

WOMAN AVOIDS OPERATION

Medicine Which Made Surgeon's Work Unnecessary.

Astoria, N. Y. — "For two years I was feeling ill and took all kinds of tonics. I was getting worse every day. I had chills, my head would ache, I was always tired. I could not walk straight because of the pain in my back and I had pains in my stomach. I went to a doctor and he said I must go under an operation, but I did not go. I read in the paper about Lydia E. Pinkham's Vegetable Compound and told my husband about it. I said 'I know nothing will help me but I will try this.' I found myself improving from the very first bottle, and in two weeks time I was able to sit down and eat a hearty breakfast with my husband, which I had not done for two years. I am now in the best of health and did not have the operation." — Mrs. JOHN A. KOENIG, 502 Flushing Avenue, Astoria, N. Y.

Every one dreads the surgeon's knife and the operating table. Sometimes nothing else will do; but many times doctors say they are necessary when they are not. Letter after letter comes to the Pinkham Laboratory, telling how operations were advised and were not performed; or if performed, did no good, but Lydia E. Pinkham's Vegetable Compound was used and good health followed.

If you want advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass.

BLACK LOSSES SURELY PREVENTED

FOR ACUTE ACHE OF THE FEET

Sprinkle one or two Allen's Foot-Ease powders in the Foot Bath and soak and rub the feet. It takes the sting out of Corns and Bunions and smarting, aching feet. Then for lasting comfort, shake Allen's Foot-Ease into your shoes. All dealers sell it. 25c. Sample package FREE. Address, Allen S. Olmsted, Le Roy, N. Y.

CAUGHT IN GARDNER'S NET

Tramp Expected to "Land," but as it Turned Out He Was the One "Landed."

They are telling a story about Representative Gardner and his fervent preparedness campaign.

It seems that a begging tramp approached a group of congressmen, and one of them pointed out Mr. Gardner and said:

"Nothing doing here, Weary, but that gentleman there is very charitable, and if you tackle him you'll be apt to make a haul."

"Thanks, boss," said the tramp busily, and he hurried to Mr. Gardner, while the others looked on with interest.

The tramp and the statesman were seen to talk earnestly together for some time. Then their hands met—a piece of money plainly passed between them—and the tramp stepped jauntily away.

"Well, did you land him?" a congressman asked the tramp.

"No," the tramp answered cheerfully. "No! I gave him a quarter toward his splendid national preparedness campaign."

Disappointing Movie. "I've seen it—'tain't no good."

"E gets 'ung, don't he?"

"Yes, but they don't show 'er that"

Usually the early bird catches the worm for the benefit of the little ones who are in bed.

In this Matter of Health

one is either with the winners or with the losers.

It's largely a question of right eating—right food. For sound health one must cut out rich, indigestible foods and choose those that are known to contain the elements that build sturdy bodies and keen brains.

Grape-Nuts

is a wonderfully balanced food, made from whole wheat and barley. It contains all the nutrient of the grain, including the mineral phosphates, indispensable in Nature's plan for body and brain rebuilding.

Grape-Nuts is a concentrated food, easy to digest. It is economical, has delicious flavor, comes ready to eat, and has helped thousands in the winning class.

"There's a Reason"

NEWS and GOSSIP of WASHINGTON



Marie Gets Autograph, but Not One She Expected

WASHINGTON.—A smiling gentleman with eyeglasses walked down the curved path on the White House lawn and was stepping through the gate, when one of two youngish women, just about to enter, gushed up to him with extended hand. The gentleman lifted his hat and shook the hand.

"Pardon me, Mr. President, but I just can't help telling you how perfectly lovely we think you are, Marie, this is Mr. Wilson. She lives in Wilkes-Barre and has never seen you."

Marie from Wilkes-Barre ventured out a hand and the gentleman shook it.

"I knew you the minute I saw you, Mr. President. Anybody would know you by your smile. You recognize him by his pictures, don't you, Marie? And, oh, Mr. President, will you mind giving Marie your autograph? It would be perfectly lovely to show it to them at home. Give the president your note book, Marie."

Marie held out the note book. The gentleman took it and wrote: "John T. Brown, Chicago."

It's all right to give his name. He told it himself to a newspaper man.



Labor Department to Have Handsome New Building

CONTRACTS have been awarded for the construction of a thoroughly modern office building for the department of labor. The new home of the department of labor is to include many features not often found in ever the most modern office buildings. Commendable rest rooms for man and woman employees and a roof garden, are among these features, which also include the probability of a cafe and restaurant for the use of employees of the department.

The new building is to occupy a site 92 by 101 feet on the south side of G street, just west of the corner of Seventeenth street, opposite the department's present home in the Mills building. Two dwellings, two old buildings that have stood since before the Civil war—one of which has been occupied as a branch of the Associated Charities—and a marble yard and ornamental cement works now occupy the site.

The building is to be nine stories in height, and the arrangement is to be such as to provide ample light and ventilation on all sides. Especial attention is being given in the preparation of the plans to provisions for the comfort and health of employees of the department, and it is claimed that the new building, when completed, is to be a model among buildings devoted to the use of government departments.

Materials to be used are buff brick and stone trim, the general style of the new building to be somewhat similar to that of the building occupied by the department of commerce at Nineteenth street and Pennsylvania avenue.

The department of labor has a lease on the building for a term of years at an annual rental of \$24,000.

Neither "Eels" or "Snakes," Merely Stringbeans

WHEN John S. Ward of Cherrydale, Va., sauntered into the District building the other day he managed to create a sensation unequalled since that memorable day when Detective Patrick O'Brien shaved off his mustache. The doorkeeper looked at Ward suspiciously.

"I'm not sure you can bring eels into this place," he said.

Ward, lightly twirled the three-foot, limp and lifeless things that dangled from his right hand.

"They're not eels," he stated, confidently.

Then the elevator boy saw them. "Snakes!" he exclaimed, with sincere emotion. "Oh, my Lawd!"

And the elevator bounded skyward, with the elevator boy praying at every jump that the passenger wouldn't ride to the top floor.

However, that is what Ward did. He landed on the fifth floor and carried his treasure into one of the offices.

"Stringbeans," announced Ward, calmly. "They're three feet long, too."

There was no question about it. The stringbeans were measured, and one of them was 38 and a fraction of inches in length. Ward claims that one stringbean, upon which he lavished particular attention, reached this length of 44 inches, which he states is a stunning record-breaker for this part of the country. Six of Ward's stringbeans will provide a sufficient supply for a small family—providing the family isn't overfond of stringbeans.

The butt end of these mammoth beans is strongly reminiscent of the head of a reptile.

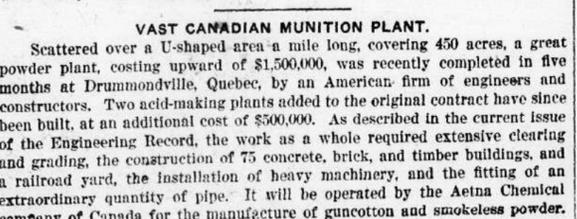
Career of Historic Coast Guard Cutter Is Ended

THE remarkable and historic career of the coast guard cutter Thetis, covering a period of 35 years, is done. Having "outlived her usefulness," in the cold, matter-of-fact way in which she is thrown into the discard as superannuated by the officials of the coast guard, who consider only efficiency, she was sold recently for \$25,100.

In normal times the Thetis would have fetched, coast guard officials estimate, less than \$4,000. The present scarcity of ships caused many firms to submit bids for the vessel. Even at the price \$25,100, however, officials believe she virtually will pay for herself on her first commercial trip because of the prevailing high rates of ocean transportation. It was the Thetis—a Dundee whaler—that found the explorer Lieut. A. W. Greely and his six surviving companions of the Lady Franklin bay Arctic expedition, with death only a matter of hours, in the frozen North and brought them back to civilization. This was the great and glorious accomplishment of this staunch ship, which successfully battled with ice, leading the companion ship, the Bear, in this quest, while a third ship, the Alert, found the way barred to her utmost endeavors.

This was the feat that brought an undying and unquestioned glory to her commander, then Commander Winfield Scott Schley, afterward the hero of Santiago, and the other naval officers and men who accompanied him in this Greely relief expedition.

Scattered over a U-shaped area a mile long, covering 450 acres, a great powder plant, costing upward of \$1,500,000, was recently completed in five months at Drummondville, Quebec, by an American firm of engineers and constructors. Two acid-making plants added to the original contract have since been built, at an additional cost of \$500,000. As described in the current issue of the Engineering Record, the work as a whole required extensive clearing and grading, the construction of 75 concrete, brick, and timber buildings, and a railroad yard, the installation of heavy machinery, and the fitting of an extraordinary quantity of pipe. It will be operated by the Aetna Chemical company of Canada for the manufacture of gun cotton and smokeless powder.



CALOMEL SICKENS! IT'S MERCURY! DANGER

"Dodson's Liver Tone" Straightens You Up Better Than Salivating, Dangerous Calomel and Doesn't Make You Sick—Don't Lose a Day's Work—Wonderful Discovery Destroying Sale of Calomel Here.

You're bilious! Your liver is sluggish! You feel lazy, dizzy and all knocked out. Your head is dull, your tongue is coated; breath bad; stomach sour and bowels constipated. But don't take salivating calomel. It makes you sick, you may lose a day's work.

Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel crashes into your bile like dynamite, breaking it up. That's when you feel that awful nausea and cramping.

If you want to enjoy the nicest, gentlest liver and bowel cleansing you ever experienced just take a spoonful of harmless Dodson's Liver Tone tonight. Your druggist or dealer sells you a 50 cent bottle of Dodson's Liver Tone under my personal money-back guarantee that each spoon-

ful will clean your sluggish liver better than a dose of nasty calomel and that it won't make you sick.

Dodson's Liver Tone is real liver medicine. You'll know it next morning because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and your bowels regular. You will feel like working; you'll be cheerful; full of vigor and ambition.

Dodson's Liver Tone is entirely vegetable, therefore harmless, and can not salivate. Give it to your children. Millions of people are using Dodson's Liver Tone instead of dangerous calomel now. Your druggist will tell you that the sale of calomel is almost stopped entirely here.—Adv.

Salvini's Descendants.

Salvini, the great Italian tragedian, made it a condition that none of his sons should act in Italy so long as he remained on the stage. So Gustavo was banished to the other countries of the continent and acted in Russia and Austria with some successes. Alexander learned the English language and played in this country until he died at an early age. Tomaso is now an actor in Italy and is said to have inherited to a greater degree than any of his brothers the talents of his father. Salvini was married twice; first to Clementine Cazzola, an eminent Italian actress, who died, leaving him three small children. Many years later he married an Englishwoman named Lottie Sharp, by whom he had two children. His grandchildren have attracted attention in art and other circles in Italy.

A man and his wife are different—

also indifferent after they have been married a few years.

Red Cross Ball Blue, made in America, therefore the best, delights the housewife. All good grocers. Adv.

Strict Neutrality.

"Has the war caused you to economize to any extent?"

"It certainly has," replied the cautious man. "Whereas I used to express my views rather freely, I have lately become quite parsimonious in that respect."

THIS IS THE AGE OF YOUTH.

You will look ten years younger if you darken your ugly, grizzly, gray hairs by using "La Creole" Hair Dressing.—Adv.

Speedy.

"Does that new watch of yours keep good time?"

"You bet it does! There isn't a clock in town that can keep up with it."

Rare Treat.

Tommy wanted to go to the movies, but his mother objected.

"Aw, you never let me go no place," he whimpered.

"Why, Tommy," exclaimed his mother, "what shocking bad grammar you use! Can't you speak more correctly?"

"Sure I can," said the boy. "If you'll only give me a chance. You ought to hear me say: 'Yes, mother, you let me go wherever I want to.'"

Had Her Safe.

At the amateur operatic performance of "The Mistletoe Bough"—in which, as you remember, the heroine hides in a cellar chest and is smothered to death—the lady who played this part was, vocally, a terrible fiasco. Nevertheless, they struggled along until the scene where she climbed into the box—a real "property" kindly loaned for the occasion by John Smith, president of the local safe-deposit company. The lid snapped down with a click that was only too realistic.

A frightened stage manager rushed out to where the owner of the box sat and whispered:

"Gimme the key! The lid of your blooming box has sprung loose."

"Is that woman going to sing any more?"

"Sure, she comes in as a ghost in the next act and sings two songs."

"That settles it," muttered old John Smith. "She can just stay there."

HEAL YOUR SKIN TROUBLES

With Cuticura, the Quick, Sure and Easy Way. Trial Free

Bathe with Cuticura Soap, dry and apply the Ointment. They stop itching instantly. Clear away pimples, blackheads, redness and roughness, remove dandruff and scalp irritation, heal red, rough and sore hands as well as most baby skin troubles.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Investigate the Onion.

The homely onion has been the subject of an inquiry by a British committee whose duty it was to go into the matter of its high cost. The report of the committee reveals the fact that the present high rate of the onion is due to the stoppage of import from Holland and Belgium and to the diminished import from Egypt and Spain. It is pointed out that onions can be grown in England, and to woman gardeners of even quite amateur experience the contemplative cult of the onion is to be recommended as real and useful war work.

Disappointed Hopes.

"I told that inveterate gossip, Mrs. Gabby, that I saw young Higby taking lunch with a married woman in the fashionable restaurant."

"And was he?"

"Sure. It was his mother."

A woman gets a lot of satisfaction out of her belief that other women envy her.

STELLA-VITAE THE GUARANTEED Remedy For Women

STELLA VITAE acts directly on the female organs and regulates the functions peculiar to women. It stops wasting, relieves dangerous suppression, and banishes the terrors of those periods so dreaded by weak, nervous, run down women. It has helped thousands of sufferers and is guaranteed to help you. Your money back on the very first bottle if you are not benefited.—At your dealer's.

THACHER MEDICINE CO., Chattanooga, Tenn.

WINTERSMITH'S CHILL TONIC

Sold for 47 years. For Malaria, Chills and Fever. Also a Fine General Strengthening Tonic. 50c and \$1.00 at all Drug Stores

Shipping Fever

Influenza, Pink Eye, Epizootic Distemper and all nose and throat diseases cured, and all others, no matter how "exposed," kept from having any of these diseases with SPOHN'S DISTEMPER COMPOUND. Three to six doses often cure a case. One 50-cent bottle guaranteed to do so. Best thing for brood mares; acts on the blood. 50c a bottle, \$5 dozen bottles. Druggists and harness shops or manufacturers sell it. Agents wanted.

SPOHN MEDICAL CO., Chemists, Goshen, Ind. U. S. A.

Good Cause.

"What a leaden color your husband has, Mrs. Jones."

"Yes'm; he's don't got de plumbago, na'am."

For a Galled Horse

Try it After Others Fail

Keeps Him Working

HANFORD'S Balsam of Myrrh

ALINIMENT

For Galls, Wire Cuts, Lameness, Strains, Bunches, Thrush, Old Sores, Nail Wounds, Foot Rot, Fistula, Bleeding, Etc., Etc.

Made Since 1846. Ask Anybody About It

Price 25c, 50c and \$1.00

OR WRITE G. C. Hanford Mfg. Co., SHELTON, N. Y.

ECZEMA!

"Hunt's Cure" is guaranteed to stop and permanently cure that terrible itching. It is compounded for that purpose and your money will be promptly refunded without question if Hunt's Cure fails to cure Itch, Eczema, Tetter, Ring Worm or any other skin disease. 50c the box.

For sale by all drug stores or by mail from the A. B. Richards Medicine Co., Sherman, Tex.

THE HIGH QUALITY SEWING MACHINE

NEW HOME

NOT SOLD UNDER ANY OTHER NAME

Write for free booklet "Points to be considered before purchasing a Sewing Machine." Learn the facts. THE NEW HOME SEWING MACHINE CO., ORANGE, MASS.

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COLLEGE for WOMEN

The Wesleyan of the West

The natatorium and gymnasium offer the relaxation and recreation that are essential accompaniments of the proper mental development. Courses in Science and Art departments offer the best for the advancement of these accomplishments. All special departments—piano, vocal, violin, expression. Modern dormitories with hot and cold running water in every room. Beautiful campus of 36 a. Healthful surroundings. 15 minutes from St. Louis. 3 direct lines from Kansas City, House, etc. Christian atmosphere. \$20.00 in-advance in two years.

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DAISY FLY KILLER

placed anywhere, attracts and kills all flies, mosquitos, or other annoying insects. Convenient, cheap. Lasts all season. Made of metal, can't splinter or break; will not soil or injure anything. Guaranteed effective. All dealers or sent express paid for \$1.00.

HAROLD SOMERS, 180 De Kalb Ave., Brooklyn, N. Y.

PARKER'S HAIR BALSAM

A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and \$1.00 at Druggists.

Every Woman Wants

Paxtine

ANTISEPTIC POWDER

FOR PERSONAL HYGIENE

Dissolved in water for douches stops pelvic catarrh, ulceration and inflammation. Recommended by Lydia E. Pinkham Med. Co. for ten years. A healing wonder for nasal catarrh, sore throat and sore eyes. Economical. His extraordinary cleaning and germicidal power. Sample Free. 50c. all druggists, or postpaid by mail. The Paxton Toilet Company, Boston, Mass.

W. N. U. LITTLE ROCK, NO. 27-1916.