

"CASCARETS" FOR LIVER, BOWELS

For sick headache, bad breath, Sour Stomach and constipation.

Get a 10-cent box now. No odds how bad your liver, stomach or bowels; how much your head aches, how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish bowels—you always get the desired results with Cascarets.

Don't let your stomach, liver and bowels make you miserable. Take Cascarets to-night; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach, backache and all other distress; cleanse your inside organs of all the bile, gases and constipated matter which is producing the misery.

A 10-cent box means health, happiness and a clear head for months. No more days of gloom and distress if you will take a Cascaret now and then. All stores sell Cascarets. Don't forget the children—their little insides need a cleansing, too. Adv.

One-Hundred-Dollar Tree.

The government has received \$99.40 in payment for a single sugar pine tree that a trespasser cut in the Stanislaus National forest in California. It yielded more than enough actual lumber for a good-sized house, or for a two-foot board walk nearly two miles long. The tree scaled 18,933 board feet, and was valued at \$5.25 a thousand feet. Officers of the forest service believe that although national forest timber is frequently sold at a higher rate a foot, no other tree ever felled in a national forest has been worth so much.—Youth's Companion.

KIDNEYS CLOG UP FROM EATING TOO MUCH MEAT

Take Tablespoonful of Salts If Back Hurts or Bladder Bothers—Meat Forms Uric Acid.

We are a nation of meat eaters and our blood is filled with uric acid, says a well-known authority, who warns us to be constantly on guard against kidney trouble.

The kidneys do their utmost to free the blood of this irritating acid, but become weak from the overwork; they get sluggish; the eliminative tissues clog and thus the waste is retained in the blood to poison the entire system.

When your kidneys ache and feel like lumps of lead, and you have stinging pains in the back or the urine is cloudy, full of sediment, or the bladder is irritable, obliging you to seek relief during the night; when you have severe headaches, nervous and dizzy spells, sleeplessness, acid stomach or rheumatism in bad weather, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning and in a few days your kidneys will act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys, to neutralize the acids in urine so it is no longer a source of irritation, thus ending urinary and bladder disorders.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink, and nobody can make a mistake by taking a little occasionally to keep the kidneys clean and active.—Adv.

'Nother Testimonial.
Gyer—My brother has been greatly benefited by patent medicines.
Myer—So? What kind did he take?
Gyer—Oh, he didn't take any. He's a druggist.

DO NOT HESITATE

To Use Cuticura on Skin-Tortured Babies. Trial Free.

A hot bath with Cuticura Soap and gentle application of Cuticura Ointment at once relieve, permit rest and sleep and point to speedy healing of eczemas, rashes, itchings and irritations of infants and children even in severe cases.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

A Business Matter.
Eunice—Have you taken the count?
Heiress—No; but I have an option on him until after the horse show.—Judge.

JUST ONE BOND'S PILL AT BED TIME

will relieve that disagreeable Headache, Sour Stomach, Dizziness, Coated Tongue, due to an inactive Liver. Don't take Calomel, Bond's Pills are far better, and they will remove the cause. You wake up well. 25c. All druggists.—Adv.

You have a right to express your opinion of the weather, but what's the use?

Coughs and Colds cannot hold out against Dean's Mentholated Cough Drops. A single dose gives relief—5c at all Druggists.

The small hours are responsible for many a large head.—Columbia State.

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of Sunday School Course, Moody Bible Institute, Chicago.)

LESSON FOR MARCH 21

JONATHAN AND HIS ARMOR-BEARER.

LESSON TEXT—1 Samuel 14:1-14.
GOLDEN TEXT—Let us put on the armor of light.—Rom. 13:12.

Samuel's review of his life of integrity, his charge to the Israelites, God's testimony of displeasure over their persistent desire to have a king, and Samuel's words of comfort and assurance as found in chapter 12, form an interesting connection with last Sunday's lesson. In chapter 13 we have the record of Israel again in distress and of Saul's folly in his assuming the priestly office (vv. 13, 14).

I. Saul's Distress, vv. 1-4. That Saul's disobedience, just indicated, had incurred God's displeasure, we know. It evidently had its effect upon the people also, for his army had dwindled during the intervening fifteen or eighteen years, from 330,000 (ch. 11:8) to a feeble 600 (v. 2). They were further handicapped by a lack of weapons (ch. 13:19-23). Deserted by Jehovah, by Samuel, Jehovah's priest, and by nearly all of his enthusiastic subjects (see 11:12) Saul was "in the uttermost part of Gibeah" hiding under a pomegranate tree (see vv. 11, 22 and 13:6). This may refer to his being at Rimmon (Judges 20:43-47). In this retirement Saul retains Ahiah (v. 3) as priest, thus keeping up the outward form of worship. This priest is not referred to as Jehovah's. He was a grandson of Phinehas, one of Eli's wicked sons, and as such was not to be a successor in the high priest's office (ch. 2:30-26). Such an outward form of "dead works" cannot take the place of a living faith. For Saul to consult the oracle of the Urim and Thummim worn by the priest and later to call up familiar spirits, shows his lack of spiritual apprehension. The references made to Saul's conduct (chapters 12, 13) are an indication of his character and emphasize the psalmist's words as found in Ps. 119:11, 105.

II. Jonathan's Victory, vv. 4-13. But God had one leader to whom he could speak, Jonathan, who is one of the finest and most attractive characters in the whole Bible. This episode is among the most brilliant in the history of the Israelitish nation. It was a brave deed, and an evidence of that triumphant faith shown so clearly in Jonathan's dealings with David. There seems to be a suggestion that Jonathan had lost confidence in his father, for neither he nor the people knew where Jonathan had gone. Verses 4 and 5 vividly picture the nature of the location wherein Jonathan undertook this feat. Jonathan clearly counted upon the fleshly covenant sign as ground upon which to expect help and victory over his enemies, who lacked such a sign (v. 6). The army of the Philistines had been divided into three sections (Ch. 13:17), and this gave Jonathan his opportunity. The garrison at Michmash was on the opposite side of the ravine from Geba, Saul's headquarters. Hidden by the cliffs it was quite easy to approach the Philistines. It is an interesting and enlightening conversation recorded as ensuing on that journey.

Jonathan—It may be that the Lord will work for us; for there is no restraint to the Lord to save by many or by few (v. 6).

Armorbearer—Do all that is in thine heart; behold I am with thee.
Jonathan—We will pass over, and will discover ourselves.
The test, as recorded in verses 9 and 10 was a real one and a revelation of Jonathan's shrewdness. Not to be invited by the Philistines would suggest a desire they may have had to cover up any weakness. To be asked to "come" suggests their self-confidence.

Today's Message. Two young men of faith saved a nation sunk in despair and disgrace. They inspired confidence in God and his promises. "Youth for battles, old age for counsel," but there are times that demand action more than conference and consideration. Courage is only of value, however, when based upon much training, devotion to God, the interests of others, and a clear vision. It is not a mere flash in life's pathway. Courage is contagious; Jonathan's feat set on fire the soul of a nation. Read again the roll of honor in the eleventh chapter of Hebrews. The highest courage is not physical but moral. This courage is open to all, but it is intelligently grounded upon God's sure revelation in his word and in the person of his Son, our Lord. "And his armor-bearer after him."

Jonathan did not go alone. On the other hand it is not probable this young lad would have gone up those rocks had not Jonathan led the way; because one went before him, he was able to scale the fortress. God alone knows the heights to which we may attain, but does not ask us to go alone, nor expect us to do the impossible. The greatest heroes are not military, they are Christian heroes, who put on the Christian armor and whose "strength is the strength of ten because their hearts are pure." Such heroes are not dismayed at the contempt and gibes of the enemy.

CALOMEL SICKENS! IT SALIVATES! DON'T STAY BILIOUS, CONSTIPATED

I Guarantee "Dodson's Liver Tone" Will Give You the Best Liver and Bowel Cleansing You Ever Had—Don't Lose a Day's Work!

Calomel makes you sick; you lose a day's work. Calomel is quicksilver and it salivates; calomel injures your liver.

If you are bilious, feel lazy, sluggish and all knocked out, if your bowels are constipated and your head aches or stomach is sour, just take a spoonful of harmless Dodson's Liver Tone instead of using sickening, salivating calomel. Dodson's Liver Tone is real liver medicine. You'll know it next morning because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and your bowels regular. You will feel like working. You'll be cheerful; full of vigor and ambition.

Your druggist or dealer sells you a 50-cent bottle of Dodson's Liver Tone

under my personal guarantee that it will clean your sluggish liver better than nasty calomel; it won't make you sick and you can eat anything you want without being salivated. Your druggist guarantees that each spoonful will start your liver, clean your bowels and straighten you up by morning or you can have your money back. Children gladly take Dodson's Liver Tone because it is pleasant tasting and doesn't gripe or cramp or make them sick.

I am selling millions of bottles of Dodson's Liver Tone to people who have found that this pleasant, vegetable, liver medicine takes the place of dangerous calomel. Buy one bottle on my sound, reliable guarantee. Ask your druggist or storekeeper about me.

The Shot That Missed.

In controversy it is better to be intellectually honest than to be consistent.

In an ecclesiastical discussion that occurred at one of the general assemblies of the Presbyterian church in the United States Doctor Krebs was pressing his antagonist, Doctor Breckinridge, hard with his authorities, and at last, as the New York Times relates came down on him with this: "And now I will proceed to quote Breckinridge against Breckinridge."

Without rising from his seat, Doctor Breckinridge instantly retorted, "And you could not possibly cite an authority that would have less weight with me!"

MOTHER! LOOK AT CHILD'S TONGUE

If cross, feverish, constipated, give "California Syrup of Figs"

A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish; stomach sour.

Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation poison, sour bile and fermenting waste will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleansing" is oftentimes all that is necessary. It should be the first treatment given in any sickness. Beware of counterfeit fig syrups. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

Ingredients.

"I don't think your speech was as full of ginger as some of your former efforts."

"Maybe it wasn't," replied Senator Sorghum. "The way a man has to stick to a topic in these filibustering days makes him inclined to dispense with ginger and look for glue."

TAKE THIS MAN'S ADVICE

TRY THE GREAT KIDNEY REMEDY

It always gives me pleasure to recommend anything that is right and so I feel it my duty to herald the praises of Dr. Kilmer's Swamp-Root.

For years I was troubled with kidney disease and it was so intense that I was bedridden for days at a time. I gave up all hope and doctors for miles around gave me no help. Incidentally I tried several patent remedies and at last tried Swamp-Root. From the first it gave me relief and it was no time before I was able to be up and around and now I am perfectly well and able to work as I used to before my terrible sickness.

So now let me thank you for your wonderful discovery and take this opportunity to recommend it to all who suffer from kidney troubles.

Yours very truly,
WALTER SHIVER,
Hope, Ark.

Subscribed and sworn to before me this 25th day of March, 1912.
A. V. WARE, Notary Public.

Letter to Dr. Kilmer & Co., Binghamton, N. Y.

Prove What Swamp-Root Will Do For You. Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper. Regular fifty-cent and one-dollar size bottles for sale at all drug stores. Adv.

Many a man who thinks he is wedded to the truth is a grass widower.

The Reason.

"Young Mrs. Millyuns certainly did prove a devoted nurse to her husband in his critical illness. She must love him, after all."

"Love him, rot! She knows she looks fierce in black."

Shuts Them Up.

Church—I see Mrs. Bertie Drixie of Webster county is the only woman sheriff in Missouri.

Gotham—She is the only woman in Missouri who can shut up other women, I suppose.—Yonkers Statesman.

Free to Our Readers

Write Murine Eye Remedy Co., Chicago, for 48-page illustrated Eye Book Free. Write all about your Eye Trouble and they will advise you as to the Proper Application of the Murine Eye Remedies in Your Special Case. Your Druggist will tell you that Murine Relieves Sore Eyes, Strengthens Weak Eyes, Doesn't Smart, Soothes Eye Pain, and sells for 50c. Try It in Your Eyes and in Baby's Eyes for Sorely Eyelids and Granulation. Adv.

It Pays to Pray, and Advise.

"Do you believe in the efficacy of prayer?" asked the new minister.

"You bet!" triumphantly replied Sam Stinger, the enterprising real estate dealer. "Why, at the prayer meeting last Thursday night, I prayed loud and long for blessings on our progressive little city, incidentally mentioning a few of the advantages it possesses for profitable investments, and next morning I sold four lots in my new Sky High addition to a stranger who had happened to drop in at the services!" —Kansas City Star.

SAGE TEA AND SULPHUR DAKENS YOUR GRAY HAIR

Look Younger! Try Grandma's Recipe of Sage and Sulphur and Nobody Will Know.

Almost everyone knows that Sage Tea and Sulphur properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray; also ends dandruff, itching scalp and stops falling hair. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome.

Nowadays we simply ask at any drug store for "Wyeth's Sage and Sulphur Hair Remedy." You will get a large bottle for about 50 cents. Everybody uses this old, famous recipe, because no one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick and glossy and you look years younger. Adv.

No Change.

Police Magistrate—So you belong to the Smith tribe, eh? What's your full name?

Prisoner—John Smith, your honor. Same as when I'm sober.

The Real Article.

Little Lemuel—Say, paw, what is an instrument of torture?
Paw—The piano in the flat upstairs, son.

Its Weak Point.

"Dobson's humor is quite original."
"Yes, that is its greatest fault." —Boston Evening Transcript.

Occasionally a man is known to the world as the husband of a prominent woman.

If a man owes you money he is always ready to laugh at your weak witticisms.

Beautiful, clear white clothes delights the laundress who uses Red Cross Ball Blue. All grocers. Adv.

It isn't always the promising young man that fulfills the promise.—Deseret News.

To cool a burn apply Hanford's Balsam. Adv.

At last reports there were 3,846 brewing firms in Great Britain.

Submerged Timber.

The strength of a hemlock stick a foot square that had been in water for almost forty years was recently tested in the 600,000-pound testing machine at Rensselaer Polytechnic Institute at Troy, in New York. The timber, which was 16 feet 9 inches long, had formed part of one of the piers of the Congress street bridge at Troy. When the pier broke down after the flood in the spring of 1913, the timber was turned over to one of the material-testing laboratories of the institute. It was kept in the open air for three months, and then placed in a dry room for a little more than nine months. When placed in the testing machine, the column failed under a load of 284,000 pounds; that is, the long-submerged wood showed an ultimate strength of 2,670 pounds to the square inch. In the opinion of Prof. T. R. Lawson, who conducted the test, the remarkable strength of this piece of hemlock seems to show that being immersed in water for a long time does not decrease the column strength of timber that is subsequently permitted to dry out.—Youth's Companion.

Every Household Needs It.

For cuts, burns sprains and bruises, Hanford's Balsam of Myrrh should give quick relief. These may happen any day in any home and the prudent housewife will always keep a bottle on hand. Adv.

Flashes of Humor.

"Why are you wearing glasses, Blinks?"
"I was nearly blinded by my dazzling wit, Jinks!"

Book learning is all that a man needs in this world—if he is going to spend his time in jail.

In the German empire two sets of twins are born every hour.

For any sore use Hanford's Balsam. Adv.

Your Uncle Samuel spent \$800,000, 000 for jewelry last year.

COLDS

and Catarrhal Troubles Cured by Pe-ru-na

A cold is acute catarrh. Peru-na is a recognized standard remedy for catarrh. Copy "File of Life" Free. The Peru-na Co., Columbus, O.

Lespedeza Hay Seed

Direct from the Grower at Cut Prices. Ronaldson & Puckett Co., Baton Rouge, La.

SORE EYES

Dr. Salter's Eye Lotion relieves and cures sore and inflamed eyes in 24 to 48 hours. Helps the weak-eyed, cures without pain. Ask your druggist or dealer for SALTER'S. Only from Reform Dispensary, 48 S. Broad, Atlanta, Georgia.

BLACK LEG

LOSSES SURELY PREVENTED by Cutler's Blacking Pills. Low-priced, fresh, reliable, prepared by Western stockmen, because they protect where other vacuums fail. Write for booklet and testimonials. 10-dose pkg. Blacking Pills \$1.00. 50-dose pkg. Blacking Pills \$4.00. Use any dealer, but Cutler's best. The superiority of Cutler's products is due to over 15 years of specializing in vaccines and serums only. Insist on Cutler's. An unobtainable, order direct. The Cutler Laboratory, Berkeley, Cal., or Chicago, Ill.

WINTERSMITH'S CHILL TONIC

not only the old reliable remedy but a general strengthening tonic and appetizer. For children as well as adults. Sold for 50 years. 50c and \$1 bottles at drug stores.

ADVICE TO THE AGED

Age brings infirmities, such as sluggish bowels, weak kidneys and torpid liver. Tut's Pills have a specific effect on these organs, stimulating the bowels, gives natural action, and imparts vigor to the whole system.

READERS of this paper desiring to buy anything advertised in its columns should insist upon having the weak they ask for, retaining all substitutes or imitations. W. N. U., LITTLE ROCK, NO. 12-1915.

A Message To Women

Those of Middle Age Especially.

When you have found no remedy for the horrors that oppress you during change of life, when through the long hours of the day it seems as though your back would break, when your head aches constantly, you are nervous, depressed and suffer from those dreadful bearing down pains, don't forget that Lydia E. Pinkham's Vegetable Compound is the safest and surest remedy, and has carried hundreds of women safely through this critical period.

Read what these three women say:

From Mrs. Hornung, Buffalo, N. Y.

BUFFALO, N. Y.—"I am writing to let you know how much your medicine has done for me. I failed terribly during the last winter and summer and every one remarked about my appearance. I suffered from a female trouble and always had pains in my back, no appetite and at times was very weak."

"I was visiting at a friend's house one day and she thought I needed Lydia E. Pinkham's Vegetable Compound. I took it and have gained eight pounds, have a good appetite and am feeling better every day. Everybody is asking me what I am doing and I recommend Lydia E. Pinkham's Vegetable Compound. You may publish this letter if you wish and I hope others who have the same complaint will see it and get health from your medicine as I did."—Mrs. A. HORNUNG, 91 Stanton St., Buffalo, N. Y.

Made Me Well and Strong.

MACEDON, N. Y.—"I was all run down and very thin in flesh, nervous, no appetite, could not sleep and was weak, and felt badly all the time. The doctors said I had poor blood and what I had was turning to water. I took different medicines which did not help me, but Lydia E. Pinkham's Vegetable Compound made me well and strong, and I am recommending it to my friends."—Mrs. FRED CHACE, R. No. 2, Macedon, N. Y.

The Change of Life.

BELTSVILLE, Md.—"By the use of Lydia E. Pinkham's Vegetable Compound I have successfully passed through a most trying time, the Change of Life. I suffered with a weakness, and had to stay in bed three days at a time. Lydia E. Pinkham's Vegetable Compound restored me to perfect health, and I am praising it for the benefit of other women who suffer as I did."—Mrs. W. S. DUVALL, Route No. 1, Beltsville, Md.

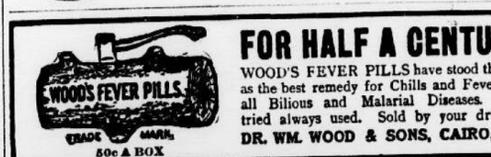
For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No one sick with woman's ailments does justice to herself if she does not try this famous medicine made from roots and herbs. It has restored so many suffering women to health.

Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.



Catarrhal Fever

3 to 6 doses often cure. One 4-cent bottle SPOHN'S guaranteed to cure a case. Safe for any man, horse or cow. Dozen bottles \$5.00. Get it of druggists, harness dealers or direct from manufacturers, express paid. SPOHN'S is the best preventive of all forms of distemper. SPOHN MEDICAL CO., Chemists and Bacteriologists, Gothen, Ind., U. S. A.



FOR HALF A CENTURY

WOODS' FEVER PILLS have stood the test as the best remedy for Chills and Fever and all Bilious and Malarial Diseases. Once tried always used. Sold by your druggist. DR. WM. WOOD & SONS, CAIRO, ILL.

You Look Prematurely Old

Because of those ugly, grizzly, gray hairs. Use "LA CREOLE" HAIR DRESSING. PRICE, \$1.00, retail.