

# THE MESSENGER.

Published Every Saturday.

BY EASTIN & BIENVENU,  
Editors and Proprietors.

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## More About Breathing Through the Mouth.

St. Nichols for October

Tight dressing, though the most serious hindrance to the habit of good breathing is not the only obstacle. There are careless ways of sitting and standing that draw the shoulders forward and cramp the chest; and it is as hard for the lung to do good work when the chest is narrow and constricted as it is for a closely bandaged hand to get a copy of clear graceful penmanship. Then there are lazy ways of breathing and one sided ways of breathing through the mouth. Now the nose was meant to breathe through and it is marvelously arranged for filtering the impurities out of the air, and for changing it to a suitable temperature for entering the lungs. The mouth has no such apparatus and when air is swallowed through the mouth instead of breathed through the nose it has an injurious effect upon the lungs. A story is told of an Indian who had a personal encounter with a white man much his superior in size and strength and who was asked afterward if he was afraid. He never afraid of man who keeps mouth open," was the immediate reply. Indeed through the mouth gives a foolish and weak expression to the face as you may see by watching any one asleep with the mouth open.

It may be noted that an anemic, or low condition of the blood is seldom found where there is an established habit of full deep breathing with the mouth closed.

## A Poker Prediction.

It Will Fascinate the Ladies and Super sede Progressive Euchre This Winter.

Progressive euchre won't have the ghost of a show this year," remarked a dealer in all that goes to make up seductive games with cards as he gazed fondly on a little box of red, white and blue poker chips which he was wrapping up for a lady customer, Saturday afternoon. Wicked uncompromising poker will be played at nearly all the card parties not only in Pittsburg, but in all the big cities of the country.

Do fashionable ladies play poker.

They will this winter. I know of half a dozen private little poker clubs that have been formed already in Alleghany and the East End

Do they play for money?

Indeed they do. There is a little game over in Alleghany which goes on from two to three times a week in which it costs \$5 to play. They don't play freeze out either. After the \$5 worth of chips is gone as much more can be invested as the player sees fit. None but young ladies whose fathers are rich or they couldn't get the money to play. There are a number of smaller games in Alleghany, where it takes from \$1 to \$3 to play.

Out in Oakland there is a poker club composed of four young married couples. They meet to play once or twice a week and there is often as much as \$25 on the board at one play. There is another club farther out toward East Liberty, which is formed exclusively of the young members of a fashionable church.

They play for money but their stakes are generally small, "penny ante" predominating.

Are the games run openly.

Of course not. Those who play for big money are very quiet about it you may be sure. You see there seems to be an anxiety among some of the society girls to be dissipated like their big brothers. Poker is fascinating and they have chosen it as a means of obtaining the desired end. I suppose next they will be drinking wine and whiskey and have to be taken home by a waiting maid in a cab.

I don't think the craze will last long its ruinous results must soon be discovered by fond papas. Girls cannot stay up till two or three o'clock in the morning very often without being found out and when they are I predict there will be a very sudden stoppage of many of the poker games.

Do I know the names of any of the fair players? Well I just do. I could give you a list of fifteen or twenty of the fashionable ladies of the two cities who play for money and as many more who play for fun. Of course when poker is played at parties there will be no stakes up, or, if there are, they will be very small. It is in the privacy of a little clubroom or boudoir that the plunging is done.—Pittsburgh Dispatch.

The Messenger will be furnished from now to the end of the year for 25 cts.

## The Blind Pool.

Some Statements About the Cotton Industry.

The proposition of the "American Cotton Oil Trust" to scoop in all the cotton seed of the country at the miserably inadequate price of five dollars per ton, has naturally created a good deal of hard feeling among their proposed victims the planters as is shown by the rural press.

That the Trust scheme might prove a second Standard Oil bonanza could a monopoly be created which should dictate both the price of the raw material and its various products cannot be doubted but the field seems too open to readily admit of such a "close combination." A veteran in the oil business called at The Item office this morning and tendered the following statement on this interesting subject:

Competition Must Pay-

The product from a ton of cotton seed is 35 gallons of oil at 35 cents per gallon. There is also 750 pounds of cake to the ton sold at \$18 to \$20 per ton and also 22 pounds of lint cotton at 5 cents per pound. Also the hulls from a ton seed would be about 1200 pounds at fifty cents a hundred weight.

Now observe the profit. We have six mills here which are controlled by the American Trust company and only three of them will be operated thus throwing six hundred men out of employment. Hence it is that there is a big opening here for capitalists to establish mills if for nothing else than to sell them to the American Trust Company and make money. New Orleans is the best location for all this industry because of its superior advantages in freight rates which amount to \$2.50 per ton. In Memphis there are eleven mills while twenty could be made to pay in New Orleans.—N. O. City Item.

A GREAT REMEDY FOR CATARRH.

In another column of this paper will be found an advertisement of a Catarrh remedy, of which a sample is sent free to any sufferer of this terrible scourge. We know B. S. Lauderbach & Co., the proprietors, to be a responsible firm and those who write them will receive prompt attention and square dealing.

## Notice to the Public.

The tickets issued to Laborers on the St. John Plantation, marked "not transferable," will only be cashed at the end of each month, to the laborers to whom they are issued. The public are notified not to negotiate for said tickets.

G. W. Thomas.  
St. Martinsville, Sept. 11th. 1886.

Post Office, St. Martinsville, La.

Opens daily, except Sunday, from 8 a. m. to 6 p. m. Sunday from 8 a. m. to 10:50 a. m., and from 3 p. m. to 4 p. m.

Money orders issued daily, except Sunday from 8 a. m. to 3 p. m.

Beer! beer! beer at 5 cts a glass at B. Audibert's.

## Notice To Tax Payers.

Take notice that in accordance with Section 35 of Art. 96 of the General Assembly of 1882, your Taxes for the year 1886 according to the Tax Rolls on file in this office as also in the office of the Clerk of Court ex-officio Recorder of Mortgages of the Parish of St. Martin, are now due and collectable, and if not paid as the law directs on or before the 31st of December A. D. 1886 you will become delinquents and the amount of your said Taxes will then draw 1 per cent interest per month from the 31st of December until paid or the property thus assessed will be seized and sold according to law.

Sheriff's Office St. Martinsville Parish of St. Martin, this 18th day of September A. D. 1886.

T. L. BROUSSARD.  
Sheriff and ex-officio Tax Collector.

JAMES SIMON.

ATTORNEY AT LAW,

—and—

NOTARY PUBLIC.

Office near the Court House.

St. Martinsville, La.

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THE REMEDY consists of two treatments—Internal and External. The Internal treatment purifies the blood and rid it of all disease. The External treatment is a solvent which is to be applied in the nostrils upon retiring in the evening; the Internal being in powder form, it is to be dissolved in water. Chronic nasal Catarrh cannot be cured by one treatment only. In most cases its originates from a diseased state of the blood, and in order to rid the blood of this disease, Internal medicine must be taken.

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