

CASCARETS' FOR LIVER, BOWELS

Stomach headache, bad breath, Sour Stomach and constipation.

Get a 10-cent box now.

It tells how bad your liver, stomach and bowels; how much your head aches; how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish bowels. You always get the desired results from Cascarets.

Don't let your stomach, liver and bowels make you miserable. Take Cascarets to-night; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach, and all other distress; and remove your inside organs of all kinds of gas and constipated matter which is producing the misery.

A 10-cent box means health, happiness and a clear head for months. You will take a Cascaret now and then. All stores sell Cascarets. Don't neglect the children—their little insides need a cleansing, too. Adv.

He Should Know.

"I saw your lawn coming on this morning," said Mr. Griddings.

"The same way the onion crop is coming on," answered Mr. Lazonton.

"It is that?"

"Without any assistance from me."

THE TEA AND SULPHUR MARKS YOUR GRAY HAIR

Years Younger! Try Grandma's Recipe of Sage and Sulphur and Nobody Will Know.

Most everyone knows that Sage and Sulphur properly compounded brings back the natural color and sheen to the hair when faded, streaked, gray, and also dandruff, itching scalp and itching hair. Years ago the only way to get this mixture was to make it at home, which is very troublesome.

Nowadays we simply ask at any drug store for "Wyeth's Sage and Sulphur Hair Remedy." You will get a bottle for about 50 cents. Every one who uses this old, famous recipe, because one can possibly tell that it is grandma's, and you look years younger.

How Saves Pig in Sack.

Frank Flock, a prominent rancher in Fresno, Cal., was badly bitten by a pig. The pig was passing through a yard with a six-day-old pig in a sack on his back. The pig gave a kick and the old sow, on hearing the sound of the sack, tearing it, ran for the fence, but he was bitten on the leg.

Activities of Women.

Twenty-two states now have widows' laws.

The best dentists in Belgrade, Serbia, are now in Tallulah.

Widow will be employed as chauffeur on Toledo's jitney buses.

The town of Cassopolis, Mich., with a population of 82 widows.

Widow in New York city has been offered for the benefit of factory workers who can secure a room and board there for prices ranging from \$1.75 to \$2.75.

League for Business Opportunities

Women has been organized in New York city, the object of which is to secure equal pay with men for women employed in the business world.

Mrs. Elizabeth L. Kolb of Philadelphia has been selected by Secretary of the Navy Daniels to christen the battleship Pennsylvania, which will be launched in March at Newport, Va.

CHILDREN SHOWED IT

Their Warm Drink in the Morning.

My mother was a wreck from colds and was on the point of leaving her position in the school because of nervousness.

She called a friend about it and she drank nothing at meal time, and it is such a comfort to have something we can enjoy with the children.

She was so satisfied that she would like the children to drink any kind of drink, but she said Postum was the best. A most healthful drink for children as well as for older ones, and in the condition of both the children and adults showed that to be a good thing.

She was in despair and determined to try Postum a trial, following the directions carefully. It was a decided success and I was completely won by its delicious flavor.

In a short time I noticed a decided improvement in my condition and kept on drinking Postum month after month, and now I am healthy, and do my school work with ease and I would not return to nervousness for any money."

Postum is given by Postum Co., Battle Creek, Mich. Read "The Road to Health" in pkgs.

Postum comes in two forms: Instant Postum—must be well stirred; 15c and 25c packages. Regular Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream added, makes a delicious beverage. 30c and 50c tins.

Postum is equally delicious and healthful when served with milk and cream about the same.

Postum is sold by Postum Co., Battle Creek, Mich.

—Sold by Grocers.

Farmers' Educational and Co-Operative Union of America

Matters of Especial Moment to the Progressive Agriculturist

It is not necessary to be a hog to raise hogs.

If you live extravagantly you may end up living extra vagrantly.

A dozen interesting books will do much to keep a boy contented.

Keep an account book and find out whether you are of any account.

The pruning season for bad habits is of the same length as the year.

We know farmers who do not believe in vacations—for their wives.

The faith that removes mountains finds dynamite a most helpful partner.

Renting is paying for another man's farm and doing without things yourself.

Money invested in happiness helps put the tombstone man out of business.

Treating the crowd when you owe a bill, is stealing the other man's money.

The man who sows brome and reaps quack comes to believe in pure seed laws.

The whitest of lies should be allowed only in the "jim-crow" corners of the mind.

The "farm labor" question is mainly a matter of more farms and less grain farming.

No man can be depended upon to give his neighbors a square deal unless he is honest with himself.

Placing food for thought before those who are destitute of the means for consuming it is great waste.

A family of growing boys and girls is a great inspiration to the development of all that is best in a man.

It's a whole lot easier to guess at things than to dig for facts, but guessing is only one form of gambling.

A man may show surface indications of being "white all through" for a long time, but if he has a "yellow streak" in him it will be sure to show in time.

Free speech doesn't mean liberty to say just anything that comes into your head; just try it, if you please, and you are pretty apt to get that head punched a little.

CASH OR SHARE RENT FARMS

Question Best Answered by Local Conditions and Circumstances—Systems Summarized.

(By B. H. HIBBARD.)

"Shall I rent a farm on shares or shall I pay cash?"

This is the question which many young men, who are just striking out for themselves, are asking.

The answer is determined quite largely by circumstances and by local conditions, but there are a few general truths which apply in nearly all cases. The advantages and disadvantages of the two systems are thus summarized:

Cash rent gives to the tenant greater independence, for during the extent of his lease he is more nearly his own master—the business of running the farm largely concerning no one but himself. Rising grain prices during the recent years have also made the system more profitable to the tenant than share renting. Another advantage in paying cash for the use of a piece of land is the inducement offered to the tenant to put forth every effort to get as much out of the soil as possible and to strive for maximum production. Any increase in output means greater profit for the tenant and need not be shared with the owner, as is the case under the share system of renting.

Share renting, on the other hand, gives the tenant the benefit of having a partner who, in many cases, has had considerable business experience. This quite frequently is a valuable asset, especially for the young farmer. The owner who rents on shares pays more attention to his farm and will, as a rule, have better and furnish better buildings than the man who rents his farm for cash. From the standpoint of the renter, perhaps the greatest advantage in share renting is that for him it lessens the element of risk. In bad years he pays a small rent or none at all. In good years he may pay a relatively high rent.

About 14 per cent of Wisconsin farms are rented as compared with 41 per cent in Illinois, 38 per cent in Iowa and 21 per cent in Minnesota. This lower percentage of tenancy in Wisconsin is due partly to the cheap land in the North and to the fact that the dairy business does not lend itself well to most systems of renting. There is a growing tendency, however, for tenant and owner to buy a dairy herd together. This makes the running of the farm somewhat of a partnership affair and seems to work quite satisfactorily.

Soft Shelled Eggs.

When fowls produce deformed or soft shelled eggs they should have all stimulating food withheld from them for a time. Hard grain should take the place of soft food and some Epsom salts, about a teaspoonful, added to every pint of drinking water supplied until a cure is effected. If narrow perches are used replace them with wider ones.

Roosters for Mating.

From eight to twelve females of the American or general-purpose class and twelve to fifteen of the Mediterranean class can be mated with one male, depending on his age and vitality and where the fowls are yarded. This number can be increased where the fowls have free range.

Buying New Tool.

If you cannot see where the new tool or machine will be of value right now, delay its purchase until you need it.

Success in Dairy.

Only a few men are born dairymen. Successful ones can be made if seriousness and persistence characterize their efforts. It is a matter of experience and education.

CO-OPERATION THAT IS BAD

Demanding Cash Payment for Cream When It Is Delivered to Creamery Is Not Good Practice.

Every once in a while we find a farmers' co-operative creamery that pays for each can of cream as it is brought in and on the ground that it is necessary on account of competition. A farmer who requires cash for his cream at a co-operative creamery does not understand the principle of co-operation and is unfortunate in his demands, says a writer in Farm, Stock and Home. When butter was made on the farms and sold at the local store no cash was received for it. The storekeeper offered in trade what he estimated that he could get out of it with a fair margin for risk. It was always in trade, however, and for goods upon which a considerable margin of profit was figured. The storekeeper had to do this, as there was a risk in the business. He did not always know what the butter would bring when shipped out.

In co-operation the farmers bring their cream to the creamery where it is churned into butter and then sold at the market price. When the proceeds of the sale are remitted to the creamery, the cost of manufacture, shipping and commission is deducted and the balance is divided among the patrons in proportion to the amount of butterfat delivered by each patron. In this way there is no risk for anyone and the farmer gets just what his butter is worth on the market the day it is sold, less the cost of manufacture. This is all any just man should ask and it is only through co-operation that the farmer can get the full value of his produce above the cost of manufacture. The farmer who comes in and demands cash for his cream is asking for something a co-operative creamery has not got if it lives up to its constitution. The cream must be churned and the butter sold and remittance made to the creamery before it can be paid for. When cash is paid, the association must borrow money to do it with or it must keep back a part of the former sales as a reserve fund to pay for cream before it is churned and sold; and this is not co-operation. When cream is paid for in cash it is speculation. The market price of butter varies from day to day and no creamery manager can tell what butter will bring, not even a day in advance. A farmer who asks for cash at a co-operative creamery is asking his neighbors who are associated in the creamery to take the risk of the market. A co-operative creamery can take no risk when it pays everything to the farmers over the cost of manufacture. Companies that buy for cash take a sufficient margin to insure against market changes. They have to, and it is only just that they should, but the farmer pays for the insurance. Co-operation is for the purpose of eliminating this risk and also to eliminate unnecessary expenses between the producer and the consumer.

Cash payment for every can of cream makes extra work and expense for the creamery association. When there are many patrons it practically requires the work of a bookkeeper. The oldest and most successful creameries in the state pay but once a month; and among them are creameries that pay the highest prices that are paid for butterfat in the state. Many creameries pay the 1st and 15th of the month, and this method is all right and it is frequent enough. It enables the creamery to pay what the butter brings and any reasonable man should be satisfied with this. It is only in this way that a creamery can be truly co-operative.

Best Farmers' Organization.

Of the many successful farmers' organizations now working in various states, the plan of the County Farm Bureau of California is probably the best. The farm bureau is an organization of farmers and ranchers who combine to promote agriculture through co-operative study of farm conditions. The bureau should not be primarily a social organization, neither should it be essentially a union of farmers to lower prices of stuffs bought and to raise prices of products sold. It should be formed for the purpose of bringing together, for mutual co-operation, those farmers who want to investigate the fundamental problems involved in production on their farms.

Co-operation and Brotherhood.

The Almighty has so planned it that we cannot achieve real success in life without fellowship and brotherhood—without a willingness to work with our fellows and trust them and bear with them and help them. Otherwise, we not only cannot find the happiness and satisfaction that should be ours, but as a people we cannot even prosper greatly in matters of dollars and cents. And if trial and financial loss should now cause our farmers to develop in fuller degree this spirit of comradeship and brotherhood, then the present light affliction in cotton prices may be worth a thousand times its cost.—The Progressive Farmer.

Stanchion Must Go.

The old time, cumbersome, dangerous and uncomfortable stanchion must go. Plain cattle ties or halters are more convenient, safe and comfortable, not to mention their small cost.

Clean Milk and Good Butter.

It is impossible to produce clean milk in dirty surroundings, and equally impossible to produce good butter where the milk has been exposed to miscellaneous odors.

Benefits of Small Farm.

Only a small farm is required where the operations are confined to hogs, poultry, bees and gardening. The labor is less irksome than on a big place, the general investment smaller and the risk reduced to a minimum.

Contrary Commendation.

"My dear, I wanted to please you, so here is some very rare steak."

"Well done!"

One trouble with the oldest inhabitant is that he remembers too many incidents of his boyhood days that never happened.

But if a young man's salary is only \$6 per week he is apt to think his best girl is dearer than he can afford.

Any time some people get their feet wet they begin to have visions of a flood.—Toledo Blade.

CALOMEL SICKENS! IT SALIVATES! DON'T STAY BILIOUS, CONSTIPATED

I Guarantee "Dodson's Liver Tone" Will Give You the Best Liver and Bowel Cleansing You Ever Had—Don't Lose a Day's Work!

Calomel makes you sick; you lose a day's work. Calomel is quicksilver and it salivates; calomel injures your liver.

If you are bilious, feel lazy, sluggish and all knocked out, if your bowels are constipated and your head aches or stomach is sour, just take a spoonful of harmless Dodson's Liver Tone instead of using sickening, salivating calomel. Dodson's Liver Tone is real liver medicine. You'll know it next morning because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and your bowels regular. You will feel like working. You'll be cheerful; full of vigor and ambition.

Your druggist or dealer sells you a 50-cent bottle of Dodson's Liver Tone

under my personal guarantee that it will clean your sluggish liver better than nasty calomel; it won't make you sick and you can eat anything you want without being salivated. Your druggist guarantees that each spoonful will start your liver, clean your bowels and straighten you up by morning or you can have your money back. Children gladly take Dodson's Liver Tone because it is pleasant tasting and doesn't gripe or cramp or make them sick.

I am selling millions of bottles of Dodson's Liver Tone to people who have found that this pleasant, vegetable, liver medicine takes the place of dangerous calomel. Buy one bottle on my sound, reliable guarantee. Ask your druggist or storekeeper about me.

PROVIDES FOR DOG IN WILL

Leaves Fortune to Children of Neighbor, Providing They Care for His Puppy.

"I hereby bequeath my entire estate, consisting of money in banks and property, to the children of Mr. and Mrs. A. E. Nichols of Riddle, with the understanding that they are to care for my dog puppy as long as it lives," was the essential part of a will filed by James Rice of Riddle in the probate court at Roseburg, Ore.

Mr. Rice had lived in southern Douglas county for many years, and was a great admirer of the Nichols children. Recently he decided that they should have his property and money following his death. The puppy, of which Mr. Rice speaks in his will, had been his constant companion for several months. It is understood that Mr. Rice was moderately wealthy. He was about sixty years of age and unmarried.

DO NOT HESITATE

To Use Cuticura on Skin-Tortured Babies. Trial Free.

A hot bath with Cuticura Soap and gentle application of Cuticura Ointment at once relieve, permit rest and sleep and point to speedy healing of eczemas, rashes, itchings and irritations of infants and children even in severe cases.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Fashionable Goods Not Wanted.

That Latin Americans insist on having just the kind of article that suits their taste is illustrated by an incident in Guatemala. An old gentleman in the interior, a large ranch owner, had always been used to a certain kind of necktie, and asked a local house to buy a number of them for him. The house ordered several from an American concern, but the latter wrote back that that kind of necktie had been out of date for 20 years, and sent several of the latest design. These were refused, however, the old kind was obtained from Europe, and the American house lost what might have been an opening wedge to a good trade.

TAKE THIS MAN'S ADVICE

TRY THE GREAT KIDNEY REMEDY

It always gives me pleasure to recommend anything that is right and so I feel it my duty to herald the praises of Dr. Kilmer's Swamp-Root.

For years I was troubled with kidney disease and it was so intense that I was bedridden for days at a time. I gave up all hope and doctors for miles around gave me no help. Incidentally I tried several patent remedies and at last tried Swamp-Root. From the first it gave me relief and it was no time before I was able to be up and around and now I am perfectly well and able to work as I used to before my terrible sickness.

So now let me thank you for your wonderful discovery and take this opportunity to recommend it to all who suffer from kidney troubles.

Yours very truly,
WALTER SHIVER,
Hope, Ark.

Subscribed and sworn to before me, this 25th day of March, 1912.
A. V. WARE, Notary Public.

Letter to Dr. Kilmer & Co., Binghamton, N. Y.

Prove What Swamp-Root Will Do For You

Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper. Regular fifty-cent and one-dollar size bottles for sale at all drug stores. Adv.

Gone Too Long.

"Did you ever chase a rainbow, Tommie?" asked the teacher.

"Oh, yes, ma'am," replied the boy.

"And did you catch it?"

"Sure. I caught it from mother when I got home."

Contrary Commendation.

"My dear, I wanted to please you, so here is some very rare steak."

"Well done!"

One trouble with the oldest inhabitant is that he remembers too many incidents of his boyhood days that never happened.

But if a young man's salary is only \$6 per week he is apt to think his best girl is dearer than he can afford.

Any time some people get their feet wet they begin to have visions of a flood.—Toledo Blade.

Settling Old Scores.

Our local footer team had taken on a scratch eleven of the veterans of the village. The fifteen-year-old goalkeeper of the former was observed pacing excitedly to and fro between the goalposts.

At last, during an interval in the game, he approached his captain, who was playing center forward.

"I say, Jack, you might come into goal for a bit, and let me have your place," he said eagerly.

"Whatever for?" demanded the surprised center forward.

"Well," confessed the goalie reluctantly, "I want to get a kick or two in at father!"—Dundee (Scotland) Courier.

MOTHER! LOOK AT CHILD'S TONGUE

If cross, feverish, constipated, give "California Syrup of Figs"

A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish; stomach sour.

Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation, sour bile and fermenting waste will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleansing" is oftentimes all that is necessary. It should be the first treatment given in any sickness.

Beware of counterfeit fig syrups. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

A Philosopher.

"Week before last," said the kind lady to the paralyzed beggar, "you got a dollar from me because you were deaf and dumb. Last week I gave you a quarter because you were blind, before I realized that you were the same man. Now you ask for money because you are paralyzed."

"Yessum," said the beggar. "Them's the facts."

"Don't you think you'd do better if you chose one affliction and stuck to it?" asked the lady.

"No, ma'am," said the beggar. "They're nothin' so fatal to the full development of 'ol one's nateral powers as narrer specialization."—Judge.

Free to Our Readers

Write Marine Eye Remedy Co., Chicago, for 8-page illustrated Eye Book Free. Write all about your Eye Trouble and they will advise as to the Proper Application of the Marine Eye Remedies in Your Special Case. Your Druggist will sell you that Marine Eye Remedy, Sore Eyes, Strengthen Weak Eyes, Doesn't Smart, Soothes Eye Pain, and sells for 50c. Try It in Your Eyes and in Baby's Eyes for Sorey Eyes and Granulation. Adv.

Undimaged.

"I understand that bread is going to cost six cents a loaf."

"Well," said the man who refuses to be alarmed, "that's something to be thankful for. They could just as easily have made it seven."

Every Household Needs It.

For cuts, burns sprains and bruises, Hanford's Balsam of Myrrh should give quick relief. These may happen any day in any home and the prudent housewife will always keep a bottle on hand. Adv.

His Practice.

"Dora's young man is a lawyer."

"I suppose that is why he is so successful in staying proceedings."

Coughs and Colds cannot hold out against Dean's Mentholated Cough Drops. A single dose gives relief—5c at all Druggists.

A man doesn't know what close friends he has until he tries to borrow from them.—Deseret News.

Beautiful, clear white clothes delights the laundress who uses Red Cross Ball Blue. All grocers. Adv.

After the war many seats of government will need patching.—Toledo Blade.

To cool a burn apply Hanford's Balsam. Adv.

There is nothing more ill timed than an unreliable watch.

ONE LITTLE THING LACKING

Guest at Charitable Function Enjoyed Himself, But Had a Criticism to Make.

Two tottery derelicts had just finished a repast at Bethel mission—one of the spreads that are being laid out for the unemployed. They were filled and comfortable and disposed to reminisce their experience.

"Didje git a piece of that beef, Bill?" asked one of the other.

"Yep," said Bill.

"An' didje git some o' that soup?"

"Yep."

"An' coffee?"

"Yep."

"Couldn't o' asked for more. Couldje?"

"Well, I don't," said Bill.

"Well, what wouldje of asked for?"

"I was just a-thinkin'," said Bill, "that to make that grub set right in every way, if we'd a just had a little high ball to 'a' started it off with, there'd be nothin' a-tall now to kick about."—Louisville Times.

NO DOUBT THAT RESINOL DOES HEAL SICK SKIN

When you know physicians have prescribed resinol for 20 years in the treatment of eczema and other itching, burning, unsightly skin eruptions, and have written thousands of reports saying: "It is my regular prescription for itching." "Resinol has produced brilliant results." "The result it gave was marvelous in one of the worst cases of eczema," etc., etc., doesn't it make you feel that "this is the treatment I can rely on for MY skin-trouble?"

The moment resinol ointment touches itching skins, the itching stops and healing begins. With the aid of resinol soap, it almost always clears away every trace of eczema, ringworm, pimples, or other tormenting eruptions quickly, leaving the skin clear and healthy. Sold by all druggists.—Adv.

Wonder How Paw Knew?

Little Lemuel—Say, paw, what is a promoter?

Paw—A promoter, son, is a man who sells something he hasn't got to another man who doesn't want it.

Tact.

She—Is my bread anything like the kind your mother used to make?

He—Oh, dear, no! I can eat yours.

For any sore use Hanford's Balsam. Adv.

They are the least desirable blessings which come in disguise.

COLDS

and Catarrhal Troubles Cured by Ferru-na

A cold is acute catarrh. Ferru-na is a recognized standard remedy for catarrh.

Copy "Life of Life" Free. The Ferru-na Co., Columbus, O.



Rheumatism

Just put a few drops of Sloan's on the painful spot and the pain stops. It is really wonderful how quickly Sloan's acts. No need to rub it in—laid on lightly it penetrates to the bone and brings relief at once. Kills rheumatic pain instantly.

Mr. James E. Alexander, of North Hargrove, Me., writes: "Many strains in my back and hips brought on rheumatism in the sciatic nerve. I had it so bad one night when sitting in my chair, that I had to jump on my feet to get relief. I at once applied your Liniment to the affected part and in less than ten minutes it was perfectly easy. I think it is the best of all Liniments I have ever used."

SLOAN'S LINIMENT

Kills Pain

At all dealers, 25c.

Send four cents in stamps for a TRIAL BOTTLE

Dr. Earl S. Sloan, Inc. Dept. B. Philadelphia, Pa.

BLACK LEG

LOSSES SURELY PREVENTED by Cutler's Blacking Pills. Laxative, fresh, reliable; prepared by Western stockmen, because they protect their horses and livestock. Write for booklet and testimonials. 18-dose pkg. Blacking Pills \$1.00. 50-dose pkg. Blacking Pills 4.00. See any druggist. See Cutler's Seal. The superiority of Cutler's products is due to over 13 years of specializing in western and warm climates. Sold in all countries. The Cutler Laboratory, Berkeley, Cal., or Chicago, Ill.

W. N. U., LITTLE ROCK, NO. 12-1915.

A Message To Women

Those of Middle Age Especially.

When you have found no remedy for the horrors that oppress you during change of life, when through the long hours of the day it seems as though your back would break, when your head aches constantly, you are nervous, depressed and suffer from those dreadful bearing down pains, don't forget that Lydia E. Pinkham's Vegetable Compound is the safest and surest remedy, and has carried hundreds of women safely through this critical period.

Read what these three women say:

From Mrs. Hornung, Buffalo, N. Y.

BUFFALO, N. Y.—"I am writing to let you know how much your medicine has done for me. I failed terribly during the last winter and summer and every one remarked about my appearance. I suffered from a female trouble and always had pains in my back, no appetite and at times was very weak.

"I was visiting at a friend's house one day and she thought I needed Lydia E. Pinkham's Vegetable Compound. I took it and have gained eight pounds, have a good appetite and am feeling better every day. Everybody is asking me what I am doing and I recommend Lydia E. Pinkham's Vegetable Compound. You may publish this letter if you wish and I hope others who have the same complaint will see it and get health from your medicine as I did."—Mrs. A. HORNUNG, 91 Stanton St., Buffalo, N. Y.

Made Me Well and Strong.

MACEDON, N. Y.—"I was all run down and very thin in flesh, nervous, no appetite, could not sleep and was weak, and felt badly all the time. The doctors said I had poor blood and what I had was turning to water. I took different medicines which did not help me, but Lydia E. Pinkham's Vegetable Compound made me well and strong, and I am recommending it to my friends."—Mrs. FRED CHACE, R. No. 2, Macedon, N. Y.

The Change of Life.

BELTSVILLE, Md.—"By the use of Lydia E. Pinkham's Vegetable Compound I have successfully passed through a most trying time, the Change of Life. I suffered with a weakness, and had to stay in bed three days at a time. Lydia E. Pinkham's Vegetable Compound restored me to perfect health, and I am praising it for the benefit of other women who suffer as I did."—Mrs. W. S. DUVALL, Route No. 1, Beltsville, Md.

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No one sick with woman's ailments does justice to herself if she does not try this famous medicine made from roots and herbs, it has restored so many suffering women to health.

Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.



Catarrhal Fever

3 to 6 doses often cure. One 10-cent bottle SPOHN'S guaranteed to cure a case. Safe for any mare, horse or colt. Dozen bottles \$5. Get it of druggists, harness dealers or direct from manufacturers, express paid.

SPOHN'S is the best preventive of all forms of distemper.

SPOHN MEDICAL CO., Chemists and Bacteriologists, Godtha, Ind., U. S. A.

FOR HALF A CENTURY

WOOD'S FEVER PILLS have stood the test as the best remedy for Chills and Fever and all Bilious and Malarial Diseases. Once tried always used. Sold by your druggist.

DR. WM. WOOD & SONS, CAIRO, ILL.



You Look Prematurely Old

Because of those ugly, grizzly, gray hairs. Use "LA OROLE" HAIR DRESSING. PRICE, \$1.00, retail.