

# The Natchitoches Enterprise.

STRICTLY DEMOCRATIC; ALWAYS CONSISTENT.

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NO. 10

## A PATRIOTIC VACATION

### Congressman Aswell Spends His Recess in Home Work

Dr. James B. Aswell, of Natchitoches, congressman from the Eighth district, spent Wednesday in this city and left on the night train for Washington, to resume his duties in Congress. He spent his recess helping the United War Work Campaign in this state, basing his appeal to the people on what he had personally seen in Europe of the work of these seven organizations. Dr. Aswell spoke in 18 parishes, delivered twenty speeches, fourteen of which had to be held in the open to accommodate the crowds. He is more in love with the people of his state than ever before, if that be possible.

"I am simply amazed at the way Louisiana has contributed to all these war activities," he said. "I always knew there was no bounds to the capacities of our people, but they have actually amazed me. It is wonderful I just saw State Director Scott and he tells me Louisiana's percent was 125. My vacation is over and I'm going back to plowing."

### TWO PLEASING INCIDENTS

Mr. Aswell carried back to Washington the memory of two incidents in his own district which will be pleasantly treasured. Returning from his tour for a few days at his old home in Natchitoches, he received a hasty summons from the Natchitoches parish grand jury, which was in session. He told the deputy sheriff he knew nothing of affairs in the parish, not having been there for six months. But he insisted that the summons be answered in person.

Upon being ushered into the grand jury room, the foreman said: "Be sworn." Dr. Aswell swore "to tell the truth, the whole truth and nothing but the truth."

"Sit down," commanded the foreman, pointing to the inquisitorial chair. "Tell us the inside story of your visit to the battle fields."

He sat down and conversed with the Natchitoches grand jury for one and a half hour.

**BANQUET AT ALEXANDRIA**  
Reaching Alexandria last Tuesday evening, some of Mr. Aswell's friends gave him an informal banquet, which he greatly enjoyed.

Dr. Aswell did not care to discuss the visit of President Wilson to the peace conferences in Europe. Neither did he care to enter into the probable re-organization of Congress by the Republicans.

"If Mann's health does not permit, it may be they will elect Gillette of Massachusetts, as speaker of the House," he ventured.

"The return of our soldiers means a new vision in this country," he said—New Orleans States.

**Somewhere in France**  
November 1, 1918.

My Dearest Mother:  
Your letter dated October 1st arrived two days ago, and I sure was glad to hear from you. I was glad, too, to hear that you had received letters from me since we landed, because I knew that you were going to worry, and wonder why they did not come sooner. You should be receiving two a week now, for I have been writing regularly twice a week and sometimes oftener.

Noted all you said. All of the boys from home are still in the 33th, as well as myself. I did not come over on the same boat with any of them, and I haven't seen any of them except Roy, Teddie and Ollie Gimbart. They told me that all of the others were O. K. I heard that Guy has been appointed sergeant and Reginald corporal.

At present, we are billeted in old houses and barns in different little towns; fixed up "tres bien." The R. C. hasn't given us any extra clothes, but we have been issued heavy underclothes and socks, and we already had woolen suits and overcoats, so don't worry about me freezing.

The weather has been cold for the past week. The winter must be setting in, and for a wonder we have had no rain. I had one thing that it hardly ever misses a day doing. I've always heard of "warm and sunny France," but from now on I'm going to have quite a different opinion.

I know that Wood and Hyams must be enjoying their Sundays off, and they must be having some time hunting. So Wood intends getting in the Aviation Department? I know that he will like that kind of work. I sure wish that I was able to make that branch of the service. There is a big aviation field not very far from where we are located, and I went over there last Sunday and went up with one of the flyers. Believe me, its some "queer" feeling.

There isn't much that I can write about, so I am trying to remember all that I can't write to tell you when I get back, which, from the looks of things, won't be very long.

I am fine, and taking good care of myself.

Best love to all.

Your loving son,  
ARCHIE.

## Co. B, 114th Military Police, American E. F. A. P. O. No. 904. N. L. Cassirry, Captain.

Just returned from dinner, and while I have a few spare moments before going to work, I'll write you, even if just to say that I am well. Today for dinner we had potato stew, rice and tomatoes. Not so bad, is it? And believe me, it tasted awfully good, for I got up too late for breakfast this morning, and I was a bit hungry.

I have been working in the Personnel Office at Division Headquarters for the last ten days. I have not transferred over here, but am just on special duty. I expect to go back to the company in a few days. I am doing office work, but I don't like it very much. I'd lots rather be out doing regular duty than to be cooped up in an office.

It rained today for the first time in nearly a week. Guess it will turn cold now. This is the funniest country that I have ever seen, as far as climatic conditions are concerned. I'll take the good, old U. S. A. for mine all the time in place of foreign countries.

That's about all this time. I am fine, and hope to be home soon. War news sure looks good.

Best love to all.

From your loving son,  
ARCHIE.  
(Same address)

## How to Pronounce 'Em

Name	Pronunciation
Aisne	Ain
Anizy	An easy
Bailleul	Bah-yul
Bapaume	Bah-pome
Brasans	Brain
Bullecourt	Bool-coor
Cambrai	Com-bray
Chauny	Sho-nee
Chateau Thierry	Shato-tee-ery
Chemain des Dames	Shman-day-dahn
Coignac	Coosee
Crosselles	Crwa-sell
Pampoux	Fam-po
Fismes	Feeem
Fresnoy	Fray-nwah
Guiseard	Giis-car (hard G)
Ham	(h)an(g)
Juvigny	Zhu-vin-ye
La Fere	La-fair
Laon	La-on(g)
Lassigny	Lass-ee-nyee
Le Catlay	Le Catlay
Lunerville	Lunay-veel
Montdidier	Mon(g)did-yay
Nesle	Nail
Neuilly	New-ye
Noyon	Nwa-yon(g)
Oiselay	Oise-lay
Orquy	Oork
Peronne	Pay-rone
Pion	Pee-on(g)
Pont Arcy	Pon(g)-arsee
Reims	Ranse
Boisclerc	Rwah-zell
Roye	Rwah
Soissons	Swa-son(g)
Somme	Somm
St. Gobain	San-Go-ban
St. Leger	San-Leh-zhay
St. Mihiel	San-Me-d
St. Quentin	San-Kanta(n)
St. Simon	San-See-mon(g)
Thillois	Till-wa
Tool	Tool
Vailly	Vah-ye
Vesle	Vale
Vaux	Vo
Woevre	Wuv(r)
Ypres	Eep(r)

## Budget for the Year 1919

The following is an estimate of the probable expenditures of the Parish of Natchitoches for the year 1919, as adopted by the Police Jury of the Parish of Natchitoches:

Parish Treasurer	\$ 650
Sheriff	1,500
Parish Physician	250
Secretary Police Jury	900
President Police Jury	500
President Board of Health	100
Milage and per diem	1,000
District Attorney's fees	800
Public printing	1,000
Assessor's fees	1,600
Registrar's fees	100
Board of Prisoners	3,000
Constables	2,500
Magistrates	2,500
Jury fees	2,600
White paupers	2,000
Colored paupers	1,400
Conveying insane to asylum	500
Conveying prisoners to pen.	700
Attendants on Court	1,000
Sundry expenses, interest, etc.	20,150
Schools	33,000
Chopin Bridge	1,375
Natchez Bridge	1,370
Good Roads	8,250
Cane River Dams	3,866
Ward Bridges	2,750
Wood Road Truck	1,375
Parish Bridges	8,700
Dipping Vats	8,250
Total	\$112,400

(Signed) W. W. PAGE, Chairman.  
(Signed) E. A. CHARLEVILLE,  
(Signed) I. RAPHEL,  
Finance Committee.

## The Youth's Companion Calendar for 1919

The publishers of the Youth's Companion will, as always at this season, present to every subscriber whose subscription is paid for 1919, a calendar for the new year. It is a gem of calendar-making. The decorative mounting is rich, but the main purpose has been to produce a calendar that is useful, and that purpose has been achieved.

Good stationery adds tone to business correspondence and carries a message beyond what the letter has to say. That is the kind we print.

## MILK IS ESSENTIAL FOOD FOR CHILDREN

SHOULD BE KEPT IN THEIR DIET AS LONG AS IT IS POSSIBLE.

## BUTTER-FAT IS NEEDED

Milk Contains the Food Elements in Available Form For Ready Digestion.

For the proper nourishment of the child it is essential that milk should be kept in the diet as long as possible, according to the Food Administration. Not only does it contain all the essential food elements in the most available form for ready digestion, but the recent scientific discoveries show it to be especially rich in certain properties that alone render growth possible.

This essential quality makes it also of special value in the sick room. In hospitals it has also been shown that the wounded recover more rapidly when they have milk.

For the purpose of stimulating growth, and especially in children, butter fat has no substitute. During the winter when much agitation arises in some of the larger cities over the price of milk, which was advanced from two or three cents per quart by reason of the rapid rise in the cost of feed and labor, many families among the poorer classes were found giving their children tea and coffee instead of milk. Such methods of feeding fail to nourish the child properly. The wisest possible publicity should be carried on through public channels to bring these essential facts to the attention of all mothers.

In spite of the shortage of milk in Germany, that country has at all hazards maintained the milk ration of the children and in the hospitals, even though to do so has meant that the adult population has had to forego largely its use. In a "safety first" health campaign it must be remembered that it should be "children first."—L. S. U. Press Bulletin.

## MILK IS CHEEP AT FIFTEEN CENTS

Housewives Should Study Its Food Value Before Deciding to Give Up Its Use.

Milk at 15 cents a quart is as cheap a source of protein as sirloin steak at 24.3 cents a pound, or eggs at 41.5 cents a dozen. Milk at the same price is as cheap a source of energy as sirloin steak at 21.2 cents a pound or eggs at 20 cents a dozen. Protein and energy are two important necessities for which we eat food. Milk contains the body-building materials—protein and mineral substances, such as lime and phosphorus—needed to renew the body wastes and promote growth by forming new tissues and fluids; and it also supplies energy for carrying on body functions.

The average person, the country over, uses a little more than half a pint of milk daily. It is said that the consumption of milk per capita in the city of New Orleans is only about one-half that of other large cities. This quantity can be increased very profitably when safe milk is available. Many persons think of milk only as a beverage, but if they understood that it is in reality a nourishing food they would increase the allowance. Economy if it does not always depend on limiting the use of certain foods, but it is sometimes a question of actually increasing the use of foods, which furnish nutritive material at relatively low cost. Milk belongs to the latter class and the housewife would do well to study its food value and decide whether her family is using as much as it should.—Extension Division, Louisiana State University.

## KEEP THE HERD BULL IN GOOD CONDITION

The bull is usually the most valuable member of the dairy herd and should have good care and attention. He should be provided with comfortable quarters, which should include a shed or barn to protect him from cold and heat; he should be fed all the roughage he will consume, some succulent and a sufficient quantity of grain to keep him in good physical condition. If possible, the bull should be placed in a pasture lot that will not only provide grass but also plenty of room for exercise.

The herd bull should be handled carefully and never trifled with. It is best to allow only one man to handle the bull. This attendant should not fear him and should be strong enough to manage the animal properly. After the bull is old enough for services, which is not under one year of age, he should have a strong ring placed in his nose and be handled with a staff. The herd bull should be groomed and brushed in order to keep his hair and skin in good condition. He should be kept separate from and never allowed to run with the dairy herd, and should be allowed to serve a cow only once while she is in heat.—C. H. Staples, Dairy Husbandman, Extension Division, L. S. U.

## Home Demonstration Work

Owing to the extreme drouth, this year the tomato crop, like all other growing things, was almost ruined. In spite of this fact the girls stuck to their work faithfully, and are gratified that they have done so well. Sixty-seven girls were enrolled in the Canning Club, and to date 67 of these have reported. Several others will have reports. The totals of the reports received are as follows:

Number cans of tomatoes	2678
Number jars of tomatoes	2138
Number pints ketchup	94
Number bottles ketchup	69
Number jars tomato pickles	169
Number jars tomato preserves	32
Number jars other products	1332
Number cans other products	135
Total	6588

In addition to this, 10 girls, doing Home Garden work give the report below. These girls have done exactly the same work as the Canning Club, except on a smaller scale.

Number cans tomatoes	70
Number jars tomatoes	24
Number pints ketchup	13
Number bottles ketchup	6
Number jars tomato pickles	12
Number jars other products	292
Total	630

## POULTRY

Fifty members of the Poultry Club have reported 1173 chickens raised. There are about 25 more to be heard from. A later report will be given of the number of eggs sold, etc., though it can be safely stated that several thousand were sold. Many of these girls and boys have bought pure bred fowls, and thereby greatly raised the grade of stock.

## HOME DEMONSTRATORS

Full reports have not yet been received from the women enrolled as Home Demonstrators. When all the reports are in, there is no doubt that the others will have done as well. The 14 who have reported have put up the following:

Number cans	970
Number jars	2511
Total	3516
Dried fruit	100 lbs.

Three women who pledged themselves to make Cottage Cheese have made 150 pounds since the demonstration in the spring. The other reports on Cottage Cheese have not yet come in.

If you would like to try some of these girls' tomatoes, you may put in your order with me. Below are given a few testimonials as to the quality of these goods, by reliable people who have tried them.

Virginia T. Dorman.  
Home Demonstration Agent.  
Natchitoches, La., Nov. 18, 1918.  
Miss Virginia Dorman,  
Natchitoches, La.  
My dear Virginia:  
You asked me to let you know how I liked the tomatoes from your "Club Girls." I am glad to report that those I have tried were beautiful, delicious, and of full weight.

I think, considering the many disadvantages you have had to labor under, and the short time you have been in the work, it is marvelous what you have done. Old Natchitoches Parish will be enjoying the results of your labors for generations to come.

Wishing for you good seasons, good roads, and good gardens for another year, I am  
Yours faithfully,  
Lucy P. Scarborough.  
(Mrs. D. C. Scarborough)

Natchitoches, La., Nov. 16.  
I have been using tomatoes canned by one of the Natchitoches Parish canning club girls all the fall, and I have found them to be absolutely perfect as to color, flavor, weight, etc.—the finest canned tomatoes I have ever bought. I consider the Demonstration Work a wonderful opportunity for the girls and boys of today.  
(Mrs.) Jessie E. Stephens.  
Natchitoches, Nov. 19.  
I have examined, tasted and enjoyed the tomatoes put up by the Canning Club girls and can conscientiously say they are the best I have ever used.

I think this work will stand out in the years to come as a monument to their guide and leader, Miss Virginia Dorman.  
Mrs. Charles V. Porter.  
I find the quality of the tomatoes canned by the Canning Club girls of the very highest order—not to be surpassed.  
S. H. Hill, Pres. Peoples Bank.  
The Canning Club tomatoes are par excellence. I am very glad, indeed, to have been of assistance to the club girls this year and stand ready to help them again another year.  
Sam Aaron, Pres. M. & F. Bank.  
I have never seen any tomatoes on the market superior to those canned by the Natchitoches Parish Canning Club girls. They are everything that could be desired.  
H. S. Duke, Prop. Peoples Cafe.  
Cypress, La.  
Dear Miss Dorman:  
I'm writing this to tell you how

## Home Demonstration Work

proud I am of my steam canner that I won in the Canning Club this year. You have no idea how much I prize it, and to think it is all my very own. I wish every girl in the Canning Club could see it, and realize what it means to do canning in a steam canner.

Every girl that is old enough should be a Canning Club girl. We learn so many useful things that will help us when we become "housekeepers." Then there is so much pleasure to be had at the social gatherings of the club. Mamma says she thinks it is the grandest thing in the world for girls.

I trust that next year the club will have a larger enrollment, and do better work than ever before. Thank you for the interest you have taken in us.

Your club member,  
Lucile Melancon.  
Marthaville, La.

## Dear Miss Dorman:

I am writing you about the Canning Club work. My tomatoes did fairly well, considering the long drouth. I canned 250 cans and some few jars from my plot. I sent 17 dozen cans to Kelly Supply Co., and received \$9.40 for them. I haven't heard any complaints yet. I think I made a good profit for the first year.

I am proud to be a member of this great club. Every one seems interested in the work, and some of the Marthaville girls want to plant a whole acre next year. I think it is the greatest school club in the world.

Words can't express how proud I am of my steam canner. That is the grandest part of the club. It sure is nice. My tomatoes were all gone when I received it, but I canned 19 cans of corn and it is just like. I wish it were possible for every girl in the parish to own one. I am now ready to begin my second year's canning, and hope to put up 2,000 cans next year.

Gertie Mims.  
Chestnut, La.

## Dear Miss Dorman:

As it has been quite a while since I have written you, I decided to let you know that the "Hinders" have not forgotten the lady who helped us so wonderfully with our club work.

I have not seen any of the Canning Club girls since school was suspended, but I just want to tell you about my tomatoes. After the rain about a month ago, my tomatoes took a second growth, and in a short while I had a beautiful crop of nice, red, juicy tomatoes. As I am the only one about here who has tomatoes, I have shared them with several people in this community, and they think it is perfectly wonderful that I can have such tomatoes at this time of year. So many have asked me what scientific plans I used. I tell them "None, but the instructions of my Canning Club agent. I hope that I can be a more successful club member next year. I feel that this year's experience has helped me lots. Best wishes to you.

Your loving friend and club member,  
Zula Pullin.  
Strange, La.

## Dear Miss Virginia:

I most highly appreciate the steam canner I have won through the help of our beloved Parish Demonstrator. It will be a great help to me in the work I have planned for the future, as I hope to put about 2,000 cans on the market the coming year, if everything doesn't burn up as it did this year.

I think the club work is the finest thing in the world for boys and girls, and I would rather give up going to school than give up being a Canning Club girl, for canning is the most interesting thing I have ever done.

I feel as if you have been the greatest help to all the boys and girls, and I know you will do the same for us another year. I appreciate your help most highly. I will close with love and best wishes. Lovingly,  
Lola Kimball.  
Hagewood, La.

## Dear Miss Dorman:

I want to tell you how I enjoyed my club work this year, it being my first year. I enjoyed it so well that I have already prepared my second year plot. I put four one-horse wagon loads of barrow manure and three wagon loads of leaves on the plot. Plowed once with one horse, then planted wheat for cover crop, and replowed with two horses.

Last year, in spite of dry weather, I canned two hundred and twenty cans of tomatoes from my plot, and one hundred and seventy-eight from mother's plot. We have canned corn, beans, okra, peas, beef, pork, sweet potatoes and fruits of all kinds on our steam canner. I don't see how a girl can live on a farm near a steam canner without belonging to a canning club. If all the girls belonged to the club, and did their best, less food would have to be shipped into the parish.

I haven't sold all my tomatoes yet, but this year I am going to buy my own clothes and not ask papa to. If a girl thinks she can't raise a tomato on account of school, it is a sad mistake. I go five miles to school, and can keep mine going.

I had rather be in town and be a club member than live in the city and do nothing.

Yours for better work next year,  
Angie Sanders.

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Can a man afford to lose?

NOT UNLESS HE HAS INCREASED HIS INSURANCE IN ACCORDANCE WITH THE TIMES.

Everybody is being urged to take more fire insurance. The fire companies are sending word to manufacturers, merchants, householders that they are foolish if they do not increase the insurance on their property and effects, for the reason that stock, material, replacements, and so on, all cost much more than they ever did before.

We have many times pointed out that disability insurance bears the same relation to the individual that fire insurance bears to property.

Living is expensive nowadays. Long periods of disability are positively ruinous. Accident and sickness insurance needs to be increased by from 50 to 100 per cent.

In fact, only a very small percentage of the insuring public has ever had adequate disability protection. A vast number have never had any at all.

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