

DOES ALL OF HER OWN WORK

And is Glad to Do So, as She Was Denied this Privilege For Two Years.

Richmond, Ky.—Mrs. N. V. Willis, of this place, says: "I suffered for over three years with womanly trouble, and tried many different treatments, but none of them seemed to do me any good. I had almost given up to die, when a friend of mine begged me to try Cardui, the woman's tonic. I got a bottle, and began to feel a great deal better after the first few doses. I then got four bottles, and after taking these I was cured."

I don't know what a female pain is now, do all of my work, eat anything I want, and feel like a 16 year old girl. I never expect to be without Cardui in my house as long as I live, as I firmly believe it saved my life, and I will praise it to all of my suffering lady friends."

Cardui is a purely vegetable remedy, containing no harmful mineral products. Its ingredients act in a helping, building way, on the womanly constitution. It has been relieving womanly troubles for over half a century, during which time it has proven of more than ordinary value as a tonic for weak women.

You can rely on Cardui. It will do for you what it has done for thousands of others. Begin taking it today.

N. B.—Write for Ladies' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn., for Special Instructions, and 64-page book, "Home Treatment for Women," sent in plain wrapper, on request. Adv.

A bad memory is a cheerful liar's nightmare.

Whittemore's Shoe Polishes

Finest Quality Largest Variety



GILT EDGE, the only ladies' shoe dressing that positively contains OIL. Blacks and polishes ladies' and children's shoes and shoes, shines without rubbing. 25c. "French Gloss," 10c. STAR combination for dressing and polishing all kinds of shoes of tan, black, 10c. "Dandy," 10c. "QUICK WHITE," the liquid form with speckless, quickly cleans and whitens dirty canvas shoes, 10c. and 25c.

BABY ELITE, explanation for gentlemen who take pride in having their shoes look all. Restores color and luster to all black shoes. Polish with a brush or cloth, 10c. "Elite" size 25c.

If your dealer does not keep the kind you want, send us the price in stamps for a full size package, charges paid. WHITTEMORE BROS. & CO., 26-28 Albany St., Cambridge, Mass.

The Oldest and Largest Manufacturers of Shoe Polishes in the World

W.L. DOUGLAS SHOES

Women's \$1.25 to \$2.50

Men's \$1.25 to \$2.50

Misses, Boys, Children \$1.00 to \$2.00

Begin Business in 1870, now the largest maker of shoes in the world.

1000-279 INCREASE

In the W.L. Douglas shoe in 1912 over 1911.

This is the reason why you can get the best value for your money.

W.L. Douglas shoes are made by the best workmen in the world.

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Easter Ceremonies of Today and of the Past

WITH the coming of Easter interest is always aroused in the ancient belief, ceremonies and observances that are brought together in the celebration of the modern festival.

These include such things as eggs, cakes, flowers, presents and the Easter hare, to say nothing of other items obsolete in our times. Individual notions of one or another of the ceremonies or observances have been, but it is by no means easy to lay hand on any assembling of them.

Authorities agree that the remote ancestor of Easter was a ceremony of pagan worship. Distant as are the origins of the old religious forms and intertwined as are the threads, connecting them with the present, it is not now easy to disentangle them, so that it may be said that Easter observances among the people include remnants of the ancient worship of the sun, the moon and fire and water.

The keynote of the festival has been from the very beginning resurrection, the re-awakening of the vernal world. The name is that of a goddess of spring, and certain of the emblems have had a co-relation that is remarkable, and through thirty centuries they have come down to us together, preserving the early significance of resurrection, although the faith that originated the ideas had ages ago been forgotten.

The idea of Easter sprang truly from a tomb; that tomb was, however, the tomb of winter. The strong angel that rolled away the stone from the door of the sepulcher was the April sun.

Although Lent has the claim of Christian origin, there are antiquarians who assert that it is of far more ancient origin. It arose, as nearly as has yet been determined, in the fasting that was customary among the Babylonians, whose worship formed the starting point of Easter. The fast was one of sympathy with the goddess of reproduction, who mourned her consort, and the period was marked by fasting and an abstinence from birth and social festivals. Fasting has been a widespread custom, Humboldt noting fasts in Mexico, where, curiously enough, the invading Spaniards found the natives practicing baptism, with an invocation to Cocacochtli that "the sin which was given before the beginning of the world might not visit the child, but that cleansed by these waters it might live and be born anew."

Easter was at first a continuation of the Jewish Passover and came on the fourteenth of the month Nisan. When the revulsion of feeling in the church against the Jews occurred it was changed and deliberately fixed so that it could by no possibility fall on the same day as the Passover. This matter was settled in A. D. 325. Easter was set for the first Sunday following the full moon that comes after March 21. This relation to the vernal equinox brought it to the time of the pagan festival of the goddess of spring, dating back to the Astarte worship of Babylonia. The name, Easter, is comparatively modern, but the principle of the story and the emblems and observances are of this ancient date.

"Easter fires continue even now in northern Europe," wrote Grimm a generation ago. On the Weser a tar barrel was tied to a fire tree and lighted in the evening and the men and the maidens sang and danced about it. There was a fire on every hilltop. There were processions to these fires and hymn singing and the bearing of white rods were features. The people liked to carry the fire home with them; it was a sacred fire and embodied elements of the old fire worship. It was produced by friction, a natural method, and to kindle it two boys were selected who knew nothing of the vanities of the world. Within a quarter of a century in Hildesheim the Easter fire has been struck with the steel. Here the people take the fire home to rekindle their extinguished hearths. The old sacred fires were lighted by natural means, some of them by concentration of the sun's rays through mirrors.

Frederick Schlegel, a German writer, says: "The Easter fire is a relic of the old fire worship. It was produced by friction, a natural method, and to kindle it two boys were selected who knew nothing of the vanities of the world. Within a quarter of a century in Hildesheim the Easter fire has been struck with the steel. Here the people take the fire home to rekindle their extinguished hearths. The old sacred fires were lighted by natural means, some of them by concentration of the sun's rays through mirrors."

IF it were not for Spring we should lack one main prop to our faith in a future life.

To Clean White Feathers.

Mix gasoline and plaster of paris to the consistency of whipped cream. Dip the feathers in this mixture, squeezing and pressing them. Hang them in the open air until all the gasoline has evaporated, and then shake well.

Soft-Bolled Eggs.

Place the eggs in a warm saucepan and cover with boiling water; let them stand where they will keep hot, but not boil, for ten minutes. This method will cook both whites and yolks.

MRS. WILLIAMS' LONG SICKNESS

Yields To Lydia E. Pinkham's Vegetable Compound.

Elkhart, Ind.—"I suffered for four years from organic inflammation, female weakness, pain and irregularities. The pains in my sides were increased by walking or standing on my feet and I had such awful bearing down feelings, was depressed in spirits and became thin and pale with dull, heavy eyes. I had six doctors from whom I received only temporary relief. I decided to give Lydia E. Pinkham's Vegetable Compound a fair trial and also the Sanative Wash. I have now used the remedies for four months and cannot express my thanks for what they have done for me."



"If these lines will be of any benefit you have my permission to publish them."—Mrs. SADIE WILLIAMS, 455 James Street, Elkhart, Indiana.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotic or harmful drugs, and to-day holds the record of being the most successful remedy for female ills we know of, and thousands of voluntary testimonials on file in the Pinkham laboratory at Lynn, Mass., seem to prove this fact.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (Confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

PREVENTION

better than cure. Tuft's Pills if taken before a cold or flu sets in.

are not only a remedy for, but will prevent:

SICK HEADACHE, biliousness, constipation and kindred diseases.

Tuft's Pills

DR. J. D. KELLOGG'S ASTHMA

Remedy for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. Write for FREE SAMPLE. NORTHROP & LYMAN CO., LTD., BUFFALO, N.Y.

And many a toothless person in duels in biting sarcasm.

Dr. Pierce's Pills, small, sugar-coated, easy to take as candy, regulate and invigorate stomach, liver and bowels. Do not gripe. Adv.

Definition of a Crisis.

"Pa, the paper says there's a crisis in Mexico. What's a crisis?"

"A scarcity of news, my boy."—Life.

Climate Knockers.

Some people blame the climate for their ill health, whereas the real trouble is that they shut themselves up in their houses and won't give the climate a chance.—Charleston News and Courier.

An Idea.

About the thinnest substance known is teleplasma, which is described as a sort of a cross between smoke and spiderweb. Wouldn't a gown made of it be just too exquisite for anything!—Youngstown Telegram.

The Reason.

Cause and Effect—"It must be great to be a man! One dress suit lasts for years and years, and a woman must have a new gown for every party." "That's why one dress suit lasts a man for years and years."—Judge.

Saw Something, at Least.

Two little English children had run away from home, drawn by the irresistible attractions of a circus. "Oh, Mary, come here!" cried one, lying on the ground and raising the bottom of the large tent. "I see the horses' 'oots."—The Delineator.

CLEVER WIFE

Knew How to Keep Peace in Family.

It is quite significant, the number of persons who get well of alarming heart trouble when they let up on coffee and use Postum as the beverage at meals.

There is nothing surprising about it, however, because the harmful alkaloid—caffeine—in coffee is not present in Postum, which is made of clean, hard wheat.

"Two years ago I was having so much trouble with my heart," writes a lady in Washington, "that at times I felt quite alarmed. My husband took me to a specialist to have my heart examined. The doctor said he could find no organic trouble but said my heart was irritable from something I had been accustomed to, and asked me to try and remember what disagreed with me. 'I remembered that coffee always soured on my stomach and caused me trouble from palpitation of the heart. So I stopped coffee and began to use Postum. I have had no further trouble since.'"

"A neighbor of ours, an old man, was so irritable from drinking coffee that his wife wanted him to drink Postum. This made him very angry, but his wife secured some Postum and made it carefully according to directions."

"He drank the Postum and did not know the difference, and is still using it to his lasting benefit. He tells his wife that the 'coffee' is better than he used to be, so she smiles with him and keeps peace in the family by serving Postum instead of coffee."

Name given by the Postum Co., Battle Creek, Mich.

Postum now comes in two forms: Regular Postum—must be well boiled. 15c and 25c packages.

Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 8c and 5c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum.

—sold by Grocers.

A Century Ago.

One hundred years ago saw the end of the Chateaufort congress which had been endeavoring to settle upon terms of peace between France and the nations allied against her. From the beginning of the negotiations little hope had been entertained on either side that an agreement would be reached. Napoleon consented to give up Westphalia, Holland and Spain, to restore the pope to Rome and Ferdinand VII to Madrid. He agreed to give up Malta to England, as well as most of her colonial conquests. But he remained steadfast in claiming for France her natural limits, the Rhine and the Alps. The plenipotentiaries, deciding that further discussion would be useless, declared the negotiations at an end, and the allied armies prepared to resume their march on Paris.

SAGE TEA AND SULPHUR DARKENS YOUR GRAY HAIR

Look Years Younger! Try Grandma's Recipe of Sage and Sulphur and Nobody Will Know.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray; also ends dandruff, itching scalp and stops falling hair. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome.

Nowadays we simply ask at any drug store for "Wyeth's Sage and Sulphur Hair Remedy." You will get a large bottle for about 50 cents. Everybody uses this old, famous recipe, because no one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick and glossy and you look years younger. —Adv.

Water for St. Petersburg.

The city council of St. Petersburg is considering a measure appropriating \$25,000,000 for a supply of pure water, to be drawn from Lake Ladoga, 40 miles away. On reaching the Ladoga pumping station the water will be driven into reservoirs and filters, whence it will flow through the pipes unaided to the capital and there distributed. The capacity of the works, which will be ready in 1920, is calculated for a population of 4,500,000.

DRINK LOTS OF WATER TO FLUSH THE KIDNEYS

Eat Less Meat and Take Salts for Backache or Bladder Trouble—Neutralize Acids.

Uric acid in meat excites the kidneys, they become overworked; get sluggish, ache, and feel like lumps of lead. The urine becomes cloudy; the bladder is irritated, and you may be obliged to seek relief two or three times during the night. When the kidneys clog you must help them flush off the body's urinous waste or you'll be a real sick person shortly. At first you feel a dull misery in the kidney region, you suffer from backache, sick headache, dizziness, stomach gets sour, tongue coated and you feel rheumatic twinges when the weather is bad.

Eat less meat, drink lots of water; also get from any pharmacist four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean clogged kidneys and stimulate them to normal activity, also to neutralize the acids in urine, so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive, cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active. Druggists here say they sell lots of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble.—Adv.

All Equally Right—or Wrong.

Former President Taft told this little story to illustrate the puzzling character of a certain public question: "I feel about that question very much as the man did who came across a creek which, as some one told him, was called the Saskatchewan creek. He asked a resident of the neighborhood how they spelled that name. The native said: 'Some spells it one way, and some spells it another, but in my judgment there ain't any correct way of spelling it.'"—Youth's Companion.

RINGWORM SPREAD ON HAND

R. F. D. No. 2, Box 67, Ellijay, Ga.—"My son's ringworm began on the back of his hand. A fiery red spot came about as large as a dime and it would itch so badly he would scratch it till it bled. It began to spread till it went all over his hand. He would just scream every time I went to wash it. The nail came off on the middle finger. 'I used ——— and it got worse all the time. The trouble lasted two or three months. Then I sent and got some Cuticura Soap and Ointment and began to use them. I would wash his hand with the Cuticura Soap and dry it good and apply the Cuticura Ointment. Relief was found in two or three days and the ringworm was cured in two weeks after using Cuticura Soap and Ointment.' (Signed) Josie Parks, Jan. 4, 1913.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address postcard, "Cuticura, Dept. L, Boston."—Adv.

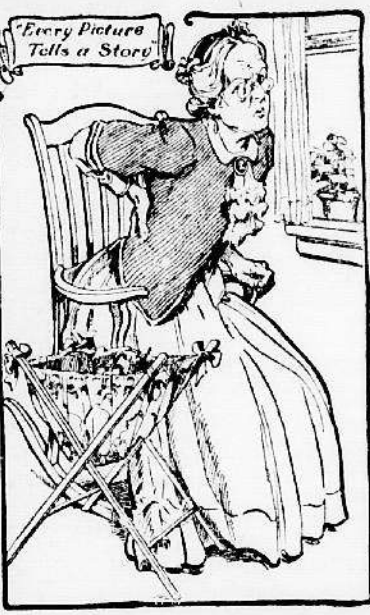
Our idea of a poor excuse of a man is one who solicits dirty linen for his wife to wash and iron.

Uric Acid is Slow Poison

Unseen in its approach, hard to detect in its early stages, and cruelly painful in its later forms, uric acid poisoning is a disease too often fatal. Bright's disease is one of the final stages of uric acid poisoning. It kills in our country every year more men and women than any other ailment except two—consumption and pneumonia. Bright's disease and uric acid poisoning usually start in some kidney weakness that would not be hard to cure, if discovered early, so it is well to know the early signs of kidney disease and uric poisoning.

When uric acid is formed too fast and the kidneys are weakened by a cold, or fever, or overwork, or by indulgences, the acid collects, the blood gets impure and heavy, there is headache, dizziness, heart palpitation, and a dull, heavy-headed, drowsy feeling with disturbances of the urine.

Real torture begins when the uric acid forms into gravel or stone in the kidney, or crystallizes into jagged bits in the muscles, joints or on the nerve tubings. Then follow the awful pains of neuralgia, rheumatism, gout, sciatica, neuritis, lumbago or kidney colic.



"I don't know what ails me."

It is but a further step to dropsy or Bright's disease.

Be warned by backache, by sediment in the kidney secretions, by painful, scant or too frequent urination. Guard the weak, clogged kidneys. Use Doan's Kidney Pills—a medicine made just for weak kidneys, that has been proved good in years of use, in thousands of cases—the remedy that is recommended by grateful users from coast to coast.

CONFINED TO BED

A Story of Terrible Suffering From Kidney Disease

Mrs. Eliza Kirk, Main St. Spencer, Ind., says: "When my back began to get lame, I didn't pay much attention to the trouble and so the result, I got worse. I made a sudden move, the pain in my back was like a knife thrust. The next symptoms were dizziness, lumbago and a worrisome feeling. I went to the doctor, but his medicine didn't help me. I began to have terrible nervous spells and in three months I was a physical wreck. My limbs and hands became numb from rheumatic poisons and I had to be fed, dressed and helped in every way. I was so weak and I would rather be dead than go through that suffering again. All that time I was in bed and could not get up. The doctor said I was in a bad way. When I had almost given up, however, I bought Doan's Kidney Pills and five boxes put me on my feet. Right boxes cured me. For over seven years I have remained cured."

"When Your Back is Lame—Remember the Name"

DOAN'S KIDNEY PILLS

Sold by all Dealers. Price 50 cents. Foster-McBarn Co., Buffalo, N. Y., Proprietors

HIS MIND ON HIGHER THINGS

Scholar Unable to Sit Down and Reason Quietly on Matters of Everyday Life.

A monument was recently unveiled to the memory of Henri Poincaré, the famous mathematician and physicist, who was a cousin of the president of France. The occasion recalls a story or two of his remarkable absent-mindedness.

Almost every day Poincaré left his money lying about somewhere. Finally his mother sewed his purse into the pocket of his coat. But one day, when he had dressed in a hotel, he put on his overcoat without the coat, and left that lying on a chair. Needless to say, he never saw the purse again.

One evening he was looking in a closed bookcase for a manuscript. During the search he set the lamp on a shelf in the case, and in a moment of abstraction closed the door of the cabinet, and sat down in darkness. After he had pondered for a time on the disappearance of the light, he came to the conclusion that he had suddenly become blind. That seemed to him quite possible since his eyes were weak, anyway, and he groaned at the thought of his deplorable condition. Suddenly to his surprise, a stream of light appeared, coming from the adjoining room, and he remarked, with much satisfaction: "My sight seems to have come back again." Not even then did he think of the lamp in the bookcase!—Youth's Companion.

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it Bears the Signature of *Dr. J. C. Fitch* In Use For Over 30 Years. Children Cry for Fletcher's Castoria

Poor Henry.

Heck—Do you play an instrument? Peck (sadly)—Second fiddle at home.—Boston Transcript.

HEADACHE AND BILIOUS ATTACKS

Caused by Malaria removed by the use of *Ellixir Babek* cure for such ailments. "Myself and whole household had suffered very much for some time with Malaria Fever. *Ellixir Babek* has cured us perfectly, so that we enjoy the best of health."—Jacob Eberly, Fairfax Court House, Va. *Ellixir Babek* 50 cents, all druggists or by Parcel Post prepaid from Klossowski & Co., Washington, D. C.

To land in jail for taking things easy, that is the irony of fate.

Nature Never Intended Woman to be Sickly

the fact that it is she who brings into the world the offspring. Every woman can be strong and healthy. Don't resign yourself to a delicate life.

If you suffer from headaches, backaches, nervousness, low spirits, lack of ambition, or have lost all hope of being well again—it's more than an even chance that you will speedily regain your health if you will try

Dr. Pierce's Favorite Prescription

(In Tablet or Liquid Form)

"This famous remedy is the result of years of patient research by a physician who has made women's peculiar ailments a life study."

Since its introduction—more than forty years ago—thousands of women in every part of the globe have testified to its wonderful merits. You, too, will find it beneficial. Try it now. Your dealer in medicines will supply you or you can send to one-cent stamps for a trial box. Address K. V. Pierce, M. D., Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets regulate stomach, liver, bowels.

King George in France.

"During the visit of King George and Queen Mary to Paris his majesty will be present at the annual spring review of the Paris garrison on April 22. The review will be held, as in previous years, in Vincennes. The review is generally held in March, but out of compliment to King George it has been delayed this year."

ROOFINGS

We believe that we carry the largest stocks of roofings in the south