

WOMAN'S NERVES MADE STRONG

By Lydia E. Pinkham's
Vegetable Compound.

Winona, Minn.—"I suffered for more than a year from nervousness, and was so bad I could not rest at night—would lie awake and get so nervous I would have to get up and walk around in the morning would be all tired out. I read about Lydia E. Pinkham's Vegetable Compound and thought I would try it. My nervousness soon left me. I sleep well and feel fine in the morning and able to do my work. I gladly recommend Lydia E. Pinkham's Vegetable Compound to make weak nerves strong."—Mrs. ALBERT SULTZ, 603 Olmstead St., Winona, Minn.

How often do we hear the expression among women, "I am so nervous, I cannot sleep," or "it seems as though I should fly." Such women should profit by Mrs. Sultz's experience and give this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial.

For forty years it has been overcoming such serious conditions as displacements, inflammation, ulceration, irregularities, periodic pains, backache, dizziness, and nervous prostration of women, and is now considered the standard remedy for such ailments.



Cures most trouble in horses and cattle. Fattens them and keeps them fat. Results guaranteed or money back. Made of 80% salt, balance 5 different kinds of drugs. Weighs 3 lbs. Blocks 5 lbs. Stays hard. Nearly all merchants have it.

For particulars,
Edgerton Salt Brick Co.
Goldsboro, N. C.; Atlanta, Ga., and Memphis, Tenn. Salesmen wanted.

For Grip, Colds and MALARIA

7-11 CHILLIFUGE
kills the Malaria germ and
regulates the liver.
25 CENTS

REAL THOUGHTFUL OF HIM

Young Man Proved He Appreciated
Position Man Who Had Missed
Train Would Be In.

"That seat is taken!" snapped the stout old gentleman in the railway carriage when the youth sought to move a handbag from the opposite seat. "My—er—friend will be back presently."

The youth murmured an apology and went out, only to hang about the door. Time passed. Presently the guard blew his whistle and the train started to move.

With a bound the lad was back in the carriage and had thrown the bag on the platform.

"How dare you, sir!" gasped the old gentleman. "What did you do that for?"

"Well," said the lad, sweetly, "your friend has evidently lost his train, and I didn't want him to lose his bag as well!"

"Always something to do," is a good thought—but why use it in the past tense?

CHEST CLOGGED UP WITH HEAVY COLD?

Don't give it a chance to
"set in"—use Dr. King's
New Discovery

THAT dangerous stage where a cold or cough or case of grippe might get the better of you may be nearer than you think. Prompt action with Dr. King's New Discovery will avert a long siege.

For fifty years it has loosened congested chests, dissipated tight-packed phlegm, broken vicious colds and coughs. Give it to the youngsters—take it yourself. There will be no disagreeable after-effects.

60c and \$1.20 a bottle. At your druggists. Give it a trial.

Bowels Become Normal

—liver livens up, bile flows freely—headache, biliousness, tongue-fur, stomach-sourness, disappear when Dr. King's New Life Pills get in their natural, comfortable action.

Purgatives, never pleasantly corrective, sometimes habit-forming, should not be taken to rack the system violently. Nature's way is the way of Dr. King's New Life Pills—gently but firmly functioning the bowels, eliminating the intestinal waste, and promoting the most gratifying results. Cleanse the system with them and know the boon of regular bowels. 25c at all druggists.



**GRANGER LIVER
REGULATOR**
FOR ALL LIVER AND KIDNEY DISORDERS
PRICE 25c
GRANGER MED. CO. CHICAGO, ILL.

DADDY'S EVENING FAIRY TALE

By MARY GRAHAM BONNER

GRIZZLY BEARS.

"Well," said Mr. Grizzly Bear, to his mate, Mrs. Grizzly Bear, "they say that they're going to leave us alone for awhile. They were almost destroying our family throughout the country for they put dogs against us and men with traps and with guns."

"Oh, we have had many enemies, and even though we may be smart, we can't last out forever against dogs and men and guns and traps."

"But now they're going to leave us alone in peace," ended Mr. Grizzly.

"They should," said Mrs. Grizzly, "for we're an old, old family."

"As old as any family on this continent, and we came here long before men and their guns and their dogs and their traps came here."

"Aren't we a distant relative of the dog's?" asked Mrs. Grizzly.

"Yes," said Mr. Grizzly, "some folks say both came from the same ancestors thousands of years back, or some such number of years, maybe more!"

"But it's not fair for folks to hunt us. We eat grasshoppers and bugs which are bad for their crops and their fruit and their farms and their forests. We are not fond of meat, in fact, we're practically entirely vegetarian animals, though we will once in a great long while touch a little meat."

"That is, an occasional grizzly will, but not all of us, in fact only one out of every hundred or more."

"But we do not attack people," Mr. Grizzly continued. "We are quite gentle and harmless. People think it would be so horrible to meet us in the woods, or anywhere they happened to be where we were, but it needn't upset them for we wouldn't touch them, not for anything!"

"We would never do it, oh, how I wish I could tell them that."

"And another thing, we will only fight when we are attacked. We aren't vicious and wild and cruel. We will only defend ourselves, but we won't fight for the sake of fighting or of destroying."

"In fact, we're a nice family, we grizzly bears, we're good creatures and I do wish people would learn about us, and find out that we're nice."

"Why do you suppose so many of them have gone after our family?" asked Mrs. Grizzly.

"Well," said her mate, "I heard something the other day that sounded as though it had a lot of reason to it."

"You know we are very curious. Well, someone said, that because we would go up to camps and poke around and look about to find out what people



"We Are Very Curious."

ple were doing and why they were opening cans of food and if there was any jam around, they thought we were wild."

"How could they?" asked Mrs. Grizzly.

"They thought we were wild because we went up to look at them and they thought we went up with the idea of hurting them or fighting them. They wouldn't stop to make friends."

"They just decided we were that way. And anyone who really knew us would know that we were just trying to find out what was going on. That was all."

"Of course, if they will learn a few things about the grizzly they will like him better."

"And they will like her better, too," said Mrs. Grizzly.

"To be sure, my love, to be sure," said Mr. Grizzly.

"Let's make a big wish that people find out more about grizzly bears and that children will find out while they are young so that when they're old they'll never go a-hunting us. We're much nicer as friends than as enemies, and we don't want to be enemies, no indeed we don't," said Mrs. Grizzly.

"Let's try not being so curious," said Mr. Grizzly, "perhaps then people will see that we aren't dangerous. We won't be poking around their camps when they go on trips."

"If they're going to believe things that are bad by seeing us just behave with a little curiosity," said Mrs. Grizzly. "It's too bad, but I think children will grow up these days to go after animals with note books and cameras and not with guns."

That's Funny.

Tommy, the youngest of the household, returned Tuesday noon to his home from his first day in school and was met at the door by his mother.

"Well, Tommy," inquired his mother, "how did you like school?"

"Fine," answered Tommy.

"And what part did you like best?" asked the mother.

"The recess," answered the little boy.—Columbus Evening Dispatch.

Benefit of a Doubt.

If you are uncertain as to how you should act in a specified instance, give kindness the benefit of the doubt. If you are not certain whether to answer someone sharply or make a joke of it, try the latter. If you are not sure whether to appear good-humored or to take offense, you will find the former the way of safety. No one is ever sorry for going a little too far in the direction of kindness, but many regret bitterly falling a little short of that goal.—Gris's Companion.

Practical Frocks of Silk or Wool



Two afternoon frocks of the simple and unpretentious sort that prove most useful are shown in the picture above. One of them is in taffeta silk in a dark blue and the other in wool tricotine in the same color. They are both very practical dresses and the tricotine will be found equal to taking the place of a suit skirt and blouse, or separate skirt and blouse, for all day wear. It is the sort of dress that becomes useful for the street or business, worn with a fur piece or separate coat.

The taffeta dress is one of several popular models in which narrow flounces of the silk play an important part. In some of these the skirt is a series of overlapping flounces, of scant fullness, and each about five inches wide. They are set to a foundation and terminate just below the hip line. Above this the plain taffeta is gathered into the belt at the waistline. Bodices in the several models vary, some of them having no flounces in their finishing, and a favorite for them is the surplice style. In the dress shown above the skirt is draped at the sides and a group of three flounces set on diagonally suggests a tunic high at one side. Above this group a second flounce follows the same diagonal line. The fad for the girdles of heavy, Roman-striped ribbon is an advantage

waist it follows the line of the flounces and makes a chic affair of a simple dress. In this model flounces appear on the sleeves and at the neck.

The frock of tricotine has an attractive and simple bodice that fastens along the shoulder and underarm at one side. It is cut with a round neck rather high and a pattern in stitched-on braid that has the appearance of embroidery, outlines a pointed collar. The bodice extends a little below the waistline, where the skirt is set on in a way that widens the hips a little.

A narrow band of the embroidery ornaments the front of the bodice and a similar band, but wider, is placed about the skirt. Small, flat, cloth-covered buttons extend in a close-set row below this band to the bottom of the skirt. The soft girde at the waist is made of tricotine and the long sleeves flare a little and are finished with a narrow band of embroidery in the same pattern as the other bands. This little flare in the sleeves, the very slightly widened hips, the easy adjustment of the bodice, are all new style notes that the designer has adapted, with becoming restraint, to a wool frock that is intended to be practical. The designer of this frock did not overlook. It is the best possible finishing touch and besides encircling the



Concerning the Care of Silk Hosiery. Merchants inform their customers, with good reasons, that the price of raw silk is likely to advance. There may be no shortage of it but the demand has increased immensely. Silk has replaced much of the cotton formerly used in many things that women wear, as hosiery, undergarments and blouses, and much raw silk has been diverted to these new channels, where silk garments are in ever-increasing demand. It is said that women, will pay any price for silk and nothing tempts them to extravagance more surely than silk hosiery. But it has reached a price now that puts it almost beyond the reach of the woman of limited means and good judgment. The care of silk stockings is a matter to be concerned about and those who manufacture them and merchants who sell them recommend that women be informed as to means of prolonging their service.

It is said perspiration, dust and stain from shoe linings are the chief enemies of silk hosiery. Therefore a pair of silk hose should not be worn a second time without washing. Also they should be washed very soon after they are worn and not allowed to wait for a regular wash day to arrive. Some women wash their silk hose every time they wear them. For washing use warm water and bland soap. Dry indoors but not by artificial heat. Never place silk hose on steam radiators to dry them.

Anything that breaks a thread is fatal to silk hose, therefore they should be put on carefully so that the fine threads will not be strained. Roll down to the heel and insert the foot, then pull the stocking carefully on, avoiding undue strain when bringing it over the foot. Rings which catch and break threads will ruin any hose and

before inserting the hand in a stocking rings having sets should be removed or turned so that threads will not be caught.

Stocking supporters should never be fastened below the garter band or drawn too tightly. If very tight a bend of the knee may break threads from too much strain. They wear much longer at the toe if bought in a half size larger than cotton hose and toe nails need to be kept short. The friction of tight skirts with silk hosiery wears it quickly. Rough places in shoes, as eyelets, buckles and laces sometimes are to blame for the apparent poor wearing quality of silk hose because these catch and break threads.

In hosiery as in shoes and other things, several pairs, worn in rotation, prolong the service of each pair. Also, it is better to darn them whenever a thin place foretells a hole than to wait until they are worn through. Some women say that all silk hosiery should be washed before it is ever worn at all; whether this strengthens it or not, it cannot do any harm to try it. It is essential that warm water and bland soap be used instead of very hot water and ordinary laundry soap. There is no particularly good reason for wearing silk hosiery with high shoes, if expense must be considered, especially in the winter time. But nothing can take the place of silk stockings with low shoes and slippers.

Julia Bottinelly
Frisled Lingerie Blouse.
The frilled lingerie blouse is gaining in popularity.

Even Stockings Are Beaded.

So much in demand are beaded stockings that many shops are showing beaded silk stockings to match the beaded frocks with which they are to be worn. Of course, these silken beaded stockings are expensive.

Cuban Red a New Color.

Cuban red is coming to the fore as one of the deepest of the nasturtium shades, but more conservative for general wear than the brighter orange tones.

A Gas Iron Hint.

To prevent the hand from becoming scorched after long continued ironing, cut out a piece of thick asbestos to fit the top, and you will have no more trouble with heat.

CAP and BELLS



Doesn't Believe This.

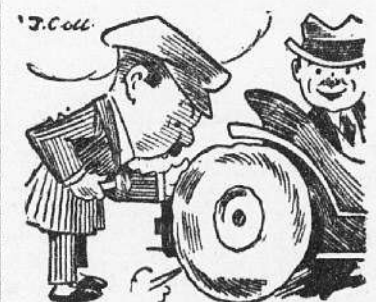
"Do you believe everything he says?"

"I used to, until he tried to tell me the other day that you couldn't lose any more money playing dollar-limit poker than you could playing 10-cent limit."

One on Hubby.

Mr. Wiseman (surveying new draperies in parlor)—My dear, you certainly have wretched taste.

His Wife—Yes, that's what everybody said when I married you.



GREAT SAVING.

"There's one thing I never cease to congratulate myself about."

"What is that?"

"You don't need tires for the steering wheel."

Quite an Art.

There's really quite an art, you know, in bringing up the young—We teach the baby first to talk And then to hold his tongue.

Same Old Tale.

He—And what did your father say when you told him that I said I couldn't live without you?

She—He said he used to tell me the same rot.

Time to Go.

He—Would you marry a man for his money?

She—I wouldn't marry you for all the money in the world.

So Young.

Percy—I heard that you said I was a goose. I hope you will deny it.

Kitty—I most assuredly will. I merely called you a gosling.

Henpecked.

Jinks—He's a bear on the exchange. Mrs. Jinks—Well, he's as meek as a lamb at home.

A New Twist to It.

Honx—As the old saying goes, "In the time of peace—"

Joax—Apply for a pension.

A Continual Struggle.

She—He died without a struggle. He—Well, he died easier than he lived.

Way to Find Out.

"Have you many close friends here?" "Can't say. I've never tried to borrow a cent."

A Mixup.

Rodge—Did Blinks get excuses confused?

Podge—Yes; told the boss that he had been detained at the office and his wife that he had been up with the baby.

A Tight Squeeze.

Irena—I just danced with that Mr. Allarms.

Harry—Well, you seem to have pulled through all right.

Irena—Yes; but it was a tight squeeze.

Happy Thought.

Dolly—When one sends a parcel by express why do they always ask the name and address of the sender.

Percy—Why-er-so they'll know where to return it in case it is lost or stolen, doncher know.

Wise Kid.

The New Superintendent (his first visit at this particular school)—Well, children, what shall I talk to you about?

Kid (on the front row)—About five minutes.

An Appropriate Name.

Farmer Kortassel—Waal, it's too bad you received the notice of my little darter's birth too late to put it in the paper. Saay, kin yer think of a good name for her?

Editor of the Binghamton Bugle—Sure; call her Ad. delayed.

Relic of the Past.

"This, I presume, is the portrait of one of your former admirers."

"Don't be foolish, hubby. That is a photograph of yourself when you had hair."

Missed His Step.

Orville Gaultie—It is my intention to marry your daughter, sir. I have considered the step I am about to take.

Old Billyums—You have, eh? Well I have an idea you're going to take about eight steps without touching them.

Drawing Distinctions.

"Who is your favorite author?" "What do you mean? The one whose pieces I like to read or the one whose picture looks cutest in the advertisement?"

BACKACHE AND HEAVY FEELING

Weak, Nervous, Restless Woman
In Arkansas Hears of Cardui,
Tries It and Is Greatly Benefited. Now Recommends
It To Others.

Peach Orchard, Ark.—Mrs. Nonie High, who lives near here, states: "Some time ago I began to have trouble with my back. I would ache and I could hardly get up when down. I was so weak I would just drag around and did not feel like doing anything at all. I was so nervous I felt I could scream, and . . . such a heavy feeling I could not rest at all. It looked like I was going to get down in bed . . .

I heard of Cardui and thought I would try it and see what it would do for my case. After taking a few bottles I grew stronger . . . The bloated, heavy feeling left me. I wasn't so nervous, in fact, felt better all over. I took twelve bottles and certainly was greatly benefited and can recommend it to any one as a tonic or builder. I often tell others how it helped and strengthened me."

Cardui is a mild vegetable tonic, with no bad after-effects. Its ingredients act in a helping, building way, on the womanly constitution.

Ask your druggist. He knows about Cardui. Some druggists have sold it for 40 years.—Adv.

Aploomb.

"I understand Mr. Grabcoinc spent \$50,000 educating Miss Maye Grabcoinc."

"Was the money wasted?"

"Not entirely. Since Miss Grabcoinc returned from an expensive finishing school she has been able to hold her own quite handsly with a traffic policeman."—Birmingham Age-Herald.

A Close Observer.

A little girl of Belvidere was in a gross exaggeration of the other whereupon her mamma said to her very severe tones:

"My dear, don't you remember happened to Ananias and Sapphira whom I told you of the other day?"

"Yes'm, but dear Lord what people dead now for telling tales!" replied the small observer of the Pittsburgh Chronicle-Telegraph.

"I understand Mr. Grabcoinc spent \$50,000 educating Miss Maye Grabcoinc."

"Was the money wasted?"

"Not entirely. Since Miss Grabcoinc returned from an expensive finishing school she has been able to hold her own quite handsly with a traffic policeman."—Birmingham Age-Herald.

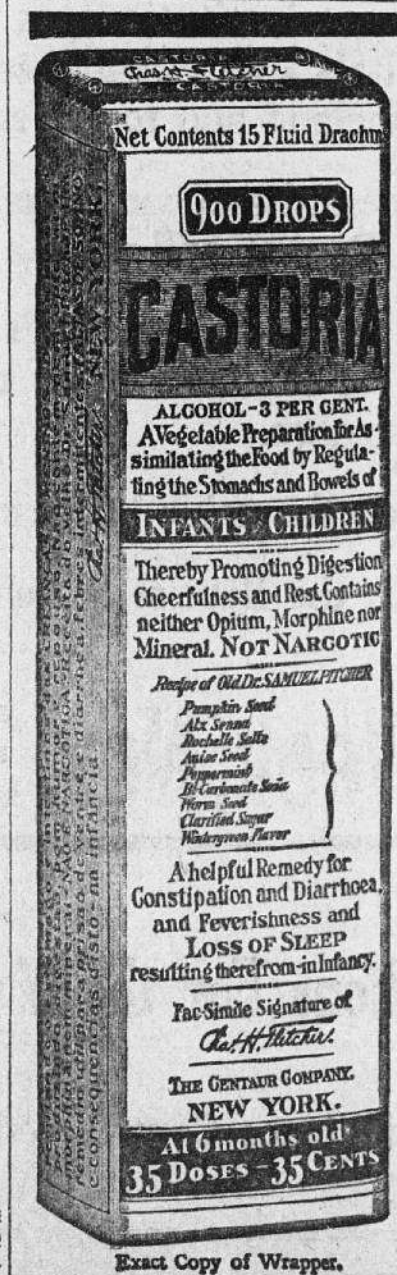
GET READY FOR "FLU"

Keep Your Liver Active, Your
System Purified and Free From
Colds by Taking Calotabs,
the Nauseless Calomel
Tablets, that are De-
lightful, Safe and
Sure.

Physicians and Druggists are advising their friends to keep their systems purified and their organs in perfect working order as a protection against the return of influenza. They know that a clogged up system and a lazy liver favor colds, influenza and serious complications.

To cut short a cold overnight and to prevent serious complications take one Calotab at bedtime with a swallow of water—that's all. No salts, no nausea, no griping, no sickening after effects. Next morning your cold has vanished, your liver is active, your system is purified and refreshed and you are feeling fine with a hearty appetite for breakfast. Eat what you please—no danger. Calotabs are sold only in original sealed packages, price thirty-five cents. Every druggist is authorized to refund your money if you are not perfectly delighted with Calotabs.—(Adv.)

The steady horse for the long pull.



WELL KNOWN TEXAS WOMAN

San Antonio, Texas—"In my married life I became very ill with back trouble, and no doctoring or anything else gave me any relief. I started to take Dr. Pierce's Favorite Prescription. I was in bed, unable to get up, and my own housework was only a dream before I was stronger and all my pains left me. I am about as well as ever."

"Favorite Prescription" is a perfect health ever since. I have been recommending Dr. Pierce's Favorite Prescription to all women suffering from back trouble."—Mrs. Anna P. Rogers, 224 Rogers St.

Houston, Texas—"For more than years I have always spoken a word for Dr. Pierce's medicines. The 'Favorite Prescription' and 'Pleasant Pellets' are my 'standbys.' 'Favorite Prescription' is the medicine I would take for weakness and run-down condition. The 'Pellets' for constipation and liver, and these medicines have failed to give me just the help I needed health that I needed. I am active, and consider them a valuable medicine of that kind I have ever known."—Mrs. M. Parish, 811 Dowling St.

Dr. Pierce's Favorite Prescription is a secret remedy, for all the ailments are printed on the wrapper. Contains no alcohol or narcotics.

Sold by druggists in liquid or tablet form. If your druggist does not keep it, 60 cents for tablets, or you can get Dr. Pierce's Invalid Hotel and Sanatorium, Buffalo, N. Y., 10 cent trial package.

A little girl of Belvidere was in a gross exaggeration of the other whereupon her mamma said to her very severe tones:

"My dear, don't you remember happened to Ananias and Sapphira whom I told you of the other day?"

"Yes'm, but dear Lord what people dead now for telling tales!" replied the small observer of the Pittsburgh Chronicle-Telegraph.

"I understand Mr. Grabcoinc spent \$50,000 educating Miss Maye Grabcoinc."

"Was the money wasted?"

"Not entirely. Since Miss Grabcoinc returned from an expensive finishing school she has been able to hold her own quite handsly with a traffic policeman."—Birmingham Age-Herald.

STRENGTHENS KIDNEYS— PURIFIES BLOOD

You can't expect weak kidneys filter the acids and poisons out of your system unless they are given a chance. Don't allow them to become weak when a little attention now will prevent it. Don't try to cheat nature. As soon as you complain of backaches, feel nervous and tired, or BUSY. These are usually warning signs that your kidneys are not working properly.

Do not delay a