

Glass of Hot Water Before Breakfast a Splendid Habit

Open sluices of the system each morning and wash away the poisonous, stagnant matter.

Those of us who are accustomed to feeling dull and heavy when we arise, getting headache, stuffy from a cold, tingling tongue, nasty breath, acid stomach, lame back, can, instead, both look and feel as fresh as a daisy always by washing the poisons and toxins from the body with phosphated hot water each morning.

We should drink, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it. This flushes from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour and poisonous toxins; thus cleanses, sweetens and purifies the entire alimentary canal before putting more food into the stomach.

The action of limestone phosphate and hot water on an empty stomach is wonderfully invigorating. It cleans up all the sour fermentations, gases, acids and acidity and gives one a splendid appetite for breakfast and it is said to be but a little while until the roses begin to appear in the cheeks.

A quarter pound of limestone phosphate will cost very little at your druggist or from the store, but is sufficient to make anyone who is bothered with biliousness, constipation, stomach trouble or rheumatism a real enthusiast on the subject of internal sanitation.

Try it and you are assured that you will look better and feel better in every way shortly.—Adv.

A Long Spell. Teacher—Can you spell prestidigitator? Tommie—No, mother doesn't want me to.

"Why not?" "She said she only wanted me to go to school for a short spell."—Yonkers Statesman.

HAD PELLAGRA; IS NOW CURED

Ellersboro, Ala.—J. W. Turner, of this place, says: "I ought to have written you two weeks ago, but failed to do so. I got well and then forgot to write you. I can get about like a 10-year-old boy; you ought to see me run around and tend to my farm. I can go all day just like I used to. I am so thankful to know there is such a good remedy to cure people of pellagra."

There is no longer any doubt that pellagra can be cured. Don't delay until it is too late. It is your duty to consult the successful Baughin.

The symptoms—hands red like sunburn, skin peeling off, sore mouth, the lips, throat and tongue a flaming red, with much nausea and choking; indigestion and nausea, either diarrhoea or constipation.

There is hope; get Baughin's big Free Book on Pellagra and learn about the remedy for Pellagra that has at last been found. Address American Compounding Co., box 2088, Jasper, Ala., remembering money is refunded in any case where the remedy fails to cure.—Adv.

Left Behind. "How do you like Chugson?" "Not at all."

"Why, he speaks well of you." "Perhaps he does, but he's always disparaging my motor car."

"Aren't you mistaken about that?" "Certainly not. I've had to take his car out too many times."

OLD PEOPLE RELY ON DR. KILMER'S SWAMP-ROOT

We have been handling Dr. Kilmer's Swamp-Root for twelve years and during that time we have not received a single complaint from those who have used it. It speaks in the highest terms of the good results obtained from its use.

Very truly yours, ALLARD & TROTMAN, Druggists, Klondike, Texas.

Exactly. "Is raising bulls for fighting profitable business?" "I guess it's a toss-up."

Ec-Zene Kills Eczema. Let us prove it. Accept no substitute. If your Druggist does not have it, write to Ec-Zene Co., St. Paul, Minn.—Adv.

Who is the man who knows he

VILLA, CASTRO AND LOPEZ OUTLAWED BY CARRANZA

First Chief Issues Proclamation Giving Citizens of Mexico Right to Kill Bandits.

Washington.—General Carranza notified the Mexican embassy Wednesday that he had formally proclaimed Francisco Villa, Pablo Lopez and Rafael Castro outlaws because of the massacre of American citizens at Santa Ysabel.

Under the decree any citizen of the republic is authorized to execute the outlaws without formality. It says: "In view of the frequency with which outrageous crimes are being committed by bands of outlaws scattered in various parts of the republic even after the annihilation of the armies of the reactionaries by the constitutional forces, I believe that the situation thus created calls for the exertion of energetic measures of suppression in order that such crimes shall be met by severest punishment to those who are responsible for them."

"In view of the recent attack on a railway train near Santa Ysabel by bandits led by Rafael Castro and Pablo Lopez, members of the forces commanded by Francisco Villa, under whose orders they were operating, and in accordance with the precedent established by the constitutional government in similar cases occurring in the past, I have seen fit to issue the following decree:

"Article 1. The reactionary leader and ex-general, Francisco Villa, is hereby declared to be outside the pale of the law.

"Art. 2. The reactionary leaders, ex-General Rafael Castro and Ex-Colonel Pablo Lopez, are hereby declared to be outside the pale of the law.

"Art. 3. Any citizen of Mexico is empowered hereby to arrest the leaders, Francisco Villa, Rafael Castro and Pablo Lopez, and to execute them without any formality of the law. But the citizen performing such function shall make a record in writing describing in detail the occurrence and setting forth the proofs of the identity of the outlaws and the proof of the execution."

The bodies of the eighteen American victims of the Santa Ysabel massacre on January 10 were horribly mutilated and several had suffered terribly before death put an end to their tortures, according to a detailed report of Dr. F. E. Miller of El Paso. The report was made to a representative of the state department.

The report shows that some of the victims were shot many times both before and after death. Soft-nosed bullets made terrible wounds. Several were stabbed or slashed with sabers or machetes both before and after they died. Swords also were used by the bandits. C. R. Watson, the leader of the mining men, had been thrust through the body after death, and Alexander Hall died from a bayonet stab in the neck.

In at least four cases the Americans were clubbed and beaten with a crowbar or rifle barrel.

EARNINGS OF TEXAS RAILROADS INCREASED

A Total of 152.38 Miles of New Track Was Built During Past Year in the State.

Austin, Tex.—Summary of the annual report of the railroad commission for the fiscal year ending June 30, 1915, was made public Tuesday, disclosing that reports were made by 105 railroad companies classified as common carriers, and the aggregate mileage is 15,635.74, which includes main lines and branches, which is a net increase of 66.44 miles over the previous year, but this is increased to a total of 152.38 miles when sidings, yard tracks, etc., are taken into consideration. Total capital stock of these roads is \$128,011,800, which is a decrease of \$62; total bonds, \$358,739,915, increase \$588; total liabilities increased \$2,554. Total gross earnings from operation \$107,414,010.90, which is a decrease of \$1,899,258.94, or 1.74 per cent, while the total miscellaneous earnings from operation increased \$1,535,924.85, or 51.39 per cent. Total operating expenses \$85,900,984, which is a decrease of \$4,162,408.91, or 4.62 per cent; the increase in income from operation for the year was \$2,263,049.97, or 1.76 per cent.

The Philippines Will Be "Dry."

Washington.—Prohibition of the manufacture, importation or sale of all intoxicating drinks or habit-forming drugs in the Philippine Islands, excepting native beverages, was written into the Philippine self-government bill by the senate Tuesday by a vote of 35 to 23.

Elderly Oil Suit Decided.

Lake Charles, La.—The defendant was given a decision Saturday in the case of Charles P. Hampton vs. H. C. Drew, an action involving the ownership of property in the Elderly oil field valued at close to \$100,000. The court sustained the defendant on every point.

Bond Issue Carries at Wichita.

Wichita Falls, Tex.—By a large vote the \$255,000 bond issue for a new court house carried Tuesday.

TEXAS SWINE BREEDERS END INTERESTING SESSION

Warehouse Organization and Co-operative Marketing Were Discussed by Knowing Speakers.

Seguin, Tex.—At the meeting of the Texas Swine Breeders' Association Wednesday an address was made by State Warehouse Manager E. C. Weimer, who spoke of the importance of warehouse organization and co-operative marketing.

George B. Lillard of Seguin spoke on the subject "Obligations of Buyer and Seller of Pure-bred Hogs."

Fred W. Davis, commissioner of agriculture, made an informal talk on "Texas Feeding Itself." He said thousands of tons of cabbage were being wasted in South Texas, while Austin alone paid out \$7,000 for kraut last year.

Colonel F. B. Holland of Dallas made an interesting talk to the several scores of children in the audience.

O. C. Payne of Dallas talked on "Essentials Necessary to Happy, Livable Farm Life." He stressed the importance of nice homes, church facilities, good schools and good roads as the necessities.

G. Queensbury of Plainview spoke of the necessity of "Sanitation in the Hog Lot."

Dr. Frank R. Jones of Washington, D. C., made an extensive talk on "Hog Cholera," declaring the disease is caused by germs, and that serum treatment will save most of them.

"How to Ship Hogs" was the subject of an able paper by T. P. Pressly of Kingsbury.

The program was closed by a hog judging demonstration by John C. Burns, professor of animal industry, A. and M. College. He used a pen of hogs furnished by local breeders.

The following were appointed a committee on resolutions: A. E. Flowers, O. C. Payne, George P. Lillard, L. B. Burk, E. W. Houston.

The committee reported as follows: "The present annual midwinter session of the Texas Swine Breeders' Association is one of the best in its history. The program has been most excellent, the cordial hospitality of the people of Seguin has been supremely satisfying, and the local attendance more than ordinarily to be appreciated; therefore be it

"Resolved, That this association thanks the good people of Seguin and Guadalupe county, the press of the state and the Seguin Chamber of Commerce for their efforts in our behalf."

"The object of the Swine Breeders' Association is to promote the raising of more and better hogs on Texas farms. To achieve this end the farmer must have a satisfactory market for his surplus stock. He must get a fair share of the price the consumer pays for packing house products, and prices must be reasonably stable. For four months hogs have sold on the Fort Worth market for an average of less than 7c, while the average cost of the consumer of breakfast bacon has been 30c to 40c per pound. The price of hogs sometimes declines as much as 75c in a day. With such market conditions, manifestly unsatisfactory to producer and consumer, hog raising can not prosper, and the entire state suffers; therefore be it

"Resolved by the Texas Swine Breeders' Association, That a committee of five be appointed to meet with the committee of the American National Live Stock Association at El Paso, January 24, and with the Texas Cattle Raisers' Association at Houston, March 20, to discuss ways and means of devising an effective system of equitably and economically marketing live stock."

These were adopted and a committee appointed as follows: Hon. F. W. Davis, chairman; F. C. Weimer, W. C. McKamey, O. C. Payne and L. B. Burke.

Bandits' Bodies on Exhibition.

Juarez, Mex.—The bodies of Jose Rodriguez and Miguel Baca Valles, executed Villa leaders, were placed on exhibition Tuesday as evidence that the de facto government is determined to exterminate the bandits who slaughtered eighteen American mining men near Santa Ysabel, Chihuahua, eight days ago, were put aboard a train Tuesday and sent to Chihuahua City. There, according to Mexican officials, they will be shown in public again as examples of what will happen to anyone adopting the career of an outlaw in Mexico.

Money for Texas Buildings.

Washington.—The following deficiency appropriations for Texas post-office buildings were adopted by the house appropriations committee Thursday: Bay City, \$500; Beeville, \$500; Belton, \$12,000; Brenham, \$20,000; Commerce, \$500; El Paso, \$50,000; Honey Grove, \$500; Marlin, \$7,000; Mount Pleasant, \$500; Nacogdoches, \$5,000; Navasota, \$15,000; New Braunfels, \$20,000; Stamford, \$10,000; Vernon, \$500; Yoakum, \$15,000.

Big Gasser on Fire.

Corpus Christi, Tex.—Spouting flames to a height of a hundred feet or more, the great Guffey gasser at Whitefish Point, just across the bay from Corpus Christi, is burning fiercely this week with the flames apparently beyond all hope of control.

Grand Canal Bursts Banks.

Athlone, Ireland.—The Grand canal burst its banks Saturday at Eden derry and houses, crops and cattle were swept away. No lives were lost.

A frenzied financier—one who can borrow money from a bill collector.

To Cure a Cold in One Day. FROST'S CURE FOR COLDS, CROUP, Whooping Cough, Sore Throat, Etc. W. GROVE'S signature is guaranteed.

Two tablespoonsful of granulated sugar to one white of egg, will make excellent meringues.

Dr. E. F. Jackson, Celebrated Physician, handed down to posterity his famous prescription for female troubles. Now sold under the name of "Femenina." Price 50c and \$1.00.—Adv.

A Good Excuse. Judge—What excuse have you for drinking? Prisoner—I was dry, your honor.

"Money Back" Medicine. Our readers never risk a cent when they buy Hanford's Balsam of Myrrh because every dealer in this liniment is authorized to refund the money if the Balsam is not satisfactory. Adv.

An Explanation. "How much the baby looks like his father?" "It's only the weather. The child is usually bright, cheerful and handsome."

PIMPLES, BOILS AND DANDRUFF. Disappear by using Tetterine, a safe, sure and speedy cure for Itchiness, Tetter, Infant's Sore Head, Chloasma and Itching Piles. Endorsed by physicians; praised by thousands who have used it.

"I feel like I owe to my fellowman this much: For seven years I had vertigo on my ankle. I have tried many doctors and numerous remedies which only temporarily relieved. I decided to give your Tetterine a trial. I did so and after eight weeks am entirely free from the terrible vertigo." I. S. Giddens, Tampa, Fla. Tetterine, 50c per box. Your druggist or J. T. Slaughter, Savannah, Ga. Adv.

MISSED CHANCE FOR LAUGH

Of Course None of the Soldiers Would Think of Smiling at Sergeant's Mishap.

The drill sergeant was real mustard, and the recruits were having a bad time. The weather had been very wet, and the parade ground was still slippery. In doing a movement smartly, as an example to his men, the sergeant slipped and fell full sprawl, and naturally the "rookies" could hardly repress their mirth.

Getting up with all the dignity he could muster, the sergeant's eye fell on Murphy's grinning face.

"Well, you grinning hyena!" he roared. "What's 'urting you? Do you see anything funny?"

"No, sorr," gurgled Murphy tactfully. "But, shure, Ol was just thinkin' what a laugh we cud have had it been anywan save yerself, sergeant!"

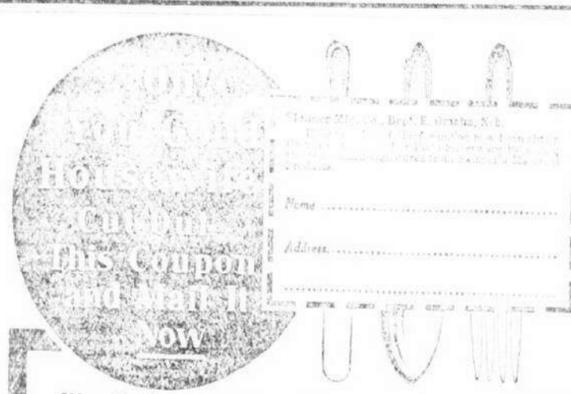
Sophie's Quick Retort.

Her quick wit has carried Sophie Tucker through many ticklish positions in vaudeville, and once while rehearsing for a production turned an unpleasant situation in her favor. Ben Teal, the veteran stage director, was doing the rehearsing and took occasion to correct Miss Tucker's pronunciation of a certain word, explaining so the assembled members of the company could get the benefit of his remarks, that in the word disputed the letter "t" was silent. Sophie accepted the correction with the remark: "All right, Mr. Teal—with the 't' silent."

The Time.

"Sometimes you have to hit a man to make him keep quiet, so that you can save him from drowning."

"Yes, and the time to do it is when he first begins to rock the boat."



We will tell you how we send you a complete set of Oneida Community Par Plate Silverware FREE with SKINNER'S Macaroni Products. Guaranteed ten years. Bridal Wreath pattern. Learn all about this grand offer and about the



WAS TAKING NO CHANCES NO CHANCE FOR BUSINESS

Old Lady Wanted to Be Quite Sure That She Could Safely Trust the Small Boy.

When the train came to a stop an antique-looking dame thrust her head out of the window opposite the refreshment room and briefly shouted, "Sonny!"

A bright-looking boy came up to the window.

"Little boy," she said, "have you a mother?"

"Yes, ma'am."

"Do you love her?"

"Yes, ma'am."

"And are you faithful to your studies?"

"Yes, ma'am."

"Do you say your prayers every night?"

"Yes, ma'am."

"Can I trust you to do an errand for me?"

"Yes, ma'am."

"I think I can, too," said the kind lady, looking steadily down on the manly face. "Here is a penny. Get me an apple. Remember, God sees you!"

Youthful Diplomat.

"My last office boy was a wonder. I'm sorry I lost him."

"Very efficient, I suppose?"

"Oh, he couldn't lick a stamp without making a mess of it, but when it came to explaining things to my wife over the telephone I have never seen his equal."

Sometimes you can judge by appearances. Many a woman appears to be strait-laced because she really is laced that way.

Most of us get what we deserve but few of us are able to recognize it.

Old Gentleman's Explanation Convinced Agent That He Had Called at the Wrong House.

The agent stopped at the piazza of the cottage by the sea, where sat a bronzed and ragged old man.

"If you are troubled with moths, as no doubt you are, I have just the proper remedy."

"Moths have never bothered me," said the old man.

"How about the grasshopper pest? I have something here which is guaranteed—"

"I don't believe I've seen a grasshopper in forty years. The fact is—"

"But surely you want to be prepared to fight the locusts. Now, this package contains—"

"I have never had any trouble with locusts, and I never expect to," replied the old man.

"Well, you've got me stumped," said the agent. "How do you manage to escape all these things?"

"Easy enough. I'm captain of the brigantine Nellie M., sailing between here and Java."—St. Louis Post-Dispatch.

Hazarding a Guess.

Howe—Don't you know anything about golf? Wise—Not much. Why? Howe—What's a bunker? Do you know? Wise—I suppose it's one of those cranks that simply live on the links.

No Conveniences.

New Servant—An' have yez a garage on this place? Suburban Housewife—No, we have no car.

New Servant—Then I can't come wid yez. I have to have a place fer me car.—Puck.

Large advertisement for Grape-Nuts featuring the headline "This Investment Pays Health Dividends" and "Grape-Nuts". It includes text about health benefits, a coupon for a free sample, and the slogan "There's a Reason for Grape-Nuts".