

No Substitutes

RETURN to the grocer all substitutes sent you for Royal Baking Powder. There is no substitute for ROYAL. Royal is a pure, cream of tartar baking powder, and healthful. Powders offered as substitutes are made from alum.

Home, Farm and Fireside

From Farm Exchanges.

KEEPING OUT THE RATS

In the current issue of Farm and Fireside appears a department entitled "The Headork Shop," in which various contributors report "handy kinks that will save you time and labor. Following is a contributor's account of how one man fought the rats:

"A Wisconsin farmer estimated that for years the rats got from fifteen to thirty bushels of barley every season from his granary. He tried every known way to get rid of the rats, but failed. He tried every season to stop all the rat-holes, but still they gnawed through.

"Last year, while putting concrete floors in his barns and granary, it occurred to him to make his granary rat-proof.

"On the walls of his granary he tacked laths perpendicularly, a foot apart. Over these he stretched and tacked chicken-wire. Then put on a coat of cement about an inch thick. The chicken-wire holds the cement until it hardens. He now has a solid cement granary, un-leakable and rat-proof. The cost was insignificant."

HOW MANY APPLES FROM A TREE?

Farm and Fireside, the national farm paper published at Springfield, Ohio, contains in its current issue the following paragraphs about the number of apples produced by individual trees:

"Records of exceptionally heavy production of apples from individual trees are common in every apple-growing section, but these, as a rule, furnish only the yield of one year, or two years at most.

"A Dominion experiment station has completed a record of thirty-six varieties of apples extending over a score of years since the trees came into bearing. Of the varieties tested, the Mc-

Intosh showed the greatest variation of production. The highest yield was ninety-five bushels from one tree, and the lowest, twenty bushels, during the twenty-year period mentioned. Two Duchess trees produced one hundred bushels each, a third only seventeen bushels. The highest yield of the Yellow Transparent was sixty-seven bushels.

"The maximum yield of an average of five bushels or less, annually, per tree seems unprofitably low to the apple-grower whose trees are large and highly productive. A well-known fruit grower of the Empire State asserts that he has satisfactory evidence that a Hamby apple-tree in Patrick County Virginia, has borne one hundred and thirty-two bushels of apples in one year; and that from a Blue Pearmain tree in Delaware County, Ohio, thirty barrels of apples were packed in the fall of 1857.

"These yields are far and away beyond any production of which the writer has personal knowledge, but he does know of an orchard of less than two acres in area in western Pennsylvania in which a dozen or more trees frequently yielded over thirty bushels per tree; and in a period of fifteen years these trees bore two hundred bushels of apples each. These trees are Roxbury Russets, Rhode Island Greenings and Baldwins.

"From one of the Baldwin trees included in this group seventeen barrels of choice apples were marketed one fall in the nineties, and over a dozen bushels of windfalls and apples dropped while picking easily brought the yield of this tree up to the fifty-bushel mark.

"Surprising apple stories? They are, but the last named yields are vouched for by the writer, who harvested, packed and marketed the apples."

their friends, and if the first few patients who enter the institution should die from operation or other causes there must be no knocking. I have ascertained that country sanitariums pay a very small dividend and one must not subscribe to stock as a paying investment. If they can maintain themselves, its all that can be expected of them. I shall not occupy too much of your space in giving an itemized account of its expenses.

It will require one well trained and educated nurse with two assistants, one physician who must be thoroughly posted upon surgery, one upon general and internal medicine, one upon diseases of the eye, ear, nose and throat, and if the Institution proves a success, one upon Obstetrics and Gynecology and a Pathologist. These physicians must superintend these departments, and must be near enough in the vicinity to make their daily visits. This does not mean to bar other physicians in the parish or state from operating upon their patients or attending those that are suffering from non-operative diseases; that we have physicians in this parish, who can fill the positions cannot be questioned.

To build this institution and run it for one year would require from \$12,000 to \$15,000.

A stock company may be formed with a capital of \$20,000 divided into 200 shares of \$100 each.

There being now thirty physicians in the parish of St. Landry; if each one of these physicians would get one or two subscribers besides himself, you can readily see how easily the sum can be raised.

The cost can be somewhat reduced by individuals or institutions fitting out a ward room; for example, if this institution is built, my brothers and myself expect to fit out one of the rooms or wards complete in commemoration of the memory of our father Dr. R. H. Littell, to be known as the Littell Ward. That this institution will be a public necessity and an ornament to our city is a well-known fact, while I have stated that it will pay a small dividend. It is a paying investment to the physicians—for example: If Dr. G. subscribes to two shares of stock (\$200) and in the course of one year operates upon one patient, who will pay him \$50 to \$75 for the operation, would not this be a fair investment?

I could go further and show you the difference in cost in operating upon a patient in a local sanitarium and that of sending them to other institutions; say, the city of New Orleans, but I do not wish to occupy too much of your valuable space.

In conclusion would say that the physicians and their friends of our neighboring city, Eunice, have built and are now operating a modern and up-to-date sanitarium. Why not Opelousas? Would suggest that you invite other physicians to give their views. Respectfully,
R. M. LITTELL, M. D.

Standards in Parcel Post Marketing.

As a preliminary to the developing of the parcel post in marketing we find that we must have some way by which the actual consumer may know what he will get from the actual producer. Experiments in shipping eggs by parcel post are progressing satisfactorily. A number of containers, suitable for marketing eggs under the regulations of the post office department, have been found. Out of the first 25 dozen eggs shipped only five eggs were broken, of which four were in one badly mishandled package. Out of 24 dozen properly handled there was but one broken egg, and that was not broken enough to interfere with its use. Under this system it has been possible to sell

"Tioga Natural Concreting Paving Gravel"

Makes a Permanent Road at a cheaper cost than any other paving material, and costs less to maintain. The amount expended attempting to maintain dirt roads in a period of thirty months will construct a

Permanent and Durable Highway

The use of "Tioga Natural Concreting Paving Gravel" is simply Economy.

Satisfactorily Used In

Ward Four, Calcasieu Parish (Sulphur Mine Road),
Caddo Parish, Rapides Parish,
City of Alexandria, La., City of Pineville, La.,
City of Natchitoches, La. Orange County, Texas.

St. Landry Parish Needs

"Tioga Natural Concreting Paving Gravel."

The Remington Cube got them with the center of the lead

REMINGTON UMC
ARROW SHOT SHELLS

SPEED—SPEED—and again, SPEED

YOUR object in shooting is to get your bird with the center of your lead. Of course! Then shoot these Steel Lined Speed Shells.

They are the fastest shells in the market. Their speed is demonstrated beyond question by the one sure test in all ballistic matters—the Electric Chronograph.

Then, too, there is the experience of thousands of seasoned gunners who have been shooting the Remington-UMC Steel Lined Shells ever since they came out.

The steel lining is the thing. It grips the powder—holds it in compact—puts all the drive of the explosion behind the shot.

Your load travels quicker—you shorten up your lead. You cut down the guess work on lead and angle—you get more birds.

Your dealer carries these speed shells. Get them. Use them. Find the Red Ball mark on every box of shells and metallics you buy.

Remington Arms-Union Metallic Cartridge Co.
299 Broadway New York

THE OPELOUSAS NATIONAL BANK

STRENGTH

DISPUTES AS TO UNPAID BILLS, OVER AND UNDER PAYMENTS, ETC., ARE ABSOLUTELY ELIMINATED WITH A CHECKING ACCOUNT. A RECEIPTED LEGAL VOUCHER—THE ENDORSED CHECK—PROTECTS YOU PERFECTLY.

WE PAY

3% On Savings Accounts } **3% On Time Certificates of Deposit**

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IS NOT IN FAVOR OF MUNICIPAL HOSPITAL

Dr. Robert M. Littell Objects to Municipal Sanitarium on Account of Politics.

Mr. Editor: Some few weeks ago, you did me the honor of asking me to give my views upon a municipal sanitarium, I asked to be excused until I could be better informed; since then I have noticed two editorials in your paper upon municipal sanitarium; one advocating the use of the high School soon to be vacated. My views upon the necessity of a sanitarium in this parish are well known to the medical profession. I regret to differ materially with you upon making a sanitarium a municipal one. There are a number of reasons why I differ with you and I shall mention only two which are the chief.

The 1st is that it will become a semi-political institution and probably every two years the staff of surgeons and nurses will

be changed which will sound the death knell of the institution.

The second reason is, the city each year will be compelled to put in its budget a certain amount for its maintenance which I do not believe it can afford to do, there are my chief reasons; others could be mentioned.

As for the use of the high school, it will be entirely too large and not sufficiently fire proof; a building similar to Sword's residence would be more preferable.

I have for a number of years, at every meeting of the St. Landry Parish Medical Society, called the profession's attention to the necessity of a sanitarium, but it seemed to have fallen upon deaf ears until very recently.

Some few years ago I ascertained from every physician of the parish, the number of patients that they had sent away for operation and medical treatment and the cost of sending each patient, and I ascertained the startling fact that from \$25,000 to \$30,000 left this parish annually. To establish a sanitarium in this parish will require the co-operation of the majority of the physicians if not all and

eggs at about four to six cents per dozen cheaper than eggs of the same class would bring in the city markets.

To be fair in the work to all the interests concerned in distribution special studies are to be made in the possibilities of utilizing service express as well as parcel post.—United States Department of Agriculture.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address F. J. Cheney & Co., Toledo, Ohio.

Sold by all Druggists, 75c. Take Hall's Family Pills for constipation

To Prevent Blood Poisoning apply at once the wonderful old reliable DR. PORTER'S ANTI-SEPTIC HEALING OIL, a surgical dressing that relieves pain and heals at the same time. Note! 25c. 50c. \$1.00.

Mothers! Have Your Children Worms?

Are they feverish, restless, nervous, irritable, dizzy or constipated? Do they continually pick their nose or grind their teeth? Have they cramping pains, irregular and ravenous appetite? These are all signs of worms. Worms not only cause your child suffering, but stunt its mind and growth. Give "Kickapoo Worm Kill'r" at once. It kills and removes the worms, improves your child's appetite, regulates stomach, liver and bowels. The symptoms disappear and your child is made happy and healthy, as nature intended. All druggists or by mail, 25c.

KICKAPOO INDIAN MEDICINE CO. Philadelphia, Pa. St. Louis, Mo.

GET READY FOR FIRE

Have a Deep Well put down and put in Water Works. A pump and gasoline engine do not cost a great deal. And with a Deep Well, which I can bore for you, you can provide yourself with the convenience of water in your home and have protection against fire, too.

References: J. B. McClelland and J. J. Thompson.—Outfit now in Opelousas.

Let me figure with you on a outfit for your home.

Alice G. Mouton R. F. D. No. 2 Lafayette, La.

Notice All taxes are now delinquent. All licenses are delinquent March 1st, 1914, and will be handed to the attorney as soon as made out. This will cost you ten per cent. So pay up and save costs. M. L. SWORDS, feb 28-29 Sheriff and Tax Collector.

In This Climate
No Home Can Afford to Be Without
French Market Coffee!

In the coffee growing countries, good coffee, roasted like French Market Coffee, is regarded as a necessity—a healthful stimulant to aid digestion. Hot climates create a desire for stimulants, and the one great healthful, stimulating drink is coffee—not the ordinary roasts of coffee, but the rich roasts which contain no heavy oils and though superlative stimulating, will not irritate the most tender stomach.

You will find coffee like French Market Coffee served in Paris, Vienna, Rio de Janeiro, Bogota and Mexico, but in none of these cities will you find coffee like the ordinary American roasts.

Think what it means to be able to secure the genuine French Market Coffee at your grocer's.

FRENCH MARKET MILLS
(New Orleans Coffee Co., Ltd., Proprietors)
NEW ORLEANS

DIRECTIONS—We recommend that you make French Market Coffee in your usual way. If you find it too strong, reduce quantity until strength and flavor are satisfactory. French Market makes more cups of good coffee to the pound than other brands, thereby reducing your coffee bill.