

TAKE SALTS TO FLUSH KIDNEYS IF BACK HURTS

Says Too Much Meat Forms Uric Acid Which Clogs the Kidneys and Irritates the Bladder.

Most folks forget that the kidneys, like the bowels, get sluggish and clogged and need a flushing occasionally, else we have backache and dull misery in the kidney region, severe headaches, rheumatic twinges, torpid liver, acid stomach, sleeplessness and all sorts of bladder disorders.

You simply must keep your kidneys active and clean, and the moment you feel an ache or pain in the kidney region, get about four ounces of Jad Salts from any good drug store here, take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and is harmless to flush clogged kidneys and stimulate them to normal activity. It also neutralizes the acids in the urine so it no longer irritates, thus ending bladder disorders.

Jad Salts is harmless; inexpensive; makes a delightful effervescent lithia-water drink which everybody should take now and then to keep their kidneys clean, thus avoiding serious complications.

A well-known local druggist says he sells lots of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble.—Adv.

Natural Ending.

"Was there any sign of mourning when Miss Pretty face snapped up the best matrimonial catch of the season?"

"Sure there was. All the belles were told."

Both Hands.

"Do you know," said the wearied damsel, "that you play a great deal like Josef Hofmann?"

"Really! Aren't you joking?" said the sad specimen.

"Not at all. You both use your hands."—Dartmouth Jack o' Lantern.

No. SIX-SIXTY-SIX

This is a prescription prepared especially for Malaria or Chills and Fever. Five or six doses will break any case, and if taken then as a tonic the fever will not return. 25c.—Adv.

Bad Language.

Little Browning—Mamma, Hubley Howell uses awfully bad language.

Mrs. Bacon Hill—What did he say, my dear?

Little Browning—He said "Damn yer."

Mrs. Bacon Hill (horrified)—Oh, Browning! Never you say such a thing as that!

Little Browning (proudly)—No, same way.

thereafter, and that the assessor shall be entitled to the same compensation as you."—Puck.

Student Housing.

The Drexel Institute of Philadelphia has a woman's problem on its hands in regard to older women who come there from out of the city, for whom there is no place in the city high schools or who are ineligible for the city schools. It is proposed that these girls shall live in approved boarding houses and not remove without special permission of the dean. An assistant dean is especially in charge of the women students.

Found a Tintoretto.

A municipal councillor, Adrien Mithouard, is responsible for the discovery of a masterpiece among the piles of old canvases put aside as almost valueless in the municipal storerooms at Auteuil, Paris. His curiosity was aroused by the aspect of one of the canvases, which was so black that practically nothing was visible, and ordering the picture scrubbed, an "Adoration of the Magi" by Tintoretto was disclosed.

UPWARD START After Changing from Coffee to Postum.

Many a talented person is kept back because of the interference of coffee with the nourishment of the body.

This is especially so with those whose nerves are very sensitive, as is often the case with talented persons. There is a simple, easy way to get rid of coffee troubles and a Tenn. lady's experience along these lines is worth considering. She says:

"Almost from the beginning of the use of coffee it hurt my stomach. By the time I was fifteen I was almost a nervous wreck, nerves all unstrung, no strength to endure the most trivial thing, either work or fun.

"There was scarcely anything I could eat that would agree with me. The little I did eat seemed to give me more trouble than it was worth. I was literally starving; it was so weak I could not sit up long at a time.

"It was then a friend brought me a hot cup of Postum. I drank part of it and after an hour I felt as though I had had something to eat—I felt strengthened. That was about five years ago, and after continuing Postum in place of coffee and gradually getting stronger today I can eat and digest anything I want, walk as much as I want. My nerves are steady.

"I believe the first thing that did me any good and gave me an upward start, was Postum, and I use it altogether now instead of coffee."

Name given by the Postum Co., Battle Creek, Mich.

Postum now comes in two forms:

Regular Postum—must be well boiled. 15c and 25c packages.

Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum.

—sold by Grocers

Making Tomorrow's World

By WALTER WILLIAMS, LL.D.
(Dean of the School of Journalism of the University of Missouri)

FREE HOLLAND'S SLAVE ISLANDS



Bavia, Java.—Kechil was only six years old. Slight of figure and short of stature, she appeared even younger. Her name, in Javanese meaning "Tiny One," had been given her at birth, not because she was small, but as an expression of endearment. The Javanese, a smiling, bright-eyed, brown-skinned race, are devoted to their children. Indeed, when Sina, who was Kechil's oldest

sister, the first-born of the family, came to the Java home, her parents' names were changed, according to ancient native custom, and they were thereafter known by words that mean in our prosaic English Pa Sina and Ma Sina. The baby is an important personage in the Javanese home life.

When Kechil went to work in the sorting room of the big tea estate she was scarcely five years of age. Labor was needed at the tea estate, however. The Dutch rulers of the East Indies archipelago have a century-old system of impressment of labor which, technically abolished in some islands and for some purposes, exists in actual practice almost to peonage in districts of the tourists' beaten track.

Nowhere in the Dutch archipelago is there a child-labor law. Nowhere is there compulsory school attendance. Why seek to compel the attendance of children at schools when there are not schools enough provided to accommodate those who go voluntarily? Why have a child-labor law when it would interfere with the profits of the Dutch-owned estates? The very idea seemed ridiculous to the courteous manager of the estate. As for sending girls to school—bah! That might do in Europe and of course in America, where he had heard they even sent black girls to school, and did other mad things, as possibly in Ba-

ced, said construction to be made by the growing of that commodity for government purposes. Rice, the principal food of the people, if they can afford it, is also their principal crop, and yet, for reasons closely

connected with the government's methods referred to, the production does not come up to the consumption. Java, thanks largely to the official tourist bureau, is the best known of the islands constituting the Netherlands East Indies. It is also the best governed, the most prosperous and the one where the most consideration, slight though this may be, has been shown by the Dutch government for the welfare of the natives. Java has a population of 35,000,000, more than one-third the population of the United States. Six hundred to a square mile live on the island. Borneo, Sumatra and Celebes, all islands in the Dutch archipelago, exceed Java in size. In these the conditions are even less favorable to the development of the native population.

Have No Political Rights. In Java the primary schools open to natives are few and inadequate, and, except recently for doctors, there are no higher institutions of learning. The native wishing higher education must go to Holland. Taxation is high, particularly for the native, and returns he receives therefrom are few indeed. He has no voice in any administration of the island's affairs. He cannot vote nor hold office of any importance.

The Dutch government, sterner in



Natives of Java.

administration in the archipelago than the Holland officials at home believe or wish, has been forced to take cognizance of the awakening demand for liberty and justice. The Mohammedan organization, though its chief aim is religious, has had some effect in disclosing conditions and urging social and political reform. Moreover, in a country where the discussion of politics is not merely discouraged but by law forbidden, it is hopeful to find a political society, well organized, with more than 12,000 members, the Indische or Indian party, the avowed purpose of which is equality before the law for all inhabitants of the island. This society includes in its membership all classes and is doing an excellent educational work though, prudent as its leaders are in the main, it comes frequently into collision with the local government. The organ of the society is the Java Express, edited at Bandoeng by H. C. Kakebeke, a Dutchman by birth, a resident of Java, but by naturalization a citizen of the United States. The Express is the best edited newspaper in Java, and has the largest circulation. Kechil, Sina, their father and brothers and the 35,000,000 of the same race are not without a strong advocate.

Aims of Reform Society. "The object of the Indische party," explained Mr. Kakebeke, "is to awaken the patriotism of all Indians for the soil that nurtures them, to create a desire for political equality in an Indian fatherland and thus prepare the way for independence." It was this hint at possible future independence that caused the governor-general to decline to permit the incorporation of the society under the forms of law. "The Indische party purposes," said Mr. Kakebeke, "to teach the history of these people to them in order to awaken the latent national sentiment. We would abolish all special privileges that attach to race or caste. We are opposed to religious sectarianism or strife. We seek the establishment of technical schools that the natives may become skilled to do their own technical work rather than be compelled to import men to do it. We wish free education for all, morally taught in the schools and no difference in education because of race or sex. We favor one law for Europeans and natives alike. We desire to enlarge the influence of the native in the government by giving him the right to participate in it. We wish to equalize taxation, to protect the laborer, to improve economic and social conditions, and to do all these things within the law."

Robbery by Tax-Collectors. Conditions far worse than those which the Indische party seeks to remedy in Java exist in the other islands of the archipelago, Borneo, Sumatra, Celebes and the smaller ones. In these the native is a peon, half-savage and half-slave. The exceptions are few and far between. Take the matter of taxation in Borneo, as the one sufficient example of the general rule. Let an intelligent, high-minded, patriotic Dutchman tell the story. "I lived for some time among the primitive population in Borneo," he said. "Away in the interior the different tribes of the so-called dreadful Dajaks were my helpers. Shy at first, they soon became friendly when they found that I was not after their slender belongings but paid fair wages. One day a government tax collector came. When you and I pay taxes we get something in return, police protection, courts, justice. These Borneo natives get nothing in return. The tax-collector kept at his work until there was not a fellow in the whole camp that had a dollar left except myself. He stripped the camp and the native village bare of everything of value. His boats carried it all down the river—as taxes. The Dajaks, who still are uncivilized and cut off their enemies' heads, when they hear of the visit of the tax-collector to any tribe, immediately attack those thus visited, knowing they will have nothing left with which to make defense. Is it strange that the tax-collector is sometimes the victim of the enraged natives? I do not blame him for his tax-collecting. The stay-at-homes must have revenue, and he must produce it for them. It is a rotten system of avarice and greed."

Rebellion Mercilessly Suppressed. Occasionally even the light-hearted, happy-go-lucky Javanese rebels against such treatment and there is bloodshed. The Dutch speedily and mercilessly suppress the insurrection and the outside world, so rigid is the control of the press, hears little or nothing of it. In the other islands, particularly in Sumatra and Borneo, where the natives are less gentle than in Java, there is constant strife. In Timor the natives arose in wrath the other day at the exactions and bestialities of an official and well-nigh toppled the entire government of the island, half Dutch and half Portuguese, into the sea. Though there are many excellent and unselfish men in the Dutch administration of the East Indies, the system is one of exploitation primarily. It shows well on the bank books, but not in the lives of the native men and women.

Kechil's face brightened into a smile. She had begun work early that Sunday morning—the exploiter of Java has no Sabbath in his calendar—and she might earn the enormous sum of five cents for her ten hours' labor. The stern overseer, too, had smiled at her—visitors were in the room—and the gentle Javanese are quick to respond in kind to generous humor. Suddenly the baby worker's face hardened into a frown. Perhaps the overseer's smile suggested her sister's fate.

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SENTINEL OF EUROPE

Gibraltar an Imposing Sight to the Visitor.

Great Rock is Mysterious, Wonderful, Beautiful, Somber, According as One Sees It—Greatness in Its Significance, Not Its Size.

London.—No matter at what hour one approaches Gibraltar, it is a memorable occasion. The great rock is mysterious, wonderful, beautiful, somber, according as one sees it in the early morning haze, at noonday, at sunset, at midnight.

It was not yet breakfast time on December 18 when we first saw that great mass of jurassic limestone and realized that we were at the most important gateway in the world. Directly east opened the blue Mediterranean, gilded in morning sunshine, a few far-off boats stranded in the golden path. The southern mountains stretched away in uneven masses of rose and lilac; across the channel, gloomy Gibraltar, formidable and gressome in the early shadows, bristling with unseen portholes, pierced the clouds at the height of a quarter of a mile. These, the Pillars of Hercules, beyond which the boldest one feared to sail! Monuments left by the Phoenician age when he tore the continents asunder—Mount Abyla, on the right; Mount Calpe (Gebel-al-Tarik), on the left—the mountain of God and of Tarik, the Moor!

Tarik ibn Ziyad, at the command of Musa, the African viceroy of the caliph of Damascus, headed an expedition of Moors and built the first fortress on the rock early in the seventeenth century. Today the tower of the castle he commenced in 1713 may still be seen in a prominent position back of the town.

Before the anchor dropped boats were heading toward us laden with oranges and tangerines; others freighted with nothing but olives. A steam launch brought Cook's men, labeled and uniformed; and a swarthy complexioned flower man with little nose-gays of violets and bunches of red roses. Conspicuous among the new arrivals was a big man with bright, restless eyes, wearing a broad sombrero. Someone whispered, "Mark Twain's guide." Nearing the wharf we spied a group of Arabs, in blue burnouses, brightened by crimson sashes and fezzes and yellow slippers.

The Other Case. Dayton, Ohio.—"Lydia E. Pinkham's Vegetable Compound relieved me of pains in my side that I had for years and which doctors' medicines failed to relieve. It has certainly saved me from an operation. I will be glad to assist you by a personal letter to any woman in the same condition."—Mrs. J. W. SHERER, 126 Cass St., Dayton, Ohio.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Neuralgia sufferers find instant relief in Sloan's Liniment. It penetrates to the painful part—soothes and quiets the nerves. No rubbing—merely lay it on.

SLOAN'S LINIMENT
Kills Pain

For Neuralgia "I would not be without your Liniment and praise it to all who suffer with neuralgia or rheumatism; or pain of any kind."—Mrs. Henry Bishop, Helena, Missouri.

Pain All Gone "I suffered with quite a severe neuralgic headache for 4 months without any relief. I used your Liniment for two or three nights and I haven't suffered with my head since."—Mr. J. H. Swinger, Louisville, Ky.

Treatments for Cold and Croup "My little girl, twelve years old, caught a severe cold, and I gave her three drops of Sloan's Liniment on sugar on going to bed, and she got up in the morning with no signs of a cold. A little boy next door had croup and I gave the mother the Liniment. She gave him three drops on going to bed, and he got up without the croup."—Mr. J. H. Swinger, Louisville, Ky.

At all Dealers. Price 25c., 50c. and \$1.00 Sloan's Book on Horses sent free. Address DR. EARL S. SLOAN, Inc., Boston, Mass.

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Why pay agents? Write enclosing stamp for our plan. FARMERS CO-OPERATIVE ADVERTISING ASSOCIATION, Texarkana, Ark.—Tex.

"I want to see Parcel Post extended until no other person in cities will starve for lack of food rotting on the ground a few miles away." Rubber stamp like above to any address for fifty cents. C. L. DeBorja, Cotton & Interest Calculators, St. Louis, Mo.

Pettit's Eye Salve RELIEVES TIRED EYES

NOT HIGH-PRICED AMBITION

Magazine Poet Surely Could Not Be Accused of Having Too Strong Desire for Wealth.

Apropos of Marshall R. Kermochan, who makes \$30 a year by writing music, a magazine poet said:

"To make \$30 a year out of music is pretty good. It's as much as I, a successful poet, make out of verse.

"When they see my poetry in all the magazines people think that I live at the Ritz-Carlton. Alas, they don't know the magazine poetry rates.

"A young lady said to me the other day:

"I like your poetry so much. I have often heard the expression—beautiful as a poet's dream. Tell me, what are poet's dreams like?"

"Well, my dear young lady, I replied, 'mine are usually about three square meals a day, clean linen and an occasional 5-cent cigar.'"

Natural Conclusion. "How do you suppose that soft coal dissolution movement will end?"

"Oh, I suppose it will end up in smoke."

TWO WOMEN AVOID OPERATIONS

By Taking Lydia E. Pinkham's Vegetable Compound.

Chicago, Ill.—"I must thank you with all my heart for Lydia E. Pinkham's Vegetable Compound. I used to go to my doctor for pills and remedies and they did not help me. I had headaches and could not eat, and the doctor claimed I had female trouble and must have an operation. I read in the paper about Lydia E. Pinkham's Vegetable Compound and I have taken it and feel fine. A lady said one day, 'Oh, I feel so tired all the time and have headache.' I said, 'Take Lydia E. Pinkham's Vegetable Compound,' and she did and feels fine now."—Mrs. M. R. KARSCHNICK, 1438 N. Paulina Street, Chicago, Illinois.

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