$\%$ Tontuneo with GRavEL．

## 年 1

## inin

## 



Reward for American Sailor．
A teer months ago Capt．Matthow
Amer，of San Francisco，owner of a
ritooner，rescued the crews of two
limeregian vessels that had been
mexted fin recelved a handsome silver coifoe winowledgment．

## \section*{toid regularly} <br> 昜害 <br> \section*{outhe poor．} <br>  <br> 500

Cule easily

Dutuis can be The sto hablualls drink Hailly drugged with coffee and thae．Ask your doctor． Trid used coffee for six years and thand dizziness．In the mornling
trned tho ing Postum a wine I ab

Rothen vell and it will surprise you．
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$$
\begin{aligned}
& \text { Mushroom (Au Gratin). } \\
& \text { scoop out the inside of some fine } \\
& \text { round cup mushroms; after peeiling } \\
& \text { tham cut aft and peel the stalks. }
\end{aligned}
$$

$$
\begin{aligned}
& \text { a pinch of thyme and a plece of lemon } \\
& \text { peel the size of a ten-cent piece is suf. } \\
& \text { ficlent for six mushrooms; fry them in }
\end{aligned}
$$

$$
\begin{array}{|l}
\text { breadcrumbs to fill the six cups } \\
\text { lowed out; cover with breaderumbs } \\
\text { cook the filled cups slowly in }
\end{array}
$$

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\begin{aligned}
& \text { stewpan with a little melted fat, keep- } \\
& \text { ing corered to retain the flavor. This } \\
& \text { ingould be gerved with brown gravy }
\end{aligned}
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\begin{aligned}
& \text { ghould be served with brow } \\
& \text { poured around not over. } \\
& \text { Maple Sugar Candy. }
\end{aligned}
$$

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\begin{aligned}
& \text { Maple Sugar canay. } \\
& \text { For one cupful of cream allow one } \\
& \text { of milk and one pound of pure maple } \\
& \text { syrup. Break the sugar into bits and } \\
& \text { nut all the Ingredients together in }
\end{aligned}
$$

$$
\begin{aligned}
& \text { put all the Ingredients together in in } \\
& \text { the blazer. Stir the mixture steadly }
\end{aligned}
$$

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\begin{aligned}
& \text { in a generous quantlity of black wal } \\
& \text { nut meats broken into small bits } \\
& \text { Pour into a greased pan to the depth }
\end{aligned}
$$

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\begin{aligned}
& \text { of an inch, and when cold break into } \\
& \text { of } \\
& \text { Irregula p ipeces. When the nuts are } \\
& \text { not added to the mixture the candy }
\end{aligned}
$$

oxcellent for small children．
Onlon Fritters，
Peel and chop two good sized o got cold．Make a good thick batte with flour，eggs and milk，season
with salt，cayenne and some grate bolling fat，and fry a rich browa．
Drain on paper and serve with friod
$\qquad$ For carpets infested with moths or carpet bugs the carpot，then running a hot fal ron quickly over li．The sto
toetcoy both worms and egge

Nothing is more displeasing than
vanity in others．

SIOK MEADACHE

$\qquad$
$\qquad$JAP YOUTH ON SCHOOLSHIP．

Made undorUSGGovermment Inspection
The Southern Cotton Oil Company
The Arst Japanese youth to be ad－
mitted to the crew of the schooiship

Pacific ior the last necessary for all forelgners
AsWho wish to become members of theachoolship＇s crew to have a guardia
Artyoshl was forced to get one beforehe could be admitted to the crew．He
succeeded in geting Capt．Osborn to
act in that capacity．Capt．Osborn
${ }_{\text {AT }}^{\text {EAT COLSY＇S }}$
hands when taking the oodth
hat they havent anything bethat they haven＇t anythling bui

