

THE TIME TO TAKE A SPRING TONIC IS NOW

NEXT WEEK MAY BE TOO LATE - GET IT NOW.

WE KEEP MANY STANDARD REMEDIES. LET US SHOW YOU.

GOOD SERVICE AT YOUR WORD.

JEWELERS :: OPTICIANS CRESCENT DRUG COMPANY



Keep old glory unfurled.

Break your Cold or LaGrippe with a few doses of 666.

Crawford Pringle took in the rally Friday at Oberlin.

T. D. Durham is visiting his son's home on West Side.

Private Floyd Melder is home a few days on furlough.

M. A. Alford spent the week end with his mother. He is employed in Alexandria.

Dr. J. P. Durham returned to Jonesville Friday.

A. J. Higgins of New Orleans was a McNary visitor recently.

Private Eustis Pringle spent Sunday with homefolks. His sister Clarice, was also here to join at the family fireside.

Rev. N. H. Oliver is spending the week in Deridder, assisting in a revival meeting.

Lewis Melber attended the patriotic meeting at Oberlin last Friday.

W. W. Perry was in Alexandria to attend a Red Cross meeting Friday. He took in the Liberty Loan rally Friday afternoon.

Private Ashmore of Camp Beauregard was at home Saturday and Sunday. It was his first visit home since enlisting.

"Sister" McCrery returned home last week after an eight months stay with an uncle in Tenaha, Texas.

E. M. Pringle was in New Orleans on business the first of the week.

RUB-MY-TISM - Antiseptic Relieves Rheumatism, Sprains, Neuralgia, etc.

James Edgar returned to his work at Camp Beauregard Sunday night, after having spent the day with his family.

ABOUT RHEUMATISM

Rheumatism causes more pain and suffering than any other disease, for the reason that it is the most common of all ills, and it is certainly gratifying to sufferers to know that there is a remedy that will afford relief, and make rest and sleep possible. It is called Chamberlain's Liniment.

W. R. Macklin gave us some fine new potatoes last week and J. J. Ferguson remembered us this week with some splendid home-grown onions and dew berries.

Ratification of each of the Protestant churches. Attend them.

J. W. Bruce was home last week end.

Hadley Morris is at work in Sulphur for a while.

There is a prospect of a hardwood mill being put in here.

A good time was enjoyed at the school-house Friday night when the students of the Forest Hill and of the local school met for a literary contest. They did well, Forest Hill winning the declamation and Glenmora the essay.

A Mare's Daily Sea Bath.

A mare which had made a daily practice of swimming in the sea at Cleary, to the delight of visitors, has been captured by some local fishermen in a boat. They chased the animal seaward for 300 yards before they came up with it. The mare was exhausted and was easily captured. - London Daily Mail

DO YOU ENJOY LIFE?

A man in good physical condition is almost certain to enjoy life while the bilious and dyspeptic are despondent, do not enjoy their meals and feel miserable a good share of the time. This ill feeling is nearly always unnecessary. A few doses of Chamberlain's Tablets to tone up the stomach, improve the digestion and regulate the bowels is all that is needed. Try it.

MCNARY NOTES

Miss Mattie Calhoun is home a gain after a visit to friends in New Orleans.

Mr. and Mrs. L. W. Lawrence and children were visitors to Alexandria Sunday.

Battalion Sgt. Major G. Louis Isobel is now stationed at Camp Mills New York. His many friends will be pleased to hear that "Louis" is making good in the cavalry.

Mr. and Mrs. Wm. Cady have returned from New Orleans where Mr. Cady underwent a very serious operation several weeks ago.

Mr. and Mrs. S. J. Hymes have had as their guest this week Mrs. L. M. Shilling and attractive daughter, Ruby of New Orleans, Mrs. L. Sox and Miss Flora Levin of Chicago and Mr. J. T. Hymes of Lake Charles.

Miss Clara Patrick has returned home after spending some time with her sister Mrs. R. L. Tannehill in Winfield Louisiana. Misses Hazel Lena Keller were Alexandria, visitors the past weekend.

Little Neva Strange of Independence Louisiana is the guest of her uncle and aunt Mr. and Mrs. T. C. Ward.

Letters received from Messrs Cobb and Gaiser who are stationed at Camp Pike say that they are very much interested in army life. Messrs Cobb and Gaiser were employees Cady Lumber company.

Mrs. and Mrs. F. J. Wolf attended the Red Cross Rally in Alexandria last Thursday and Friday.

Mr. and Mrs. Wm. Cady have had as their guest the last week the following: Mr. and Mrs. Jas. A. McNary of El Paso Texas, Messrs H. S. Lafond of New York and A. J. Higgins of New Orleans.

Mr. and Mrs. Z. P. Scarbrock have just received letters from their son Bert who is with the 2nd Cavalry somewhere in France. Bert has been confined to the hospital for some time with rheumatism but expects to be back in training soon.

Pvt. Jno. M. Calhoun who is with the 6th Regiment U. S. Marines somewhere in France writes the home folks he is well and happy.

Miss Anita Sheppard is now located with Dr. and Mrs. Hunter Jones.

Mr. Geo. Thompson spent last Sunday with his brother Edwin who is stationed at Camp Baturgard.

Miss Rosa Allardyce is with her brother and sister in law Mr. and Mrs. J. C. Allardyce. Miss Rosa is cashier at the picture show.

IN ALEXANDRIA

Last Friday your editor, as chairman of the Red Cross branch here, went to Alexandria to take part in the Home Service Institute which was held in the city hall.

Mrs. Hopkins did some effective work in explaining the place and service of the Home Service Department of the Red Cross. We feel sure that his visit will bear fruit in larger service by the Red Cross workers in the parish.

We also took in the patriotic rally. The speeches were stirring and the response likewise.

Messrs McAdams and Bently quickened the liberality of throng when they proposed to put a dollar for every one subscribed on this occasion. As a result of the proposition some people doubled and tripled their subscriptions. Alexandria has met its quota.

While in Alexandria, we were the guests of Rev. Briscoe Carter, but took dinner Saturday with an old time friend L. W. Pearson. We enjoyed the trip.

Daily Thought.

Memory is the cabinet of imagination, the treasury of reason, the registry of conscience, and the council chamber of thought. - Basile.

GROGERS HELP IN 50-50 PLAN

SIGN PLEDGE TO CARRY OUT FOOD ADMINISTRATION PROGRAM.

POST CARDS IN STORES.

Explain New Wheat Ruling to Thousands of Customers—insures Greater Food Saving.

Grocers of the nation have accepted enthusiastically the 50-50 basis for the purchase of wheat flour and are doing their utmost to explain the new regulation to the housewife. This ruling by the U. S. Food Administration requires each purchaser of wheat flour to buy one pound of cereal substitute, one kind or assorted, for every pound of wheat flour. It was necessary to restrict the use of wheat flour in order that the allies and our fighting forces abroad might be assured of an adequate supply of wheat to meet their vital needs. This supply must come from our savings because we have already sent our normal surplus.

When saving pledge cards were forwarded by the Food Administration to all retail food merchants, and these are being signed and posted in stores throughout the country. This card states, "We pledge ourselves loyally to carry out the Food Administration program. In accordance with this order we will not sell any wheat flour except where the purchaser buys an equal weight of one or more of the following, a greater use of which in the home will save wheat:

"Cornmeal, corn flour, edible corn starch, hominy, corn grits, barley flour, potato flour, sweet potato flour, soy bean flour, feterita flour and meals, rice, rice flour, oatmeal, rolled oats and buckwheat flour."

Some confusion has resulted on the part of the consumer in construing this "50-50" ruling to mean that an equal amount in value of substitutes must be purchased with wheat flour. This is a mistaken idea. The ruling states that the consumer in purchasing flour shall "buy at the same time an equal weight of other cereals."

One exception to this ruling is concerning graham flour and whole wheat flour, which may be sold at the ratio of three pounds to five pounds of wheat flour. This provision is made because approximately 25 per cent. more of the wheat berry is used in the manufacture of these flours than standard wheat flour.

Another exception is that concerning mixed flours containing less than 50 per cent. of wheat flour, which may be sold without substitutes. Retailers, however, are forbidden to sell mixed flours containing more than 50 per cent. of wheat flour to any person unless the amount of wheat flour substitutes sold is sufficient to make the total amount of substitutes, including those mixed in flours, equal to the total amount in wheat flour in the mixed flour. For instance, if any mixed flour is purchased containing 60 per cent. wheat flour and 40 per cent. substitutes it is necessary that an additional 20 per cent. of substitutes be purchased. This brings it to the basis of one pound of substitutes for each pound of wheat flour.

A special exemption may be granted upon application in the case of specially prepared infants' and invalids' food containing flour where the necessity is shown.

Some misunderstanding seems to exist on the part of consumers in assuming that with the purchase of wheat flour one must confine the additional 50 per cent. purchase to one of the substitutes. This is not the case. One may select from the entire range of substitutes a sufficient amount of each to bring the total weight of all substitutes equal to the weight of the wheat flour purchased. For instance, if a purchase of 24 pounds of wheat flour is made a range of substitutes may be selected as follows:

Cornmeal, 8 pounds; corn grits, 4 pounds; rice, 4 pounds; buckwheat, 2 pounds; corn starch, 1 pound; hominy, 2 pounds; rolled oats, 3 pounds.

These substitutes may be used in the following manner:

Cornmeal, 8 Pounds.—Corn bread, no flour; corn muffins or spoon bread, one-fourth flour or one-third rice or one-third hominy; 20 per cent. substitutes in whole bread.

Corn Starch, 1 Pound.—Thickening gravy, making custard, one-third substitute in cake.

Corn Grits, 4 Pounds.—Fried like mush, used with meal in making corn bread.

Rolls Oats, 3 Pounds.—One-fourth to one-third substitutes in bread, one-half substitute in muffins; breakfast porridge, use freely; oatmeal cookies, oatmeal soup.

Buckwheat Flour, 2 Pounds.—One-fourth substitute in bread, buckwheat cakes.

Hominy, 2 Pounds.—Baked for dinner, baked for dinner, with cheese sauce.

Rice, 4 Pounds.—One-fourth substitute in wheat bread, one-third substitute in corn bread, boiled for dinner (a bread cut), as a breakfast food, to thicken soups, rice pudding instead of cake or pie, rice batter cakes.

Several grocers have stated that their customers, who strictly observe the 11 wheatless meals each week find it necessary to buy substitutes in addition to those ordered under the 50-50 plan.

SPRING-TIME REMEDIES

For horses, cattle, hogs, sheep and poultry are kept by us we can help you in case of sickness or injury. Get from us sure killers of lice and potato bugs.

GLENMORA DRUG CO.

Glenmora, La.

COLORED RALLY

The rally last Sunday afternoon at the Louisiana Saw Mill by the colored people of the neighboring communities was a success.

The attendance was good but no doubt would have been better had it not rained Saturday night.

Sim Jones enterprised this rally and is to be congratulated upon the manner it was conducted and the success achieved by it.

He had nearly all the colored pastors present with many of their congregation present to help them in the contest for the prize given the pastor that raised the largest amount of money.

The following amounts were contributed by the congregations under their leaders; Revs. O. Griffin, \$6.25; C. C. Anderson 16.25; S. I. Mitchell, 40.94; Landry, 4.20; J. E. Daniel, 55.50; Prof. Holmes, 27.00. The white pastors, Revs. Shuttlesworth and Perry \$16.60 and 12.05 respectively. The grand total raised and provided for was \$348, but the drive will continue for the \$500.

Mr. B. F. Lewis, always big-hearted, encouraged the men on the plant to help as he would give everyone desiring to do so an opportunity by paying through the office.

Several good speeches were delivered on occasion; the colored people are waking up, and have expressed themselves as ready to help in all the great work of our country so as to help win the war.

For a Sprained Ankle

As soon as possible after the injury is received get a bottle of Chamberlain's Liniment and follow the plain printed directions which accompany the bottle.

Take and read The Patriot.

MANHEIN FLORAL COMPANY Flowers and Decorations for all occasions.

Remember mother May 12 with a bunch of her favorite flowers.

Flowers delivered by wire anywhere in the U. States

310 Murray street Alexandria, La.

310 Milam street Shreveport, La.

EVERYTHING WE HAVE IS FOR SALE

See Us for next order

Right Prices. PHONE 35-2. Free Delivery.

CAMPBELL-PENNY COMPANY, LTD.

MEYER'S GRAND LEADER

Has the most up-to-date line of men's ready to wear goods in this section.

We make a specialty in the shoe line. Give us a call.

MEYER'S GRAND LEADER

The firm of Smith and Reynolds has dissolved partnership, and the business is now owned by Audrye Reynolds who will be pleased to meet all the former customers in the same work.

Will also teach art and stenography.

Stenographic work given prompt attention.

Audrye Reynolds Glenmora, La.