

OUR FEATURE SECTION

Department Devoted to Attractive Magazine Material

MOTHER'S COOK BOOK by Nellie Maxwell

Last Night's Dreams - What They Mean

How sweet the quiet when the day is done—
The hush that follows after wind and sun.
How calm the slumber after weary toil—
The gift to those who brave life's long turmoil.

How cool the balm of healing after pain,
The dew to flowers thirsting for rain.
How rich with meanings never found before
The peace that lingers after grief is o'er.

How glad the deep contentment that appears
In hearts which are the comrades of the years.
—Arthur Wallace Peach.

Mix the dry ingredients, add the remainder and cook until smooth and thick.

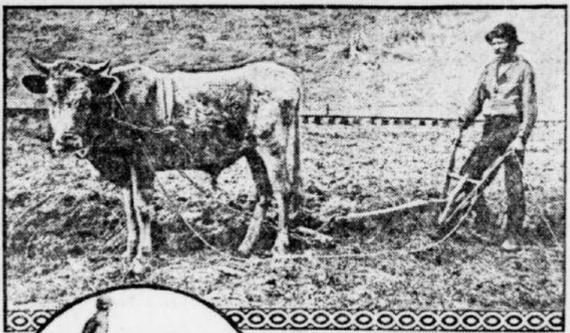
Fruit Salad Dressing.
When serving a fresh fruit salad of any combination honey may be used with the fruit juices for a dressing, making a most tasty sauce.

Orange Ambrosia.
Slice very thin, nicely peeled oranges. Arrange in individual dishes, pour over honey and sprinkle with coconut.
(© 1921, Western Newspaper Union.)

DID YOU DREAM OF FRIENDS?

TO SEE friends in a dream is a good sign on the whole. If you simply dream of seeing an absent friend it means, according to the mystic authorities on such subjects, that there is pleasure ahead for you; probably you will receive good news soon. For people in love it foretells marriage, and to dream of absent friends is a sign of their speedy return, or that you will take a trip to the absent ones; at any rate that you will soon see them again. As to the proper manner of comporting yourself when you meet friends in a dream the authorities differ. But the consensus of opinion seems to be that you should not laugh and disport yourself with them, as hilarious behavior with friends in Dreamland is apt to take the edge off the good fortune which seeing them would otherwise bring you, may even subject you to some slight, temporary troubles. Shocking as it may appear though, it is considered by the seers to be lucky to see yourself taking a drink with them. That is, it has been considered heretofore, but probably future oracles will cut this sign out. At any rate be careful and don't take but "just one," for otherwise you might become sportive and hilarious with your dream friends and nullify your good luck.
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SEVERAL ESSENTIAL FACTORS OF MUCH WEIGHT IN FARM BUSINESS



Inefficiency and Efficiency—Extreme Types but True Ones.

These same farmers could make more money with higher yields. Profits increase at least until yields are obtained considerably above the average for the region, but beyond this limit very high yields are liable to be obtained at the expense of farm profits.

Quality of Live Stock Important.

On farms where live stock is an important enterprise, the quality of the stock is very important. On a majority of farms, except in the South and certain of the Western states, more of the crops are fed to live stock than are sold direct. On many farms the animals are the market for the crops, hence the production of these is a most important factor in farm profits. The best of corn and hay crops will count for little when fed to animals that make returns below the market prices for these crops. On the other hand, good live stock on the individual farms may not be profitable if not fed and cared for economically.

The Essential Factors.

There are a number of factors which materially affect success in the organization and management of farms. Some are of greater importance than others, some may be disregarded without serious consequences; but as a rule the profits derived from farming depend very largely upon the extent to which certain essential features of organization and management have been adopted and adhered to, say farm management specialists of the United States Department of Agriculture. Assuming a type of farming adapted to soil, climatic, and labor conditions, and especially to local conditions with respect to markets and market facilities, success is generally dependent upon four important factors: Size of business, yield of crops, returns from live stock, and efficiency of labor.

Many other factors have their influence and must not be overlooked on a given farm. For instance, the wise expenditure of capital is very important. Again, in obtaining a good return from live stock the efficiency in feeding is very important. Farm management studies show, however, that the farmer whose business is efficient in the four factors outlined is usually successful. The farms that excel in none of these respects usually fail. Those deficient in one or two may succeed, but their chances of success are greatly lessened.

In comparing farms with respect to volume of business some of the more important factors to be considered are size of farm, acres in crops, the amount of live stock carried, the amount of capital invested, and amount of labor required in operating the farm. On farms where one enterprise predominates, such as a specialized cotton, fruit, or dairy farm, the best measure of size of business may be the acres in cotton, acres in fruit, or number of cows. The amount of labor required in operating the farm may be used to good advantage in comparing farms of different types. Twenty acres of truck crops may, under suitable conditions, equal 200 acres of grain, hay and general live stock, both as to labor required and income received.

Crop yields greatly influence farm profits. Some farmers make fair profits with low yields because some other phase of the farm business is sufficiently developed to offset the poor yields, but it is doubtless true that

ROAD BUILDING

MOTORTRUCKS AND HIGHWAYS

Farmer Enabled to Secure Better Prices by Delivering Products Direct to Market.

There is a worthy movement on foot for better roads. Every business man, every home provider and every motorist should support it. Good roads benefit all classes of people in their everyday life.

This vast country has grown so enormously and so fast that its railroads cannot deliver the goods nor carry the people as the prosperity of the country and present demands require.

With good roads the farmer can deliver all his products direct to towns within a radius of fifty or more miles and though making more profit himself, he is reducing the high cost of living.

The merchant is able to take advantage of new sources of supply, to buy his stock under favorable conditions, and give it on sale to his customers in less time than he could have secured delivery by the slower and costlier railway express and freight service. With motortrucks he can then re-deliver to his customers and give better service over a larger territory. Automobile delivery will increase his business, lessen his costs and increase his profits.

Millions of dollars are lost every year through perishable goods spoiling on the railroads, because of freight delays and complications. Inter-city motortruck express over distances of 100 or more miles has already become a profitable business where good roads exist. Single large firms have actually saved over \$100,000 yearly by using motortrucks and they will undoubtedly contribute largely to organized improvement of roads.

Good roads are a paying investment. Local authorities in cities, towns and counties should act without delay to meet the growing national and local demands before trade goes in other

Back Giving O...

Is backache making you...
Do you feel all worn out...
just can't keep going?...
Ladies are apt to blame...
or overwork, has probably...
the kidneys and caused...
ache and annoying kidney...
ties. Don't ignore these warnin...
Doan's Kidney Pills. Doan's...
helped thousands. They should...
you. Ask your neighbor...

An Arkansas Case
Mrs. B. L. Brodie,
44 W. 4th St.,
Blytheville, Ark.,
says: "I used
Doan's Kidney
Pills and found
them to be fine. I
caught a cold and
it settled in my
back. When I
moved, sharp pains
shot across my
back and they were
like knife-thrusts.
My kidneys acted
irregularly. A
friend told me about Doan's
Pills and I used them. One box
cured me."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

To abort a cold and prevent complications take



Calotab

The purified and refined calomel tablets that are nausealess, safe and sure. Medicinal virtues retained and improved. Sold only in sealed packages. Price 35c.

Be Sure Baby is Healthy at Teething Time

Keep digestion natural, the bowels open, give sufficient food.

MRS. WINSLOW'S SYRUP

The Infants' and Children's Regulator

Then the milk teeth never cause trouble for you, or discomfort for baby. Mrs. Winslow's Syrup brings most remarkable relief in good health and comfort to the baby. It's pleasant to give and pleasant to take.

Harmless, purely vegetable, infants' and children's regulator, formula on every label. Guaranteed non-narcotic, non-alcoholic.

At All Druggists



No More Miserable After Eating

Just Takes An Eat...

"The first dose of Etonic did wonders. I take it at meals and no longer bothered with indigestion writes Mrs. Ellen Harris.

Thousands of people, like this lady, gratefully testify about Etonic which does its wonders by taking acid carrying out the excess acid gases which bring on indigestion, heartburn, bloating, belching and repeating. Acid stomach also about seventy other non-organic ailments. Protect yourself. A bottle of Etonic costs but a trifle with druggist's guarantee.

WATCH THE BIG

Stomach-Kidneys-Heart-Liver

Keep the vital organs healthy regularly taking the world's standard remedy for kidney, bladder and uric acid troubles.

GOLD MEDAL HARLEM OIL CAPSULES

The National Remedy of Holland centuries and endorsed by Queen Wilmina. At all druggists, over the counter. Look for the name Gold Medal on every bottle and accept no imitations.

Skin Tortured Babies Sle Mothers Rest After Cuticura

Soap 25c, Ointment 25 and 50c, Talcum

Catarrhs Colds.

Any druggist pays the cost of a bottle by refunding your money if you fail to relieve your cold promptly giving the child a dose of

Children's Cough

may be checked and more serious conditions of the throat often will be avoided promptly giving the child a dose of

PISO'S

W. N. U. LITTLE ROCK, NO. 1

HONEY DAINTIES.

Honey Ice Cream.
Take a pint each of milk and cream, the yolks of six eggs and a cupful of strained honey. Heat the milk in a double boiler and cook until it thickens with the honey and eggs beaten together. Then add the cream and a little flavoring. When the mixture is cool freeze as usual.

Baked Honey Custard.

Take five eggs, half a cupful of honey, four cupfuls of scalded milk, one-fourth of a teaspoonful of cinnamon, the same of salt. Beat the eggs just enough to unite the whites and yolks, add the other ingredients and bake in cups. Set the cups in a dish of water.

For a boiled custard take two cupfuls of milk, the yolks of three eggs, half a cupful of honey and a pinch of salt. Scald the milk and pour it over the other ingredients. Cook in a double boiler until thick.

Honey Pudding.

Use half a cupful of honey, six ounces of bread crumbs, half a cupful of milk, the rind of half a lemon, two eggs, two tablespoonfuls of butter and half a teaspoonful of ginger. Mix the honey, bread crumbs, and add the milk seasonings and yolks of the eggs. Beat thoroughly, add the butter and whites of the eggs beaten stiff. Steam for two hours in a pudding mold or pan.

Farina Spoon Bread.

Take two cupfuls of cooked farina; add two well-beaten egg yolks and one cupful of milk, one cupful of white cornmeal, two teaspoonfuls of baking powder, one-half teaspoonful of salt. Mix well and fold in the stiffly beaten white. Pour into a well-buttered baking dish and bake 40 minutes. Serve from the baking dish.

Grilled Egg Plant.

Cut the egg plants in halves lengthwise, then in slices one-half inch thick. Remove the peeling, brush with oil or butter, then roll in buttered crumbs seasoned with salt and paprika. Broil over a hot fire or under gas for eight minutes, turning often. Serve on a hot dish, sprinkle with seasoning and dot with bits of butter.

Salad Dressing.

Take one teaspoonful each of salt and mustard, two tablespoonfuls of thick sweet cream, one tablespoonful of butter, three tablespoonfuls of honey, one-third of a cupful of mild vinegar and two well-beaten egg yolks.

THE WOODS

BY DOUGLAS MALLOCH

THE SWAMPER.

I AM the under dog.
I am the low-down cuss,
I am the standin' joke,
I am the easy meat.
Fellah that skids the log,
Gits all the fame an' fuss—
What of the man who broke
Roads for the hosses' feet?

Sing of the arm that's strong,
Sing of the saw that shines,
Sing of the chopper's might,
Sing of the boss's brain;
Who ever sung your song,
Swampers among the pines,
Fellahs who led the fight
Out in the snow an' rain?

We are the pioneers,
We are the great advance,
We are the men who break
Roads with our horny hands.
Ours not the shouts an' cheers,
Ours not the singers' chants—
Ours but a path to make
Straight through the forest lands.

They who shall come shall reap
Glory that we have won,
They who shall come shall claim
Praise an' the world's hooray.
Ours but a trust to keep,
Ours but a road to run;
Others shall walk to fame
After we lead the way.

So it shall often be,
So it shall be in life,
So it shall often seem,
Seem in the things men do—
Sung in no history.

Heard in no tale of strife,
Oft shall the dreamer dream,
Fergot when his dream comes true.
(Copyright.)

MILITANT MARY

When I left school I'd lots of pep and gilt-edged gay IDEALS. But since I've earned my salt, my dreams KNOW HOW A PANCAKE FEELS!
E. Fitzhugh

SCHOOL DAYS



THE ROMANCE OF WORDS

"WHIST."

MANY persons, in seeking the derivation of the name of the popular card game, have come to the conclusion that it originated in any one of the popular ejaculations calling for silence or attention—the Latin "s," the German "hst," or the Scotch "whist." This explanation sounds logical, but there are others who as stoutly maintain that the name was derived from the fact that trumps "sweep" or "whisk" the board, a contention which is supported by a study of at least three of the languages which enter into the ground-work of English.

Thus, in German, we find "wisch," meaning a "mop." In Danish, the equivalent of the verb "to wipe" is "viske" and in Scotch it is "wiska"—all of which bear a striking resemblance to the English "whist." Another form of the same word may be found in the term "whisk-broom," meaning a broom which whisks or fecks or wipes particles of dust from clothing and the like.

"Whist," therefore, instead of signifying silence or attention, takes its name from the use of the trump-suit and naturally dates back to the days when the "no trumps" declaration was unknown.
(Copyright.)



HIS PARENTAL DUTY

"I suppose, my dear, I'll have to perform the parental duty and take Willie to the circus."
"But I don't want him to go this year."
"Then I'll have to go with Smith."

THE GIRL ON THE JOB

How to Succeed—How to Get Ahead—How to Make Good

By JESSIE ROBERTS

TABULATING YOURSELF

MANY firms and big businesses have a way of tabulating people who come to them for employment, so that they have a notion of the physical and mental characteristics of the applicants before accepting them.

It is rather a good idea to do some of this tabulating yourself. Often you can get a better hint from this than you will get from doctor or teacher. And if you work to bring yourself closer to par, where you find you are below it, such a tabulation will pay you well.

It is easy to get hold of charts where different qualities are given points to show their relative value. Get one of these and start measuring yourself.

One such chart, which sets out to show the qualities most valuable in a good citizen divides these qualities into 25 separate items, totaling up to 1,000 points. The highest number of points for any one item is 85. This item is Assuming Responsibility. There is one 70, for honesty and reliability, and two sixties, co-operation and helpful initiative. Taking care of health and grasp of fundamentals, each get 50; courtesy is given 45, and loyalty, promptness and choosing good associates each have 40.

Of course, simply knowing where you are weakest is not enough to help you much, though it is better than ignorance. Once you know that you fall behind, say, in initiative or co-operation or courtesy, it is up to you to do some personal development work, to engage in self-training. There is no better way to start making the best of yourself.

And there is a lot of fun in tabulating your friends!
(Copyright.)

Just Like a Man.
"You fool, what kind of a husband are you? A burglar came into the house a while ago and like to have frightened me to death. Didn't you hear me screaming?"
"Yes, my dear, but I thought you were singing."—Florida Times-Union

USEFUL HOMEMADE LIMEKILN

Where Necessary Materials Are Obtainable—Farmer Can Prepare His Own Lime.

When there is a source from which the farmer can obtain limestone or oyster or clam shells he can prepare his own lime by grinding or burning. If small amounts of lime are needed the burning of the material furnishes lime more cheaply than does grinding, says the United States Department of Agriculture. Two rows of cordwood mixed with lighter kindling are put down to form a layer. Next comes a layer of coal, then a layer of limestone, and after this alternate layers of coal and limestone. One part of coal should burn several parts of stone. When the pile is laid up the whole is covered with a layer of earth and the kindling ignited. As the burning continues the gas must be allowed to escape through a hole at the top of the pile or the process will not be entirely satisfactory. Oyster shells and clam shells may be burned in the same way. The fire should be always under control and precautions taken to allow the flames to penetrate the layers of stone or shell.

BULKY FEEDS OF ADVANTAGE

Serves to Assist Digestion and Promotes Health of Poultry—Variety Is Valuable.

Bulky food is of great advantage to poultry, as it serves to assist digestion and promotes health. Variety in the ration is also most valuable. If less grain is given, and more bulky food, the hens will often do better and the feed bills will be reduced.

LESPEDEZA AS FORAGE CROP

It is Valuable for Soil Improvement and It is Relished by All Classes of Stock.

Lespedeza, also commonly known as Japan clover, is one of the most valuable forage crops for the southeastern part of the United States. Except on alluvial bottom lands, it rarely makes sufficient growth to justify being cut for hay; nevertheless its widespread adaptation to grazing conditions gives it a value that is difficult to estimate. Being a legume, it is valuable for soil improvement, and also it is relished by all classes of live stock. The United States Department of Agriculture has a new Farmers' Bulletin, No. 1143, on lespedeza as a forage crop.

PLACES FOR GROWING TREES

Unusual Corners, Steep Slopes and Poor Soils Afford Good Opportunities for Timber.

Steep slopes, poor soil, rocky land, unusual corners, gullied and wooded tract—all these afford opportunity for growing timber profitably. Certain kinds of trees, like the locust, build up poor soil through the nitrogen-gathering bacteria in the root nodules. Small gullies can be stopped up by closely packed brush and treetops. Large, open gullies are checked only by planting over the entire gully basin, supplemented by low brush dams across the large units of the gully.

Treatment for Posts.

Fence posts that are to be treated with a preserving fluid should be cut in the spring and piled so that they will have plenty of air.

HAUL ON UNIMPROVED ROADS

Average Cost Per Ton Mile Estimated at 22.7 Cents—Average Haul Was 9.4 Miles.

In 1906 the bureau of statistics of the department of agriculture deduced an average cost per ton mile of 22.7 cents based upon replies from inquiries sent to about 2,800 county correspondents. The average haul reported was 9.4 miles. Since at this time less than 8 per cent of the roads in this country were improved, these figures indicate the average cost of hauling on unimproved roads.

FARMERS' "MUD TAX" HEAVY

Slogan Adopted by Good Roads Advocates of Alabama in Campaign for Needed Funds.

"The heaviest tax the farmer pays is the mud tax."

This is the slogan adopted by the good roads advocates of Alabama in their campaign to put across a 12-year \$50,000,000 road-building program. The farmers were shown that good roads would benefit them in a dollars-and-cents way, besides bringing them many advantages which they never had before.

Like the Balking Mule.

Like the balking mule, the almighty dollar refuses to move where mud and mire constitute the road from field to farm and from farm to market.

Farm Values Doubled.

In many communities farm values have almost doubled when roads have been improved.

Everything Better.

Better schools and better roads mean better farms and better farmers.

Business Proposition.

The highways of today must be built as a commercial and business proposition, and so must be of the best type to insure reasonable permanency.

Leaves Make Good Mulch.

Dead leaves in the front yard may offend your esthetic nature, but the leaves make a mighty good mulch.

Straw manures and grain straws must decay for several months before they nitric.