

Truth and Quality

to the Well-Informed in every life and are essential to permanent and creditable standing. According to the fact that it is not claimed that Syrup of Figs is the only remedy of its kind, but one of many reasons why it is the best of personal and family medicine is the fact that it cleanses, soothes and relieves the internal organs which it acts without any debilitating effects and without having to increase the quantity from time to time.

It acts pleasantly and naturally and is known to and approved by physicians, as it is free from all objectionable substances. To get its beneficial effects always purchase the genuine—manufactured by the California Fig Syrup Co., and for sale by all leading drug-

Frank If Not Complimentary.

My brother, aged 17, had been made captain of a high school football team and consequently had become suddenly popular with the girls in the neighborhood. Because of this the manager of a skating rink presented brother with a season pass. Sister, who had attained the tremendous age of 16, was truly flattered when brother asked her, rather than some of the younger belles of his acquaintance, to share the privileges of that skating rink pass. But brother's explanation removed all danger of the immediate growth of sister's vanity. "You see," he told her with frank simplicity, "I'm used to skating with girls. I'll practice on you for a month or two, and then when I can do it real well I'll ask some of the other girls."

GENEALOGICAL.



The Bull-Pup—I suppose this is what they call a family tree.

Merely a Plain Statement.

The principal was called before the school board. "Professor Mentor," said the president, "Miss Squirming complains that she was grievously insulted by Mr. Dennis, who visited her class last Friday. What do you know about it?" "As you are aware, gentlemen," explained the principal, "Mr. Dennis is a poor man and the father of a very bad boy. This boy receives deserved punishment daily. Mr. Dennis simply told Miss Squirming that he couldn't afford to have her wear out his son's pants. It was a poor interpretation of a just protest."

Rather Equivocal.

Uncle Morton, an aged negro, who had been a slave in the days before the civil war, was a retainer in the household of an Atlanta family. He was something of a philosopher, and a good deal of a diplomat. One day the waitresses, two young mulattos, were chaffing him.

"Uncle Morton," one of them said, "who do you like best, Belle or me?" The gray-headed negro looked first at one then at the other, and said with a tone of indecision:

"I am too tedious to say."

BANISHED

Coffee Finally Had to Go.

The way some persons cling to coffee even after they know it is doing them harm, is a puzzle. But it is an easy matter to give it up for good, when Postum Food Coffee is properly made and used instead.

A girl writes: "Mother had been suffering with nervous headaches for seven weary years, but kept drinking coffee."

"One day I asked her why she did not give up coffee as a cousin of mine had done who had taken to Postum. But Mother was such a slave to coffee she thought it would be terrible to give it up."

"Finally, one day, she made the change to Postum, and quickly her headaches disappeared. One morning while she was drinking Postum so freely and with such relish I asked for a taste."

"That started me on Postum and I now drink it more freely than I did coffee, which never comes into our house now."

"A girl friend of mine, one day, saw me drinking Postum and asked if it was coffee. I told her it was Postum and gave her some to take home, but forgot to tell her how to make it."

"The next day she said she did not see how I could drink Postum. I found she had made it like ordinary coffee. So I told her how to make it right and gave her a cupful I made, after boiling it fifteen minutes. She said she never drank any coffee that tasted as good, and now coffee is banished from both our homes."

Name given by Postum Co., Battle Creek, Michigan. Read the little book "The Road to Wellville" in pkgs. "There's a Reason."

NEW IDEAS IN DESSERTS.

Delicious Dishes Will Be Welcome Change in the Menu.

A recipe from a western cook for a maple mousse that is simply prepared and costs no more than a quart of ice cream:

Beat until light and foamy the yolks of four eggs, and put them in a double boiler with one cup of maple syrup. Cook, stirring constantly, for 15 minutes, then remove from the fire and beat until quite cold. Stir in one pint of rich cream which has been stiffly whipped, pour into mold, cover and pack in ice and salt for about five hours.

For further freezing, have a thick layer of shaved ice in your pail, set the mold in, sprinkle in a little salt over the ice, then fill the pail with alternate layers of ice and salt.

There are some women who dislike to fuss with cracking and shaving ice, and numerous jellies and creams can be prepared that are quite as delightful and refreshing as the frozen variety. One of these is a pineapple Bavarian cream.

Chop finely a medium-sized pineapple, add to it one cup granulated sugar, and let simmer 20 minutes, then add one-third of a box of gelatin, which has been dissolved in one-half cup of water. Stir them until cold, then add one pint of rich cream and one-fourth pound candied cherries. Mix thoroughly, then put in a mold and set away on the ice.

DUMPLINGS FOR THE STEW.

Light and Palatable Accompaniment to Chicken.

Stew a chicken in enough salted water to cover until tender. While chicken is cooking prepare dumplings as follows: Boil six large potatoes until done, then mash or put through potato ricer while hot. While cooking, cut about three slices of bread into one-half inch dice and brown in two large tablespoons butter.

Salt the potatoes to taste, add pepper, nutmeg, one tablespoon sweet marjoram, three eggs, the browned bread and flour enough to shape into dumplings. Shape one and drop into boiling water to fry. If it falls apart, add more flour to the mixture. Put the mixture on a floured board and roll out with the hands the shape of a sausage and cut into two-inch lengths. When chicken is tender, take out and place on hot platter in warm place. Be sure that there is enough broth left to boil dumplings by adding a little more boiling water if necessary.

Drop in the dumplings, boil from five to seven minutes, or until done; take out, place around chicken and thicken the remaining broth with about two-thirds cup flour that has been cooked in one-half cup butter. Pour over chicken and dumplings and serve while hot.

Tub Cheese.

Many years ago I used to see this peculiar cheese prepared, says a writer in the Boston Globe. Fresh, sweet milk was used, and the curds were set with rennet in the usual way. Every day, or as often as the milk curd could be spared for the purpose, the curds were "run up," salted and packed solid in a wooden tub kept for this use. When full the tub was covered with a thick cloth and heavy, close cover, and set away in a dark and remote corner of the cellar. There it remained several weeks or months before it was considered fit to use. I never knew what changes took place in the stuff during this ripening period, but I do remember how odiferous that region of the cellar became whenever the covers were removed.

Mustard Sauce.

Put two tablespoonfuls butter in a sauceron over the fire and heat until browning. Mix in two tablespoonfuls of flour and pour in gradually a pint of hot stock or water, stirring until thickened and perfectly smooth. Add two tablespoonfuls more butter, cut in small pieces and salt and pepper to season. Mix in three tablespoonfuls of made English mustard and a little cayenne.

For a cold mustard sauce to serve with meats rub a quarter of a cup of mustard smooth with a tablespoonful of olive oil and a teaspoonful each of onion juice, sugar and paprika. When well blended add enough vinegar to make a paste, beat ten minutes and turn into a close stoppered mustard cup.

Smooth Lunch Cloths.

To have lunch cloths and centerpieces without creases from having been folded is difficult. Either save the heavy pasteboard rolls that pictures and calendars come in or make a roll of heavy paper about twice as large around as a broom-handle; and, by the way, an old broom handle serves to start the roll of paper on, having two lengths, one about a foot long for small linen pieces and another about three feet long for larger pieces, and roll the freshly ironed linens on these rolls and keep in linen drawers ready for use and it will not be necessary to iron the creases out of each piece, as is the case when they are folded.

Chocolate Ann.

Three cups of white sugar, one cup milk, one-fourth teaspoonful cream of tartar, two squares of chocolate, one tablespoon of butter, one tablespoon of vanilla; boil sugar, milk and cream of tartar nine minutes, or until it will form a soft ball; add chocolate (melted) and butter; cook one minute longer; remove from fire; add vanilla; beat vigorously for one or two minutes, then pour in pans; mark in squares.

WORK WEAKENS KIDNEYS.

The Experience of Mr. Woods is the Experience of Thousands of Others.

Bernard P. Woods of Jackson street, Loaconing, Md., says: "Hard work and heavy lifting weakened my kidneys. I was tired every morning and my limbs stiff and sore. Dizzy spells and headaches were frequent, and the kidney secretions much disordered. This continued for fifteen years and until I began using Doan's Kidney Pills. Then I improved steadily until cured, and naturally, I recommend them strongly."

Sold by all dealers, 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

NO BLESSING FOR HER.

Disappointed Youngster Discriminated in His Prayer.

For several weeks, little Ralph had enjoyed the use of a Shetland pony, the property of a horse dealer who was a friend of the family. But much to Ralph's sorrow, there came a day recently when the pony was sold, and the delightful horseback rides came to a sudden end. The purchaser, as Ralph found out by inquiry, was a little girl of about his own mature age of five. Ever since his acquaintance with the pony began, Ralph had included him in his bedtime prayer, and "God bless the pony" was an earnest nightly petition. The first evening after the sale of the pony, Ralph hesitated when he reached his pet's place in the prayer. Then, after a moment's thought, he continued:

"Please, God, bless the pony just the same; but, God, don't you bless the little girl what's got the pony."

ITCHING HUMOR ON BOY

His Hands Were a Solid Mass, and Disease Spread All Over Body—Cured in 4 Days By Cuticura.

"One day we noticed that our little boy was all broken out with itching sores. We first noticed it on his little hands. His hands were not as bad then, and we didn't think anything serious would result. But the next day we heard of the Cuticura Remedies being so good for itching sores. By this time the disease had spread all over his body, and his hands were nothing but a solid mass of this itching disease. I purchased a box of Cuticura Soap and one box of Cuticura Ointment, and that night I took the Cuticura Soap and lukewarm water and washed him well. Then I dried him and took the Cuticura Ointment and anointed him with it. I did this every evening and in four nights he was entirely cured. Mrs. Frank Donahue, 208 Fremont St., Kokomo, Ind., Sept. 16, 1907."

Went Him a Few Better.

A very dapper looking young man entered a Chicago hotel a few days ago, followed by a middle-aged man who seemed to be just a little careless concerning his personal appearance. The affable clerk offered a pen to the carefully dressed young gentleman, who registered himself as "William Henry Tyler III." When he had stepped aside the other man reached for the pen and under Mr. Tyler's name wrote: "John Smith MCDCCCXLIX."

An Ancient Instance.

Belshazzar was giving his great feast and the wine flowed like water. "Inasmuch as I'm the whole works," he said, "I don't think a proclamation by a chief of police or anybody else is going to stop this affair at one o'clock a. m. or any other hour!"

No sooner had he uttered this boast than the handwriting appeared on the wall.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free. F. J. CHENEY & CO., Props., Toledo, O. Sold by Druggists, price 75c. Take Hall's Family Pills for constipation.

A very stout person named Gray was asked why he stood in this way. "It is," he replied, "a matter of pride; for it makes me look taller, they say!"

Important to Mothers.

Examine carefully every bottle of CASTORIA a safe and sure remedy for infants and children, and see that it bears the Signature of *W. D. Parke*.

In Use For Over 30 Years. The Kind You Have Always Bought.

Bring to bear upon thyself the resolution of a noble mind; thou mayest be what thou resolvest to be.—Mencius.

Mrs. Winlow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Brains can make money, but money can't make brains.

A RESOLUTION TO BE KEPT.



Mr. Woodson resolves that he will never again wear a high hat when snowballs are ripe.

TO CURE A COUGH OR COLD.

Doctor's Prescription Checks an Acute Cold in a Day and Cures Chronic Coughs.

The following formula is a never failing remedy for coughs or colds: Two ounces of glycerine, one-half ounce of Concentrated oil of pine, one-half pint of good whisky, mix and shake thoroughly each time and use in doses of a teaspoonful to a tablespoonful every four hours.

This, if followed up, will cure any cough that is curable or break up an acute cold in 24 hours. The ingredients all can be gotten at any drug store.

Concentrated oil of pine comes put up for medicinal uses only in half ounce vials sealed in tin screw top cases designed to protect it from heat and light. Other oils of pine are insoluble and are likely to produce nausea and cannot give the desired results.

Hopeless Case.

Evangelist Torrey, who prides himself upon the number of his converts, met one hardened sinner in Chicago whom he failed to convert. The minister had been preaching to a tent full of people. He had described the vices of the rich, and had pointed Biblical analogies at their luxuries. One man in the back of the tent had seemed to be much interested. He leaned forward to catch every word. Torrey, taking the interest to mean approaching conversion, redoubled his efforts. "The road to hell is lined with vintage, wine, beautiful women and fine automobiles!" he exclaimed. With a sigh of relief, the man in the back of the tent arose. "Oh, death, where is thy sting?" he said.

Novel Trio.

"Do you like ensemble music?" the city girl asked young Nathan Hobbs of Willowby, who was trying to entertain her at the church "social." Nathan looked bewildered.

"I mean do you enjoy hearing several instruments played together?" asked his new acquaintance, taking condescending pity on his ignorance.

"I guess I do," said Nathan, brightening at once, and speaking with enthusiasm. "Sy, you just wait till you hear Etta Willis on the organ with Ed Holmes playing the harmonica and Sadie James the triangle. It's great." —Youth's Companion.

AND THERE WAS!



Juvenile Drummer—There ought to be a great opening for a pushing young fellow in this country.

At Last.

Mrs. Newed (excitedly)—O, Henry! I've just discovered why your poems are always returned by this magazine!

Mr. Newed (a near-poet)—Indeed? Mrs. Newed—Yes, indeed! Why, here's the answer in plain print: "No contributions will be returned unless stamps are furnished," and you, you old goose, always send the stamps!

The Pe-ru-na Almanac in 8,000,000 Homes.

The Peruna Lucky Day Almanac has become a fixture in over eight million homes. It can be obtained from all druggists free. Be sure to inquire early. The 1908 Almanac is already published, and the supply will soon be exhausted. Do not put it off. Speak for one to-day.

Italy Has Largest Churches.

Italy owns the world's three largest churches—St. Peter's, Rome; The Duomo, Milan; and St. Paul's at Rome.

A suggestion for 1908: Take Garfield Tea to establish and maintain a normal action of the digestive organs, to purify the blood, cleanse the system and to bring Good Health.

Cheerfulness is an offshoot of goodness and wisdom.—Bovee.

PILES CURED IN 6 TO 14 DAYS. PAZO OINTMENT is guaranteed to cure any case of Itching, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c.

Will it be the same old resolutions with a new coat of varnish?

BEYOND LIMIT OF PATIENCE.

Explanation Satisfied Policeman That Punishment Was Due.

Policeman Kneirem, of the Tenderloin precinct, saw an old man beating a small boy on Seventh avenue recently in a fashion that reminded the officer of the happy days when he used to beat it from the parental beating. So with a cheerful smile, having children of his own, the policeman approached the old man.

"Listen," replied the man; "half an hour ago I sent Isaac to the delicatessen. I gave him two quarters, one with which to buy bread, the other to buy fish. At now he comes back and says he wants to know which quarter is for the fish and which for the bread. Is it enough?" "It is," replied Kneirem.—New York World.

Something New Under the Sun.

A lady in Illinois sent us 12c a year ago for our remarkable collection of vegetable and flower seeds and sold \$37.50 worth therefrom, or made 314%. That's new. Just send this notice with 12c and receive the most original seed and plant catalog published and

1 pkg. "Quick Quick" Carrot..... \$ 10
1 pkg. Earliest Rye Cabbage..... 10
1 pkg. Earliest Emerald Cucumber..... 15
1 pkg. La Crosse Market Lettuce..... 15
1 pkg. Early Dinner Onion..... 10
1 pkg. Strawberry Muskmelon..... 15
1 pkg. Thirteen Day Radish..... 10
1,000 kernels gloriously beautiful flower seed..... 15

Total \$1.00
Above is sufficient seed to grow 35 out of rarest vegetables and thousands of brilliant flowers; and all is mailed to you POSTPAID FOR 12c.

or if you send 16c, we will add a package of Berliner Earliest Cauliflower, John A. Salzer Seed Co., La Crosse, Wis. K. & W.

Just the Trouble.

Editor—Did you get out of that magistrate an answer to the charge that he sends far too few cases to court?

Reporter—No, sh. He was non-committal.

FITS, St. Vitus Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for Free \$2.00 trial bottle and treatise. Dr. R. H. Kline, Ltd., 931 Arch St., Philadelphia, Pa.

Inactive Koreans.

A German tourist expressed the opinion that doing nothing is the national occupation of Koreans.

Taylor's Cherokee Remedy of Sweet Gum and Mullen is Nature's great remedy—Cures Coughs, Colds, Croup and Consumption, and all throat and lung troubles. At druggists, 25c, 50c and \$1.00 per bottle.

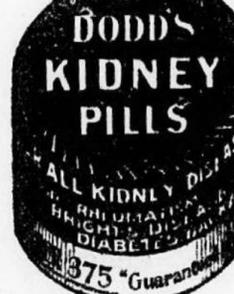
All growth and achievement depend very largely upon knowing ourselves and how to apply that knowledge.—French.

If You Suffer from Asthma or Bronchitis get immediate relief by using Brown's Bronchial Troches. Contain no harmful drugs.

The greatest is he who is most true to the principle of duty.—Channing.

ONLY ONE "BROMO QUININE" That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the world over to Cure a Cold in One Day. 25c.

It's easy to swear off—and just as easy to fall off a little later.



ANAKESIS gives instant relief. POSITIVELY CURED. \$1 at druggists or by mail. Sample FREE. Address "ANAKESIS," Tribune Bldg., New York.

McCANE'S DETECTIVE AGENCY, Houston, Texas, operates the largest force of competent detectives in the South, they render written opinions in cases not handled by them. Reasonable rates.

OPIUM and Whiskey Habits treated at home without pain. Book of particulars sent FREE. B. M. Woolley, M. D., Atlanta, Ga., 108 N. Pryor St.

NO MORE MUSTARD PLASTERS TO BLISTER THE SCIENTIFIC AND MODERN EXTERNAL COUNTER-IRRITANT.



DON'T WAIT TILL THE PAIN COMES—KEEP A TUBE HANDY

A QUICK, SURE, SAFE AND ALWAYS READY CURE FOR PAIN—PRICE 15c. —IN COLLAPSIBLE TUBES MADE OF PURE TIN—AT ALL DRUGGISTS AND DEALERS, OR BY MAIL ON RECEIPT OF 15c. IN POSTAGE STAMPS.

A substitute for and superior to mustard or any other plaster, and will not blister the most delicate skin. The pain-killer and curative qualities of the article are wonderful. It will stop the toothache at once, and relieve Headache and Sciatica. We recommend it as the best and safest external counter-irritant known, also as an external remedy for pains in the chest and stomach and all Rheumatic, Neuralgic and Gouty complaints. A trial will prove what we claim for it, and it will be found to be invaluable in the household and for children. Once used no family will be without it. Many people say "it is the best of all your preparations." Accept no preparation of vaseline unless we same carries our label, as otherwise it is not genuine.

Send your address and we will mail our Vaseline Booklet describing our preparations which will interest you.

17 State St. CHESEBROUGH MFG. CO. New York City



This woman says that sick women should not fail to try Lydia E. Pinkham's Vegetable Compound as she did.

Mrs. A. Gregory, of 2355 Lawrence St., Denver, Col., writes to Mrs. Pinkham:

"I was practically an invalid for six years, on account of female troubles. I underwent an operation by the doctor's advice, but in a few months I was worse than before. A friend advised Lydia E. Pinkham's Vegetable Compound and it restored me to perfect health, such as I have not enjoyed in many years. Any woman suffering as I did with backache, bearing-down pains, and periodic pains, should not fail to use Lydia E. Pinkham's Vegetable Compound."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

SICK HEADACHE

Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Heavy Eating. A perfect remedy for Dizziness, Nausea, Headaches, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable. SMALL PILL. SMALL DOSE. SMALL PRICE.

Genuine Must Bear Fac-Simile Signature

REFUSE SUBSTITUTES.

Is Good Health Worth \$6.00?

Our \$10 Superba for \$6 and Superba Special \$3.50 Treatment for \$2.50 to December 31, 1907.

A perfect cleanser and mode of self treatment for all Vaginal, Uterine and Ovarian, Ulceration, Irregularity, Suppression, Fallings, and Displacements, and blotches on your face. ONLY A LIMITED NUMBER TO GO AT THIS PRICE. Send your order today and CURE YOURSELF AT HOME.

SUPERBA CO. 235 La Salle Street, Chicago, Ill. DRUGGISTS REALTY, TRUST

We have a big stock of High Grade REMINGTON AND OLIVER

TYPEWRITERS

for rent at \$3 per month. Credit will be allowed for rent if you buy within one year. Repairs and supplies for all makes

Houston Typewriter Exchange, Houston, Tex.

PARKER'S HAIR BALSAM Cleanses and beautifies the hair. Promotes a luxuriant growth. Restores Fall-out Hair to its Youthful Color. Cures scalp disease and itching. 25c and \$1.00 per Bottle.

W. N. U., HOUSTON, NO. 4, 1908.

You Look Prematurely Old

Because of those ugly, grizzly, gray hairs. Use "LA CREOLE" HAIR RESTORER. PRICE, \$1.00, retail.