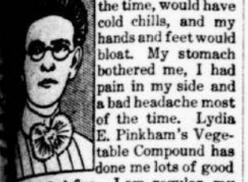


MAN IN BAD CONDITION

Restored To Health by Lydia E. Pinkham's Vegetable Compound.



...I had great trouble with my bowels, and I was very irregular and was tired and sleepy all the time, would have chills, and my hands and feet would blot. My stomach bothered me, I had pain in my side and a bad headache most of the time. Lydia E. Pinkham's Vegetable Compound has done me lots of good...

...I am regular, my bowels are better and my pains have all gone. You can use my name if you wish. I am proud of what your remedy has done for me. — MRS. MARY J. ...

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Farmers' Educational and Co-Operative Union of America

Matters of Especial Moment to the Progressive Agriculturist

The most of us find that our lot in life lacks a whole lot of being a whole lot.

When looking for work to do some people develop amazing near-sightedness.

If you cannot successfully employ your father's method in farming, make a change and try a new one.

If the average farmer could see his wife's hat as her friends see it, the milliners would do more business.

This is now a good time to regret the mistakes of last year and plan to avoid a repetition of them next year.

During a hard winter the section north of the Mason and Dixon line may be counted upon for a bumper crop of chibblains.

Raising a crop of domestic good cheer and contentment is very profitable, and keeps the entire family busy the whole year through.

There is said to be a number of easy ways of making a living, but when the real test comes mighty few of us remember just how the trick is done.

By this time you can accurately estimate the profit made by spraying your fruit trees. It was remarkable, wasn't it? Or didn't you spray your trees?

Doctors who prescribe some form of physical exercise are not popular in all quarters. Which goes to show that some people are literally too lazy to live.

It might be a good idea to take a look in at the country school these days. The teacher will be surprised, but then maybe your boy is endangering his health by over-study.

The prizes you won as a boy for being always at the head of your class would be nice to show your children and stimulate their ambition. It's too bad you didn't save them.

While enjoying your comfort during the winter, be sure and remember how grateful the mice and rabbits are at your failure to put an encircling barrier of wire screen and cornstalks about your young fruit trees.

MAKING CO-OPERATION PAY

Enterprise at Calumet, Mich., Has Paid Out \$1,141,006 in Dividends—Big Handicaps Overcome.

Some of the most discouraging handicaps that could possibly be saddled upon a co-operative enterprise have been carried by the Calumet (Mich.) undertaking from its inception, but in spite of this burden its dividends for the year 1912 were \$103,947; its sales were \$845,930; its reserve in bank was \$18,724; and it has paid out since its organization a total of \$1,141,006 in dividends to its owners, who constitute the main body of its patrons. Its paid-up capital stock is \$68,180 and it has \$105,000 insurance in force. Its actual assets today are three and one-half times its paid in capital and it has 1,814 shareholders. Measured by any standard of retail storekeeping, this is an example of success that is alluring and worth looking into.

The stockholders speak from 10 to 12 different languages and there is no great common racial or business interest to bind them except the well being of their families.

It was, however, the corporation officers of the great copper camp who gave co-operation its initial force and enabled it to buy in large quantities, forcing jobbers to take notice of the organization, but they after a time withdrew and the store is now run entirely by workmen of not very high wage-earning capacity.

What interested the mining company in the venture was that they found that increased wages were swallowed up by stores raising their prices and that the men and their families were no better fed than formerly. The same officers who helped the men co-operate on trading were those who had brought together the 10 or 12 races, so that they should not combine in strikes and this policy has been successful. Robert W. Bennett, from Northumberland, England, had already 16 years' experience in co-operation before he came to Calumet, where he found, though wages were higher, he had no more purchasing capacity, and he started the movement.

Once well set going, the general store had more to fear, as is usual, from within than without. Suspicion and internal dissensions at times threatened to wreck it, but open and above board, honest management, have made it a success.

Managing a Farm. While it is well to encourage the "Back to the Soil" movement, especially among young people, it is foolish to think that anyone can manage a farm successfully from the first. It requires careful study and patience year in and year out, but the person who has industry and common sense will succeed in the end.

Co-Operative Banks. There are 735 co-operative credit and loan banks in the Netherlands, supported by three central banks, which are again affiliated with the Netherlands bank.

Marketing Associations. The truck growers of the south are rapidly forming associations for the purpose of marketing their products. All vegetables are delivered at a central depot and are marketed by an experienced commission man, greatly to the advantage of the growers.

Co-Operation Defined. Co-operation is simply an agreement by a number of men to unite in doing or maintaining something which none of them individually would be able to do or maintain.

Making a Good Steer. To make a good steer you must have a good bull calf.

Cabbages hung up by the roots in the cellar will keep for two or three months.

Watering Hogs. It is much better to water hogs from wells and clean ponds on the farm than to use running streams, as diseases are very often contracted through the latter.

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CONSIDER RURAL CONDITIONS

Secretary of Agriculture Houston Makes Address on "The Organization of American Agriculture."

David F. Houston secretary of agriculture, delivered an address on "The Organization of American Agriculture" before the forty-seventh annual session of the National Grange of Patrons of Husbandry, at Manchester, N. H. In his introduction Secretary Houston stated that it was time that all intelligent people put their heads together to consider rural conditions, which presented not a class problem but a national problem affecting city and rural population alike. Among other things he said that some of the agricultural colleges were not doing their full duty, that the country child was handicapped in gaining an education, that the present system of tree seed distribution should be supplanted, that the farmer is not a mendicant when he asks for a consideration of the question of rural credits. He outlined the work that the department of agriculture was seeking and in bringing the information it had on all subjects to the farmer who needed it.

One thing is clear, the schemes that are multiplying which conceive the farmer to be a mendicant and a subject for unique and special legislation may be at once condemned. The American farmer does not need or desire to be classed with those foreign people who are just emerging from a condition of serfdom and tutelage. He asks no opportunity that is not afforded to every American citizen; he asks for no legislation which shall give him credit on easier terms than his brother mechanic, or his professional friend, or his merchant may secure it. But he does ask to be assisted in creating conditions and machinery which shall enable him on a similar credit foundation to secure his money at the same rates as any other class in the community. This, and this alone, it seems to me, is all that he asks and is nothing less than he deserves.

In the field of marketing, there is also danger that pressure will be brought to bear upon us to act every where before we are prepared to act intelligently anywhere. Not that assistance cannot be given here and there, and not that the department is not furnishing and will not furnish information of great practical value to individuals and communities.

It is absolutely clear that before the problems of rural credit and of marketing, the individual farmer, acting alone, is helpless. Nothing less than concerted action will suffice. Co-operation is absolutely essential. The same business sense and the same organizing genius which have placed this nation in the front rank in industry must be invoked for agriculture.

I am advocating simply an economic arrangement which will facilitate production and enable the producer to find the readiest and best market for his produce and the consumer to receive his supplies at the lowest cost. Nor am I thinking of concerted effort which shall proceed from above downward. It must associate itself with some particular product which is more or less capable of being standardized and the object must be to overcome some specific difficulty.

Types of organizations which operate successfully abroad cannot necessarily be imported into this country without modification.

There is obvious need of organization for sanitary purposes and for social development. Whether all these shall come through definite attack of private or public agencies or as by-products, makes no difference; they must come. We can no longer entertain the notion that rural life shall remain isolated, disjointed and unorganized. Its organization is a national, economic and social necessity. It is more difficult to organize a scattered rural population than a concentrated one, but the great need is to give the rural population at least approximately the primary advantages which the town enjoys. The town is organization, and because of its organization and of its consequent advantages, it has tended to attract to it the most ambitious youth of the country. The task of rural organization is difficult, but as the greatest educator of America has said: "The difficulty of a task constitutes no reason for declining it." And in this way lies the largest promise for national upbuilding and stability.

Living a Starved Life. The man who has always pinched and squeezed has lived a starved life. He has not only denied himself and his family pleasures and conveniences which frequently could have been well afforded, but he has cheated and robbed his character of proper development. He has become hard and crabbed. He has lost his capacity for enjoyment. He has arrived at a condition where satisfaction can only come when he is accumulating and hoarding money.

Benefits of Co-Operation. Co-operation has for its object the making of money on what you have to sell, and saving money on what you have to buy, but there are greater principles and far greater possibilities involved. The nearer and more perfectly the principles of co-operation are lived up to, the greater will be the benefits to the co-operators.

On Being Happy. Look for things to be glad about. Insist on being happy. It is your duty; it costs effort, but it pays. Happiness comes only through making those around you happy. Get the happiness habit without delay.

Disagreed With Science. Biologists say that it is much easier to support a weight than it is to lift it.

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"CASCARETS" FOR LIVER; BOWELS

No sick headache, biliousness, bad taste or constipation by morning.

Get a 10-cent box. Are you keeping your bowels, liver, and stomach clean, pure and fresh with Cascarets, or merely forcing a passage every few days with Salts, Cathartic Pills, Castor Oil or Purgative Waters?

Stop having a bowel wash-day. Let Cascarets thoroughly cleanse and regulate the stomach, remove the sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will make you feel great by morning. They work while you sleep—never gripe, sicken or cause any inconvenience, and cost only 10 cents a box from your store. Millions of men and women take a Cascaret now and then and never have Headache, Biliousness, Coated Tongue, Indigestion, Sour Stomach or Constipation. Adv.

WORTH SMILING AT, ANYWAY Three Good Stories That May Be of Some Help to the Man With a Grouch.

"I can't write a story," writes a correspondent, "but I have three little incidents which I thought you could fix us and use." Fix 'em up, no. Use 'em, yes. Here they are:

Fellow goes to a doctor. "Doc," he says, "I am feeling awful. I can't eat, I can't sleep, I can't—"

"Will you please gimme a quarter?" begged the kid on the street. "The old guy at Sunday school says that if we save our pennies, we'll get rich. And if you gimme a quarter, I can get it changed into pennies and save 'em."

Third story—going up. A man ordered a drink at a bar, and when the barkeep set the bottle out, he poured out an immense slug. Then he kicked. "There's a piece of cork in this glass!" says he. The bartender took a look. "That's easy got rid of," he answered. "Pour in another drop and it'll float out!"—Cleveland Plain Dealer.

STOP EATING MEAT IF KIDNEYS OR BACK HURT

Take a Glass of Salts to Clean Kidneys if Bladder Bothers You—Meat Forms Uric Acid.

Eating meat regularly eventually produces kidney trouble in some form or other, says a well-known authority, because the uric acid in meat excites the kidneys, they become overworked; get sluggish; clog up and cause all sorts of distress, particularly backache and misery in the kidney region; rheumatic twinges, severe headaches, acid stomach, constipation, torpid liver, sleeplessness, bladder and urinary irritation.

The moment your back hurts or kidneys aren't acting right, or if bladder bothers you, get about four ounces of Jad Salts from any good pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush clogged kidneys and stimulate them to normal activity; also to neutralize the acids in the urine so it no longer irritates, thus ending bladder disorders.

Jad Salts cannot injure anyone; makes a delightful effervescent lithia-water drink which millions of men and women take now and then to keep the kidneys and urinary organs clean, thus avoiding serious kidney disease.—Adv.

Penalty of Distinction. "I represent the dignity of labor," said the man in his shirt sleeves.

"Yes," replied Mr. Dustin, Stax; "and you can work in your sleeves and speak your mind, and quit work when your regular hours are through. I've got to wear a high hat and guard every word I speak, and keep busy 16 hours a day. I represent the labor of dignity."

HOW TO TREAT PIMPLES AND BLACKHEADS

For pimples and blackheads the following is a most effective and economical treatment: Gently smear the affected parts with Cuticura Ointment, on the end of the finger, but do not rub. Wash off the Cuticura Ointment in five minutes with Cuticura Soap and hot water and continue bathing for some minutes. This treatment is best on rising and retiring. At other times use Cuticura Soap freely for the toilet and bath, to assist in preventing inflammation, irritation and clogging of the pores, the common cause of pimples, blackheads, redness and roughness, yellow, oily, mothy and other unwholesome conditions of the skin.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address post-card "Cuticura, Dept. L, Boston."—Adv.

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JIM'S PROSPECTS WERE GOOD

Prophecy, However, Reflected Slightly on Integrity of Judge of Flower Show.

The village gossips were discussing prospects of prize winning at the approaching flower show. One rather fancied that Bill Smith would do well because Bill's brother-in-law was employed at the Hall gardens. Tom Brown seemed a probably winner, too, having been seen in the nursery gardening districts of Cheshire at early morning, and Joe Robinson was notoriously friendly with a certain noted grower who was not showing this year.

When all, or nearly all, had thus "spotted the winners," an ancient who had not yet spoken remarked: "You're aw wrong; none of them's got a chance. Jim Jones is 't' winner."

"Jim Jones?" "What's 'e bin doin'?" "We've heard nowt about 'im," were the derisive responses.

"But 'e'll win for aw that," declared the ancient with conviction, and made as though that was all he had to say. Not until his prophecy was flatly denied did he play his trump card: "Jim's bowt 'is plants off 't' judge."

SHE GAVE UP ALL HER WORK

On Account of Her Weakness, But Cardui, the Woman's Tonic, Brought Back Strength.

Summit, Va.—Mrs. Leonora Walker, of this place, has the following to say regarding her experience with Cardui, the woman's tonic: "Before I began to take Cardui, I suffered with womanly troubles, and, also, with what I thought was stomach trouble. I was so weak, I had to give up all my housework; and could not do any of the cooking."

I commenced taking Cardui, the woman's tonic, and after the third day I began to feel better. Have now used five bottles, and am well, and can do all of my housework and cooking by myself. In fact, I feel like a new woman."

I shall be only too glad to do anything I can, to help praise the Cardui Home Treatment, for it is so good for suffering women. I shall never be without it."

For over half a century, Cardui has been helping to build weak, nervous, tired-out women, back to strength and health. It goes to the seat of the trouble and builds up womanly strength where it is most needed.

Cardui may be the very medicine your system has long been needing. Get a bottle from your druggist today. It cannot harm you, and should surely do for you what it has done for so many thousands of others.

N.B.—Write to Ladies' Advisory Dept., Chattanooga, Tenn., for Special Instructions, and 64-page book, "Home Treatment for Women," sent in plain wrapper, on request. Adv.

Explaining Telepathy. There are numerous well authenticated cases on record in which persons, suffering a