

### AS YOUNG AS YOUR KIDNEYS

The secret of youth is ELIMINATION OF POISONS from your body. This does, you can live to be a hundred and enjoy the good things of life with as much "pop" as you did when in the springtime of youth. Keep your body in good condition, that's the secret. Watch the kidneys. They filter and purify the blood, all of which blood passes through them once every three minutes. Keep them clean and in proper working condition and you have nothing to fear. Drive the poisonous wastes and deadly uric acid accumulations from your system. Take GOLD MEDAL Haarlem Oil Capsules and you will always be in good condition. You will feel strong and vigorous, with steady nerves and elastic muscles. GOLD MEDAL Haarlem Oil Capsules are imported direct from the laboratories at Haarlem, Holland. They are a reliable remedy which has been used by the sturdy Dutch for over 200 years, and has helped them to develop into one of the strongest and healthiest races of the world. Get them from your druggist. Do not take a substitute. In sealed packages—three sizes.—Adv.

Couldn't See It. Fortune Teller (reading cards)—"You have money coming to you, but no sickness whatever." Client—"That's singular! I'm the new doctor across the way."—Boston Transcript.

Cuticura Soothes Baby Rashes. That itchy and burn with hot baths of Cuticura Soap followed by gentle anointments of Cuticura Ointment. Nothing better, purer, sweeter, especially if a little of the fragrant Cuticura Talcum is dusted on at the finish. 2c each everywhere.—Adv.

Sympathy. "What is that song-and-dance team supposed to be doing?" "I believe they call their sketch 'A Night in Venice.'" "Thanks. These poor Venetians must have some awful nights."—Birmingham Age-Herald.

Important to Mothers. Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Wm. C. Little*. In Use for Over 30 Years. Children Cry for Fletcher's Castoria. The expected may happen unexpectedly.

**A Young Girl** well groomed is an attractive sight.

**Red Cross Ball Blue** if used in the laundry will give that clean, dainty appearance that everyone admires. All good grocers sell it; 5 cents a package.



### BELCHING Caused by Acid-Stomach

Let EATONIC, the wonderful modern stomach remedy, give you quick relief from disgusting belching, food-repeating, indigestion, bloated, gassy stomach, dyspepsia, heartburn and other stomach troubles. They are all caused by Acid-Stomach from which about nine people out of ten suffer in one way or another. One writes as follows: "Before I used EATONIC, I could not eat a bite without belching it right up, sour and bitter. I have not had a bit of trouble since the first tablet."

Millions are victims of Acid-Stomach without knowing it. They are weak and ailing, have poor digestion, bodies improperly nourished although they may eat heartily. Grave disorders are likely to follow if an acid-stomach is neglected. Cirrhosis of the liver, intestinal congestion, gastritis, catarrh of the stomach—these are only a few of the many ailments often caused by Acid-Stomach.

A sufferer from Catarrh of the Stomach of 11 years' standing writes: "I had catarrh of the stomach for 11 long years and I never found anything to do me any good—just temporary relief—until I used EATONIC. It is a wonderful remedy and I do not want to be without it."

If you are not feeling quite right—lack energy and enthusiasm and don't know just where to locate the trouble—try EATONIC and see how much better you will feel in every way.

At all drug stores—a big box for 50c and your money back if you are not satisfied.

### EATONIC (FOR YOUR ACID-STOMACH)

**Rich-Tone Is a Friend of the Weak**

"It Has Made Me Strong and Well Again."—Says J. R. Martinez.

He writes: "Rich-Tone is a wonderful remedy for people who are weak and lacking in vigor, and all those who desire to gain strength and energy should take this truly famous tonic. It has given me perfect health and cured me of ailments from which I had long suffered."

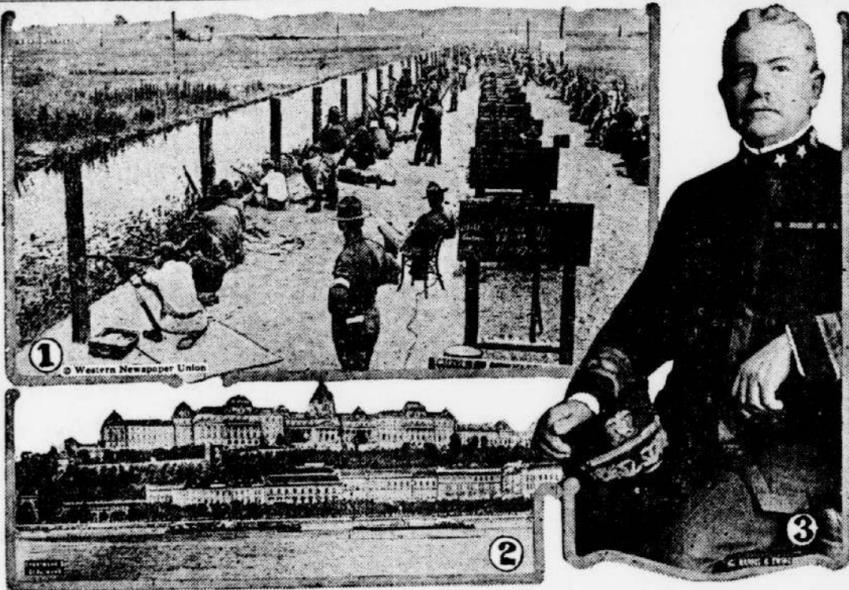
**Take RICH-TONE and gain new energy**

RICH-TONE makes more red corpuscles, enriches and purifies the blood. It contains all of the elements that are needed most in maintaining strength and vigor. Rich-Tone restores the tired nerves, restores appetite, induces healthful sleep—it gives you all those things which mean energy and well-being. Get a bottle today—only \$1.00 at all drug stores.

A. B. Richards Medicine Co., Sherman, Texas

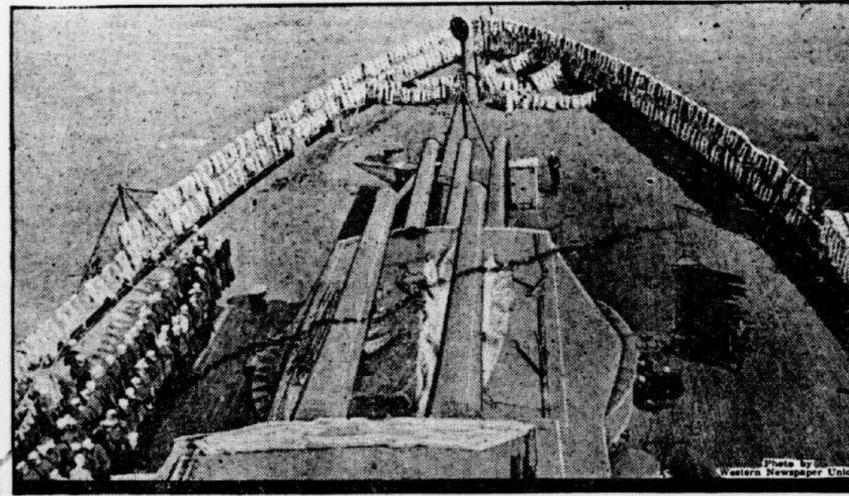
**Clear Your Skin While You Sleep with Cuticura**

All druggists. Soap 25c, Ointment 25c, Talcum 25c. Sample each free of "Cuticura, Dept. E. Boston."



1—General view of the range at Caldwell, N. J., scene of the national rifle matches. 2—Royal palace at Budapest, which was seized by the Roumanian troops. 3—Rear Admiral Thomas Washington, the new chief of the bureau of navigation.

### "AIRING DAY" ON THE U. S. S. OKLAHOMA



At first glance this might seem to represent a camouflaged warship entering the "danger zone" during war times, but it is really a photograph, snapped from the fighting top of the U. S. S. Oklahoma, showing the "gobs" lined up for "bedding drill," while adorning the rail can be seen the bedding of the sailors exposed to the fresh air.

### PHILIPPINE SCOUTS' RIFLE TEAM



This is the team of picked marksmen from the Philippine Scouts brought from the islands to take part in the national rifle matches at Caldwell, N. J.

### OLDEST MARINE IN SERVICE



Sergt. M. J. Ober has re-enlisted in the United States marine corps for the eighth time—signifying over 31 years of active service, a record which entitles him to the distinction of being the oldest marine in the service. He has been on duty in every port in the world, and was for a time stationed in the Philippines and China. Sergeant Ober is now stationed in Washington in the office of Secretary of Navy Daniels.

### False Kicks.

Postmaster General Burleson said at a Washington reception: "Some of the complaints and attacks that the post office hears reminds me irresistibly of the chap who went trout fishing. "This chap returned empty-handed from his trip, and his wife said to him in some surprise: "Didn't you catch any trout at all, George?" "Oh, yes," said he. "I caught 25 fine, large trout, but they were stolen from me on the train." "Well, never mind, George," said his wife. "You've brought home a brand new fish story, anyhow."

### Strategy.

Subeditor—Nothing doing in the news line today. Editor—All right. Put a pair of trousers on the office cat, photograph him, and we'll run a special on the oldest living man in the town.

### Most Famous Chinese Dish.

What has been considered by Oriental epicures as the delectable dish in China, the birds' nest, is the product of the sea swallow, which constructs its nest of a gelatinous substance taken from sea moss. The Chinese method of preparing the nests for the table is to soak them and boil them in milk until they are very tender. Then they are placed in clear soup and are ready for use. On his trip to China, General Grant was much feted, and one of the dishes set before him was the birds' nest.

## ORCHARD TOPICS

### SORTING HOPPER IS USEFUL

Machine Saves Much Tedious Work and Sorts Berries and Vegetables Satisfactorily.

Berries and small vegetables bring highest market prices when sorted according to quality and size. Ordinarily this is done by hand. A sorting hopper of the design illustrated saves



### Work That Would Keep Several Persons Busy for Hours is Accomplished in a Few Minutes by the Machine.

much tedious work and sorts the product satisfactorily. The frame is built the same as an ordinary screen, the back and sides being 8-inch boards. It should be about 3 feet wide at the large end, and tapered to 15 inches. This forms a frame somewhat the shape of a crude rowboat. The joggle can should be made of hardwood, while the slatted bottom may be of any material available. The distance between the slats is determined by the product to be sifted. Turning the crank rapidly vibrates the slatted section up and down, separating the large and small fruits and running them into different barrels.—L. B. Robbins, Harwich, Massachusetts, in Popular Mechanics Magazine.

### GROWING ORCHARD ON FARMS

To Insure Continuous Supply of Fruit New Trees Should Be Planted Every Few Years.

By C. W. RAPP, Department of Horticulture, Oklahoma A. and M. College, Stillwater.)

A growing orchard should be found on every farm. Though most farms have an orchard of some kind, the trees, unless young, are constantly dying. An orchard is made like an army in time of war. Each tree is a fighter. The battle of the orchard is against nature—dry weather, disease, insects, high winds, and old age. These combined factors are battling against the orchard and there are losses.

The life of the average Oklahoma orchard is not long, and unless the dying trees are replaced the necessary fruit must be purchased. Many dead and dying orchards may now be seen throughout the state. In order to guard against such a condition, a few new trees should be started every few years. This insures a continuous supply of fruit and some healthy, growing trees. There should be no blank files in the home orchard.

### BERRIES READY FOR MARKET

Raspberries and Blackberries Mold Very Quickly Unless Given Good Ventilation.

If the air is close and humid and you do not expect to start for market until the next morning, it is better not to crate the raspberries and blackberries until you are ready to start. Both fruits mold very quickly unless there is good ventilation.

### HORTICULTURAL NOTES

Duchess pear is one of the strongest growing dwarfs.

It is a poor farm that cannot afford a strawberry patch.

Do not send out your apples or pears in a shoddy barrel or box. You lose money every time you do it.

It is well worth while to go to considerable pains to set fruit trees in straight lines in all directions.

Gooseberries do not require severe pruning but are benefited by removing the old broken or diseased canes.

One great mistake in the management of dwarf pear trees is in not heading back the top branches.

In removing a large branch as much care as possible should be exercised to remove it with as little injury to the tree as possible.

Neglect of the orchard is never all harvested the first year. Its results go on for a number of years, and always to the diminishing of the pocketbook's contents.

Never use manure in contact with the roots of vines or trees. A good fertilizer on top of the ground will do good.

No use to plant bush-fruit in poor ground. It should be plowed deeply, thoroughly worked up with good stable manure before bushes are set out.

Every fruit grower should have a business office, if it is no more than part of a desk. Here should be kept all records, accounts, orders and reference books.

## Calomel Today! Sick Tomorrow!

### I Guarantee Dodson's Liver Tone

Don't take nasty, dangerous calomel when bilious, constipated, headachy. Listen to me!

Calomel makes you sick; you lose a day's work. Calomel is quicksilver and it sllvates; calomel injures your liver.

If you are bilious, feel lazy, sluggish and all knocked out, if your bowels are constipated and your head aches or stomach is sour, just take a spoonful of harmless Dodson's Liver Tone instead of using sickening, salivating calomel. Dodson's Liver Tone is real liver medicine. You'll know it next morning because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and bowels regular. You will feel like working. You'll be cheerful; full of vigor and ambition.

Your druggist or dealer sells you a bottle of Dodson's Liver Tone for a

few cents under my personal guarantee that it will clean your system better than nasty calomel; won't make you sick and you can eat anything you want without being bothered. Your druggist guarantees each spoonful will start your bowels clean your bowels and straighten you up by morning or you get your money back. Children gladly take Dodson's Liver Tone because it is pleasant and doesn't gripe or cramp or make them sick.

I am selling millions of bottles of Dodson's Liver Tone to people who have found that this pleasant, reliable liver medicine takes the place of dangerous calomel. Buy one bottle, my sound, reliable guarantee, your druggist about me.—Adv.

Lots Better. Smiley—I hope you won't mind if I bring a couple of friends home to dinner tonight, my dear?

Mrs. Smiley—Oh, no; that is better than being brought home by a couple of friends after dinner.

Slam at the Gentle Sex. "If dar was any sho'nuff beauty mermaids," said Uncle Eben, "a human ladies would git jealous o' drow'n deirse's tryin' to imitate 'em."

FOR SUMMER COLDS. Nothing gives quicker relief than Vacher-Balm. It is harmless, and also relieves Nervous Headache quickly, and superficial inflammation in a short time. Try it for Mumps, Hay Fever, or pain. If you cannot buy it locally, for a Free Sample, and Agent's name or send 50c stamps for 2 25c tubes. Avoid imitations. E. W. VACHER, Inc., New Orleans, La.—Adv.

Fifty-Fifty. First Yegg—Money is plentiful. Second Yegg—So is cop; so use the use?

**Libby's Veal Loaf**

Choice bits of veal, creamery butter and fresh eggs combine with other tempting ingredients to give Libby's Veal Loaf its delicate, appetizing flavor. Order a package from your grocer today.

Libby, McNeill & Libby, Chicago

**MARRIED IN BATHING SUITS**

Ceremony Certainly Saved Bride and Groom Considerable Expense in Wedding Finery.

The funniest wedding I ever saw was when camping last summer, writes a correspondent of the Chicago Tribune. A girl friend and her father were there and she met a young man whom she grew fond of in a short time. One night he asked her father for her hand, but father objected because of the short acquaintance. The next morning the couple met and planned to elope, but somehow father "got wise," so this was spoiled. When swimming that afternoon, they met again and the girl happened to mention that her father had gone to the village and would not return until evening. The boy said: "This is our time." A minister was on the shore and they went to him and asked to be married at once. The ceremony was performed on the beach, the couple attired in their bathing suits.

**Exit Dish towels.** No more sticky plates and no dishes dried on dish towels. These are two of the things which the Y. M. C. A. training school for home assistants is standing in demand for home assistants of new domestic service plan which come into the central branch element bureau. Within the last months 500 calls for home assistants have come in, and 170 have been fully filled.

"These should never be a plate after the home assistant has finished the course," Miss Gray White, placement secretary, says. "Girls are taught how to make the soda preparation for cleaning the box, the kitchen closets, etc., and to clean a sink and a kitchen so that it shines."

"Dishes are never dried with a towel, but always scalded and laid to dry without a streak."

**You Know Who He Means?** Bachelor (chirpily)—"Well, all how's everything?" Benedict (ily)—"Oh, she's all right."

We don't care how wise a man his wife can prove in five minutes; he's a six-cylinder kid.

**Jap Merchants in Philippines.** Of the approximately 10,000 Japs in the Philippines, 2,000 are to be merchants.

**GRAPE-NUTS**

is a notorious knocker of ill-health! TRY IT. It contains the vital mineral elements and all the nutriment of wheat and barley.