

ELDERLY WOMEN SAFEGUARDED

Tell Others How They Were Carried Safely Through Change of Life.

Durand, Wis.—"I am the mother of fourteen children and I owe my life to Lydia E. Pinkham's Vegetable Compound. When I was 45 and had the Change of Life, a friend recommended it and it gave me such relief from my bad feelings that I took several bottles. I am now well and healthy and recommend your Compound to other ladies."

A Massachusetts Woman Writes: Blackstone, Mass.—"My troubles were from my age, and I felt awfully sick for three years. I had hot flashes often and frequently suffered from pains. I took Lydia E. Pinkham's Vegetable Compound and now am well."

Such warning symptoms as sense of suffocation, hot flashes, headaches, back-aches, dizziness, impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and dizziness, should be heeded by middle-aged women. Lydia E. Pinkham's Vegetable Compound has carried many women safely through this crisis.

"Don't be surprised if I call you up at your office, my dear."
"I won't, if it is to call me down."

STOP SCRATCHING! RESINOL RELIEVES ITCHING INSTANTLY

That itching, burning skin-trouble which keeps you scratching and digging, is a source of disgust to others, as well as of torment to you. Why don't you get rid of it by using Resinol Ointment? Physicians have prescribed it for over 20 years. In most cases, it stops itching instantly and heals eruptions promptly. It is very easy and economical to use. Sold by all druggists.—Adv.

Fifty vocations are taught in the United States navy. French soldiers at the front are allowed one pint of wine a day.

Sold Under a Binding Guarantee
Money Back If It Fails
For Man or Beast

HANFORD'S Balsam of Myrrh ALINMENT

For Cuts, Burns, Bruises, Sprains, Strains, Stiff Neck, Chilblains, Lamé Back, Old Sores, Open Wounds, and all External Injuries. Made Since 1846. Ask Anybody About It. Price 25c, 50c and \$1.00

All Dealers A. C. Hanford Mfg. Co. SYRACUSE, N. Y.

Constipation Vanishes Forever

Prompt Relief—Permanent Cure
CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable—act surely but gently on the liver. Stop after dinner distress—cure indigestion, improve the complexion, brighten the eyes. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

Open to Food

TRY THE OLD RELIABLE WINTERSMITH'S CHILL TONIC

For MALARIA CHILLS & FEVER A FINE GENERAL STRENGTHENING TONIC
LOSSES SURELY PREVENTED by Cutter's Blacking Pills. Low priced, fresh, reliable; preferred by Western stockmen because they protect where other vaccines fail. Write for booklet and testimonials. 10-dose pkg. Blacking Pills \$1.00 50-dose pkg. Blacking Pills 4.00 Use any dealer, but Cutter's best. The superiority of Cutter's products is due to over 18 years of specializing in vaccines and serums only. Insist on Cutter's. If unobtainable, order direct, THE CUTLER LABORATORY, Berkeley, California.

Agents Attention!

We furnish you goods that sell every day in the year, in any neighborhood, to every man or woman, white or colored. This is the chance of a lifetime to get in a business where even an inexperienced person can make \$3.00 a day handling our goods and we positively refund your money for all goods you do not sell. Send stamped envelope for full particulars. APEX MANUFACTURING COMPANY 832 E. Main Street Richmond, Va.

GOOD ROADS

PRaise FOR AMERICAN ROADS

Compare Very Favorably With Highways of Many European Countries—Much Work in Progress.

"We Americans are prone to over-estimate and sometimes to boast of that which we have," says J. M. Linscott, New England agent for a large motor car company. "At least that is the accusation made by our European cousins. I sometimes wonder if it is just. I wonder if we do not more often underestimate our possessions and our achievements. We really are a wonderful country, you know, and with full allowance for our shortcomings, a wonderful people, too. So I rather think we are justified in some of our boastfulness. It is an attribute of youth, and evidence of a good healthy youthful enthusiasm.

"Appropos of what?" you ask. "Well, of roads, for example. "We are accustomed to saying that we have the worst roads in the world, and to hold up as an example of model roads the centuries-old highways of Europe.

"I have found in talking with Americans who have toured abroad that most of them will give as examples of model highways a few main traveled roads. But ask them about the general roads of any country and they will either tell you they do not know, or if perchance one has happened to lose his way and got on to one of the byways, he will admit that they are about as bad as has ever been seen in Michigan or Nebraska.

"Your traveled American will expatiate at great length on the wonderful roads of France. And they are wonderful. That is to say, some of them are. At that the total mileage of really good roads in that country is much less than most people imagine. We journeyed over cobblestone roads that would shake your teeth loose—and that in romantic Normandy, too.

"The roads in the British Isles are excellent, but after all New England has more, and they are just as good, despite the climatic conditions that favor the former. The Rhine route in Germany is all that has been claimed for it, but we have our roads up the Hudson to match it—and who shall say whether the scenery on the Rhine or the Hudson is more beautiful, since both are magnificent beyond description?

"The Texas road is made of crushed sea shells, which make a perfect surface, while the Italian road is composed of powdered marble from the



Good Road in England.

great quarries of Carrara. Anyone who has traveled over this well known highway will not return that way because its beauty is deceptive. The gritty particles of marble will cut the tread off a set of tires in one trip.

"I wonder how many people realize the influence of climate on roads? I wonder how many of those who rave over the fact that the Apian way is still in tolerable condition after more than two thousand years, have stopped to consider how long that same highway would last in Michigan, for example? The alternate freezing and thawing and heaving would disintegrate and cause it to wear away just as fast as they do our own macadam and cement construction.

"How many of those appreciate how much road-building is going on not only in their own immediate neighborhood but throughout this country. "How many know that Michigan will build 800 miles of wonderfully good roads; that Indiana will build fully 600 miles of roads, and she already has 1,000 miles of excellent highways, which she is keeping in the pink of condition. Ohio will build fully 140 miles of roads. Some of the eastern Atlantic states—Massachusetts, Maine, New York, Pennsylvania—have thousands of miles of roads that are as fine as anything that lies under the sun. And these states are building more all the time."

Concrete Road Costly. It costs about \$13,000 to build a mile of good concrete road. This makes a road everlasting, without dust, very few repairs, and good in all kinds of weather.

Stone Houses Are Cheap. Stone houses last much longer than wood, require no paint, therefore are much cheaper in the end.

Who is Responsible? Who is responsible for the bad condition of the roads?

HOUSEFLY NESTS IN FILTH--HELP TO KILL HIM

The housefly is a foul and dangerous little pest. The female lays her eggs in manure, in human excrement or in the flesh of dead and rotting animals, never anywhere else. The eggs hatch into maggots and the maggots feed on the filth until they sprout wings and become flies. The flies swarm into our homes, bringing with them the germs of many diseases—especially typhoid, consumption and dysentery—which they deposit on our food.

Many of our homes were saddened last year by death resulting from diseases spread by flies. Therefore the housefly is our deadly enemy and we ought to kill him off as far as possible before warm weather comes. To do this effectually will require the co-operation of the whole community. Cleanliness, generally speaking, is the fly's greatest enemy, but if one man cleans up his place—removing all barnyard filth, keeping garbage cans covered, etc.—and his neighbors on either side do not follow suit, the one man will not be protected from flies and disease.

This war on flies is a job for the whole town, and it is a big one. It is suggested that our local authorities or some of our active citizens call a meeting and make plans at once to start the campaign for fly extermination. Let us enlist the aid of the health officers, the physicians, the merchants, the lawyers, the mechanics, the women and the boys and girls.

It will be necessary to have a number of committees to look after the many angles of the work and see that proper preventive measures are taken to remove the opportunities for flies to lay eggs and hatch them. Swatting the fly is ineffective—you only kill one fly at a swat. But if you begin earlier by spraying manure piles and the contents of outhouse vaults with kerosene or with chloride of lime, so that fly eggs will not hatch in these masses, you prevent the birth of millions of flies.

The state board of health will be glad to send us all kinds of information helpful in carrying on a fly war, if our local doctors have none on hand. After the campaign organization is formed, about the first thing to do is to get reliable information and put it in the hands of our people.

Who will make the first move to start the campaign?

No Filth—No Flies!

Flies and filth go together. No filth, no flies! About the only good thing you can say about the fly is that his presence should stimulate you to hunt up the place where he was born and destroy it so that it may breed no more of his kind.

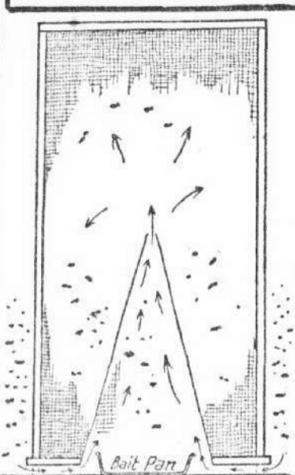
Fly swatting may be a popular pastime. It has been talked about much. So far, it has proved ineffective. The well-meaning person, applying the swatter at every opportunity, kills one fly at a time. The removal of the contents of a single manure box will swat millions of them at a blow.

Screens and swatters are a good thing, but a clean neighborhood is the best. Get busy!

How to Sterilize Milk.

Drs. R. Kraus and B. Barbara of the city of Buenos Aires assert in the Muenchener Medizinische Wochenschrift that water or milk can be rendered sterile simply and rapidly by shaking with animal charcoal and filtering. A three per cent addition of charcoal suffices for milk if it be allowed to stand for 15 minutes.

GOOD FLY TRAP



One way to control the fly is to catch it in such a trap as is shown above. The trap may be placed near the garbage can, or any other place that the flies are sure to come. A simple and effective trap may be made from a grocery box by substituting wire netting for the top and two sides, cutting a round hole in the bottom and inserting in it a wire netting cone with an eighth-inch opening at the bottom and a half-inch opening at the top. Some article of food, preferably a fish head, should be placed inside for bait. The trap must be elevated several inches above the ground, so as to give the flies a chance to enter. When the trap is full, it may be emptied by shaking its contents through a small opening, ordinarily closed by a sliding door. The trap described and shown in the illustration is a particularly effective one, as it was planned with a view to the fly's habits. The odor of food leads the fly to enter the trap at the bottom. Once inside it is attracted to the top by the light. When it gets out of the wire cone it cannot escape. The trap has the additional virtue of being inexpensive. It may be made at a cost of about twenty cents and about a half hour's time.

Cover Manure Box and Garbage Can

A proper system of manure disposal is more important than all other measures combined as a method of controlling the fly nuisance. A proper method of garbage collection and disposal is next in importance. The garbage should be drained, wrapped in paper and collected in a fly-proof metal bucket. The bucket should be washed at intervals with lye soap and water and then sponged with kerosene in water.

The foregoing advice is from the famous sanitary authority, Dr. W. A. Evans of Chicago. In our local campaign we should utilize this information to the utmost. It has long been recognized that swatting the fly would never rid the community of his whole tribe forever more. We have learned that we must make war on him early in the season by getting rid of his breeding places and his natural sources of food supply—filth. Some of us are inclined to grumble that campaigning against flies is mighty troublesome. Well, the grumblers will find it less troublesome to campaign effectually against flies than to nurse a member of the family through a spell of typhoid fever—and much less expensive.

WE SHOULD ACT NOW!

When the American army went down to Cuba to clean things up politically and otherwise after the Spanish-American war, it found that Havana was one of the worst yellow-fever pest holes in the world.

The army surgeons learned that the mosquito was to blame. They declared war on the mosquito. The weapons in this war were not swatters. There was but one weapon—sanitation.

The city was cleaned with absolute thoroughness. Mosquito-breeding swamps were drained. Lakes and streams were covered with oil. Now Havana is one of the world's most healthful cities. The lesson taught fifteen years ago has been applied steadily by the Cubans.

In this country the house fly bears about the same relation to typhoid fever and dysentery that the mosquito bears to yellow fever in the tropics. Both insects are dangerous germ carriers.

This community ought to rid itself of flies. The means of doing so are the same as those employed in ridding Havana, the Canal Zone, Manila and New Orleans of the fever mosquito. But the job will not be nearly so big.

Our citizens should call a meeting by the middle of next week and form an organization to conduct the spring fly war. There is no time to be lost. Once warm weather arrives the flies will multiply faster than we can kill them off.

Let us act now!

WILL CONTINUE TO SEARCH PARCEL POST

Entente Allies Reply to United States Protest Against Censoring of Neutral Mails.

Washington.—The government of the entente allies, through Sir Cecil Spring Rice, the British ambassador, presented to Secretary Lansing a joint reply Monday to the protest made by the United States against the seizure, detention and censoring of neutral mails. It is declared that no legitimate letter mail had been confiscated nor any treaty rights violated, but emphatically asserted the allies' intention to continue searching parcel post packages for contraband "concealed under postal folders."

In regard to "true correspondence" the note says the allied governments "will continue for the present to refrain from seizing and confiscating at sea these correspondences, letters and dispatches and that they will insure the most rapid delivery of such letters as soon as the genuineness of their character is known."

The vigorous protest of the United States against the treatment of neutral mails was based largely on evidence in the possession of the state department that while mails had not always been searched at sea, neutral ships upon being taken into British ports for inspection had their mails removed, detained and otherwise interfered with. The protest does not mention this phase of the controversy. The protest was in the form of a memorandum of instructions to Ambassador Page at London. It stated specifically that the American government was inclined to consider that parcel post shipments were subject to the same treatment accorded goods sent by freight or express.

In regard to parcel post shipments the communication says: "Merchandise shipped under the shape of parcel post must not and shall not be treated differently from the merchandise shipped in any other way."

The allied governments assert their right to search general mail in the following language:

"That the inviolability of postal correspondence stipulated by convention No. 11 of The Hague treaty of 1907 carries by no means any prejudice to the right of the allied governments to visit and, if need be, to stop and seize the things which are falsely deposited in the covers, envelopes or letters contained in the mail sacks.

"At the time of the second conference at The Hague in 1907," the communication says, "the German imperial government pointed out since the telegraph offered to the belligerent means of communication more rapid and safe than the post, there was no longer any interest in considering, as formerly, postal correspondence as able to constitute articles of contraband by analogy and in impeding their shipment by seizure and confiscation.

"This proposition, in appearance so pacific, having inspired confidence in other powers, they adopted this viewpoint. The full article of convention No. 11 of The Hague, 1907, stipulates, as is shown, that henceforth postal correspondence is 'inviolable' on the sea."

General Cecil Lyon Dead.

Sherman, Tex.—Brigadier General Cecil A. Lyon died at the Sherman hospital Tuesday. General Lyon was brought to Sherman on the night of March 16 suffering from an attack of pleurisy, and it later developed that he was suffering from an abscess on the liver, and on March 28 he underwent an operation. Cecil Andrew Lyon was born in Boston, Ga., November 29, 1869. He was the son of the late Captain Oliver T. Lyon and Lydia Dorris (Dupont) Lyon. Captain Lyon moved to Texas with his family, locating at Texarkana, where he was the first mayor of that city. He was very prominent in politics.

Several Murder Cases Affirmed.

Austin, Tex.—The court of criminal appeals Thursday affirmed five murder cases, three of them from McLennan county, which included that of John Williams, given the death penalty for the murder of Allison Griner. The case of J. H. Sanford, from Tarrant, given a life term in the penitentiary for the murder of C. T. Thompson, was affirmed. Other murder cases affirmed were: Will Hall, from McLennan, twenty years; A. D. Smith, from McLennan, tried on a charge of murder and convicted of manslaughter, five years; Pearl Serrell, from Smith, five years.

Melon Platform Hearing Set.

Austin, Tex.—The railroad commission Friday issued notice of hearing for April 11 to consider the petition of Brundage citizens for an order requiring the San Antonio, Uvalde and Gulf Railroad Company to erect loading sheds and platform for the shipment of fruits, melons and vegetables.

School Fund Interest Due.

Austin, Tex.—The available school fund and other special funds created for various institutions of the state will be enriched in the amount of approximately \$350,000 by interest due on bonds held by these funds. This interest falls due on April 10.

Give British March Casualties.

London.—British casualties in March, as compiled from the published lists, amounted to 1,107 officers and 19,317 men.

Grip Still Hanging On

Back aches? Stomach sensitive? A little cough strength? Tire easily? after effects of this dread-ful disease? Yes, they are catarrh. You can never be well as long as catarrh remains in your system, weakening your body with stagnant blood and unhealthy secretions.

You Need PERUN

It's the one tonic for the effects of grip, because it catarrhal treatment of excellence. Take it to away all the effects of grip, tone the digestion, clear up inflamed membranes, regulate bowels, and set you on the high to complete recovery. Perhaps one or more of your friends have found it well. Thousands of people in every part of the world have had it. Thousands more have been helped at critical times by this reliable family medicine. Prepared also in tablet form for your convenience. The Peruna Company, Columbus, Ohio.

Vassar Students Work. Recent reports at Vassar show that fifty students are on their way through college, and 96 of them have earned some for that purpose. Two girls \$175 and \$199 running a book and nature exchange. Tutoring at an hour is another good source of income. Some of the girls work in a candy kitchen and at other occupations of the kind.

SAVE A DOCTOR'S BILL

by keeping Mississippi Diarrhoeal handy for all stomach complaints. Price 25c and 50c.—Adv.

War on 25,000,000 Prairie Dogs

The 25,000,000 prairie dogs inhabit the pasture ranges of Mexico and Arizona, destroy the Youth's Companion, enough to support a million cows or 50 sheep. Therefore, the government acting on an appeal by the stockmen has employed men to wage a matic warfare of extermination the little creatures. But it will long war, for the enemy is widely distributed and deeply entrenched. Philadelphia North American.

Dr. Pierce's Pleasant Pellet

original little liver pills put up in 20. They regulate liver and bowels.

Chinese Adopt White Child

An adoption that is unique in the annals of the state has taken place here. By court action Alice Ford, daughter of Mr. and Mrs. W. Ford, has become the adopted daughter of Mr. and Mrs. Poon Sue, a Chinese couple of Oakland.

The Fords are not in a position to support the little one and welcome the opportunity to have the baby properly cared for.—Tonopah (New) patch to the Sacramento Bee.

Possibly an honest man might otherwise if an opportunity while were to knock at his front door.

Great Britain is divided into munition areas.

Stop That Ache

Don't worry about a bad back. Get rid of it. Probably your nerves are out of order. Resumable habits and help the kidneys. Then, kidney backache will also the dizzy spells, lameness, nervous, tired feelings, nervous, rheumatic pains and bladder troubles. Use Doan's Kidney Pills. Thousands recommend them.

A Louisiana Case

"Berry Picture Tells a Story" Mrs. P. A. treaux, 127 La ette St., Bayou Rouge, La. "For a long time I suffered severely from too free action of my nerves. This was particularly noticeable at night. I broke my rest. My back was painful and I couldn't stoop without sharp darting through me. I tried various medicines, but got no relief. I used Doan's Kidney Pills. When I finished three boxes, I was cured. Got Doan's at Any Store, 50c a Box. FOSTER-MILBURN CO., BUFFALO, N. Y.

ITCH

"Hunt's Cure" is absolutely guaranteed to cure Itch, Eczema, Ringworm, or any Skin Disease, or purchase cheerfully refunded. Sold every for 50c. a box, or write, A. B. Hunt, Medicine Co., Sherman, Texas.

PARKER'S HAIR BALM

A toilet preparation of the highest quality. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and \$1.00 a Bottle.