

WHAT \$10 DID FOR THIS WOMAN

Price She Paid for Lydia Pinkham's Vegetable Compound Which Brought Good Health.

...I have only spent ten cents on your medicine and I feel so much better than I did when the doctor was treating me. I don't suffer any bearing down pains at all now and I sleep well. I cannot say enough for Lydia E. Pinkham's Vegetable Compound and Liver Pills as they have done so much for me. I am enjoying good health now and owe it all to your medicine. I take pleasure in telling my friends and neighbors about it. Mrs. MATTIE HALEY, 501 Col. Street, Danville, Va.

...I have the slightest doubt Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co., (Lynn, Mass., for address) your letter will be opened and answered by a woman in strict confidence.

Farmers' Educational and Co-Operative Union of America

Matters of Especial Moment to the Progressive Agriculturist

Agriculture is the mainspring of progress. A kicker, no matter whether he is a mule or a man, is always unpopular. A good breed in the hands of a good breeder spells live stock raising success. There is always some danger that a rebull life may be weak in the cylinder. Being satisfied with things as they are is a sure way not to make them better. When the easy days of life come first watch for a complaining, dissatisfied old age. Have you ever noticed how long the days are when you are breaking in a pair of new boots? The man worth while is the man who can smile when the biscuits taste too strongly of saleratus. Unless moral fiber is developed in the boy the farm can't save him from his own lack of backbone. A man with a grouch is like a dog who has been fighting skunks—everybody gives him a wide berth. The milk scales are guaranteed to pull the scales off the eyes of any man save the one who refuses to see. It's a wise policy to farm the acre beneath, wouldn't it also be wise to develop the extra cow inside the hide? Mellowness in an apple may be desirable; the same condition in a man frequently precedes a fine or jail sentence. There is good in most everything. Weeds in the garden are very useless but just think of the exercise we get in cleaning them out. If you and your wife want it and can afford it, buy an automobile now. When dead you are assured other means of transportation. What with all the wonderful things the science of medicine and surgery is now doing, it is possible that a cure for laziness may be discovered. One who knows enough law to know that when at law to employ an attorney usually knows enough to avoid lawsuits, unless the latter are unjustly thrust upon him. There is no village ordinance against a farmer dressing up a little when in town on a business trip. Besides, the air and light will keep the moths out of your good clothes.

OPEN A COMMUNITY BUILDING

General Meeting Place Furnished for Town and Country People—Many Conveniences Supplied.

One of the first community buildings in this country was opened by the board of trade at Washington, Washington county, Pa., on October 24. The purpose of the building is to furnish a general meeting place for town and country people and to bring them in closer touch. In the general meeting room on the first floor are meeting facilities, magazine and telephone facilities, and blank writing tables, sets of all available farmers' bulletins, the experiment station bulletins of the state, and blanks upon which application may be made for those desired by individuals. Another large room on the first floor is suitable for luncheons, illustrated lectures, and local corn shows, apple shows, demonstration meetings, etc. On the second floor are two large rest-rooms for women. Those in charge of the enterprise hope to be able to employ a woman attendant and provide her with facilities for caring for small children of visiting shoppers. The building also contains offices for the board and the agricultural bureau. Back of the building is a hitching ground, with ample space for 50 teams, with a good brick walk to the building. Country people can hitch their teams, leave their wraps, arrange appointments by telephone, etc., and then go about their duties in town.

Children Love It— Don't Deny Them

Dentists affirm its helpfulness to teeth and gums. Doctors attest its aid to appetite and digestion.

Give the kiddies all they want. Use it yourself—regularly. Keep it always on hand.

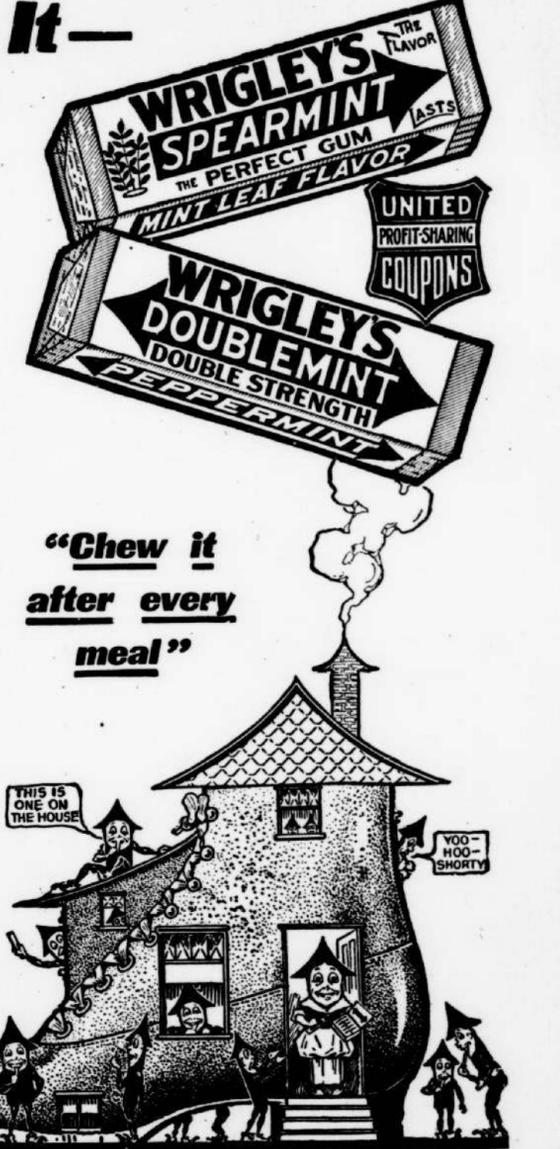
Cultivate the saving instinct with the **United Profit-Sharing Coupons** around each package, good toward high-grade merchandise.

Have you seen "Wrigley's Mother Goose"—newest jingle book—28 pages in colors?

(Here is a sample verse and illustration)

There was an old Spear-woman lived in a shoe— For her many young hopefuls she knew what to do! She made them most happy with WRIGLEY'S for all— It kept them in trim at a cost very small!

The "Wrigley Spearman" want you to see all their quaint antics in this book, free! Write for it today to **Wm. Wrigley Jr. Co., 1304 Kesner Bldg., Chicago**



Word Sheep With Aero.

...Smith arrived here today, New York, where he expects to buy an airship to round up his 75,000-acre ranch at Crazy mountains in Montana, which he has bought at Martinsdale, which inhabitants, each of whom has a automobile. He said he had used to round up his stock, but expected the airship to reduce the cost of the trip to the speed about 25 per cent.

GOOD FRIEND OF RAILROADS

Farmer Gets No Hearing in Efforts to Increase Freight Rates—Influence of the Shippers.

"Farmers in the great agricultural states of the West are undoubtedly in sympathy with the railroads in their efforts to get increased freight rates, but the farmer ordinarily gets no hearing in this connection," said F. A. Johnson of Topeka, Kan., to a Washington Post reporter. "This is shown by the action of some of the farmers' associations recently in coming out squarely on the side of railroads. There can be no question that the shippers represented by merchants, manufacturers, miners, millers and lumbermen have welded a great influence against the roads, and it was through the thorough organization of protective associations of the shippers that the railroads were prevented from advancing their rates. The farmer is more directly interested in getting his crops to market than are any other persons, and the farmers of my part of the country have been brought to understand that until the railroads are able to go ahead with extension work and keep up their equipment in proper shape, the facilities for getting their crops to market will be inadequate, and the farmers are therefore on the side of the railroads."

WASTAGE OF THE CONSUMER

Glutting of City Markets With Country Produce Does Not Materially Lower Prices.

Oversupply cuts prices, especially when the product is perishable. But the glutting of city markets with country produce does not lower the cost of living. On the contrary, the consumer pays for the necessary wastage. Co-operation among farmers and co-ordination in distribution is therefore as much to the advantage of the city dweller as to the producer. This is the moral pointed by Doctor Meeker before the American Economic association, says New York Evening Mail. The unorganized condition of the farming industry is one of the causes of the high cost of living. The agricultural departments of nation and state are busy teaching the farmer how to raise bigger crops, how to secure better yields of garden truck. This alone is teaching him how to lose more money and how to increase the cost of living in this city. When these governmental agencies teach the farmers how to market their crops we will have the apparent contradiction of higher profits for the farmer and lower cost of living for the city folk.

IF BACK HURTS CLEAN KIDNEYS WITH SALTS

Drink Lots of Water and Stop Eating Meat for a While if the Bladder Bothers You.

Meat forms uric acid which excites and overworks the kidneys in their efforts to filter it from the system. Regular eaters of meat must flush the kidneys occasionally. You must relieve them like you relieve your bowels; removing all the acids, waste and poison, else you feel a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sours, tongue is coated and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment; the channels often get irritated, obliging you to get up two or three times during the night. To neutralize these irritating acids and flush off the body's urinous waste get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine and bladder disorders disappear. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys and stop bladder irritation. Jad Salts is inexpensive; harmless and makes a delightful effervescent lithia-water drink which millions of men and women take now and then, thus avoiding serious kidney and bladder diseases.—Adv.

"CASCARETS" ACT ON LIVER, BOWELS

No sick headache, biliousness, bad taste or constipation by morning.

Get a 10-cent box. Are you keeping your bowels, liver, and stomach clean, pure and fresh with Cascarets, or merely forcing a passage every few days with Salts, Cathartic Pills, Castor Oil or Purgative Waters? Stop having a bowel wash-day. Let Cascarets thoroughly cleanse and regulate the stomach, remove the sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the constipated waste matter and poisons in the bowels. A Cascaret-to-night will make you feel great by morning. They work while you sleep—never gripe, sicken or cause any inconvenience, and cost only 10 cents a box from your store. Millions of men and women take a Cascaret now and then and never have Headache, Biliousness, Coated Tongue, Indigestion, Sour Stomach or Constipation. Adv.

IF HAIR IS TURNING GRAY, USE SAGE TEA

Don't Look Old! Try Grandmother's Recipe to Darken and Beautify Gray, Faded, Lifeless Hair.

Grandmother kept her hair beautifully darkened, glossy and abundant with a brew of Sage Tea and Sulphur. Whenever her hair fell out or took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Wyeth's Sage and Sulphur Hair Remedy," you will get a large bottle of this old-time recipe, ready to use, for about 50 cents. This simple mixture can be depended upon to restore natural color and beauty to the hair and is splendid for dandruff, dry, itchy scalp and falling hair. A well-known druggist says everybody uses Wyeth's Sage and Sulphur, because it darkens so naturally and evenly that nobody can tell it has been applied—it's so easy to use, too. You simply dampen a comb or soft brush and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another application or two, it is restored to its natural color and looks glossy, soft and abundant. Adv.

TRY THIS EASY WAY TO HEAL YOUR SKIN

If you are suffering from eczema, ringworm or similar itching, sore, slightly skin affection, bathe the sore places with resinol soap and hot water, then gently apply a little resinol ointment. You will be astonished how instantly the itching stops and healing begins. In most cases the sick skin quickly becomes clear and healthy again, at very little cost. Resinol ointment and resinol soap also clear away pimples, blackheads, and dandruff. Sold by all druggists. Adv.

INSURANCE COMPANIES

...are closely observing public health conditions.

DECREASE IN COTTON CROP

Farmers Realize They Must Reduce Acreage if They Expect to Live—European War a Blessing.

"Next year's cotton crop will not exceed 8,000,000 or 9,000,000 bales, and I doubt if the price will go higher than ten cents a pound," remarked T. G. Hudson of Americus, Ga., for eight years state commissioner of agriculture, while in Washington recently. "The decreased acreage of cotton has been brought about automatically, the farmers having realized that they must reduce their crop if they are to live. Georgia is the second largest cotton-producing state in the Union, making from 2,500,000 to 3,000,000 bales. The crop of 1915, I believe, will be decreased fully 40 per cent. To raise cotton in Georgia the farmers must use a lot of fertilizer; this year the sale of fertilizer will not be one-third of what it was last year. "The evidence of the determination of the cotton growers to curtail their crop is to be seen on every hand. For instance, the acreage of oats this year will be increased fully 100 per cent, while that of wheat will be almost as largely increased. Hogs are selling for a higher price than ever known in the state. Recently I attended a sale at which the hogs offered brought record prices, and there were more farmers bidding than I ever saw before. "It costs from eight to ten cents a pound to produce cotton, and with the price for last year's crop reaching a maximum of seven cents, it is not to be wondered at that the farmers are turning their attention to other crops. The result is that the European war, for it has been a blessing in disguise, for it has impressed upon the farmers of the South the absolute necessity of crop rotation and diversification."

Farmers' Clubs

Farmers' clubs are a good thing. In Minnesota last year 800 farmers' clubs were organized and set in motion toward an era of better co-operation and increased prosperity. Cities and towns have their commercial clubs, business men's association and booster organizations, why not farmers' clubs in rural communities?

Better Chance for Individual

Co-operation does not destroy individuality; it gives the individual a better chance. Co-operation protects the individual by strengthening the efforts he puts forth and by reducing the expense of his undertakings. Co-operation means the greatest good to the greatest number.

That's So.

"Golf is a good game, but it has its limitations." "How so?" "You never see a golfing story where the hero saves the game in the last three minutes of play."—Kansas City Journal.

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of **Dr. J. C. Fletcher** in Use For Over 30 Years. Children Cry for Fletcher's Castoria

When a Policeman Uses his Club

When a policeman uses his club he generally raps for order. If your skin is scratched by a rusty nail, apply Hanford's Balsam at once. It should prevent Wood poison. Adv. One way to become a satisfactory guest is to postpone the visit.

CUTICURA SHAVING

...shaving for sensitive skins. Trial Free.

Wasteful Feeding Practice

The usual practice among most farmers is to stuff the mangers full and let the horses eat all they want. This is a wasteful practice, for not only do they get more hay than is good for them, but they pull out and tramp under foot a great deal that is ruined for further feeding purposes. This may be a good way to keep the horses bedded, but is rather expensive.

Keep Horse Collars Clean

Keep the collars of the horses clean. Keep the neck clean, and the long hairs of the mane well brushed and free from tangles.

Make an Inventory

It never hurts a man to find out where he is weak. It helps him to get strong in that particular point. Why not take an inventory of your own good self?

Finer Insect Destroyers

Birds are fine insect destroyers. They are on the job year 'round and work for nothing.

Burn the Prunings

Never allow the prunings to stay in the orchard. Burn them.

Place for Trees

If a hill is so steep that its sides gully badly, plan to set it in forest trees of good hard woods.

Roofing that must last!

You can't tell by looking at a roll of roofing how long it will last on the roof, but when you get the guarantee of a responsible company, you know that your roofing must give satisfactory service.

The only real test of roofing quality is on the roof.

Buy materials that last

Certain-teed

Roofing

1-ply guaranteed 5 years
2-ply guaranteed 10 years
3-ply guaranteed 15 years

General Roofing Manufacturing Company
World's largest manufacturer of roofing and building papers

New York City Boston Chicago Philadelphia Atlanta Cleveland Detroit
St. Louis Cincinnati Kansas City Minneapolis San Francisco Seattle London Hamburg Sydney

FOR HALF A CENTURY

WOOD'S FEVER PILLS have stood the test as the best remedy for Chills and Fever and all Bilious and Malarial Diseases. Once tried always used. Sold by your druggist.

DR. Wm. WOOD & SONS, CAIRO, ILL.

You Look Prematurely Old

Because of those ugly, grizzly, gray hairs. Use "LA OREOLE" HAIR DRESSING. PRICE, \$1.00, retail.