

## What the Doctor Knows

**KIDNEYS MUST BE RIGHT TO INSURE HEALTH.**

Few people realize to what extent their health depends upon the condition of the kidneys.

The physician in nearly all cases of serious illness, makes a chemical analysis of the patient's urine. He knows that unless the kidneys are doing their work properly, the other organs cannot readily be brought back to health and strength.

When the kidneys are neglected or abused in any way, serious results are sure to follow. According to health statistics, Bright's Disease, which is really an advanced form of kidney trouble, caused nearly ten thousand deaths in one year, in the State of New York alone. Therefore, it is particularly necessary to pay more attention to the health of these important organs.

An ideal herbal compound that has had remarkable success as a kidney remedy is Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder remedy.

The mild and healing influence of this preparation, in most cases, is soon realized, according to sworn statements and verified testimony of those who have used the remedy.

When your kidneys require attention, get Swamp-Root at once from any pharmacy. It is sold by every druggist in bottles of two sizes—50c and \$1.00.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper. Adv.

**An Eye to Business.**  
"This play is the worst ever. I am going to demand my money back."

"Wait until after the next act, old man. Ten years elapse between acts 1 and 3, and you can demand interest on your money for that length of time."

**A NEGLECTED COLD** is often followed by pneumonia. Before it is too late take **Laxative Quinine Tablets**. Gives prompt relief in cases of Coughs, Colds, La Grippe and Headache. Price 25c.—Adv.

**At a Disadvantage.**  
"Have any trouble with your summer boarders this year?"

"No," answered Mr. Cobble. "That is, none worth mentioning." There was a lady schoolteacher stayin' with us who didn't seem to think much of my grammar, but as I wasn't chargin' a cent for my grammar, she couldn't come right out and make no regular complaint."

**The Usual Way.**  
Browning—I understand you were at the races yesterday?  
Greening—Yes, but I happened to pick one before he was ripe.

## AFTER SIX YEARS OF SUFFERING

**Woman Made Well by Lydia E. Pinkham's Vegetable Compound.**

Columbus, Ohio.—"I had almost given up. I had been sick for six years with female troubles and nervousness. I had a pain in my right side and could not eat anything without hurting my stomach. I could not drink cold water at all nor eat any kind of raw fruit, nor fresh meat nor chicken. From 173 pounds I went to 118 and would get so weak at times that I fell over. I began to take Lydia E. Pinkham's Vegetable Compound, and ten days later I could eat and it did not hurt my stomach. I have taken the medicine ever since and I feel like a new woman. I now weigh 127 pounds so you can see what it has done for me already. My husband says he knows your medicine has saved my life."—Mrs. J. S. BARLOW, 1624 South 4th St., Columbus, Ohio.

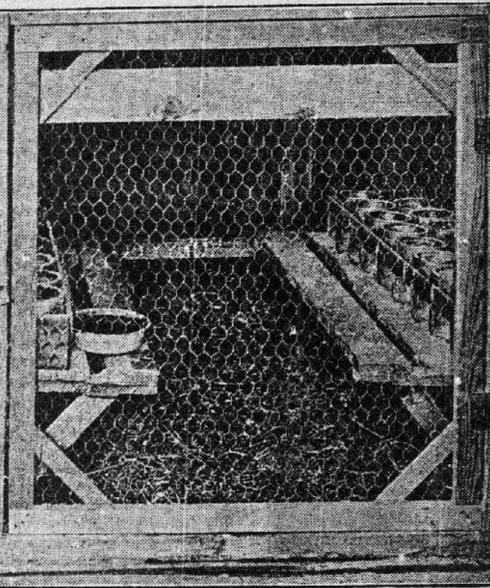
Lydia E. Pinkham's Vegetable Compound contains just the virtues of roots and herbs needed to restore health and strength to the weakened organs of the body. That is why Mrs. Barlow, a chronic invalid, recovered so completely. It pays for women suffering from any female ailments to insist upon having Lydia E. Pinkham's Vegetable Compound.

**Don't Persecute Your Bowels**  
Cut out cathartics and purgatives. They are brutal, harsh, unscientific. They are **CARTER'S LITTLE LIVER PILLS**. Purely vegetable. Act gently on the liver, eliminate bile, and soothe the delicate membrane of the bowels. Cure Constipation, Biliousness, Sick Headache, and indigestion, no matter how small. **SMALL PILL, SMALL DOSE, SMALL PRICE.** Genuine must bear Signature **New Wood**

**Every Woman Wants**  
**Paxtine**  
**ANTISEPTIC POWDER**  
FOR PERSONAL HYGIENE  
Dissolved in water for douches stops pelvic catarrh, ulceration and inflammation. Recommended by Lydia E. Pinkham Med. Co. for ten years. A healing wonder for nasal catarrh, sore throat and sore eyes. Economical, its extraordinary cleaning and germicidal power. Sample Free, 50c. all druggists, or posted by mail. The Paxtine Toilet Company, Boston, Mass.

**COTTON**  
We handle cotton on consignment only and have the finest concrete warehouses with almost unlimited capacity, where your cotton will be absolutely free from all rust or damage. Highest classifications and lowest interest rates on money advanced. Write us for full particulars.  
**GOHLMAN, LESTER & CO.**  
The oldest and largest exclusive cotton factors in Texas.  
**HOUSTON, TEXAS**

## FINDING OUT WHAT CHICKENS LIKE BEST



**HEN PERMITTED TO SELECT HER OWN FOOD.**

(By H. L. KEMPSTER, Missouri Agricultural Experiment Station.)  
Perhaps the best way to find out what hens like is to ask the hens. At least that was the plan followed by the Missouri agricultural experiment station in recent tests in which weighed amounts of various feeds were placed before the hens and what they left of each kind of feed was weighed back so it was possible to tell what kinds of feed they had eaten and what they had passed by. At the same time a careful record was kept of the number of eggs laid by each hen and her changes in weight.

The test seems to show that the hen knows better than many people how to select the food that will help her most in laying eggs and keep her in the best condition. Some old ideas with regard to poultry feeding were proved sound and some others were discredited by the hens. They almost all showed a decided preference for wheat which is very generally used as a poultry feed. Kafir stood next in popularity, followed by corn and cornmeal, but oats and sunflowers were not eaten as much as many people would have expected, probably be-

## PRESERVING EGGS IS SIMPLE

**Water Glass Method is Not at All Difficult—Cleanliness is Very Important Factor.**

(By E. P. LADD, North Dakota Experiment Station.)  
In preserving eggs the water-glass method is very simple. Eggs put up according to it will retain their original flavor.  
Directions: The eggs must be fresh and clean. Washing an egg spoils its qualities. Galvanized iron vessels, crocks, jars or wooden kegs may be used. The vessel must be clean. If of wood it must be thoroughly scalded. Use a good grade of water glass. One like a heavy white jelly that flows like cold molasses. Use one quart of the water glass to ten quarts of pure water that has been boiled. Pour into the vessel when cool. Fresh eggs can be put into it from time to time until the jar is filled. There should be two inches of the solution above the eggs.  
Keep the preserved eggs in a cool place, as in a cellar. The eggs will contain some gas and so crack when boiled. This can be prevented by making a pin hole in the blunt end of the eggs before boiling them.

## MORE EGGS WITHOUT MALES

**Unmated Hens Not Worried and Retain More Energy to Be Devoted to Egg Production.**

It has been quite well established by tests that hens kept separated from male birds will produce more eggs than those that run with the males. In one experiment five hens, five pullets and a cock were put in one pen and five hens and five pullets in another. All were of the same breed and were given the same care.  
The experiment continued from January until September. The mated females produced 950 eggs and the unmated ones 972, a difference of 23 in favor of the unmated ones. In another experiment practically the same results were secured.  
The theory is that unmated hens are not worried by the male and being more quiet retain more energy to be devoted to the production of eggs.

## LOCATION OF CHICKEN COOP

**Place It on High, Well-Drained Spot—Avoid Cool, Damp Air That Keeps Things Moist.**

In locating a chicken coop, place it on a high, well drained spot. Soil that is well drained is less likely to become contaminated with disease germs.  
Air drainage is as necessary as soil drainage, so the coop should not stand in a low place or pocket where cool, damp air settles and keeps things moist.

## CANDLE AND GRADE ALL EGGS

**Farmer Cannot Afford to Produce Best and Take Flat "Case-Count" Price for Product.**

Insist that your buyer candle and grade your eggs and that he pay a premium for "firsts" over "seconds." You cannot afford to produce the best and take a flat "case-count" price along with the producers of small, dirty, stale, inferior eggs.

cause the hen is not able to digest much food containing a high percentage of crude fiber. The hens that did eat sunflower seed were seen cracking them and eating only the softer portions inside, possibly because they wanted to get rid of the crude fiber in the shell.  
Bran is often used in poultry feeding, but the hens in this test which chose it instead of bran. Alfalfa leaves were tried but not eaten to any great extent.  
Animal food of some kind, such as the beef scrap or sour milk, is generally regarded as very necessary for laying hens, but most of the hens in this test did not eat much more beef scrap while laying than while not laying. Two actually ate more of it when they were not laying.  
Other tests at the Missouri station have shown that the use of either beef scrap or sour milk makes the hen's egg record at least twice as good as though she were fed no animal feed whatever, and that sour milk is slightly better than beef scrap for this purpose in addition to being cheaper and easier to get on most farms.

**CLEAN WALL NEST FOR HENS**  
One Shown in Illustration Herewith is Recommended by Kansas Agricultural College.

Roomy, clean nests mean clean eggs. The Kansas State Agricultural college advocates the use of the nest shown. Dirty nests are generally caused by the fowls roosting on the edge of the nests and allowing droppings to fall in, or by the hens waiting at the edge of their favorite nest for another hen to get through laying, and fouling the side of the nest with droppings as they wait. In the nest illustrated, the sliding door at one end may be shut at night. This will keep the birds from roosting on the nests. The narrow board by which the hens enter the nests allows their droppings to fall on the floor instead of accumulating to soil their feet and then the eggs. The removable board on the front of the nests makes them convenient to clean.

## POULTRY AS INSECT HUNTERS

**Fowls Will Pick Up Much Food When Turned Loose in Fields—Turkeys Like Grasshoppers.**

The poultry that is turned loose in the fields these days will pick up a lot of valuable feed that will not cost you a cent. This feed, consisting largely of insects, makes valuable poultry feed in two ways, as it not only nourishes the poultry, but is thereby prevented from eating and otherwise destroying your crops.  
Turkeys are especially fine insect hunters and are among the best hunters of the grasshopper.

## RATION FOR GROWING CHICKS

**Good Dry Mash is Made of Mixture of Cornmeal, Wheat, Bran and High-Grade Beef Scraps.**

A good dry mash for feeding growing chicks in hoppers is made of one part cornmeal, two parts wheat bran and half a part of high-grade beef scraps, though most any mixture of ground grains which does not include too much fattening material will prove satisfactory for this purpose if the chicks are on free range.  
Keep Complete Records.  
Keep a record of your flock the year round. It is the only way to find how much money they are earning. Charge yourself a reasonable price for all the eggs you use.  
Build New Henhouse.  
Now is the time to build the new henhouse so that it will have time to dry out thoroughly before cold weather comes.  
Grain Supply for Hen.  
A hen should be fed some grain that she doesn't have to scratch for.

## RANGE FOR BREEDING DUCKS

**Fowls Should Not Be Confined During Balance of Season—Do Well Without Swimming.**

The ducks which are intended for next year's breeders should be allowed to have free range during the rest of the season and if there is a place for them to swim, it will be better for them, though they do well without swimming.  
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## POULTRY FACTS

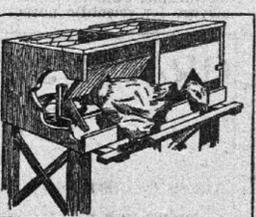


**ILLUSTRATION OF TRAP NEST**

**Device Intended to Assist Poultry Breeder to Find Out Best Layers and Keep Pedigrees.**

This is an illustration of a trap nest—not a gullyhole. It is designed to help the poultry breeder to find out his good layers and to keep pedigrees. It is very simple. It may be attached to the under side of the dropping board, with the front facing the pen and arranged so that it can be easily removed. The dropping board will then be the roof of the nest.  
The rear of the nest may be of wire for the sake of ventilation. If the nest is placed on the wall, slats or wire should be inserted from the front of the nest to the wall at a sharp angle to prevent the hen from roosting on the nest. When she enters the nest, the hen's back raises the door, which releases the catch and allows the door

to shut. The catch should be set so that its edge just holds the door, the position being regulated by a screw or nail at the lower inside edge of the catch. A washer on the screw will prevent it from sticking. The guard around the catch holds the nesting material away. The nest should be visited frequently to release the hens.  
—Popular Science Monthly.



**Trap Nest in Operation.**

**DUCKS THRIVE ON SOFT FOOD**  
Nutritive Organs Not Adapted to Whole Grains—Give Them Green Feed in Abundance.  
The duck's nutritive organs are not adapted to whole grains. The natural diet of ducks is soft food, worms and bugs, from the banks and marshes. For best development, ducks should have soft feed, always accompanied by water in pans deep enough to permit them to submerge the beak to the eyes. Give them lettuce, spinach, beet tops, onion tops, weeds—green food of some kind in abundance.  
For a few ducks the vegetable parings may be boiled and fed with mash; small potatoes, not to exceed a fifth of the mash, may be used. Too many potatoes are not good.  
For stock ducks in autumn and early winter, an excellent ration is equal parts of cornmeal, wheat bran and boiled vegetables, with 10 per cent of beef scrap fed morning and evening; at noon a little cracked corn, wheat or oats. When the birds begin to lay, increase the proportion of meal and scrap, and add low-grade flour, making a mash about as follows: Meal, one part; bran, one part; low-grade flour, one part; vegetables, one part, with from 12 to 15 per cent of beef scrap.

## GOOD REMEDY FOR GAPEWORM

**Parasites Are Usually Found in Poultry Raised on Low Land—Plover Infected Areas.**

Gapeworms are commonly found in poultry raised on low land; they may be seen attached to the walls of the windpipe. For treatment restrict the birds to well-drained quarters and plow the infected areas. Individual treatment necessitates the removal of the worms. By a feather moistened with turpentine swab out the windpipe.  
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## HAWKS OF MUCH VALUE

**Some Should Be Given Protection, Others Destroyed.**

**Large Majority of Birds Are Farmer's Friends and Do Much Good in Devouring Injurious Insects and Rodents.**

(By H. W. HENSHAW.)  
The current idea in relation to hawks is erroneous. These birds are generally classed as thieves and robbers, whereas a large majority of them are the farmer's friends and spend the greater part of their long lives in pursuit of injurious insects and rodents.  
The notable increase of noxious rodents during the last few years in certain parts of the United States and the consequent damage to crops are due in no small part to the diminished number of birds of prey, which formerly destroyed them and aided in keeping down their numbers. A few hawks are injurious, and the bulk of the depredations on birds and chickens chargeable against hawks is committed by three species—the Cooper's hawk, the sharp-shinned hawk and the goshawk.  
Cooper's hawk, or "blue jayter," as it is familiarly known throughout the South, is pre-eminently a poultry and bird-eating species, and its destructiveness in this direction is surpassed only by that of its larger congener, the goshawk, which occasionally in autumn and winter enters the United States from the north in great numbers. The almost universal prejudice against birds of prey is largely due to the activities of these two birds, assisted by a third, the sharp-shinned hawk, which in habits and appearance might well pass for a small Cooper's hawk. These birds usually approach under cover and drop upon unsuspecting victims, making great inroads upon poultry yards and game coverts favorably situated for this style of hunting.  
The night hawk must not be confused with the whippoorwill. The latter lives in woodland and is chiefly nocturnal. The night hawk often flies

## PEAS INTERFERE IN COTTON

**Vines Retard Picking and After Frost Leaves Get on Lint and Therefore Lower Its Grade.**

Prof. M. A. Beeson of Oklahoma A. and M. college says that it is not advisable to plant peas in cotton. The vines interfere with picking the cotton, he says, and after frost the leaves get on the cotton lint and lower its grade.  
Where the stand of cotton is not suf-

## POSTUM

Postum satisfies the desire for a hot table drink, and its users generally sleep better, feel better, smile oftener and enjoy life more.  
A fair trial—off coffee and on Postum—shows  
"There's a Reason"

## CONTROL MEASURES FOR FALL ARMY WORM



**DESTROYING WORMS BY DRAGGING WITH LOG.**

(Prepared by the United States Department of Agriculture.)  
Fall army worms are reported to be present in great numbers in Oklahoma and Kansas. The worm is a hairless, striped caterpillar, about 1 1/2 inches in length, which attacks a variety of cultivated crops. It is especially injurious to grass, alfalfa, corn, sorghum, kafir and millet. It is suggested by the United States department of agriculture that when the worms are found attacking crops the following control measures be taken:

1. Provide yourself with a spraying apparatus and keep on hand several pounds of some standard insecticide, such as arsenate of lead, arsenate of zinc, or paris green.  
2. Watch carefully the grass growing among the cultivated field crops in the bottom lands or in the low places of the fields, and upon the first indication of the presence of these caterpillars apply poison spray as recommended below.  
3. In case of a general invasion, after the caterpillars have gone down into the ground in order to change to the next stage, which is the pupa, many of them can be killed by cultivating the ground wherever this is possible.  
4. When the caterpillars are on the march or are starting in on one corner of a field of grain, they can be headed off by plowing a deep furrow directly in front of them. The larvae falling into this furrow can very readily be killed by dragging a log through it. Where the whole field is infested plow a furrow around it so as to keep them out of the surrounding fields. Furrows should be kept free from rubbish, so that the larvae will have no means of crossing to the farther side.  
5. Grass and other vegetation that

has no value may be sprayed with a mixture of paris green and water, two pounds to 50 gallons of water. However, this grass should not afterwards be used for forage.  
Growing grasses and other forage crops intended for use at a considerable later date should be sprayed with either one of the following mixtures:  
(a) Arsenate of lead (powder form), 1 pound  
Water, gallons, 50  
(b) Arsenate of lead (paste form), 2 pounds  
Water, gallons, 50  
When corn is infested either one of the following poisonous mixtures may be applied:  
(a) Arsenate of lead (powder form), 2 pounds or paste form, pounds, 1  
Water, gallons, 50  
(b) Paris green, pounds, 1  
Lime (freshly slaked), pounds, 2  
(c) Arsenate of zinc, pounds, 1  
Lime (freshly slaked), pounds, 2  
Water, gallons, 50  
Never use white arsenate on plants; it will burn them.  
6. An immense amount of good also can be accomplished in the way of destroying these worms by the use of a poisoned bait which is scattered broadcast over the infested fields. This mixture is made by taking 50 pounds of bran and mixing with it either one pound of paris green or two pounds of powdered lead arsenate, to which is added two gallons of low-grade molasses and six finely chopped lemons. This is especially recommended for fields containing mixtures of grass and cowpeas, cowpeas and sorghum, or fields in which grass has been consumed by the caterpillars.  
Caution: Do not pasture stock in fields where the grass or other crops have been sprayed with a poison mixture until after heavy rains have fallen and not before three weeks after the application of the insecticides.

by day, when the white bar across the wing and its nasal cry are distinguishable. The skillful evolution of a company of night hawks as the birds gracefully cleave the air in intersecting circles is a sight to be remembered. So expert are they on the wing that no insect is safe from them, even the swift dragonfly being captured with ease. Unfortunately their erratic flight tempts men to use them for targets, and this inexcusable practice is seriously diminishing their numbers, which is deplorable, since no birds are more useful. This species makes no nest, but lays its two spotted eggs on the bare ground, sometimes on the gravel roof of the city house. The night hawk is a voracious feeder and is almost exclusively insectivorous. Some stomachs contain from 30 to 50 different kinds of insects, and more than 600 kinds have been identified from stomachs examined by experts. From 500 to 1,000 ants are often found in a stomach. Several species of mosquitoes, including the transmitter of malaria, are eaten. Other well-known pests destroyed by the night hawk are the Colorado potato beetle, cucumber beetles, chestnut, rice, clover-leaf and cotton-boll weevils, billbugs, bark beetles, squash bugs and moths of the cotton worm.  
The red-tailed hawk, or "hen-hawk," as it is commonly called, is one of the best known of all our birds of prey, and is a widely distributed species of great economic importance. Its habit of sitting on some prominent limb or pole in the open, or flying with measured wing beat over prairies and sparsely wooded areas on the lookout for its favorite prey, causes it to be noticed by the most indifferent observer. Although not as omnivorous as the red-shouldered hawk, it feeds on a variety of food, as small mammals, snakes, frogs, insects, birds, crawfish, centipedes, and even carrion.  
The sparrow hawk, which is a true falcon, lives in the open country and

builds its nests in hollow trees. Its food consists of insects, small mammals, birds, spiders and reptiles. Grasshoppers, crickets and terrestrial beetles and caterpillars make up more than half of its subsistence, while field mice, house mice and shrews cover fully 25 per cent of its animal supply.  
Fresh Water is Essential.  
Don't expect stock to gain if the watering trough is not kept well filled with fresh water. Stock can more easily go without food than water.  
Don't Keep Sheep.  
If you do not like sheep, never try to keep them. It is like marrying a wife to spite somebody else.

## WOMAN'S CROWNING GLORY

is her hair. If yours is streaked with ugly, grizzly, gray hairs, use "La Creole" Hair Dressing and change it to the natural way. Price \$1.00.—Adv.

## INCIDENTAL EMBELLISHMENT

"Remember," said the man who takes life seriously, "that riches have wings."  
"Well," replied Mr. Dustin Stax, "the fact that a rich chicken has wings doesn't prevent me from enjoying it."

## CONSTANT READER

"Bliggins is a pessimist, isn't he?"  
"Yes, he's so fond of bad news that he goes down cellar every morning to read the gas and electric meters."

## THE SUREST WAY

To cure HEADACHE, BILIOUSNESS, CONSTIPATION, etc., is to take ONE HOND'S LIVER PILL at bedtime. You will wake up well, without feeling the medicine.  
An INACTIVE LIVER is the real cause of nine-tenths of human ills. ALL DRUGGISTS, 25 CENTS.—Adv.

## TABLED AEROPLANES

The British reason, quite logically, that the smaller the aeroplane and the faster it can fly the less danger of its being hit by shots fired from earth. So the British airman favors an unusually small machine, which they call the "tabloid." A very light frame is fitted with an 80-horse power motor, which will drive the "raft" machine through the air at the rate of 300 miles an hour. The engine is covered with armor. The aviator seeking to drop a bomb on the enemy approaches his target at a height of 5,000 feet. When straight above it he turns the nose of his machine straight down and drops at terrific speed. When within 500 feet of the target he drops his bombs as quickly as possible and then shoots skyward at a tremendous pace.—American Boy.

## DIDN'T WANT MUCH

One Saturday night a lady who possessed a fruit and vegetable shop hurried to serve her last customer, a very red-faced woman.  
She asked for a penny's worth of vegetables, and wanted a piece of everything.  
When she had been given what she desired, she politely asked if they could be wrapped in a piece of paper and tied with a string.  
The shopkeeper turned to her, quite calm, and said:  
"Wait a minute, and I will run across to the butcher's for a bone, and I think that will complete your Sunday's dinner."

## THERE ARE 1,300 FISH PREPARING FACTORIES IN SPAIN

"Another Article Against Coffee"—  
In spite of broad publicity, many people do not realize the harm the 2 1/2 grains of caffeine in the average cup of coffee does to many users, until they try a 10 days' change to  
**POSTUM**  
Postum satisfies the desire for a hot table drink, and its users generally sleep better, feel better, smile oftener and enjoy life more.  
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Ask for and Get  
**SKINNER'S**  
THE HIGHEST QUALITY  
**MACARONI**  
36 Page Recipe Book Free  
SKINNER MFG. CO. OMAHA, U.S.A.  
LARGEST MACARONI FACTORY IN AMERICA

No Fun in That.  
"Why did you break the engagement?"  
"Well, my fiancée got to imitating one of these movie queens. She thought it was cute to shoot me a swift kiss under the ear."

## CLEAR RED PIMPLY FACES

**Red Hands, Red Scalp With Cuticura Soap and Ointment. Trial Free.**

The soap to cleanse and purify, the Ointment to soothe and heal. Nothing better, quicker, safer, surer at any price for skin troubles of young or old that itch, burn, crust, scale, torture or disfigure. Besides, they meet every want in toilet preparations.  
Free sample each by mail with Book! Address Postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

**Where Are the Boys?**  
The Minden Magazine, the organ of the Lancashire Fusiliers, observes in a recent issue: "We are not, of course, allowed to say where we are, but we may venture to say that we are not where we were, but where we were before we left here to go to where we have just come from."

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