

# BILIOUS, HEADACHY, SICK "CASCARETS"

Gently cleanse your liver and sluggish bowels while you sleep.

Get a 10-cent box. Sick headache, biliousness, dizziness, coated tongue, foul taste and foul breath—always trace them to torpid liver; delayed, fermenting food in the bowels or sour, gassy stomach.

Poisonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache.

Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will surely straighten you out by morning. They work while you sleep—a 10-cent box from your druggist means your head clear, stomach sweet and your liver and bowels regular for months. Adv.

### A New Cure.

A bedpost has not generally been regarded so much as an eye-opener as an eye-shutter, but if a story that comes from Boston is true—and what story from Boston was ever untrue?—our oculists should go to school to the handmaids of Morpheus. Mr. Frank H. Hayes, who has been stone blind for nine years, so the tale runs, struck his head violently against the bedpost on arising, and was astounded a few minutes afterward to find that his sight had been entirely restored. We do not know whether the virtue of this cure lay in the bedpost or in the fact that it was a Boston bedpost, but if it was really effected in this way there would seem to be a good deal in such inanimate objects not heretofore dreamed of in the philosophy of optics. One of the morals of this modern miracle would seem to be that "knocking" is sometimes a very efficacious process, and that the only way to make some folks see things is by knocking them into their heads.—Baltimore Sun.

### A GLASS OF SALTS WILL END KIDNEY-BACKACHE

Says Drugs Excite Kidneys and Recommend Only Salts, Particularly If Bladder Bothers You.

When your kidneys hurt and your back feels sore, don't get scared and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with a mild, harmless salt which removes the body's urinous waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood. In 24 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

Drink lots of water—you can't drink too much; also get from any pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys will act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate clogged kidneys; also to neutralize the acids in urine so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive; cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep their kidneys clean and active. Try this, also keep up the water drinking, and no doubt you will wonder what became of your kidney trouble and backache.—Adv.

### No Change.

"He became run down from his overworking himself at agricultural pursuits, and the doctor advised a change of occupation, which is why he came back to town and set up as a fashionable dentist."

"That's no change of occupation. He's still cultivating achers."

### Getting On.

"Has that novel you are reading any atmosphere?" "I should say so! A tire explodes in the first chapter and that's how the hero meets the heroine."

### COLDS & LaGRIPPE

5 or 6 doses 666 will break any case of Chills & Fever, Colds & LaGrippe; it acts on the liver better than Calomel and does not gripe or sicken. Price 25c.—Adv.

The masculine idea of an intellectual woman is one who is built like a hairpin and wears spectacles.

YOUR OWN DRUGGIST WILL TELL YOU Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids; No Stinging—Just Eye Cream. Write for Book of the Eye by mail free. Murine Eye Remedy Co., Chicago.

A man looks cheap when his wife calls him "dear" in public.

Wash day is smile day if you use Red Cross Dull Blue, American made, therefore the best made. Adv.

Hysteria has often been mistaken for patriotism.

# INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of Sunday School Course Moody Bible Institute, Chicago.)

## LESSON FOR JANUARY 31

### THE BIRTH OF SAMSON.

LESSON TEXT—Judges 13:8-16, 24-25. GOLDEN TEXT—"Beware, I pray thee, and drink no wine nor strong drink."—Judges 13:4.

The story of Samson bulks large in the book of Judges and in the interest and imagination of all men ever since his day. This being the only lesson in a seven years' course we suggest, in outline, Samson's entire life.

I. Samson's Parents. God chooses a humble man and woman, folk of piety and prayer, to bring forth and rear this great deliverer. The angel's most improbable promise (13:3) is accepted by Manoah and his wife (13:6, 7). They express a desire to be able to measure up to the responsibility—a suggestion to parents. There is also a hint of the dual responsibility of parents in the words, "teach us." (See Eph. 6:4; Jas. 1:5-7.) It was reasonable to believe that the one who brought the promise could also tell them how to train and nurture the child. God honored the mother's prayer and she shares her experience with the father (v. 9). As the mother of a Nazirite she must keep herself from all things unclean (v. 14; II Cor. 6:17), even as Mary, the mother of Jesus (Luke 1:38). The experience of the sacrifice, the worship of Manoah and his wife and the fact of Samson's birth completes the record of chapter 13. Manoah could not worship the angel, but could show him hospitality. Verse 18 (R. V.) seems to indicate that this was another premanifestation of our Lord Jesus.

II. Samuel's Power. Every race has its superman, and usually it is one of physical strength. That Samson had no physical evidence of his superior strength is evident from the fact that Delilah asked to know his secret. Nor was his strength in his hair, else there was no need that the "Spirit of Jehovah" should come upon him. The secret of his power is indicated in 13:25. The word "move" suggests to play upon a harp, as if Samson's heart was open to God as a harp is open to human touch. "Samson's power was the result of a faith that was open to the infinite storehouse of the divine dynamic." Such spiritual power is within the reach of every man. Samson ("sunny") was full of laughter; not the comic, but the joyous. He did the big things God gave him to do and was filled with gladness. But Samson came under the spell of an evil woman and all of this true laughter and glad joyousness left his soul.

III. Samson's Impurity. A woman can make or mar the man with whom she associates. As a Nazirite, Samson was dedicated unto God, must not allow a razor to touch his head, was not to touch anything unclean, nor drink intoxicating liquor. This vow was usually for a short period. Samuel and John the Baptist are other Nazirites recorded in Scripture, and are said to have been such from birth (3:14; 16:17; Luke 1:15). Samson's strength burned out when he lay his head in a harlot's lap and the laughter went out of his soul. It was that which broke the contact between him and God. Samson's birth in a godly home, his knowledge of his relation to God and the experience of God's power did not keep him from an ignoble failure.

IV. Samson's Imprisonment. We find him after his excesses grinding in the Philistine prison, where he perhaps overheard praises being sung to Dagon who had overthrown Jehovah's judge. It is never safe to play with temptation though conscious of our own strength; then it is we are most apt to fall (I Cor. 10:12). One act and the gay hero is grinding in a prison house. Directly a man goes into impurity, whether in act or thought, he loses the power that formerly moved men or worked wonders. Year after year Samson plodded his round of enforced toil, a type of the force and power of intemperance and other impure habits.

Finally, "when their hearts were merry" (16:25), he is brought out to make sport. During one of his resting periods he said to a boy near by, "Let me feel of the two pillars," those upon which the main walls rested and which were within a man's reach. Then it was that he was able to grip the mysterious power of the unseen (16:30). Was Samson a suicide? No! He accepted death as the inevitable consequence of his act of duty (See Heb. 11:32).

The growth of his hair was only a token of that consecration which he had surrendered when he failed to withstand the wiles of Delilah.

The Temperance Teaching of this lesson is all too plain. It must begin in the home and continue throughout all of life. As we have scattered information throughout our land we have seen the work of temperance advancing mightily. Samson's exploit with the lion is a temperance sermon in parable (14:5, 6; Prov. 20:1). The business of the temperance forces is to slay the lion. We are also to eat "honey out of the rock," to gain victories, within and without, and, like Samson, we can give honey to others. To have a part in helping to redeem a lost world requires that we keep clean.

# CALOMEL MAKES YOU SICK, UGH! IT'S MERCURY AND SALIVATES

Straighten Up! Don't Lose a Day's Work! Clean Your Sluggish Liver and Bowels With "Dodson's Liver Tone."

Ugh! Calomel makes you sick. Take a dose of the vile, dangerous drug to-night and tomorrow you may lose a day's work.

Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel, when it comes into contact with sour bile crashes into it, breaking it up. This is when you feel that awful nausea and cramping. If you feel sluggish and "all knocked out," if your liver is torpid and bowels constipated or you have headache, dizziness, coated tongue, if breath is bad or stomach sour, just try a spoonful of harmless Dodson's Liver Tone.

Here's my guarantee—Go to any drug store or dealer and get a 50-cent bottle of Dodson's Liver Tone. Take a spoonful tonight and if it doesn't

straighten you right up and make you feel fine and vigorous by morning I want you to go back to the store and get your money. Dodson's Liver Tone is destroying the sale of calomel because it is real liver medicine; entirely vegetable, therefore it cannot salivate or make you sick.

I guarantee that one spoonful of Dodson's Liver Tone will put your sluggish liver to work and clean your bowels of that sour bile and constipated waste which is clogging your system and making you feel miserable. I guarantee that a bottle of Dodson's Liver Tone will keep your entire family feeling fine for months. Give it to your children. It is harmless; doesn't gripe and they like its pleasant taste.

### His Choice.

Just after the fall of Bloemfontein soldiers were called for, owing to the scarcity of civilians, to work the railway. The weary "Tommys" were lying in a camp one night after a hard day's work, when a sergeant called out:

"Any of you men want to put your names down as railway porters, drivers, stokers, half-bolled clerks, or for any other appointments connected with the railway?"

Silence, broken only by snores. Then one "Tommy" slowly raised his head and drowsily muttered: "Put me down as a sleeper, sergeant."—London Tit-Bits.

# FALLING HAIR MEANS DANDRUFF IS ACTIVE

Save Your Hair! Get a 25 Cent Bottle of Danderine Right Now—Also Stops Itching Scalp.

Thin, brittle, colorless and scraggy hair is mute evidence of a neglected scalp; of dandruff—that awful scurf. There is nothing so destructive to the hair as dandruff. It robs the hair of its luster, its strength and its very life; eventually producing a feverishness and itching of the scalp, which if not remedied causes the hair roots to shrink, loosen and die—then the hair falls out fast. A little Danderine tonight—now—any time—will surely save your hair.

Get a 25 cent bottle of Knowlton's Danderine from any store, and after the first application your hair will take on that life, luster and luxuriance which is so beautiful. It will become wavy and fluffy and have the appearance of abundance; an incomparable gloss and softness, but what will please you most will be after just a few weeks' use, when you will actually see a lot of fine, downy hair—new hair—growing all over the scalp. Adv.

### Khaki for the Navy.

Navel medical authorities, after experience gained in naval operations at Vera Cruz, are of the opinion that white clothing, particularly white hats, are too easily penetrated by the sun's rays and are therefore unsuitable for use in the tropics. It is recommended that only khaki or forestry neutral clothing be supplied to the navy for landing parties.—The Pathfinder.

# INDIGESTION, GAS OR SICK STOMACH

Time it! Pape's Diapepsin ends all Stomach misery in five minutes.

Do some foods you eat hit back-taste good, but work badly; ferment into stubborn lumps and cause a sick, sour, gassy stomach? Now, Mr. or Mrs. Dyspeptic, jot this down: Pape's Diapepsin digests everything, leaving nothing to sour and upset you. There never was anything so safely quick, so certainly effective. No difference how badly your stomach is disordered you will get happy relief in five minutes, but what pleases you most is that it strengthens and regulates your stomach so you can eat your favorite foods without fear.

You feel different as soon as "Pape's Diapepsin" comes in contact with the stomach—distress just vanishes—your stomach gets sweet, no gases, no belching, no eructations of undigested food.

Go now, make the best investment you ever made by getting a large fifty-cent case of Pape's Diapepsin from any store. You realize in five minutes how needless it is to suffer from indigestion, dyspepsia or bad stomach. Adv.

The more a man gets the more he wants—unless a police judge is dealing it out.

# WANTED TO CONTINUE GAME

Secretary Lane Couldn't Understand Defeat in Golf While He Had Clubs to Play.

Josephus Daniels, secretary of the navy, was invited the other day to go out and play golf.

"I can't play it," said Daniels; "I made up my mind some time ago not to go in for golf until they change the rules."

"How do you mean?" "Well, until they change the rules and make it as good a game as shilly."

That recalls the tale they tell about the time Franklin K. Lane, now secretary of the interior, first undertook the mastery of golf.

Two enthusiasts over the game lent a large set of clubs to Lane and they played a round. When they had reached the last hole Lane walked over to the nearest teeing place and began attempts to drive off with each club in his sack, one after another.

"The game's all over," they explained, gently.

"Well," asked Lane, picking up another kind of club, "can't I play my hand out?"—New York Sun.

### The Conqueror's Return.

Mr. Mouatt, born tired, also father of a large family, spent most of his married life in bed, while Mrs. Mouatt worked in the glass factory, just to keep things moving. One morning Mr. Mouatt became impregnated with the large idea of getting out of bed at last and offering his services to his country. On calling at Mrs. Mouatt's one day last week a lady found her in tears.

"Why, Mrs. Mouatt, what is the matter? Has your husband been wounded?"

"No, miss. (Loud sniffles.)

"Well, dear me! I hope he has not been killed!"

"Oh, it's worse than that, miss! 'E's coming 'ome!'"—Judge.

### Poor Doggy!

"Say, mister, will you give me five cents?"

"What for?"

"I want to buy a loaf of bread for my starving family."

"Oh, certainly, in that case. Here's your nickel."

"Thank you, sir. Now, if it isn't asking too much, will you give me a dime more?"

"What for?"

"I want to buy some meat for my dog."

### Formation of Opinions.

"What do you think of the president's speech?"

"I don't like it!"

"Have you read it?"

"No. When I disagree with a man's politics, I don't have to read his speeches to know I don't like 'em."

### Solved.

"Professor Grouch has at last solved the problem of abolishing distress in the world."

"What's his scheme?"

"To starve the poor off the face of the earth."

### Gay Old Dogs.

"You can't teach an old dog new tricks."

"Oh, I don't know. They all want to try the tango and the maxixe."

### Developing.

Irene—Don't you think that travel brings out all that is in one?

Ire—Yes; especially ocean travel.—Judge.

### Truth That Bore.

"Pa, what is a truism?"

"A truism, my son, is a truth which is so true that it makes everybody tired."

### The Opportunist.

He—I love the true, the good, the beautiful, the—

She—Oh, George, this is so sudden!

The fellow who is good at making excuses isn't very valuable for anything else.—Toledo Blade.

# WRONG VIEWS OF MARRIAGE

Brooklyn Lawyer Tells of Some Popular Impressions That Are Entirely Erroneous.

Some persons believe, says Mr. Hugo Hirsch of the Brooklyn bar, in Case and Comment, that marriage can be entered into by any man or woman, regardless of age, race, relationship, or condition. But in this they are mistaken, for every state has its own peculiar laws regarding, limiting and circumscribing entrance into this relationship as the same may be affected by those provisions.

Some persons believe that fraud, force, duress, coercion, used for the purpose of bringing about marriage between man and woman, do not affect the legality of the relationship, but in this they are mistaken, because every state and territory has a law providing for the annulment of marriages caused by fraud, force, etc.

Some men believe that wives are chattels and may be beaten into submission. This is a grave error, for in many of the states such conduct is cause for an absolute divorce, and in nearly all of the states it is cause for a legal separation.

### Their Pastor's Faults.

Warden—So you got rid of your pastor?

Elder—Yes; he was a good man, but he was too dry in his preaching—always giving us a history of the Jews. But we don't like our new pastor much, either.

Warden—What's the matter with him?

Elder—Well, he preaches with tears in his voice all the time.

Warden—I see. The old pastor was to historical, and the new one too hysterical.

# HOW TO HEAL THAT RAW, ITCHING, SCALY SKIN

If you are suffering with eczema, ringworm, rash or similar tormenting skin disease, try resinol ointment and resinol soap. You will be surprised how quickly the itching stops and the skin becomes clear and healthy again. Prescribed by doctors for 20 years. All druggists sell resinol ointment (50c and \$1.00), and resinol soap (25c).—Adv.

### Admiration.

"What do you think of my latest series of observations?" asked one scientist.

"Wonderfully interesting," replied the other. "If you had not been a scientist you would have made a great press agent."

### RUB-MY-TISM

Will cure your Rheumatism and all kinds of aches and pains—Neuralgia, Cramps, Colic, Sprains, Bruises, Cuts, Old Sores, Burns, etc. Antiseptic Anodyne. Price 25c.—Adv.

### Not What He Meant.

"I'll bet I can tell what you are laughing at."

"I'll bet you can't. Perhaps your nose doesn't look as funny as you imagine it does."

Some men who boast that they pay as they go never manage to get very far.

Man is of few days and full of condensed meanness.

# For Five Years

I was Troubled with a Chronic Disease. Peruna Cured me Sound and Well.



Mrs. Maggie Durbin, 209 Victory St., Little Rock, Ark., writes: "I was troubled for five years with a chronic disease. I tried everything I heard of, but nothing did me any good. Some doctors said my trouble was catarrh of the bowels, and some said consumption of the bowels. One doctor said he could cure me; I took his medicine two months, but it did me no good. A friend of mine advised me to try Peruna and I did so. After I had taken two bottles I found it was helping me, so I continued its use, and it has cured me sound and well. I can recommend Peruna to any one, and if any one wants to know what Peruna did for me if they will write to me I will answer promptly."

### Modesty Rewarded.

"She quit because the manager of the show asked her to wear tights."

"You seldom see a chorus girl like that."

"Seldom, indeed. The incident gave her so much free advertising that she is now drawing a fancy salary in vaudeville for posing seminude as a living picture model."

### Matchless Conceit.

Stranger—Have you a match, sir? Vain Individual—No, I don't think so.—Boston Evening Transcript.

### London Crisis.

"Walter! Vienna steak, please!" "Ush, sir, we calls 'em Petrograd patties now, sir!"

Red Cross Ball Blue, made in America therefore the best, delights the housewife. All good grocers. Adv.

How a girl does hate a male flirt—unless he is flirting with her!

# To Cool a Burn and Take the Fire Out

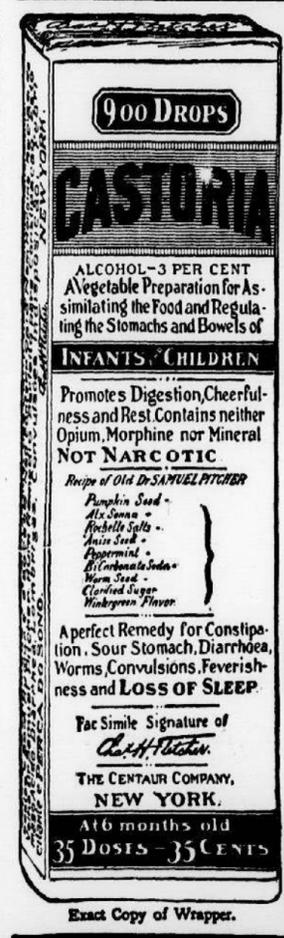


HANFORD'S Balsam of Myrrh

For Cuts, Burns, Bruises, Sprains, Strains, Stiff Neck, Chills, Old Sores, Open Wounds, and all External Injuries.

Made Since 1846. Ask Anybody About It.

All Dealers G. C. Hanford Mfg. Co., SYRACUSE, N. Y.



# CASTORIA

For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of

Wm. H. Fletcher.

In Use For Over Thirty Years

# CASTORIA

ALCOHOL—3 PER CENT A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral NOT NARCOTIC

Recipe of Old Dr. SAMUEL PITCHER

Fac Simile Signature of THE CENTAUR COMPANY, NEW YORK.

At 6 months old 35 Doses—35 CENTS

Exact Copy of Wrapper.

# Death Lurks In A Weak Heart

If Yours is fluttering or weak, use RENOVINE. Made by Van Vleet-Mansfield Drug Co., Memphis, Tenn. Price \$1.00