead of roast mutton and rabbit I give him broth thickened with bran and pudding made with bran and turnip leaves chopped together."

Vigorous health was the result, says the London Chronicle, but his abstinence from food was regarded with such suspicion that on one occasion he narrowly escaped being burned alive as a wizard.

Another famous hermit who managed to reduce diet to very simple proportions was James Lucas, with whom many of us are doubtless familiar as Mr. Mopes in Charles Dickens' "Tom Tiddler's Ground." Lucas lived mainly upon bread and penny buns, though to these were added at times eggs and herrings and gin. A basket slung from the roof out of reach of the rats served him as a larder, and he abjured washing, all furniture and clothes, wrapping himself in an old blanket.

A generosity with gin made him the friend of all the tramps in the kingdom and eventually he had to employ two armed watchmen to protect him from their attentions. A hermit with a bodyguard is something of a paradox.

SMALL VALUE OF HUMAN LIFE

According to Legal Decisions Few Men Need Have High Opinion of Themselves.

That "human life is cheap" would appear from a study undertaken by a well known lawyer of the legal decisions handed down in this country with reference to the "cash value" of a man.

It is estimated that at ten years of age a boy of the laboring class is worth \$2,061.42; at fifteen, \$4,263.46; at twenty-five, \$5,488.03, from which time the decline is steady, a man of seventy, by this legal decision scale, rating at only \$17.13! By the same practical method of computation one eye is worth \$5,000; one leg, \$15,000; two legs, \$25,000; one arm, \$10,000; one hand, \$6,000; one finger, \$1,500, and permanent disability, \$25,000. This, it is pointed out, is merely an average as far as decisions have been examined.

It should be added that the estimates of the value of a man's life are based upon an idea not of his value to himself, but of his value to the community. The figures in individual cases would vary greatly with reference to the fact whether or not the person's death caused hardship to others who were dependent upon him.

The value of a man to himself is, it is further pointed out, unimportant after he is dead—from a legal point of view. His value to society at large cannot be considered in a cash estimate, since that kind of value depends upon other than physical resources. His value to those who look to him for support can alone be estimated on the material side.

Danger for Him.

It was on a crowded car one day last summer that a middle-aged woman, carrying a fretful baby, was forced to squeeze herself into a small space left vacant beside a dapper youth of possibly twenty years. His countenance had all the expression of his immaculate white suit, except for a look of disgust which he assumed as the baby, in its restlessness, would touch him with foot or hand. Finally he turned toward the woman and inquired, in a tone audible to those near him:

"Ah, beg pardon, madam, but has this child anything—ah—contagious?"

The nurse was a motherly looking woman. Glancing compassionately at him through her gold rimmed spectacles, she remarked, meditatively:

"Well, now, I don't know, young man, but—ah—it might be to you, She's teething!"

Evil in Use of Drugs.

In an article on the indiscriminate use of drugs the Lancet takes the same position as that of the New York physician who was recently quoted in this column. Speaking of "the shrewd fellow" who suffers from insomnia and purchases veronal as a safe (?) hypnotic, the writer says: "Eight grains have been known to prove fatal and ten grains not uncommonly give rise to alarming symptoms. But the sleep producer is used, nevertheless, by people who feel justified by misleading paragraphs in 'medical columns,' blind to the risk of acquiring a drug habit."—New York Tribune.

Noting in it—But Money.

The late Charles Major, author of "When Kighthood was in Flower," was a sincere if not a very subtle writer, and he had no patience with the literary trickster.

Mr. Major, at a dinner in Shelbyville, once condemned the literary trickster with the epigram:

"You can fool some of the people all of the time—but when you consider what kind of people they are, does it really seem worth while?"

Costs Less Bakes Better

CALUMET BAKING POWDER

ECONOMY—that's one thing you are looking for in these days of high living cost—Calumet insures a wonderful saving in your baking. But it does more. It insures wholesome food, tasty food—uniformly raised food. Calumet is made right-to sell right-to bake right. Ask one of the millions of women who use it—or ask your grocer.

RECEIVED HIGHEST AWARDS
World's Pure Food Exposition, Chicago, Ill.
Paris Exposition, France, March, 1912.

You don't save money when you buy cheap or big-can baking powder. Don't be misled. Buy Calumet. It's more economical—more wholesome—gives best results. Calumet is far superior to sour milk and soda.

W. L. DOUGLAS

\$3.00 \$3.50 \$4.00
\$4.50 AND \$5.00

SHOES FOR MEN AND WOMEN

BEST BOYS SHOES IN THE WORLD \$2.00, \$2.50 and \$3.00

The largest makers of Men's \$3.50 and \$4.00 shoes in the world.

Ask your dealer to show you W. L. Douglas \$3.50, \$4.00 and \$4.50 shoes. Just as good in style, fit and wear as other makes costing \$5.00 to \$7.00—the only difference is the price. Shoes in all leathers, styles and shapes to suit every body. If you could visit W. L. Douglas large factories at Brockton, Mass., and see for yourself how carefully W. L. Douglas shoes are made, you would then understand why they are warranted to fit better, look better, hold their shape and wear longer than any other make for the price.

If W. L. Douglas shoes are not for sale in your vicinity, order direct from the factory and save the middleman's profit. Shoes for every member of the family, at all prices, by Parcel Post, postage free. Write for Illustrated Catalog. It will show you how to order by mail, and why you can save money on your footwear.

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W. L. Douglas name is stamped on the bottom.

TAKE NO SUBSTITUTE

Stops Backache

Sloan's Liniment is a splendid remedy for backache, stiff joints, rheumatism, neuralgia and sciatica. You don't need to rub it in—just laid on lightly it gives comfort and ease at once.

Best for Pain and Stiffness
MR. GEO. BUCHANAN, of Welch, Okla., writes:—"I have used your Liniment for the past ten years for pain in back and stiffness and find it the best Liniment I ever tried. I recommend it to anyone for pains of any kind."

SLOAN'S LINIMENT

is good for sprains, strains, bruises, cramp or soreness of the muscles, and all affections of the throat and chest.

Got Entire Relief
R. D. BURGONNE, of Maysville, Ky., RR. 1, Box 5, writes:—"I had severe pains between my shoulders; I got a bottle of your Liniment and had entire relief at the fifth application."

Relieved Severe Pain in Shoulders
MR. J. UNDERWOOD, of 2000 Warren Ave., Chicago, Ill., writes:—"I am a piano polisher by occupation, and since last September have suffered with severe pain in both shoulders. I could not rest night or day. One of my friends told me about your Liniment. Three applications completely cured me and I will never be without it."

Price 25c, 50c, and \$1.00 at All Dealers.
Send for Sloan's free book on horses.

Address
Dr. Earl S. Sloan, Boston, Mass.

Sphinxes. An American archaeologist is said to have solved the riddle of the sphinx by boring into its head and removing the sand. Many a sphinx would be one no longer after the head was subjected to a similar process. Not until after its head was bored into was it suspected that the sphinx-head in Egypt was hollow. It is so with many other sphinxes.—St. Louis Globe-Democrat.

FOLEY KIDNEY PILLS

Are Richest in Curative Qualities FOR BACKACHE, RHEUMATISM, KIDNEYS AND BLADDER

Constipation Vanishes Forever

Prompt Relief—Permanent Cure
CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable—act surely but gently on the liver. Stop after dinner distress—cure indigestion, improve the complexion, brighten the eyes. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

Brentwood

CALL STONES Home Remedy (NO OIL) End Stomach Misery. Send FREE for 58 page Liver-Gall Book FREE
Carter's Home Remedy Co., Dept. 677, 219 N. Dearborn St., Chicago

PARKER'S HAIR BALM
Grows and beautifies the hair. Promotes a luxuriant growth. Stops itching scalp. Restores Gray Hair to its Natural Color. Prevents hair falling out. 50c and \$1.00 at Druggists.

WANTED Thousands of agents to sell the Book "Famous—100 Stories that make a thrilling history of his life. All the people want them. Everybody's buying them. Get busy. Get money from the harvest. Labels commissions paid. Bob Taylor Pub. Co., 5 Noel Block, Nashville, Tenn.

DROPSY THREATS. Give quick relief, usually remove swelling and short breath in a few days and entire relief in 12-48 days, trial treatment FREE. DR. CHAS. HENK, Box A, Atlanta, Ga.

MAKE SELL PARKER TREE GUM WAX. LITTLE ROCK, ARK. DRUGS, DEPT. J, FAIRFAXVILLE, TENN.