

Housework Is a Burden

It's hard enough to keep house in perfect health, but a woman who is weak, tired and suffering from an aching back has a heavy burden.

Any woman in this condition has good cause to suspect kidney trouble, especially if the kidney action seems disordered.

Doan's Kidney Pills have cured thousands of suffering women. It's the best recommended special kidney remedy.

An Arkansas Case

"Every Picture Tells a Story."

Mrs. Joseph Gross, Elm St., Morrilton, Ark., says: "I couldn't straighten on account of the terrible pains in my back. My feet and ankles swelled to twice their normal size and I had about given up hope of a cure, as doctors had failed. My health improved rapidly on using Doan's Kidney Pills and before long I was in good health. I have never suffered seriously since."

Get Doan's at Any Store, 50c a Box.
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Constipation Vanishes Forever

Prompt Relief—Permanent Cure
CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable—act surely but gently on the liver. Stop after dinner—cure indigestion, improve the complexion, brighten the eyes. **SMALL PILL, SMALL DOSE, SMALL PRICE.**

Genuine must bear Signature

WINTERSMITH'S CHILL TONIC
not only the old reliable remedy **FOR MALARIA** but a fine general strengthening tonic and appetizer. For children as well as adults. Sold for 50 years. 50c and \$1 bottles at drug stores.

Was a Bit Skeptical.
Uncle Rastus was sitting in his home reading a newspaper when he suddenly glanced up and addressed Aunt Dinah.

"I hab jes read in dis yeah papah, Dinah," he remarked, "dat dem people what fly in dem flyin' machines kin do anything what a bird kin."
"Yes, sah," was the prompt rejoinder of Aunt Dinah, "dey hab jes got dat ting down so fine dat dere hain't no bird what has got any'ting on 'em."
"Am dat so?" reflectively returned Uncle Rastus. "Well, whenever yo' see one of dem flyin' machine men setting fast asleep holdin' on to de limb ob a tree wid his feet jes yo' call me ter come an' take a look."

The Classic Vogue.
"Do you admire the classics?" inquired the student.
"Well," replied the theatergoer, "I don't care much for it in literature, but it's all right in dancing."

Good Title.
"Why do you call your play 'The Porous Plaster?'"
"Because I want it to draw."

Poor Prospects.
"The baby has its mother's nose."
"Then it is already supplied with a good trouble scenter."

If a young man is really in love he never hesitates to propose because the girl has money.
The more a man intends to do tomorrow the less he does today.

Books—Food

To make good use of knowledge, one needs a strong body and a clear brain—largely a matter of right food.

Grape-Nuts FOOD

contains proper nutriment for building body and brain—for renewing the tissue cells that are exhausted daily by work and play.

Grape-Nuts food is made from wheat and barley—contains all their nutriment, including those vital mineral salts found under the outer coat, which are especially necessary for the daily upkeep of nerves and brain.

"There's a Reason" for Grape-Nuts
—sold by Grocers everywhere

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of Sunday School Course, Moody Bible Institute, Chicago.)

LESSON FOR MARCH 28

REVIEW.

READING LESSON—Nehemiah 9:25-31.
GOLDEN TEXT—Righteousness exalteth a nation; but sin is a reproach to any people.—Prov. 14:34.

According to Professor Beecher the extent of the period we have been studying during the last quarter is 332 years, from the death of Joshua B. C. 1434 to the reign of Saul, which began B. C. 1102. Though other chronologists may differ slightly, this is approximately correct.

We may roughly divide this period into the republic of God and the kingdom of man. In the first section we studied the period of the Judges, Barak, Gideon, Samson and Samuel; one prophetess, Deborah; also the priest Eli and his sons; Samuel and Abiah; and Ruth, who was an ancestor of our great high priest. In the second section we considered Saul the king, and a prince, Jonathan, Saul's son. While the lessons may thus be roughly divided, yet we feel that a general review of the characters and the principal lesson to be learned from each will perhaps be the most profitable form of review.

There are four things to be said about each character and his relation to the events occurring in Israel: (1) The people had departed from God; there was disobedience and a religious decline. (2) God permitted on the part of Israel's enemies oppression that finally became unbearable. (3) There was repentance on the part of the people and an appeal to God for help. (4) God raised up a judge who "saved" the people and through his judge wonderful acts were performed showing his power and the favor which rested upon Israel. The adult classes can profitably discuss such questions as, "Why did the people so easily forsake God?" "Why and how did their repentance so quickly lead to their deliverance?" "How did God help the people to return unto him?"

"What were the methods and the principles used in God's punishment of the people's sins?" "Was this form of government in vogue a failure?" Coming to the second section, many questions suggest themselves: "What advantages and opportunities did Saul, the first king, have?" "How did his failure begin?" "What was the essential difference between the kingdom of Saul and the Republic of God under the Judges?" "What are the outstanding characteristics of Jonathan's life and character?" "What great message for today do these characters and these two forms of government have?" Doctor Torrey suggests a profitable form of review, viz., a doctrinal review: (1) The teachings of the lessons of the past quarter about Jehovah and the Holy Spirit; (2) The preview, types and manifestations of the Lord Jesus; (3) The teaching about sin and the particular sins mentioned; and (4) The teachings about the word of God. Of course to do all this, or to follow any part of these suggestions will demand that much work shall be assigned in advance and that great care shall be exercised to make any one of these lines a connected and interesting whole. Above all, beware of attempting too much lest the scholars become confused.

If someone can be secured who is moderately successful in using the blackboard an interesting review can be presented to younger scholars by making a drawing presenting a "hall of fame," with panels for Deborah, Gideon, Ruth, Samuel and Jonathan. Another drawing may, by comparison, be termed the "rogues' gallery," and may have in it panels for Samson, Eli, Eli's sons, and Saul. Then tell, as simply as possible, the salient points in the history of each and show how God approved or disapproved of their lives; which were used, and which set aside. Any school can have before it on a chart or a blackboard the following:

The lessons, chief persons, chief facts are given in order.
1. Joshua, Israelites, Judges; a great patience. 2. Deborah, Barak, Sisera; a great deliverance. 3. Gideon, Angel of Jehovah; a great call. 4. Gideon, The Three Hundred; a great test. 5. Manoah, Samson; a great failure. 6. Naomi, Ruth, Orpha; a great resolve. 7. Eli, Samuel, Jehovah; a great vision. 8. Philistines, Israelites, Eli; a great capture. 9. Samuel; a great victory. 10. Samuel, Saul; a great honor. 11. Nahash, Saul; a great rescue. 12. Jonathan, Armor-bearer; a great hero.

If written work is asked for be careful not to assign too much and, as far as possible, assign different tasks to individuals of a given class.
It would be an inspiration to have a number of girls of the early teen age each to read a brief essay on one of the female characters of the past quarter's lessons, also to have a number of boys selected to do the same for each of the important male characters we have studied.
There is no lack of subject matter for this is a period in the history of Israel that teems with life and activity.

SATISFIED AS THEY WERE

Couples, Victims of Curate's Mistake, Decided That They Would Let the Thing Go.

A vicar of a certain English parish was sitting in his study one morning when in burst the verger in a great state of excitement.

"Mr. —," mentioning the curate's name, "wants you at once, sir," he exclaimed. "He has married two couples and married the two men to the wrong women, and he does not know what to do."

"Have they signed the register?" inquired the clergyman.
"No," was the verger's response.
"Then they can be married again," said the vicar. "Tell Mr. — I will be at the church in a minute or two to perform the ceremony."

In due course the incumbent made his way to the church and found the parties gathered at the entrance. Before he could say anything one of the bridegrooms approached and said: "We have been talking it over, sir, and we have made up our minds to remain as we are." And they did so.

Necessarily Slow.
A California youngster had been permitted to visit a boy friend on the strict condition that he was to leave there at five o'clock and his mother was very angry. The youngster insisted, however, that he had obeyed his orders and had not lingered unnecessarily on the way.
"Do you expect me to believe," said his mother, "that it took you two hours to walk a quarter of a mile?" She reached for the whip. "Now, sir, will you tell me the truth?"
"Ye-es, mamma," sobbed the boy, "Charlie Wilson gave me a mud turtle and I was afraid—to carry it—so I led it home."

Cheered Too Soon.
During William Jennings Bryan's first presidential campaign—in 1896, was it not?—a section hand in Lincoln, for years a great Bryan rooster, begged for the privilege of accompanying "the Commoner" on one of his trips. At one stop Bryan got up to speak and declared the cause was growing.
"We are making headway each day," he said. "Yesterday was better than the day before and today shows progress over yesterday."
At which point the section hand interrupted with a shout:
"Hurrah for tomorrow!"

A Different Matter.
"Then you don't think I practice what I preach, eh?" queried the minister, in talking with one of the deacons at a meeting.
"No, sir, I don't," replied the deacon. "You've been preachin' on the subject of resignation for two years, an' ye haven't resigned yet."

Quite Different.
"One year ago a man could announce that he was going to Europe without creating a ripple of excitement."
"And now?"
"If he makes that announcement everybody crowds around to have a look at him."

Important to Mothers
Examine carefully every bottle of **CASTORIA**, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletchering* In Use For Over 30 Years.
Children Cry for Fletcher's Castoria

A Sense of Regret.
"It was a great move the Russians made in abolishing vodka."
"Yes," replied the man who is never happy, "only it seems to me they have got rid of about the only word in their language that is easy to pronounce."

Principle.
Mr. Given—Do you believe finding is keeping?
Weary Willie—Not in the case of work, mum.
Similar Occupation.
"Ah, see! There is the sun setting!"
"That's nothing. So's my hen."

A "neutrality meeting" is a dangerous place for any man on the other side.—Philadelphia Inquirer.

The man who does not need to explain anything to his wife is apt to be an uninteresting husband.

YOUR OWN DRUGGIST WILL TELL YOU Eye Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids; No Smarting—Just Eye Comfort. Write for Book of the Eye by mail Free. Murine Eye Remedy Co., Chicago.

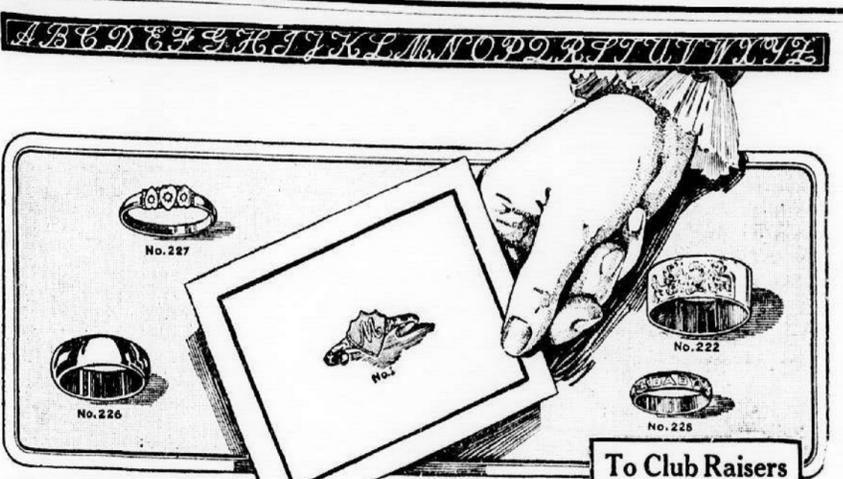
Those who have tested it find that the epigram, "Revenge is sweet," is the most misleading of all.

You have noticed, of course, that a small man can feel just as big as the rest of us.

Most particular women use Red Cross Ball Blue. American made. Sure to please. At all good grocers. Adv.

Nothing worries some women like troubles that failed to develop.

Great faith never springs out of easy situations.



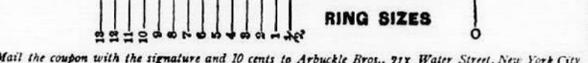
This solid gold-shell initial ring given to you

Cut out the coupon now and mail today

This wonderful introductory offer closes April 27, 1915. Send the coupon below today with a signature from a one-pound package of Arbutuckles' Ariosa or Arbutuckles' Ground Coffee, and 10 cents in stamps or coin.

Get one of these beautiful initial rings, with any letter that you may desire placed on the heart. Its value is remarkable. It is an absolutely solid gold-shell ring (not a washed or electro-plated ring) and we guarantee it to give excellent wear. If it does not, it will be cheerfully exchanged at once, without a question. You could not get a better guarantee if you paid many times the price!

How to determine the size you want
This ring is offered in sizes from 1 to 10. Be sure to give the ring size and initial desired. (Only one letter on each ring.)
To determine the size you need, cut a strip of thick paper so that the ends will exactly meet when drawn tightly around the second joint of the finger. Then lay one end of the strip at 0 on the diagram (shown below) and order the size the other end indicates.



Mail the coupon with the signature and 10 cents to Arbutuckles Bros., 712, Water Street, New York City

Other wonderful rings you can get

No. 226, Wedding Ring. No. 228, Baby Ring. No. 222, Fancy Band. No. 227, Heart Ring.
Mail the coupon below with seven Arbutuckles signatures and a 2-cent stamp. This solid gold-filled ring is for men or women; it is of good weight, and wears well. It is one of our most popular presents. Tens of thousands of men and women every year earn it. Give size.

Mail the coupon below with eight Arbutuckles signatures and a 2-cent stamp. This ring is for men or women. Solid gold-shell; exceptionally beautiful pattern. Give size.

Mail the coupon below with twelve Arbutuckles signatures and a 2-cent stamp. This solid gold-shell ring is for ladies or misses; the design is three hearts, each set with imitation turquoise. Give size.



Better than ever

Unfriendly Tricks.
"I thought you were a friend of his?"
"I used to be."
"And now?"
"I had to give him up in self-defense."
"Why?"
"To every life-insurance and book agent that asked him if he had any friends who might be interested in their propositions he insisted on giving my name."

In Charlie Knoll's Pasture.
When Harry Atwood was aeroplaning from St. Louis to New York he alighted to adjust his machine in a field near Fort Plain, N. Y. Atwood wasn't certain what state he was in and wanted to know. A crowd of villagers rushed toward him and he called to them:
"Where am I?"
"You're in Charlie Knoll's pasture," shouted the nearest man.—Everybody's Magazine.

The Truth Comes Out.
Mother—Do you go to church for the sermon or the singing?
Pretty Daughter—For the hims, of course.

Many a man has a saving sense of humor—but it doesn't help his savings bank account.

To Club Raisers

How to get 15 signatures free and do your friends a favor
Send the coupon below, with one signature and 10c in stamps or coin, and we will send you at once one of these beautiful initial solid gold-shell rings. This will be your ring. Use it to show your friends what a remarkable offer this is. Get five of them (not already using Arbutuckles' Coffee) to take advantage of this offer, just as you have. We will mail each of your friends direct the beautiful ring, when you send us the money and signatures for the five rings.
For doing this you will earn 15 signatures free.
When we send you your ring, we will send a special blank, giving full and clear instructions as to what you have to do to get these 15 signatures free. At the same time, we will send you our beautiful new catalog, showing the wide choice of wonderful gifts you can get for 15 signatures.
Then you can advise us what you want for the 15 Arbutuckles signatures that you get free; or, if you so desire, we will mail you a credit for the 15 signatures, which you can count with signatures cut from our coffee packages for articles which require a greater quantity.
Mail the coupon now, with one Arbutuckles signature and 10c

With this coupon 1 envelope, signature from Arbutuckles' Coffee and 10-cent stamp for which please send me the above.

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MEN'S \$2.50 \$3 \$3.50 \$4.00 \$4.50 \$5 \$5.50 SHOES
WOMEN'S \$2.00 \$2.50 \$3.00 \$3.50 & \$4.00 SHOES
BOYS' \$1.75 \$2 \$2.50 \$3.00 MISSES' \$2.00 & \$2.50

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W. L. Douglas shoes are made of the best domestic and imported leathers, on the latest models, carefully constructed by the most expert last and pattern makers in this country. No other make of equal prices, can compete with W. L. Douglas shoes for style, workmanship and quality. As comfortable, easy walking shoes they are unsurpassed.

The \$3.00, \$3.50 and \$4.00 shoes will give as good service as other makes costing \$4.00 to \$5.00. The \$4.50, \$5.00 and \$5.50 shoes compare favorably with other makes costing \$6.00 to \$8.00.

Wherever you live wearing W. L. Douglas shoes you that W. L. Douglas shoes cannot be excelled for the price.

CAUTION! When buying W. L. Douglas shoes stamped on the bottom. Shoes thus stamped are always worth the price paid for them. For 32 years W. L. Douglas has guaranteed their value and protected the wearer against high prices for inferior shoes by having his NAME AND PRICE stamped on the bottom before they leave the factory. Do not be persuaded to take some other make claimed to be just as good. You are paying your money and are entitled to the best.

If your dealer cannot supply you, write for Illustrated Catalog showing how to order by mail.

W. L. Douglas, 210 Spark St., Brockton, Mass.

If you could visit the W. L. Douglas factory at Brockton, Mass., and see how carefully the shoes are made, and the high grade leathers used, you would then understand why they look and fit better, hold their shape and wear longer than other makes for the price.

W. L. Douglas shoes are sold through 50 stores in the large cities and shoe dealers everywhere.

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DR. WM. WOOD & SONS, CAIRO, ILL.

Death Lurks In A Weak Heart

If Yours is fluttering or weak, use **RENOVINE.** Made by Van Vleet-Manfield Drug Co., Memphis, Tenn. Price \$1.00