

**A Strong Man's Secret.**  
The strongest man on earth says the secret of his wonderful power is perfect digestion. Hostette's Stomach Bitters makes digestion easy, and cures all complaints arising from weak stomach, such as indigestion, biliousness and all liver and kidney ailments. As a blood purifier and nerve tonic it is marvelous. It is recommended by all physicians, and is sold by every druggist in the country. Everybody needs it at this time of the year.

Songs about the Klondike should be written in a "minor" key.—L. A. W. Bulletin.

**"Courage and Strength**

**in Times of Danger."**

Read the warning between the lines. What is that warning? It is of the danger from accumulation of badness in the blood, caused by the usual heavy living of the winter months. Spring is the clearing, cleansing time of the year; the forerunner of the brightness and beauty of glorious summer.

Follow the principle that Nature lays down. Start in at once and purify your blood with that great specific, Hood's Sarsaparilla. It never disappoints. Turnover—A man who had a large marble come under my tongue and instead of letting my physician operate on it, I used my favorite spring tonic, Hood's Sarsaparilla. The bunch soon disappeared. Mrs. H. M. Conner, 579 Merik St., Lowell, Mass.

**Rheumatism**—I had rheumatism for two years and could not do anything. Hood's Sarsaparilla has given me entire relief. As a blood purifier it has helped my children wonderfully. Mrs. S. A. Sagan, 58 Franklin Avenue, Passaic, N. J.

**Hood's Sarsaparilla**  
Never Disappoints

Hood's Pills cure liver ills; the non-scratching and only cathartic to take with Hood's Sarsaparilla.

**AN ORDINARY OLD COIN.**

But it served to bring out the feelings of weak humanity.

"Say!" said the street car conductor to a mild-mannered man who was deeply engrossed in his newspaper. "Say, young fellow, I don't want this quarter. I can't use it." The mild-mannered man continued to hold out his hand for his change but paid no other attention to the conductor.

"See here!" yelled the conductor, getting red in the face. "You can't pass no quarter like that on me. It's sick. I can't take it for more than 20 cents."

The mild man looked up and said: "I'm sorry, because you were used that quarter yourself last night, and I've been laying for you since. Well, give it here." He took the quarter and gave the conductor a nickel. As he took the nickel from the conductor he suddenly dropped his newspaper and gave a chuckle.

"Well, well," he exclaimed, "here's luck. Bless me if that isn't an 1883 quarter worth 14 stars and an arrow. It's worth \$3.92. He slipped it into his pocket with evidence of much satisfaction."

A hungry-eyed man in the corner, who had overheard the conversation, jumped up and said to the conductor:

"Isn't that the very quarter I gave you yesterday morning? I missed that quarter. It was a pocketpiece and a valuable coin. I remember now that I gave it to you. I demand it!" he said, looking fiercely at the mild man. "If you are a gentleman you will give it to me."

"It isn't yours. You never gave it to me. My wife gave me the coin by mistake; it's part of a collection that's been in the family since 1827," yelled the conductor. "I tell you it's mine," said the hungry-eyed man. Thus they wrangled and quarreled all the way downtown.

"No," said the mild man to a neighbor, as he stepped from the car. "It's only a plain, ordinary old shiny quarter that I've been trying to pass off for a week. We were all wrong. It's worth about 22 cents."—Chicago Inter Ocean.

**KIDNEY DISEASE**

Caused by Internal Catarrh, Promptly Cured by Pe-ru-na.

Hon. J. H. Caldwell, a prominent member of the Louisiana State Legislature, says the following in regard to Pe-ru-na for catarrh:



"I have used Pe-ru-na for a number of years with the very best results for catarrhal diseases. I shall never be without it. I never fail to recommend it when an opportunity presents itself."

J. H. Caldwell, Robelle, La.  
Gilbert Hofer, Grays, Ky., says in a letter dated March 7th, 1894: "I have used four bottles of Pe-ru-na and I am well of my catarrh, and it cured my Bright's disease. I had been troubled for two years. I weigh twenty pounds more than I did before I was taken sick. I shall never be without Pe-ru-na."

Send for free catarrh book. Address Dr. Hartman, Columbus, O.

**DEALERS**

should carry a complete line of  
**Spalding's Trade Mark Athletic Supplies**

Base Ball, Golf, Tennis, Cricket, Croquet, Football, Athletics, Uniforms, Sweaters.

Always a demand for them. Write for our catalogue.  
**A. C. SPALDING & BROS.**  
New York Chicago Denver

**THE WARMING WORLD**

**ROOTS FOR THE DAIRY.**

Why Farmers Should Plan to Plant an Acre or Two to the Excellent Mangel.

Wherever a few cows are kept for milk or butter it would be well to consider the advisability of growing a few roots. A ton of roots does not have as large a food value as most feeds we might mention, but it furnishes a succulence which cannot be obtained in winter from any other food except silage. Silage requires equipment in the way of silo and cutting machinery which is not available to the man with a small herd. Roots may be grown on any good loam soil, and will yield a profitable return in feed for labor expended.

At the Indiana station mangels were grown at a labor cost of \$1.07 a ton. This included plowing, fitting, planting, weeding, cultivation and harvesting. The variety which made the largest yield and was easiest to remove from the ground and handle to and from the wagon was the Giant Yellow Intermediate. It grows well out of the ground. The neck of the largest mangels of this variety were small enough to be grasped and picked up conveniently with one hand. This is a large saving in time over the varieties which are so large and round like a ball that they must be fumbled to get a good hold, or possibly use two hands. The Mammoth Long Red mangel is a good handler, but last season did not yield as well as the Giant Yellow Intermediate. Four varieties varied in yield from 18 to 25 tons to the acre.

Plant in rows from 18 to 20 inches apart, depending upon the man and horse which must cultivate them. Sow at the rate of six pounds to the acre. A good stand of plants will permit cutting out with a hoe all but a bunch every eight inches, then those should be thinned with the hand, leaving only the strongest plant of the bunch. It is especially desirable that this thinning be well done. Where two plants are left together neither makes a good growth in size or shape.

**GLASS RETAINS HEAT.**

Professor of Physics Explains in a Simple Way Why Greenhouses Stay Hot Inside.

It is very curious, said the old professor of physics, to see how many market gardeners there are who raise things under glass, make money out of the process, and yet do not know why their heating frames and their hothouses remain hot inside.

Now, as a matter of fact, the heat mechanism of a hothouse depends on a well known proposition in physics. I suppose you are acquainted with the fact that the energy from the sun travels in the form of little waves.

The energy does not come down to us in straight lines; it comes, as it were, in a zigzag manner, dancing from side to side as it comes along. If these waves are very short, light is the result; if they are a trifle longer, they take the form of heat.

If the light waves strike anything on the way down, they are very apt to be made longer, or rather are apt to be turned into heat. Now, the waves which form light are so short that they will readily pass through glass, but the waves which form heat are so long that they will not pass through.

From this, therefore, you will see why a hothouse remains hot. The energy from the sun passes into the house through the glass roof in the form of light. When it strikes the objects in the house and is turned to heat.

But this heat cannot pass out through the glass. The heat waves are too long. So the light keeps coming in and the heat keeps accumulating, and soon the hothouses become very warm, indeed, even on the coldest days in winter.

Of course, our dwelling-houses are heated by the sun in the same way. The light comes in through the windows, but the heat cannot pass out.—Boston Globe.

**CHEAP MILK STOOL.**

It Can Be Made at an Expense of a Few Cents and Will Be Found Very Useful.

A good milk stool is shown in the accompanying illustration. It is made of two boards 22 inches long and ten or twelve inches wide. Nine inches from

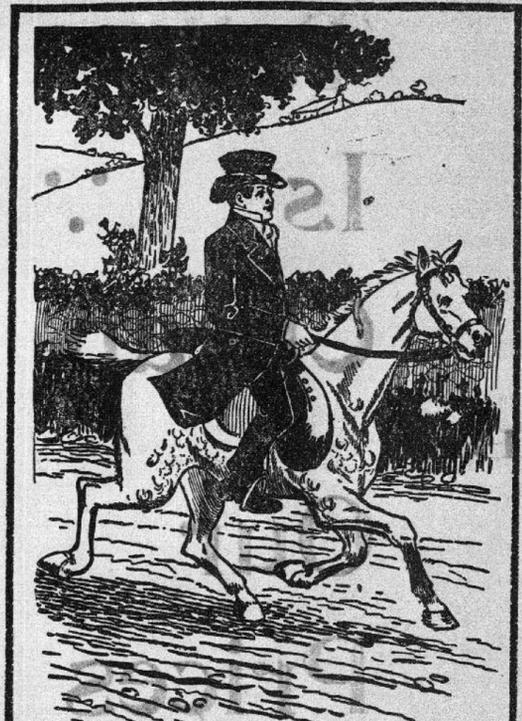


**CHEAP MILK STOOL.**

one end saw half way through each board and split off the long end. Across the elevated end half a board about 12 inches long for a seat. Place one-half inch cleats on the lower portion, upon which the stool is to rest. The stool is thus kept clean and is not easily upset. I have used such a stool for the last four years and find it very useful.—James Dupue, in Orange Judd Farmer.

**How Soil Affects Fruit.**

Apples are much earlier, even in the same locality, when grown on warm, dry and sandy soils than are those produced on clay soils. They are often large and well colored, but lack keeping qualities. The apple trees are usually not as long lived on sandy soil, partly perhaps because such soils lack potash, but quite as often because the dry soil makes a better harbor for the apple tree borer. The beetle that lays the egg for the borer selects dry and high land, because perhaps instinct tells it that the low land may be liable to flood high enough up the tree to destroy the egg before the borer is hatched out of it.



No old-time doctor discards the medicine which can show an unbroken record of

**Fifty Years of Cures.**

To those doctors, who went up and down the country in every kind of wind and weather, faithful, patient, and true, Ayer's Sarsaparilla owes its first success. Today any doctor of repute who prescribes any Sarsaparilla prescribes Ayer's. We have thousands of testimonials from doctors all over this land that it is the one safe Sarsaparilla, and the doctors know what it is, because we have been giving the formula of it to them for over half a century.

**AYER'S**

is "the leader of them all," not because of much advertising, nor because of what we put around the bottle, but because of what is in the bottle.

It is the one safe spring medicine for you.

**ALABASTINE**

ALABASTINE is the original and only durable wall coating, entirely different from all kalsomines. Ready for use in white or twelve beautiful tints by adding cold water.

ADIES naturally prefer ALABASTINE for walls and ceilings, because it is pure, clean, durable. Put up in dry powdered form, in five-pound packages, with full directions.

LL kalsomines are cheap, temporary preparations made from whiting, chalks, clays, etc., and stick on walls with decaying animal glue. ALABASTINE is not a kalsomine.

BEWARE of the dealer who sells a cheap imitation of "something just as good." He is either not posted or is trying to deceive you.

ND IN OFFERING something he has bought cheap and tries to sell on ALABASTINE's demands, he may not realize the damage you will suffer by a kalsomine on your walls.

ENSIBLE dealers will not buy a kalsomine. Dealers risk one by selling and consumers by using infringing. Alabastine Co. own right to make wall coating to mix with cold water.

THE INTERIOR WALLS of every schoolhouse should be coated with pure, durable ALABASTINE. It safeguards health. Hundreds of tons are used annually for this work.

N BUYING ALABASTINE, see that packages are properly labeled. Beware of large four-pound packages. Kalsomine can be used on plastered walls, wood ceilings, brick or canvas. A child can brush it on. It does not rub or scale off.

ESTABLISHED in favor. Shun all imitations. Ask paint dealer or druggist for tint card. Write for "Alabastine Era," free, to ALABASTINE CO., Grand Rapids, Michigan.

**ECCENTRICITY AND GENIUS.**

Goethe was the victim of illusions, and used to see strange visions in the streets.

Pope had a mind as distorted as his body, and at times saw fearful visions that he dared not sit or sleep alone.

De Quincey and Coleridge were eccentric to the point of madness, the result perhaps of laudanum as much as of genius.

Edgar Allan Poe, Byron, Sir Joshua Reynolds and a hundred other men of genius have been either eccentric or the victims of strange illusions.

William Blake, the great poet painter of last century, was undoubtedly mad, and lived among the creatures of his disordered fancy.

Tasso, the great Italian poet, was subject to attacks of mania so violent that he was more than once confined in a madhouse.

**Blasted Hopes.**  
In moody silence, with lowering brow and folded arms, the young man stood before her.

He was returned soldier, a volunteer of fier, honorably discharged from the service of his country.

He had come back, as he supposed, to make the dear girl happy who had hung upon his neck when he bade her good-by to go to the wars.

But the dear girl had received him coldly. A bustling commercial traveler had taken advantage of his absence and supplanted him in her affections.

"Sol," he said, at last. "You have no remorse for your faithlessness? You have not regretted the loss of the one who loved you?"

"None whatever," she replied. "You prefer that chap with the sample case to me, do you?"

"He drew himself up stiffly," he said. "Miss Grenadine Corkins," he said, "I leave this house forever. I leave it, he added, with a sigh, "drummed out, but not drummed out."

"And as he marched out of the room with a military step the heartless girl called out 'Left! left! left!' after him.—Chicago Tribune.

**Two Valued Opinions.**  
A prominent western railway man, in speaking of the passenger service of the New York Central, says: "It begins right, ends right, and is right in the middle."

"An officer of one of the transatlantic steamship lines says: 'There is no train service in the world comparable with that of the New York Central & Lake Shore Limited.'"

The best is the cheapest, and the best is always best. The New York Central stands at the head of the passenger lines of this country, and has fairly earned the title of "America's Greatest Railroad."—Buffalo Commercial, February 14, 1890.

**Tippe-4-0.**  
"I am accustomed to receiving a tip from customers," said the waiter.

"Oh, really," said the broker. "Well, all right, old chap. Why Rapid Transit?"

**Through Sleeping Car.**  
The Southern Railway operates a handsome Pullman drawing-room buffet sleeping car, Memphis to New York, without change, ending right and is right in the middle."

Honesty is a shield with two sides. The two parties to a business transaction see it from different points of view.—Life.

**To Care a Cold in One Day.**  
Take Laxative Bromo Quinine Tablets. All Coughs refund money if it fails to cure. 25c.

Father: "Tommy, stop pulling that cat's tail." Tommy: "I'm only holding the tail; the cat's pulling it."—London Tit-Bits.

I can recommend Pisco's Cure for Consumption to sufferers from Asthma.—E. D. Townsend, Ft. Howard, Wis., May 4, '94.

Soaking—"I think I am a good judge of whiskey." Bozington: "Oh, no, you are not a judge; you are an advocate at the bar."—Town Topics.

Peach soap wanted, H. Reed, Louisiana, Mo.

Fair Warning—Visitor (in Brooklyn): "Does the trolley line lead to the cemetery?" "Yes, if one isn't very careful."—Life.

**An Excellent Combination.**  
The pleasant method and beneficial effects of the well known remedy, SYRUP OF FIGS, manufactured by the CALIFORNIA FIG SYRUP CO., illustrate the value of obtaining the liquid laxative principle of plants known to be medicinally laxative and presenting them in the form most refreshing to the taste and acceptable to the system. It is the one perfect strengthening laxative, cleansing the system effectually, dispelling colds, headaches and fevers gently yet promptly, and enabling one to overcome habitual constipation permanently. Its perfect freedom from every objectionable quality and substance, and its acting on the kidneys, liver and bowels, without weakening or irritating them, make it the ideal laxative.

In the process of manufacturing figs are used, as they are pleasant to the taste, but the medicinal qualities of the remedy are obtained from senna and other aromatic plants, by a method known to the CALIFORNIA FIG SYRUP CO. only. In order to get its beneficial effects and to avoid imitations, please remember the full name of the Company printed on the front of every package.

**CALIFORNIA FIG SYRUP CO.**  
SAN FRANCISCO, CALIF.  
LOUISVILLE, KY. NEW YORK, N. Y.  
For sale by all Druggists.—Price 50c. per bottle.

**The Best Prescription for Chills and Fever** is a bottle of GROVE'S TASTY CHILL TONIC. It is simply iron and quinine in a palatable form. 50c. per bottle. Price 50c.

Life is a bluff poker game in which everybody is bluffing the loser.—Atchison Globe.

**THOUSANDS HAVE KIDNEY TROUBLE AND DON'T KNOW IT**



Swamp-Root, The Great Kidney Restorative and Healer.

**ITS MARVELOUS SUCCESS IN ALL KIDNEY, BLADDER AND URIC ACID TROUBLES,**

To Prove for Yourself the Wonderful Merits of This Great Discovery, You may Have a Sample Bottle Sent Absolutely Free By Mail.

What your kidneys need is a gentle, healing, tonic influence, that will soothe their irritability and gently regulate them. The only thing that will do this is Dr. Kilmer's Swamp-Root, the ideal Kidney Restorative.

It used to be considered that only urinary troubles were to be traced to the kidneys, but now modern science proves that nearly all constitutional diseases have their beginning in the disorder of these useful organs.

What more natural? The kidneys filter and purify the blood.

When they don't your whole body must suffer. If you are sick, doctor your kidneys, because as soon as they are well they will help all the other organs to health.

The mild and extraordinary effect of Dr. Kilmer's Swamp-Root, the great kidney remedy, is soon realized. It stands the highest for its wonderful cures of the most distressing cases and is sold by druggists in fifty-cent and one-dollar bottles. Make a note of the name, SWAMP-ROOT, Dr. Kilmer's Swamp-Root.

You may have a sample bottle of this famous kidney remedy sent free by mail, postpaid, by which you may test its virtues for such disorders as kidney, bladder and uric acid diseases, and urinary troubles, obliged to pass water frequently night and day, smarting or irritation in passing, brickdust or sediment in the urine, constant headache, backache, lame back, dizziness, sleepless, indigestion, nervousness, skin trouble, anaemia, Bright's disease, neuralgia, rheumatism, bloating, irrita-

tion, worn-out feeling, lack of ambition, loss of flesh, sallow complexion. If your water when allowed to remain undisturbed in a glass or bottle for twenty-four hours, forms a sediment or settling or has a cloudy appearance, it is evidence that your kidneys and bladder need immediate attention.

The great discovery, Swamp-Root, has been tested in so many ways, in hospital work, in private practice, among the helpless too poor to purchase relief, and has proved so successful in every case, that a special arrangement has been made by which all the readers of this paper who have not already tried it, may have a sample bottle sent absolutely free by mail. Also a book telling more about Swamp-Root and containing some of the thousands upon thousands of testimonial letters received from men and women who owe their good health, in fact, their very lives, to the wonderful curative properties of Swamp-Root. Do not mention this paper when sending your address to Dr. Kilmer & Co., Birmingham, N. Y.

**WHEN YOU BUY SHOES YOU WANT DURABILITY, STYLE, COMFORT.**

Our STAMP on the SHOE YOU BUY GUARANTEES THESE QUALITIES.

**DESNOYERS SHOE CO.,**  
St. Louis, Mo.

**PIMPLES**

TO RAISE more cotton on the same area—to double the yield per acre—to make cotton a "money-making crop," is the aim of every planter.

Thorough cultivation, proper rotation of crops, and liberal use of fertilizers containing not less than 3% actual

**Potash**

will increase the productivity of all soils.

Our books contain many valuable suggestions to cotton planters. They are free to all applicants.

**DRYDROPSY** NEW DISCOVERY: give quick relief and cure worst cases. Book of testimonials and 25 days' treatment 25c. Free. J. H. HARRIS' BROS., 241 E. Adams, St. Louis, Mo.

**"DON'T BORROW TROUBLE."**

BUY **SAPOLIO** 'TIS CHEAPER IN THE END.

**Pantalanin**

To cure, or money refunded by your merchant, so why not try it? Price 50c.