

This Is Better Than Laxatives

One NR Tablet Each Night For A Week Will Correct Your Constipation and Make Constant Dosing Unnecessary. Try It.

Poor digestion and assimilation mean a poorly nourished body and low vitality. Poor elimination means clogged bowels, fermentation, putrefaction and the formation of poisonous gases which are absorbed by the blood and carried through the body.

The result is weakness, headaches, dizziness, coated tongue, inactive liver, bilious attacks, loss of energy, nervousness, poor appetite, impoverished blood, sallow complexion, pimples, skin disease, and often times serious illness.

Ordinary laxatives, purges and cathartics—salts, oils, calomel and the like—may relieve for a few hours, but real, lasting benefit can only come through use of medicine that tones up and strengthens the digestive as well as the eliminative organs.

Get a 25c box of Nature's Remedy (NR Tablets) and take one tablet each night for a week. Relief will follow the very first dose, but a few days will elapse before you feel and realize the fullest benefit. When you get straightened out and feel just right again you need not take medicine every day—an occasional NR Tablet will then keep your system in good condition and you will always feel your best. Remember, keeping well is easier and cheaper than getting well.

Nature's Remedy (NR Tablets) are sold, guaranteed and recommended by your druggist.



Last Stage.

"Young Clumpson is attentive to Miss Fadleigh."

"Yes."

"Is he very far gone?"

"I'm afraid so. He's talking about buying a blue automobile to match her eyes."—Birmingham Age-Herald.

PROVEN SWAMP-ROOT

AIDS WEAK KIDNEYS

The symptoms of kidney and bladder troubles are often very distressing and leave the system in a run-down condition. The kidneys seem to suffer most, as almost every victim complains of lame back and urinary troubles which should not be neglected, as these danger signals often lead to more dangerous kidney troubles.

Dr. Kilmer's Swamp-Root which, so many people say, soon heals and strengthens the kidneys, is a splendid kidney, liver and bladder medicine, and, being an herbal compound, has a gentle healing effect on the kidneys, which is almost immediately noticed in most cases by those who use it.

A trial will convince anyone who may be in need of it. Better get a bottle from your nearest drug store, and start treatment at once.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Weary.

Atress (to her fiance)—Please don't ask me to kiss you for a week or so, darling. You must remember I took over £200 yesterday selling kisses for the Red Cross.—Passing Show.

THE BLUE THAT'S TRUE.
Red Cross Ball Blue gives to clothes a clear, dazzling white, whiter than snow, not a greenish yellow tinge like cheap bottle blue. Buy Red Cross Ball Blue for next washday. You will be happily surprised. Large package at your grocers, 5 cents.—Adv.

Welcome Word.

Heck—"I suppose you always let your wife have the last word?" Peck—"Yes, and I'm tickled to death when she gets to it."

So to Speak.

"Lots of pretty girls visit the cantonments." "More than you can shake a swigger stick at."

Heaven never helps the man who is too lazy to hustle a little in his own behalf.

CROUP
Spasmodic croup is usually relieved with one application of—
VICK'S VAPORUB
Keep a Little Vapo-Rub in Your Home

Do Your Cows Fail to Clean?
This is a serious condition and requires prompt attention.
Dr. David Roberts' Cow Cleaner gives quick relief. Keep it on hand and prevent the ruin of your cow. Read the Practical Home Veterinarian for free booklet on Abscesses in Cows. If you have it, you'll want it. Write Dr. David Roberts, Vet. Co., 100 Grand Avenue, Waukegan, Wis.

Boys and Girls Clear Your Skin With Cuticura
Soap 25c. Ointment 25 and 50c.

DROPSY TREATMENT. Gives quick relief. Swellings removed. Never heard of the equal for dropsy. Relief treatment sent FREE, by mail.
DR. THOMAS E. GREEN
Med. Res. 20, CHATSWORTH, GA.

Kill All Flies! THEY SPREAD DISEASE
Placed anywhere, Dasey Fly Killer attracts and kills all flies. Neat, clean, ornamental, convenient and cheap. Kills all species. Made of metal, can't melt or burn. Guaranteed. Guaranteed.
Dasey Fly Killer
Sold by druggists, or 6c. by express, prepaid, E. S. HAROLD SOMERS, 150 DE KALB AVE., BROOKLYN, N. Y.

PARKER'S HAIR BALSAM
A toilet preparation of merit. Helps to eradicate dandruff. For restoring color and bringing the hair to its natural state. Sold by druggists and at \$1.00 at drug stores.

BUY LIBERTY BONDS OR SEE U. S. LOSE

Add to Funds That Will Forever End Germany's Desired Iron-Hand Rule.

DUTY OF EVERYBODY TO HELP

Question Is Not Whether We Feel Like Subscribing, but Our People Must Spend or Be Spent.

By ALBERT BUSHNELL HART, Of the Vigilantes.

Proclaim liberty throughout all the land unto all the inhabitants thereof—so runs the legend on the Liberty bell, which by a favorite tradition pealed out to the world the tidings of the birth of the United States of America on that famous July 4, 1776. We thought that message had gone out once for all; that freedom in the United States was a rock of Gibraltar that could not be scaled nor penetrated nor moved. We have thought that the old days of national sacrifice and anxiety were forever passed. What so strong, so permanent, so vigorous, so dominant as government of the people in these United States?

If the American Revolution had been only bell ringing and the passage of resolutions, we should not now be the foremost republic of the world nor any other kind of a republic. The Declaration of Independence was a bold statement of liberty which had still to be made good. The heroes of the Revolution knew how to watch as well as to pray, how to march as well as to resolve. The Declaration of Independence is a mighty force in the world because when the country called soldiers sprang into the ranks. Liberty had to be spelled out by such big capital letters as Lexington, Illinois, Bennington, Eutaw, Rocky Mount, Trenton and Yorktown.

We Are Better Fortified.

The hard fighting in the field won only half the battle. Our forefathers were able to "proclaim liberty throughout the land" because they found the sinews of war. It was one thing to raise the flag, another to raise troops and still another to "raise the wind." There was not a bank in the United States till the Revolution was nearly over and few were the people who had money enough to lend to anybody, yet that 3,000,000, of whom a fourth were slaves who could have no property, somehow induced the people of the country to turn in their small surplus of provisions, clothing and military supplies and take for it the obligations of the government, which toward the end of the dark period of the Revolution seemed little likely ever to be paid. They furnished about \$65,000,000 in taxes, contributions and supplies and at the end of the war the national debts incurred in behalf of the Revolution were, including arrears of interest, \$70,000,000, which was then about \$20 a head on the population, man, woman and child, whites, Indians and negroes, seamen, farmers, plantation slaves as they ran.

Must Spend or Be Spent.

Make no mistake; this is not a question of whether we feel like subscribing to a loan any more than a question of whether we feel like receiving news of a break on the war front and the capture or retreat of the American troops. The nation is compelled to choose either to spend or to be spent. There is only one possible way to end the war to the honor and safety of the United States and that is to fight for it. Our sons fight in the army, our daughters fight in the Red Cross, we elders must fight with safe deposit boxes and mortgage deeds and sheets of securities.

In the days when the French were in the habit of recruiting troops in Switzerland, there was a saying, "No money, no Swiss!" Nowadays it is, "No money, no Yank!" for unless you subscribe to the loan your son cannot be trained or equipped or fed or transported over seas or carried to the front or protected by a barrage of artillery fire or put where he can attack the enemy.

Remember the Liberty Bell.

The battle is going on from day to day in the national banks and the savings banks and the trust companies and the treasuries of the fraternal societies and the clubs and the churches and the restaurants just as much as in northern France or Belgium. No one soldier can win at the front nor a hundred thousand together. It would take a million, but if every one of that million hangs back, there is no army, no war, nothing but shame and misery for the nation. Just so, you cannot save your country all alone by your subscription to the third Liberty loan; but you can unite with a million others. Do your duty and expect and urge others to do theirs. That makes a victorious army of people pouring in their rattling dollars as the boys at the front hurl hand grenades.

"All the inhabitants thereof," that is what the Liberty bell aroused. Not the soldier only, not merely the Red Cross, the Y. M. C. A. and the other noble co-workers and co-fighters with the troops. You plain farmer, you banker, investor, manufacturer; you doctor, lawyer, teacher, scientific man, engineer, business man, railroad man, mechanic, working man; you schoolboy and schoolgirl, listen to the Liberty bell, subscribe to the Liberty loan.

LOOK AT CHILD'S TONGUE IF SICK, CROSS, FEVERISH

HURRY, MOTHER! REMOVE POISONS FROM LITTLE STOMACH, LIVER, BOWELS.

GIVE CALIFORNIA SYRUP OF FIGS AT ONCE IF BILIOUS OR CONSTIPATED.



Look at the tongue, mother! If coated, it is a sure sign that your little one's stomach, liver and bowels need a gentle, thorough cleansing at once.

When peevish, cross, listless, pale, doesn't sleep, doesn't eat or act naturally, or is feverish, stomach sour, breath bad; has stomach-ache, sore throat, diarrhoea, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours all the foul, constipated waste, undigested food and sour bile gently moves out of the little bowels without griping, and you have a well, playful child again.

You needn't coax sick children to take this harmless "fruit laxative;" they love its delicious taste, and it always makes them feel splendid.

Ask your druggist for a bottle of "California Syrup of Figs," which has directions for babies, children of all ages and for grown-ups plainly on the bottle. Beware of counterfeits sold here. To be sure you get the genuine, ask to see that it is made by the "California Fig Syrup Company." Refuse any other kind with contempt.—Adv.

The Affronted Galloper.

Sir Frederick Smith—"Galloper," as he is sometimes called in England—got into difficulty now and then during the American visit on account of his fiery and ebullient nature.

"Galloper" Smith had an altercation with an Irish-American lawyer at a trial that he attended in New York. The altercation became very warm. Finally one of the Galloper's supporters said, with a sneer and a toss of the head towards the Irish-American: "Come away, Sir, Frederick. Remember your rank."

"Remember I'm what?" roared Galloper Smith fiercely.

CHANGE FOR THE BETTER

And Pains in Sides Relieved, by Use of Cardui, the Woman's Tonic, Says Texas Lady.

Kemp, Texas.—Mrs. Minnie Cheek of this town writes "I suffered with pains in my sides . . . and couldn't stand on my feet, at times. Couldn't do my work, only what had to be done. I had a physician and he gave me medicine, tho' it didn't do me any good, and he advised an operation. I had read in the Ladies' Birthday Almanac of Cardui, so I decided to try it. When I had taken one bottle, I felt the change for better. I took 9 or 10 bottles and have been well ever since. I recommend Cardui to all suffering women. When my husband told Dr. —, our family physician, I was taking Cardui, he said it was a good tonic for me. I will never cease praising it. It built up my system and strengthened me more than anything I ever done."

Cardui is a purely vegetable tonic medicine, composed of ingredients which have been recognized by medical writers for many years, as of value in the treatment of ailments peculiar to women, and thousands of voluntary letters similar to the above are received every year, from women users of Cardui, who have actually proven this to be true.

If you are weak and run-down from womanly troubles, try Cardui, the woman's tonic. All druggists.—Adv.

Waited to Hear Him Howl.

A Jennings county teacher says he criticized a pupil who was late in getting to school and demanded an explanation. The boy informed him that in passing the home of his playmate he saw the boy undergoing several applications with a slipper in the hand of his playmate's mother.

"But why should that cause you to be late?" asked the teacher. "Well, you see, it was this way. I wanted to hear him howl," was the reply.—Indianapolis News.

Jealousy before marriage means suspicion afterward.

When Your Eyes Need Care Try Murine Eye Remedy
No Stinging—Just Eye Comfort. 50 cents at Druggists or mail. Write for Free Brochure. **MURINE EYE REMEDY CO., CHICAGO**

HARD FIGHTING HAS BEEN IN PROGRESS

GERMANS HAVE OBTAINED ANOTHER FOOTHOLD IN LOCRE —HOLLAND IS COWED.

FRENCH REPULSE ENEMY

Reports Coming By Way of London Are to the Effect That in Germany There Is Much Perturbation Over Inability to Pierce Allies' Line.

HOLLAND IS COWED.

London.—Holland has yielded to Germany's demands concerning transport and the supply of sand and gravel, although it is said that the amount of sand and gravel will be limited instead of unlimited, according to a dispatch from The Hague to the Daily Mail.

New York.—The entire allied line in France and Flanders still stands firmly. Nowhere have the Germans been able to make a further dent in it. Hard fighting has been in progress on the Ypres sector around Voormezele and to the south at Locre. Both places have several times changed hands, but at last reports Voormezele had been recaptured by the British, but the Germans had obtained another foothold in Locre.

Voormezele was taken by the Germans, but the British, in a night attack, won it back and since have held it, inflicting heavy casualties on the Germans in renewed efforts to take the place.

The Germans have tried at several points along the front held by the French to pierce the line, but everywhere have been repulsed, notably in the St. Mihiel and Luneville sectors, where recently American troops were stationed. Whether the Americans again came into combat with the enemy was not vouchsafed by the French official communication.

As a whole, there is no material change in the situation along the entire front and it is not evident that the Germans are prepared at present to resume the offensive, which has cost them so dearly in men killed, wounded or made prisoner. Reports coming by way of London are to the effect that in Germany there is much perturbation over the inability of the Teutons to pierce the allies' line and nervousness and depression over the losses the Germans have suffered.

Likewise in Macedonia comparative quiet prevails, although there has been considerable shelling of opposing positions by the artilleries and aerial bombing craft. Near Vaternik the Serbians carried out a successful attack against the Bulgarians and annihilated the section they held.

Nothing new has come through either in the way of confirmation or denial of the reports in circulation that a counter-revolution had broken out in Petrograd and that Grand Duke Alexis Nikolaevitch had been proclaimed emperor of Russia.

Many Americans Taken.

Washington.—The number of Americans killed in the German attack of April 20 near Seicheprey was less than a dozen and the number of injured was about 20. These figures appear to give support to the German claim that 183 Americans were captured, since it had been admitted that the American casualties were around 200.

To Build More Ships.

Melbourne, Australia.—The Australian government is about to embark upon shipbuilding to meet wartime requirements. The minister for the navy, Joseph Cook, has announced that in the near future 10 or 12 vessels would be laid down in Australian yards.

Favors German Boycott.

Washington.—International boycott of Germany after the war unless the German Reichstag of people by referendum accept definite principles of international law, is proposed in a Senate resolution sponsored by Senator Owen of Oklahoma.

Situation Less Acute.

London.—According to the Daily Mail the situation between Germany and Holland is described in "authoritative quarters" in London as having eased considerably.

Drys Win Victory.

Wichita Falls, Tex.—By a vote of more than 4 to 1, Wichita county ratified the prohibition legislation recently enacted by the Texas Legislature by voting the entire country dry.

Ford Declines Honor.

Washington.—Henry Ford notified President Wilson that he could not accept the post of aircraft administrator. The place was never officially tendered him, but his name had been frequently mentioned.

Urge Seaweed For Food.

New York.—Seaweed is recommended as "a useful food" in American homes by the Museum of Natural History, which has opened a food exhibit in this city.

WRIGLEY'S

Six reasons

WHY It's a good friend:

- 1—Steadies nerves
- 2—Allays thirst
- 3—Aids appetite
- 4—Helps digestion
- 5—Keeps teeth clean
- 6—It's economical

Keep the soldiers and sailors supplied!



Chew it after every meal

The Flavor Lasts!

Held Back. "How old are you, little man?" "I'm eleven. I would have been twelve only I was sick for a year." Descriptive. "So Jenkins has got a new wife, has he?" "Good gracious, no! She's as old as the hills."

High Cattle Prices Accompany High Beef Prices

If consumers are to pay less for beef, live-stock raisers naturally will receive less for cattle.

If farmers are paid more for live stock, consumers will necessarily pay more for meat.

Swift & Company pays for cattle approximately 90 per cent of the price received for beef and by-products. The remaining 10 per cent pays for dressing, freight to market, operation of distributing houses, and in most cases, delivery to the retailer. Net profits also have to come out of this 10 per cent.

This margin cannot be squeezed arbitrarily without danger of crippling the only effective means of performing the complex service of converting cattle into meat and distributing this meat to the fighting forces and to consumers.

Swift & Company's net profit on beef during 1917 was only 1/4 of a cent per pound. On all products, it was a little less than four cents on each dollar of sales. Complete elimination of these profits would not affect appreciably retail prices of meat, or farm prices of live stock.

Swift & Company will be glad to co-operate in devising methods that will improve conditions in the meat and live stock industry.

1918 Year Book of interesting and instructive facts sent on request. Address Swift & Company, Union Stock Yards, Chicago, Illinois

Swift & Company U. S. A.